

# 14-Night Tenerife & La Gomera Guided Walking Holiday

**Tour Style:** European Multi-Centre

**Destinations:** Canary Islands & Spain

**Trip code:** TELGLCL

2, 3 & 4



## HOLIDAY OVERVIEW

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Two fantastic holiday destinations in one holiday! Explore Tenerife: The Atlantic island of Tenerife contains a wealth of different landscapes. The most dramatic being the lunar scenery of the Teide National Park in the centre of the island. Rising above is the summit of Mount Teide itself, the highest mountain in the whole of Spain. Explore La Gomera: A walker's paradise, with exhilarating routes spreading out across the dramatic landscape of this rugged island. Experience breathtaking barrancos, laurisilva forest and the wonderful Garajonay National Park.

## WHAT'S INCLUDED

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- A full programme of guided walks with 2 options every walking day
- All transport to and from the walks
- The services of experienced HF Holidays' leaders
- "With flight" holidays include return flights from the UK and hotel transfers
- 14 nights accommodation in en-suite rooms

- Transport between the two destinations
- Half Board - continental breakfast and evening meal

## HOLIDAYS HIGHLIGHTS

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### Tenerife

- New improved walking programme explores lush forests, beautiful coastlines, exotic flora and fascinating volcanic scenery
- Enjoy our 4-star hotel, located in the heart of the UNESCO World Heritage town of La Laguna
- Discover the unspoilt Anaga Peninsula
- Remarkable volcanic landscape dominated by El Teide

### La Gomera

- Conquer high cliffs and walk along a ridge with incredible views
- Experience La Gomera's whistling language and look out for dolphins following your ferry
- Discover breathtaking barrancos and the stunning Garajonay National Park
- Explore the island capital of San Sebastián

## TRIP SUITABILITY

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This is a level 2 and level 4 graded Activity, Easier walks: 5 to 8 miles (8 to 13km) on a variety of terrain. Up to 1,200 feet (360m) of ascent in a day. Harder walks: 6 to 11 miles (9½ to 17½km) on varied terrain with some rough or steep sections. Up to 2,600 feet (780m) of ascent in a day.

This is a level 3 and level 4 graded Activity, Easier walks: 5 to 8 miles (8 to 13km) with steep ascents and descents. Up to 1,200 feet (360m) of ascent and 2,500 feet (750m) of descent in a day. Harder walks: 7 to 11 miles (11 to 17½km) with steep ascents and descents on rough paths and tracks. Up to 3,000 feet (900m) of ascent and 4,000 feet (1,200m) of descent in a day.





## ITINERARY

### Day 1: Arrival Day

Welcome to Hotel Laguna Nivaria. Unpack and settle in.

### Day 2: Cruz Del Carmen

Today we travel East to the Anaga Peninsula where we begin our day at the Visitor Centre at Cruz del Carmen.

#### Option 1 - Cruz Del Carmen Mirador

**Distance:** 6 miles (9½km)

**Total ascent:** 600 feet (180m)

**Total descent:** 1,600 feet (480m)

**In summary:** We start our day at the Cruz del Carmen Visitor Centre. We then descend through laurel forests and farmland, catching spectacular views of barrancos before continuing on to Los Carboneras for a refreshing drink.

**Highlight:** The short walk out to the Mirador de Aguide is rewarded with stunning vistas of the rugged coastline.

#### Option 2 - Taborno

**Distance:** 7 miles (11km)

**Total ascent:** 900 feet (270m)

**Total descent:** 1,800 feet (540m)

**In summary:** The first part of the day covers the same ground as the easier group. On reaching Los Carboneras we continue towards the village of Taborno through the Barranco de Taborno on old pathways.

**Highlight:** The Matterhorn-esque Roque de Taborno dominates the landscape towards the end of our walk.

## Day 2: Las Arenas Negras

Today we head west to the small hamlet of Montaneta. These walks explore an area of comparatively recent volcanic activity and we will be accompanied by local guides who will inform us about the volcanic history. The last major eruption here was in 1706. This intriguing landscape is accentuated by the backdrop of black ash which sparkles in the bright sunlight and gives the area its name.

