4 Night Guided Birdwatching in Western Yorkshire Dales



Trip style:

Destination:
Yorkshire Dales

Carbon Footprint:
105kg CO2

HOLIDAY OVERVIEW

Join a group of fellow nature enthusiasts and seek out some of the North West England's best birdwatching spots with an experienced ornithologist. Autumn sees thousands of birds flock to these shores and we'll visit some of the area's most popular birding sites, including RSPB Leighton Moss and Morecambe Bay. By day, you'll discover natural beauty spots where birdlife thrives and by night, you'll enjoy expert help identifying what you've spotted.

WHAT YOU'LL LOVE

- Daily guided visits to the best birding sites in the area
- Guidance from an expert ornithologist leader
- Visiting RSPB Leighton Moss, Morecambe Bay
- Chances to spot Marsh Harriers, Bittern, Bearded Tit, Hawfinch and more
- Relaxing at our country house in the Western Yorkshire Dales

WHAT'S INCLUDED

- Comfortable en-suite accommodation in our country house
- Local ornithologist leader
- All transport throughout the itinerary
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Easy-to-follow routes, maps, and information available in our Discovery Point if you want to explore independently.

ITINERARY - ITINERARY

Day 1 Arrival Day

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00 in 2026. Enjoy a complimentary cream tea at 16:30 and meet other guests.

After dinner this evening, your local ornithologist leader will introduce themselves and the itinerary. They'll also give an introductory talk on the local area's birdlife and what you're likely to see during your holiday.

Day 2 RSPB Leighton Moss

Though these holidays don't cover great distances on foot, they are still active. You'll be hopping on and off the coach and should expect to spend the majority of the day on your feet. Walking to the birdwatching sites may take you across country tracks or footpaths and, at times, off the beaten track so be sure to bring sturdy shoes.

Leighton Moss RSPB reserve
We make a fantastic start to the holiday with a visit to this popular little RSPB reserve in Silverdale, a charming village that sits on the Lancashire-Cumbria border. In the care of the Royal Society for the Protection of Birds since 1964, Leighton Moss is home to a huge volume and variety of wildfowl and waders. It also has breeding Marsh Harriers, Bitterns, and Bearded Tits.

We'll spend some time at the outer hides on the edge of Morecambe Bay, before visiting the main reserve and the nearby Kent estuary. If we're lucky, the starlings may treat us to one of their spectacular aerial displays. Please note that the number of starlings and the best locations for murmurations can vary daily, monthly, and yearly. If they're present, we'll do our utmost to ensure you experience this incredible natural spectacle.

Please note entrance fees to Leighton Moss RSPB reserve have not been included in the price of the holiday. We know many of you are RSPB members and will be able to access the reserve free – please remember to bring your membership card. Any non-members, please allow approx. £10 per person for entrance fee.

Day 3 Sizergh Castle gardens & beyond

Sizergh Castle

We'll begin our second day at Sizergh Castle. The sizeable grounds of this16th-century stately home in Kendal are one of the best sites in the area to look for the elusive Hawfinch. After exploring the grounds we'll head to Helsington Barrows to see if we hear or even possibly see, Crossbill, and then to Roudsea Wood, with its ancient yews, to see what other wildlife we can spot.

Please note entrance fees to Sizergh Castle gardens have not been included in the price of the holiday. We know many of you are National Trust members and will be able to access for free – please remember to bring your membership card. Any non-members, please allow approx. £5 per person for entrance fee.

Day 4 Morecambe Bay & the Lune Estuary

Morecambe Bay

We round off our holiday with a visit to Hest Bank RSPB reserve on the east side of Morecambe Bay, another nationally important wader site. Then, we'll enjoy a gentle stroll along nearby Morecambe promenade, very rewarding for birdwatchers at this time of year.

The Lune Estuary

Finally, we'll head south to the Lune estuary where the saltmarshes, pools, and creeks around Glasson Dock offer sanctuary for Common Redshank, Northern Lapwing, Dunlin, Eurasian Wigeon, and Common Snipes.

Day 5 Departure Day

Enjoy a leisurely breakfast before making your way home.

