

4 Night Peak District Tread Lightly Guided Walking Holiday

Tour Style: Tread lightly

Destinations: Peak District, United Kingdom & England

Trip code: DVSUS-4

2, 3 & 4



HOLIDAY OVERVIEW

Explore the best landscapes the Peak District has to offer with walks that start and end on the doorstep of our country houses. With no need for transport, our tread lightly holidays are kinder to the environment and will minimise your carbon footprint.

WHAT'S INCLUDED

- En-suite accommodation in our 3-star country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walking with experienced HF Holidays Leaders
- Choice of up to three guided walks (on walking days)
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

HOLIDAY HIGHLIGHTS

- Exploring stunning Peak District landscapes on foot
- Admiring picturesque villages and stunning countryside
- Being close to the famous Dovedale Stepping Stones
- Spending time with like-minded people in the great outdoors
- Finding new routes and places to explore with your HF Holidays Leader
- Staying at The Peveril of the Peak, our country house in Thorpe

TRIP SUITABILITY

This trip is graded Activity Levels 2 and 3, Explore the beautiful Peak District National Park on our guided walks. We offer a great range of walks to suit everyone - meandering through green valley and pretty villages at a gentle pace to more challenging walks with spectacular views high on the gritstone edges. We'll take you to all the classic viewpoints, timeless villages and hidden corners. Join our friendly and knowledgeable guides who will bring this stunning national park to life.

- Our experienced guides offer the choice of up to three different walks each day
- Choose the option which best suits your interests and fitness
- We provide flexible holidays. Join our guided walks, explore independently, or relax at our Country House

ITINERARY

Day 1: Arrival Day

Check-in at the hotel is available from 4pm. Enjoy a complimentary cream tea on arrival.

Day 2: Dovedale

Option 1 - Dovedale Gorge

Distance: 7 miles (11km)

Ascent: 1,200 feet (360m)

In summary: Beginning with a descent to the famous stepping stones we follow the River Dove to Milldale. Following the zig zag path we then return through pasture land high above the gorge.

Highlight: The famous limestone gorge of Dovedale is just a stone's throw from our country house with its rock formations, caves and verdant flora.

Option 2 - Dovedale And Alstonefield

Distance: 9 miles (14.5km)

Ascent: 1,150 feet (340m)

In summary: We begin following the route of option 1 through the iconic Dovedale Gorge. From Milldale we ascend to the village of Alstonefield. We visit the Green Well before our return route takes us back across the river and on higher ground back to the country house.

Highlight: The dramatic Dovedale Gorge with its towering limestone pinnacles.

Option 3 - Dovedale And Narrowdale Hill

Distance: 12 miles (19km)

Ascent: 1,400 feet (420m)

In summary: Having first walked up the beautiful Dovedale Gorge and reached Alstonefield, our walk takes a high level loop north to Narrowdale Hill, before returning across the river and along the route of option 2.

Highlight: Magnificent panoramic views from Narrowdale Hill

Day 3: Ilam And The Manifold Valley

Option 1 - Blore And Ilam Circuit

Distance: 6 miles (9 Km)

Ascent and descent: 935ft (285m)

In summary: The walk descends to cross the River Dove into Staffordshire on an historic bridge before ascending to the hamlet of Blore. We then visit Ilam with its Park, Hall and village before crossing back into Derbyshire and back to Peveril of the Peak.

Highlight: Blore and Ilam churches both have interesting memorials. In beautiful Ilam Park we can see the River Manifold as it emerges from its underground route.

Option 2 - Blore, Ilam And Musden

Distance: 9½ miles (15km)

Ascent: 1,350 feet (420m)

In summary: We head out on the Limestone Way from Thorpe, crossing the River Dove at Coldwall Bridge and ascend to Blore. The route then continues to ascend west with magnificent views of surrounding countryside to reach Calton. We then descend through Musden Wood to Rushley Bridge before taking the riverside path through the grounds of Ilam Hall and the village of Ilam.