### Option 1 - Erjos To San Jose De Los Llanos

**Distance:** 5 miles (8km)

**Total ascent:** 1,200 feet (360m)

**In summary:** From our walk start, we ascend gently with interest from a local guide through the pine forest to the Las Arenas Negras. The black ash here provides an insight into the island's volcanic nature, with views to El Teide on a good day. We then descend to meet our transport in San Jose de Los Llanos.

**Highlight:** Walking through black lava with the local guide bringing the island to life.

### Option 2 - Through The Lava From Erjos

**Distance:** 8 miles (13km)

**Total ascent:** 1,300 feet (390m)

**In summary:** This walk explores the landscape of Las Arenas Negras in more depth; with the areas fascinating past brought to life by a local guide. We have time for lunch among the black ash, with gorgeous views to El Teide on a good day, before descending to our walk's end in San Jose de Los Llanos.

**Highlight:** The alien landscape of Las Arenas Negras is unmissable - the black ash glitters in bright sunshine.

## Day 4: The Chamorga Loop

The easier walk enjoy a route from Cruz del Carmen back to La Laguna, while the harder group heads into the relatively undiscovered Anaga region of Tenerife to the North East of La Laguna.

### Option 1 - The Mirador Del Jardina To La Laguna

**Distance:** 6 miles (9½km)

**Total ascent:** 400 feet (180m)

**Total descent:** 1,400 feet (560m)

**In summary:** We make our way along the undulating wide ridges of the hills surrounding the valley to enter La Laguna. From here we make a regal entrance into the heart of the city via an avenue of palms, we will have time to stroll the pedestrianised streets and discover the secrets of the past and present in this unexpected melting pot of cultures spanning five hundred years.

**Highlight:** The view from the walk start over the whole valley with La Laguna in its centre.

## Option 2 - Chamorga Loop

**Distance:** 6 miles (9½km)

**Total ascent:** 2,000 feet (600m)

**In summary:** We too start from Chamorga, exploring upland areas of Anaga. Our walk undulates along and over ridges with great views of the Atlantic, the Roque de Dentro and the Punta Anaga lighthouse. We then descend to Roque Bermejo before heading back to Chamorga.

**Highlight:** Spectacular views of dramatic ridges sweeping into the sea.

## Day 5: Free Day

Each week there is a free day when no guided walks are offered. Options for your free day may include:

**La Laguna:** This colonial town is considered to be the cultural capital of the island. Explore its old quarter and visit the historic mansions, open to the public.

**Hotel:** You could simply relax in the hotel and take advantage of its spa facilities.

**Santa Cruz:** Take the short tram ride to Santa Cruz, the port city which is the capital of Tenerife. Wander the old town and visit the Palmetum – a large botanical garden containing one of the biggest collections of palm trees in the world. Santa Cruz also has a large waterpark with many different saltwater pools plus a lively bazaar and food market – the Mercado de Nuestra Señora de Africa. You could also visit the Museum of Nature and Man which contains the cannon which shot off the arm of Admiral Nelson!

## Day 6: Teide And Las Canadas

Today, we head to Teide National Park, with Teide, an active volcano and Spain's highest mountain dominating the lunar landscape.

### Option 1 - Through The Lunar Landscape

**Distance:** 6 miles (9½km)

**Total ascent:** 300 feet (90m)

**Total descent:** 900 feet (270m)

**In summary:** We cross the crater through an amazing array of rocks and lava, a truly unforgettable experience. Passing the Sanatorio which was originally built inside the Teide crater in the 19th century because doctors believed that the climate of Teide was good for respiratory illnesses. Our route continues to the Parador and visitors centre. In the afternoon we visit the Roques de Garcia.

**Highlight:** Look out for the rock formations of the Roque de Garcia, which include the 'Roque Cinchado' (or 'finger of God') the 'White Tower', and the 'Cathedral'.

### Option 2 - Montana Guajara

**Distance:** 9 miles (14½km)

**Total ascent:** 2,000 feet (600m)

**In summary:** Starting at the Parador hotel, we'll head for the highest point on the crater rim, Montana Guajara. Our ascent will wind its way around the flanks of the mountain, reaching the broad summit plateau with plenty of time to take a breather and revel in the views.

**Highlight:** The views from the summit are breathtaking; Teide and Las Cañadas dominate the panorama.

## Day 7: Taganana Circuit

Our final day takes us back onto the Anaga peninsula. With its unspoilt views and coastline, and its traditional villages, this is a beautiful highlight to end the week with.