ACCOMMODATION

Thorns Hall, Sedbergh

Delivering on all fronts for countryside lovers, this cosy Grade II-listed manor house is just a skip away from Sedbergh – the Cumbrian market town treasured for its cobbled streets, public school, artisan shops, and bookshops (it's known as England's official book town for good reason). You'll also have the Yorkshire Dales National Park on your doorstep as well as the Howgill Fells - the small group of hills adored by legendary fellwalker, illustrator, and guidebook author Alfred Wainwright. The walking opportunities here are outstanding, but if you fancy travelling further afield there's Kendal (home of the mint cake), Hawes, Wensleydale, Appleby-in-Westmorland, and Lake Windemere all within easy driving distance.

About

· 25 well-appointed guest rooms · Exclusive occupancy: 32 guests minimum · Check in from 4:00pm · For members check in from 2:00pm · Free Wi-Fi · Free on-site parking · Boot room and drying room · Travel cot & high chair · Discovery Point offering a wide range of local area maps, route guides, and information for self-guided walks · Books and games to borrow · Licensed bar · Lounges · Garden · Electric vehicle charging point - Please note, you will need to bring your own cables to use this EV charging point

Then & now

The earliest reference to Thorns (it was renamed Thorns Hall in 1685) was in 1534 when Alan Sedgwick transferred 'the gudewill and tennendright of my hole Fermold cald Thornys' to Giles Lund of Sedbergh for £30. It was then sold in 1586 to John Mayer, Master of Sedbergh School, and the property remained in the family until 1679. It continued as the residence for subsequent Masters of Sedbergh School until 1802 when it was marketed as a 'handsome roomy mansion...with a large fruitful garden and orchard, a cottage, two water corn mills, drying kiln, malt kiln and granary'. It was purchased by sea captain William Findlay for £4,650 and changed hands a few times thereafter. It has been part of our HF Holidays line-up since 1988 and was visited by King Charles III during our centenary celebrations in 2013.

Although the building has been renovated, many of the original features will appeal to history lovers; think wood-panelled public rooms, beamed ceilings, open fireplaces, and stone flag flooring. There's also a pretty garden, books and games to borrow during your stay, a handy boot and drying room, and a Discovery Point offering a wide range of local area maps, route guides, and easy-to-follow information for self-guided walks. Accommodation comes by way of 25 well-appointed guest rooms in three categories (Classic, Premium, and Superior) spread across the main house, cottages, and cobbled courtyard. You'll also find a dining room for a wide range of dishes made with fresh and seasonal ingredients, a licensed bar for cosying up with a drink by the log burner, and wow-worthy countryside views in every direction.

Check-In & Check-Out

You are welcome to check in from 4pm at the earliest. HF Members can check in earlier, from 2pm. On arrival, you'll enjoy a complimentary cream tea and get to meet your fellow guests, our HF Holidays Leaders, and the rest of the friendly team. Check out 10am.

FOOD & DRINK

Dining

Seasonal dining, tailored for you

Our team of skilled chefs design our dinner menus to showcase the best of each season, from warming winter comfort food to vibrant summer dishes, including vegetarian, vegan and high-protein options. We also source fruit and vegetables within a 40-mile radius of each house, open every break with a Chef's Special menu inspired by dishes and flavours of the local area, and are able to adapt dishes to suit special dietary requirements.

Welcome Cream Tea

What better way to start your stay than with a cream tea, served fresh on arrival to make you feel instantly at home. A quintessentially English tradition, our scones are baked in-house and served with preserves and clotted cream, providing the perfect opportunity to meet fellow walkers.

A hearty breakfast to start the day

Start the day with a freshly-prepared cooked breakfast and a wide choice from our continental buffet, including hot drinks, juices and fresh fruit. Our team offer a quick and friendly service, leaving you fuelled and ready for your day's adventures.

Our famous picnic lunch

Our personalised picnic lunches are perfect for a day out walking, ready to enjoy when hunger strikes. Choose from a large selection of fresh sandwiches and salads, freshly baked cakes and snacks, including the ever-popular Freddos chocolate bar! Everything is designed to fit neatly into your rucksack, and all of the packaging we provide is recyclable or compostable.