Highlight: Ilam village with its grand hall, pseudo alpine cottages and memorial cross.

Option 3 - Ilam And The Manifold Valley

Distance: 12½ miles (20km)

Ascent: 1,900 feet (600m)

In summary: Beginning along the Limestone Way to Blore, we then continue to ascend, skirting the hill of Musden Low, before reaching the village of Calton. From here, the path continues north with wonderful views all around. We descend Soles Hollow to reach the River Hamps and the Manifold Way. From the confluence of the Hamps and the Manifold, the walk ascends back to the Manifold Trail to Throwley Hall. We then return through historic Ilam.

Highlight: Enjoy the panorama from Blore church over the limestone plateau and Dove Dale, with the shapely peak of Thorpe Cloud guarding the entrance.

Day 4: North From Tissington

Option 1 - Tissington Village And Trail

Distance: 7½ miles (12km)

Ascent: 800 feet (240m)

In summary: We walk to the feudal village of Tissington on grassland and along the tree lined avenue. After exploring the village we make our way onto the Tissington Trail to the former Alsop en le Dale station before returning to the country house.

Highlight: The charming estate village of Tissington, home of the FitzHerbert family for over 500 years.

Option 2 - Tissington And Alsop En Le Dale

Distance: 10½ miles (17km)

Ascent: 1,200 feet (380m)

In summary: After visiting beautiful Tissington village our walk descends to Parwich and then ascends to reach the Tissington trail which we follow to Alsop en le Dale station before heading back to the country house.

Highlight: The famous Tissington Trail follows the route of the former London and North Western railway.

Option 3 - Tissington, Parwich And Milldale

Distance: 12½ miles (20km)

Ascent: 1,550 feet (480m)

In summary: We begin following the route of option 2 to the Tissington Trail, taking in the estate village of Tissington. We then descend to the River Dove which we follow through a quiet dale to reach Milldale. From here the walk ascends to meet a farm track which we follow back to the house.

Highlight: Quaint Tissington village and all its history is not to be missed.

Day 5: Departure Day

Enjoy a leisurely breakfast before making your way home.

ACCOMMODATION

The Peveril Of The Peak

For those easily seduced by the charm of the Peak District, this characterful country house is a dealbreaker. Set in the tiny village of Thorpe, you'll be less than a mile from the famous Dovedale Stepping Stones – a series of 16 limestone-capped stones that were laid out in the 19th century to allow for a safe crossing over the River Dove. There's plenty of big-name attractions nearby, most fabulously the Twelve Apostles that is best viewed from the limestone promontory known as Lover's Leap. And there's no shortage of walking thrills, either, especially around the Roaches and the impressive Stanage Edge. Equally fabulous is the cone-shaped Thorpe Cloud, a limestone hill on the southern end of Dovedale and along the rolling green hills of the Staffordshire/ Derbyshire border.

Country House Accommodation

Rooms

Designed with your comfort in mind, The Peveril of the Peak has 46 well-appointed guest rooms available in three categories: Classic, Premium, and Superior.

Classic Rooms are comfortable en-suite guest rooms, ideal for a peaceful night's sleep. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, and shower gel), and a TV.

Premium Rooms are more spacious en-suite guest rooms*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

Superior Rooms are even more spacious en-suite guest rooms offering upgraded views of the surroundings*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

The **Choose Your Room** service is available at our UK country houses, allowing you the option of choosing and confirming a specific room for an extra charge of £30 per room. This is subject to availability. Upgrade supplements apply.

Check in & check out

You are welcome to check in from **4:00pm at the earliest**. On arrival, you'll enjoy a complimentary cream tea and get to meet your fellow guests, our HF Holidays Leaders, and the rest of the friendly team.