### Option 1 - Taganana To Tamadiste Beach

**Distance:** 6 miles (9½km)

**Total ascent:** 1,100 feet (330m)

**In summary:** We start the day in the village of Taganana, a beautiful village framed by steep mountains. We walk up through the village streets, and out into the surrounding vineyards of El Chorro. Our destination is the beach at Tamadiste, a secluded spot perfect for a quiet lunch break. We return to Taganana by the same route.

**Highlight:** Enjoy your lunch on the remote and peaceful Tamadiste beach.

### Option 2 - The Afur Circuit

**Distance:** 7 miles (11km)

**Total ascent:** 2,600 feet (780m)

**In summary:** The first part of the day follows the route of the easier party out of Taganana, through the El Chorro vineyards and on to Tamadiste beach. From here we follow the Barranco de Afur, heading inland to Afur. From there we climb to the pass of La Cumbrecilla, before descending back to Taganana.

**Highlight:** The panoramic views from La Cumbrecilla are excellent; and an opportunity to spot lots of places we've visited on our holiday on Tenerife.

## Day 8: Transfer Day

You will be transported back to Tenerife South airport where you will meet with your fellow guests for the onwards travel to Los Cristianos and the ferry to La Gomera.

Welcome to Parador de La Gomera. Unpack and settle in.

## Day 9: Garajonay National Park

Both groups will start the day with a stroll down the hill and an exploration of San Sebastián. We then board our transport for the ride up to the Garajonay National Park, in the centre of the island.

## Option 1 - Exploring Garajonay

**Distance:** 6 miles (9½km)

**Total ascent:** 700 feet (210m)

**In summary:** This walk follows a broad contouring track around Garajonay, to reach a viewpoint and pick up the GR 131. Our path then descends to tiny Igualeto and another mirador. Here we find a monument to Silbo, the unique whistling language of La Gomera. Below the village we join a high terrace path in a spectacular location to traverse round the hillside and pass beneath the rocky stronghold of Fortaleza. We continue to the large village of Chipude where we finish our walk at one of the bars in the square.

**Highlight:** Igualeto's monument to Silbo, La Gomera's unique whistling language.

## Option 2 - Fortaleza

**Distance:** 7 miles (11km)

**Total ascent:** 1,200 feet (350m)

**In summary:** This walk follows the same route as the easier walk as far as the col beneath Fortaleza. Here we follow an airy path on a winding route up through the cliffs to reach the top at 1,243m. After circling the summit plateau, we retrace our route down to the col and continue to Chipude.

**Highlight:** The views from the summit of Fortaleza are excellent.

## Day 10: Agulo

Today we will use hired transport to make our first visit to the northern side of La Gomera, with its small fields of bananas and the village of Agulo.

### Option 1 - Agulo & The Mirador De Abrante

**Distance:** 6 miles (10km)

**Total ascent:** 700 feet (210m)

**Total descent:** 2,800 feet (870m)

**In summary:** We begin at the visitor centre high above Agulo, where you can learn more about the flora, fauna, history and traditions of the island. Starting our walk, we follow a good track along the ridge before striking out across vivid red earth to reach the cafe and skywalk at Mirador de Abrante. Returning to the ridge, we begin the steady descent to the attractive settlement of Agulo. Here there will be time to look around and pause for a drink, before continuing our descent to the coast and a stroll above the seaside rocks to the wild bay of Playa Hermigua, before ascending to the road for the bus back to the hotel.

**Highlight:** The skywalk at the Mirador de Abrante is a spectacular experience.

### Option 2 - Inland From Agulo

**Distance:** 8 miles (13km)

**Total ascent:** 2,200 feet (660m)

**In summary:** We leave our transport in Agulo to ascend a seemingly impossible route through the cliffs behind the village. We ascend on a steep stepped path to a mirador above the coast. The route then follows a valley inland before a further ascent takes us to the visitor centre where our easier group started their walk. We follow the easier route back through Agulo to finish at Hermigua.

**Highlight:** The ascent of the cliffs is on good paths and is a stunning start to our day's walk.

## Day 11: The Green Heart Of La Gomera

Today we visit the Garajonay National Park to ascend the highest point on the island (1,487m). It provides an opportunity to see at close hand the unique laurel and tree heather forest that once covered much of the centre of the island.