3-course evening meals

Our à la carte evening menus feature a wide choice of starters, mains, and desserts, made with seasonal ingredients and, wherever possible, herbs and vegetables from our own gardens. Shared around sociable tables, dinners are relaxed occasions, with drinks available to order at the table or from the bar, and a traditional Sunday roast to round off the week.

ROOMS

Your room at Thorns Hall

Designed with your comfort in mind, Thorns Hall has 25 well-appointed guest rooms available in three categories: Classic, Premium, and Superior.

Classic Rooms are comfortable en-suite guest rooms, ideal for a peaceful night's sleep. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, and shower gel), and a TV.

Premium Rooms are more spacious en-suite guest rooms*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

Superior Rooms are even more spacious en-suite guest rooms offering upgraded views of the surroundings*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

We love: The spacious Room 25 for its ground floor setting, brick fireplace, comfy seating, large bed, and gorgeous views of the gardens. Room 4 is large and airy while the cosier Room 13 has an exposed wood ceiling and courtyard view.

The **Choose Your Room** service is available at our UK country houses, allowing you the option of choosing and confirming a specific room for an extra charge of £30 per room. This is subject to availability. Upgrade supplements apply.

Room supplements

Superior	Premium single	Premium double/twin	Choose your room
£25 pppn	£20 pppn	£20 pppn	£30 per room

*Views and layout reflect each properties unique character and location

ACCESSIBILITY

For accessibility and assistance information, please contact our expert team on 020 3974 8865 or view the accessibility information online for Thorns Hall

ABOUT YOUR STAY

A warm welcome
We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided waking routes as well as visit-worthy local attractions.

Helping you enjoy the Great Outdoors - A natural focus on walks

Walks talks and Discovery Points
Our founder, country pastor turned social innovator, Thomas Arthur Leonard, was passionate about encouraging people to explore the countryside. His legacy continues in HF's continued focus on walking. Many guests choose to travel with us on guided or self-guided walking holidays, and as such, evenings at our houses are often busy with walk leaders hosting various briefings and talks. On guided walking holiday arrival days, there are walking information briefings before dinner, and for the duration of any guided walking holiday there will be a Walks Talk before (or on occasion after dinner), to go through the following day's walk options. Self-guided walking guests, and those on special interest holidays (where there is free time to explore independently), are of course welcome to also join in these Walks Talks - please talk to the team locally if you have any queries. Our Discovery Points are filled with handy maps and route notes, designed to ensure everyone, not just those booked on a guided walking holiday, can enjoy the beautiful countryside settings that our HF houses enjoy.

The walking day
Prior to setting off on guided walks, our HF Holidays Leaders run through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure walkers have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

TRAVEL DETAILS

Address

Thorns Hall
Cautley Road
Sedbergh
Cumbria LA10 5LE

Tel: +44 (0)1539 620973

By train

The nearest station is Oxenholme, Lake District, on the main line between London and Glasgow.

Check National Rail for routes and journey times.

By shared transfer

If you're travelling to or from Thorns Hall on Mondays or Fridays or over the festive period, you can join our group transfer from Oxenholme Railway Station.

2026 prices are £50 per person for a return transfer or £25 per person for a single transfer.

Outward journey: Depart Oxenholme Railway Station at 16:45; arrive at Thorns Hall at 17:10.

Return journey: Depart Thorns Hall at 09:30; arrive at Oxenholme Railway Station at 10:10.

Places are limited so booking is essential. We recommend booking at least 14 days in advance by contacting:

HF Holidays Sales and Support Team
Tel: +44 (0)203 974 8865
Email: reservations@hfholidays.co.uk

By taxi

The journey from Oxenholme station to Thorns Hall is 10 miles and will take about 20 minutes.

For pricing, please contact Woofs of Sedbergh directly.

Woofs of Sedbergh
You can pre-book a taxi from our recommended company, Woofs of Sedbergh*. We recommend booking your taxi at least seven days in advance by contacting:

Tel: +44 (0)1539 620414
Email: woofs.sedbergh@outlook.com

A return journey can be arranged on your behalf by the HF Holidays House Manager at Thorns Hall.

*Woofs of Sedbergh is not owned or managed by HF Holidays.