### Option 1 - Forest Tracks To La Gomera's Heart

**Distance:** 7 miles (11km)

**Total ascent:** 900 feet (280m)

**Total Descent:** 1,900 feet (575m)

**In summary:** We start this walk just beyond Pajarito and take tracks and paths to the summit of Garajonay for views across the island. This route then meanders through the famous laurel and tree heather forest to the Visitor Centre and Cafe at Laguna Grande before descending through farmland to the village of El Cercado.

**Highlight:** El Cercado is renowned for its characteristic brown pottery, made only by women.

### Option 2 - The Roof Of The Island

**Distance:** 7 miles (11½km)

**Total ascent:** 400 feet (130m)

**Total descent:** 4,100 feet (1,250m)

**In summary:** This group alights at Pajarito to directly ascend Garajonay summit, with good views to neighbouring islands. After admiring the view, we descend through the forest to Ermita de Lourdes, and the village of El Cedro, where we may choose to sample the watercress soup for lunch. The most dramatic part of our walk is the descent by a stepped path down the cliff, before continuing down to the lower valley and finishing at El Convento.

**Highlight:** On a clear day we'll be able to spot the other Canary Islands from the summit of Garajonay.

## Day 12: Free Day

Each week there is a free day when no guided walks are offered. This is an ideal opportunity to relax around the hotel, walk independently or visit local places of interest. Some options for your free day may include:

**San Sebastián:** Wander down to San Sebastian and visit the excellent little archaeological museum, sit and people watch in the shady square or even visit the sheltered black sandy bay for a swim. Hire a boat from San Sebastián for a fishing or whale watching trip (max five people).

**Hotel:** Spend the day at the hotel, perhaps taking advantage of the swimming pool, sauna or massage

facilities, or wander through the hotel gardens improving your knowledge of the local fauna. Stroll out from the hotel through the town to the remote beach at Playa Guancha or in the other direction for a shorter walk to the lighthouse at Punta de San Cristobal.

**La Gran Rey:** Take a bus ride from the town to La Gran Rey, one of the main beach resorts, for a meal, swim or even a trip on one of the whale watching boats.

For information on La Gomera please visit [www.lagomera.travel](http://www.lagomera.travel)

## Day 13: Down To San Sebastian

Both groups will have a short bus journey to the start of these walks and finish at the Parador. This area has wild and remote countryside with excellent views.

### Option 1 - San Sebastián

**Distance:** 7½ miles (12km)

**Total ascent:** 1,200 feet (360m)

**Total descent:** 2,400 feet (735m)

**In summary:** This walk starts by ascending an ancient trail towards Enchereda, we then take a good track to a col where we stop to admire the fine views before continuing the ascent on a rocky path (GR132). This track zigzags down just below Jaragan and then a ridge walk takes the group back into San Sebastián.

**Highlight:** Walking a ridgeline means we're accompanied by great views for much of the day.

### Option 2 - Ayamosna And The Deserted South

**Distance:** 11 miles (18km)

**Total ascent:** 1,000 feet (300m)

**Total descent:** 3,200 feet (960m)

**In summary:** We start at the mirador at the Degollade de Paraza, just 15km from San Sebastián. A few steps lead to a cliff path to the settlement of Ayamosna and onto a wild rocky ridge before descending into a steep valley. The group then ascends again to the GR131 coastal footpath that winds down to a deserted beach. There are headland views and distant San Sebastián. The group arrives back at the Parador after making their way through the town.

**Highlight:** The beach at Playa de la Guancha is an idyllic spot for a swim on a calm day.

## Day 14: The Benchijigua Valley And The Guarimiar Barranco

For our final walks of the week we make our first visit to the valleys to the southwest of San Sebastián. Our road branches off the high road at the Degollada de Peraza and heads down towards Playa Santiago.

### Option 1 - The Benchijigua Valley

**Distance:** 6 miles (9km)

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**Total ascent:** 400 feet (120m)

**Total descent:** 2,300 feet (690m)

**In summary:** This group takes a broad track winding along the hillside to the attractive restored hamlet of Benchijigua. Taking a narrow path we follow the valley southwards through terraces, along a rock shelf and past a disused gofio mill. We then descend to cross a dry stream bed, before ascending to the bar at Pastrana. We continue to meet our transport at the road junction just beyond which will take us to visit Playa Santiago.

**Highlight:** There's an excellent tapas bar in Pastrana; a perfect place to wait for our coach.

## Option 2 - The Guarimiar Barranco

**Distance:** 10 miles (16km)

**Total ascent:** 1,800 feet (540m)

**Total descent:** 3,100 feet (950m)

**In summary:** We initially follow the same route as the easier walk to Benchijigua, before picking up the rising track over the ridge and descending to Imada, a village nestling near the top of the neighbouring valley. Here we take the path through the famous Guarimiar barranco, walking beneath and above high cliffs, to the hamlet of Guarimiar. The route then continues down the valley with the option to climb to a higher road and welcoming bar.

**Highlight:** The Guarimiar barranco is famed for a reason; it's one of the most spectacular parts of La Gomera.

## Day 15: Departure Day

We hope to see you again soon.

## ACCOMMODATION

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### Hotel Laguna Nivaria - Tenerife

Our holiday on Tenerife is based in one of the main squares of the UNESCO World Heritage town of La Laguna. This was once the main capital of the Canary Islands and has many cobbled streets, historic merchant buildings with beautiful courtyards, churches and convents. The 4-star Hotel Laguna Nivaria is a central meeting place for the locals and is a historical 16th Century building furnished with traditional furniture but with contemporary comfort. The hotel owns an organic farm with sustainable ethics which provides produce for the restaurant.

#### Accommodation Info

#### Rooms

There are 60 elegant en-suite bedrooms with telephone, TV, hairdryer, fridge and complimentary toiletries.

#### Facilities

There is a central courtyard coffee shop and some outside seating to the rear of the hotel plus a wellness

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centre with small swimming pool. One visit to this centre to use the pool and/or the sauna or Turkish room as well as a gym is included in the price of your holiday. Free Wi-Fi is available throughout.

## Food & Drink

Our holidays at Hotel Laguna Nivaria are on a Half Board basis and include breakfast and evening meal. Breakfast is buffet style and the evening meal is a 3-course served meal with one glass of wine included.

## Your Evenings

The friendly atmosphere of our Guided Walking holidays continues into the evening. Your leaders will give you information on the area and the choice of walks for the next day and you may want to join your group for a group activity organised by the leaders. Alternatively, you may prefer to relax in the hotel lounge and socialise with your fellow walkers.

## Parador De La Gomera

The stylish Parador de la Gomera is perched over the town of San Sebastián and the harbour, with incredible coastal views. There is a tropical garden surrounding the hotel with an outdoor pool, as well as a relaxing enclosed central courtyard. The hotel's restaurant has a great local reputation and offers hearty Canarian fayre.

## Accommodation Info

### Facilities

The Parador has an outdoor swimming pool in a stunning location overlooking the harbour and marina of San Sebastián. The hotel is surrounded by a delightful garden planted with palms and tropical shrubs with paths that lead you to viewpoints.

There are traditional courtyard areas to relax in at the end of the day as well as several comfortable lounges, all furnished with antique colonial furniture, and some with wonderful sea views.

There is an attractive dining area with an enclosed veranda leading to the garden. There is a small sauna available to all guests.

## Food & Drink

Our holidays at La Gomera are on a Half Board basis and include breakfast and evening meal.

### Breakfast

An extensive continental breakfast is served in the attractive dining room which includes fresh fruit, juices, eggs, selection of breads, cheese, hams, cereals, yoghurt, jams and tea/coffee.

### Lunch (Payable Locally)

You may prefer to buy ingredients for your packed lunch locally in nearby San Sebastian. On some days it may be possible to visit shops on the walk, or eat in a local café; your leaders will advise you of the options.

### Evening Meal

The Parador has a great reputation on the island for their excellent cuisine and to ensure that our guests enjoy this, we have recently arranged for our guests to experience á la carte dining. This will give you an opportunity

to sample the unique Canarian dishes; potage de berros (watercress broth) or cazuela de pescados gomeros (a local fish casserole) as well as others.

## Your Evenings

Each evening your walking leaders will tell you about the choice of walks for the next day and answer any questions you may have. During the evening you may like to join in an optional organised evening activity, such as a quiz.