By car

There's a car park available at Thorns Hall if you decide to drive.

Leave the M6 at junction 37 and follow the A684 eastbound for five miles to Sedbergh. At Sedbergh follow the road into Finkle Street (avoiding the main street), then almost immediately turn left at a small roundabout into Back Lane. Turn onto the A683 following signs to Kirkby Stephen. Thorns Hall is 100 yards on the left.

By air

The nearest airport is Manchester International Airport.

There are direct trains every hour to Oxenholme with the journey taking around 90 minutes. From Oxenholme station you can complete the journey to Sedbergh by taxi.

National Rail have up-to-date information on train times and routes.

Flying to London Heathrow airport is another option, but it'll take you at least four hours to reach Oxenholme. Catch the train to London Paddington station, then the London Underground to London Euston where you can connect to the main line train to Oxenholme. The journey from here is 2.5 hours.

LOCAL AREA

Places to visit in the Western Yorkshire Dales

Whether you're enjoying a guided or self-guided walking holiday, there's always the opportunity to linger for longer. Here's our pick of the very best things to see and do within easy travelling distance of Thorns Hall.

Sedbergh

A few minutes' walk away, this Cumbrian market town is treasured for its cobbled streets, public school, and bookshops (it became England's Book Town in 2003). Just down the road is the Farfield Mill Arts, a crafts and heritage centre housed in a Victorian woollen mill.

Kendal

Home of Romney's Kendal Mint Cake which was made famous on 29 May 1953 when it was carried on the first successful summit of Mount Everest by Sir Edmund Hillary and Sirdar Tenzing, this market town is a 20-minute drive away.

Sizergh Castle

A 25-minute drive away, this 1,600-acre estate delights with ancient woodland, an award-winning limestone rock garden, and a boating lake. Built by the Strickland family in 1350, the house has turrets, battlements, a collection of family paintings, and oak-panelled interiors.

Levens Hall & Garden

A 30-minute drive away, this privately-owned Elizabethan mansion is most cherished for its award-winning topiary gardens – the oldest in the world. Inside, there's fine oak panelling, ornate plasterwork, leather wall coverings, and he earliest examples of English patchwork.

Settle to Carlisle Railway

This 73-mile-long railway route crosses regions of the Yorkshire Dales and the North Pennines. Head south for the Ribblehead Viaduct as well as Settle, Skipton and Saltaire – or head north for Appleby. The nearest station is Garsdale, a 20-minute drive away.

Hawes & Wensleydale

A 30-minute drive through the Yorkshire Dales takes you to the Hawes, the market town of Upper Wensleydale. From here you can continue through to Wensleydale, the wide open valley famous for its historic villages, traditional markets and crafts, and plentiful cheeses.

Lake District

A 40-minute drive away, the Lake District in the heart of Cumbria has been adored by poets, painters, and literary giants for centuries. It spoils first-timers and returning visitors with charming villages, tumbling waterfalls, impressive peaks, and shimmering bodies of water.

Lake Windemere

An hour's drive away, this watery wonder measures 10.5 miles long, one mile wide, and 220 feet deep. Whether you start your journey in Bowness, Ambleside, or Lakeside, there are plenty of cruise operators offering old-fashioned steamers or modern sightseeing vessels.

ESSENTIAL INFORMATION

Packing list

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing.

Essentials

- Suitable footwear such as waterproof walking boots that provide ankle support and good grip
- Waterproof and windproof jacket, preferably insulated
- Comfortable clothing (jeans & waterproof capes are not suitable)
- Waterproof overtrousers
- Gloves and a warm hat
- Rucksack with waterproof liner
- Spotting scope and/or binoculars
- Flask for hot drinks
- Water bottle (at least 1 litre capacity)
- Sunscreen
- UV sunglasses

Recommended

- Several base layers (long-sleeve or short-sleeve)
- Cushioned walking socks to avoid blisters
- First aid kit, including plasters and insect repellent
- Sit mat
- Waterproof pouch for valuables
- Rubbish bag (remember to always leave no trace)
- Wallet/purse
- Camera
- First-aid kit

TRIPNOTE VALIDITY

TRIP NOTE VALIDITY These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

Document produced: 22 November 2026