On a warm evening, it is nice just to stroll in the gardens or even down to San Sebastian for a drink in a local bar.

## TRAVEL DETAILS

### THE HASSLE-FREE OPTION

Book your holiday 'with flight' from Gatwick to Tenerife South airport. For flight times and prices please see the Dates & Prices tab.

Return transfers between the airport and the hotel are included in the holiday. There is a coach transfer to Los Cristianos ferry terminal, where you will have time to explore this popular tourist destination, followed by a 50 minute scenic ferry crossing to La Gomera.

### THE FLEXIBLE TRAVEL OPTION

Alternatively, tailor your journey to suit you by booking your holiday 'without flight' allowing you the freedom to book your own flights from your local airport.

Transfers from Tenerife South airport are included for La Gomera holidays. However as transfers are timed to meet the HF Holidays flights you will need to ensure that your travel arrangements are timed to match. \*(Please call us on 020 8732 1220 for more information). Our flight to Tenerife is due to land at 1130 (Easy jet U28703).

**Please note week commencing 22 February** there is a festival in Los Cristianos which means we are unable to take the ferry crossing until 1900. Therefore that week we use a British Airways flight (BA2702) which is due to land at 1440.

\* Please note that HF Holidays is not responsible for your onward travel if you fail to meet the transfer coach

## USEFUL HOLIDAY INFORMATION

### Essential Information

#### Passport Requirements

You may need to renew your British passport if you're travelling from 1 January 2021.

On the day you travel, you'll need your passport to both:

- have at least 6 months left
- be less than 10 years old (even if it has 6 months or more left)

Use the [government website](#) to see if your passport is valid for this holiday

## EHIC Cards

The UK government has officially launched the Global Health Insurance Card (GHIC), which will replace the European Health Insurance Card (EHIC). UK residents can now apply for one of the GHIC cards, which will gradually replace the EHIC cards as they reach their expiry dates. Every family member travelling requires a GHIC. You can make an application for yourself and on behalf of your partner and any dependent children under the age of 16. Both cards will offer equivalent protection for emergency and medically necessary healthcare needs when in the EU on a temporary stay, which includes holiday, study and business travel. Necessary healthcare includes things like

- emergency treatment and visits to A&E
- treatment for long-term or pre-existing medical conditions
- routine medical care for pre-existing conditions that need monitoring
- oxygen and kidney dialysis

The public only need to apply for their free GHIC cards when their current EHIC expires. The process is likely to take two weeks. For more information visit <https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/>.

The GHIC is not an alternative to travel insurance. We advise all holidaymakers to also invest in travel insurance that covers healthcare, so they are covered for other issues that may arise, as well as cancellations and lost luggage.

## Essential Equipment

To enjoy walking/hiking comfortably and safely, footwear, clothing and equipment needs to be suitable for the conditions. Safety and comfort are our priorities, so our advice is to come prepared for all eventualities.

- Footwear with a good grip on the sole (e.g. Vibram sole) is the key to avoiding accidents.
- Walking/hiking boots providing ankle support and good grip are recommended (ideally worn in), and specialist walking socks to avoid blisters.
- Several layers of clothing, which can be added or removed, are better than a single layer (include spares).
- Fabrics (lightweight and fast drying) designed for the outdoors are recommended.
- Waterproof jacket and waterproof over trousers.
- Warm hat and gloves.
- Denim jeans and capes are not suitable on any walks.
- Rucksack with a waterproof liner.
- Thermos flask for hot drink.
- Water bottle (at least 2 litre).
- Spare high-energy food such as a chocolate bar.
- Small torch.
- First aid kit – your leader's first aid kit doesn't contain any medication or blister kits (such as Compeed).
- Sun hat and sunglasses
- Sun cream.

## Optional Equipment

- Walking poles are useful, particularly for descents.
- Insect repellent.
- Camera.
- Gaiters.

## Useful Information

The language in both Tenerife and La Gomera is Spanish.

Is considered safe to drink, but if you prefer, bottled mineral water can be purchased from the hotel or local

supermarkets.

If the international number you wish to call starts with a 0, you must drop the starting digit when dialling the number.

To dial a UK number 0044

To dial a Spanish number 0034

## Local Currency

The local currency in Tenerife and La Gomera is the Euro.

## Electricity

220 Volt AC with round two pin plugs; you will need an adaptor for any appliances brought from the UK.

## ATM Availability

There are several ATM machines in La Laguna and several ATM machines in San Sebastián where you can obtain money.

## HOW TO BOOK

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When you're ready to book, you can choose to **book online** or book **over the phone**. Our website offers secure online booking for our holidays, is available 24/7, and offers more in-depth information about all our holidays. If you prefer to call us, our experienced and knowledgeable team are available to answer any specific questions you have and can offer guidance as to which holiday is best suited to your needs.

Our office is open: Monday to Friday: 9am – 7pm Saturday: 9am – 1pm Sunday & Bank Holiday Monday: closed

## PAYING YOUR DEPOSIT

To secure the holiday of your choice, you will need to pay a deposit: UK & European Holidays: £150 per person and Worldwide Holidays: £250 per person. You can pay your deposit by debit or credit card with no additional card fees charged or make an online BACS payment directly into HF's bank account, please see details under BACS payments. You can also pay your deposit by cheque within seven days of booking. Cheques should be made payable to 'HF Holidays Ltd' with your booking reference / Order ID on the back.

## NON-MEMBER FEE

Non-members can join our holidays by paying a Non-Member's fee of £20 per person per holiday. Alternatively, full membership is available from £100 – visit [hfholidays.co.uk/membership](http://hfholidays.co.uk/membership) for details.

## BACS PAYMENTS

Please quote your booking reference / Order ID when you make your payment online: Bank Name: Svenska Handelsbanken AB (publ) Account Name: HF Holidays Ltd Account Number: 35923304 Sort Code: 40-51-62 IBAN: GB92HAND40516235923304 Swift / Bic Code: HANDGB22

Once we have received your booking and deposit, we will send a confirmation invoice to the lead name. Please check this carefully. For bookings 'with flights' it is essential that the names on your booking confirmation invoice match those on your passport for bookings overseas. Please advise us immediately of any errors. Any name changes after the balance of your holiday has been paid will be subject to a fee levied by the airline.

## MANAGE MY BOOKINGS

Payments can also be made through the Manage My Booking function on our website. Click on the link at the top of our homepage. This is available to all customers who provide an email address at the time of booking.

## **YOUR FINAL BALANCE**

The balance is due 10 weeks before departure. As with paying your deposit, you can pay your final balance by debit or credit card, make an online BACS payment directly into HF's bank account or pay by cheque.

## **TRAVEL INSURANCE**

Travel insurance is an important part of any booking and essential for one of our holidays. HF Holidays works with specialist. Insurance Brokers Campbell Irvine Direct. For more information or to obtain a quote call them on 01702 427 236 or visit [hfholidays.co.uk/insurance](http://hfholidays.co.uk/insurance)

## **PEACE OF MIND**

### **ATOL:**

The air holidays and flights in this brochure are ATOL-protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 710. In the unlikely event of our insolvency, the CAA will ensure that you are not stranded abroad and will arrange to refund any money you have paid us for advance bookings. For further information visit the ATOL website [atol.org.uk](http://atol.org.uk)

### **MEMBER OF ABTOT:**

HF Holidays is a member of ABTOT (The Association of Bonded Travel Organisers Trust Limited) which provides financial protection under the Package Travel, Package Holidays and Package Tours Regulations 1992 for HF Holidays Ltd and in the event of their insolvency, protection is provided for the following: 1. non-flight packages commencing in and returning to the UK; 2. non-flight packages commencing and returning to a country other than the UK; 3. flight inclusive packages that commence outside of the UK and Republic of Ireland, which are sold to customers outside of the UK and Republic of Ireland. 1, 2 and 3 provides for a refund in the event you have not yet travelled. 1 and 3 provides for repatriation. Please note that bookings made outside the UK and Republic of Ireland are only protected by ABTOT when purchased directly with HF Holidays Ltd.

## **TRIP NOTE VALIDITY**

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

## **PRICE GUARANTEE**

We promise that our earliest published prices will always be the best and if we reduce our holiday price after your booking has been confirmed, we will pass this reduction on to you. Our price promise applies if any subsequent offer price is for an identical holiday, duration, location and date and does not cover any optional extras, flights or additional services.

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