On the day of departure, we kindly ask all guests to check out by **10:00am**. You'll be asked to settle your bill prior to leaving. You may, of course, make a charitable donation to our HF Holidays Pathways Fund if you wish. Please note that we only accept card payments.

Room supplements

Superior	Premium single	Premium double/twin	Choose your room
£25 pppn	£20 pppn	£20 pppn	£30 per room

*Views and layout reflect each properties unique character and location

About Your Stay

A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

Evening entertainment

While evening entertainment varies from house to house, the HF Holidays Big Pub Quiz held after dinner on Wednesdays is a weekly staple. Your HF Holidays Leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

Walks talks

Our HF Holidays Leaders host guided walking information briefings before dinner on arrival days. This is followed by a group Walks Talk for information on the following day's walking delights (held before dinner every

evening). Self-guided walking guests are, of course, welcome.

The walking day

Prior to setting off on walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

Food & Drink

Led by experienced chefs, we serve a wide range of dishes made with fresh and seasonal ingredients. We always aim to source the best produce available and use home-grown herbs and vegetables from our own gardens whenever possible. Additionally, we have a licensed bar with beers, soft drinks, and a superb selection of spirits. Full-board comes as standard and includes a cream tea on arrival and a hearty breakfast on departure day.

HF Holidays understands the importance of managing allergens effectively to ensure food is safe for guests with food allergies. Whilst we are always able to confidently inform guests which allergens are present in our ingredients and dishes, we are unable to guarantee absolute freedom from the 14 main allergens in our kitchens. Vegetarian and vegan menu choices are available. If you have allergies, food intolerances, or any special dietary requirements, please inform our reservation team at the time of booking.

Accessibility

For accessibility and assistance information, please contact our expert team on [020 3974 8865](tel:02039748865) or view the accessibility information online for [The Peveril of the Peak](#)

TRAVEL DETAILS

Address

The Peveril of the Peak
Thorpe
Dovedale
Ashbourne
Derbyshire DE6 2AW

Tel: [+44 \(0\)1335 350396](tel:+44(0)1335350396)

By Train

The nearest stations are Derby or Buxton.

Check National Rail for train times and routes.

By Taxi

From Buxton railway station a taxi takes approximately 35 minutes.

From Derby railway station the 18-mile journey takes approximately 40 minutes.

For pricing, please contact Ashbourne Taxis directly.

Ashbourne Taxis

You can pre-book a taxi from our recommended company, Ashbourne Taxis*. We recommend booking your taxi at least seven days in advance by contacting:

Tel: [+44 \(0\)1335 345198](tel:+44(0)1335345198) / [+44 \(0\)7398 783706](tel:+44(0)7398783706)

Email: ashbourne-taxis@hotmail.co.uk

A return journey can be arranged on your behalf by the HF Holidays House Manager at The Peveril of the Peak.

*Ashbourne Taxis is not owned or managed by HF Holidays.

By Bus

There is a bus service as far as Ashbourne, about three miles from The Peveril of the Peak. You'll need to take a taxi from Ashbourne, taking around 10 minutes, or use the Derbyshire Connect Service (telephone [+44 \(0\)1335 342951](tel:+44(0)1335342951)).

From Buxton you can use the 442 service or from Derby catch the SWI service.

Check online for up-to-date bus times.

By Car

From the south

Leave the M1 at junction 24 and head to Ashbourne via the A50 and A515. Continue north on the A515 towards Buxton. One mile north of Ashbourne turn left, signposted to Thorpe, Dovedale, and Ilam. After a further two miles the road bends sharply left by the Old Dog pub. The Peveril of the Peak is at the bottom of the hill.

From Buxton

Take the A515 south towards Ashbourne. After 17 miles turn right at the crossroads following signs to Thorpe. After one mile turn right by the Old Dog pub. You'll find The Peveril of the Peak at the bottom of the hill.

From the west

Leave the M6 at junction 15 and head via the A50, Cheadle (A521), and Oakamoor (A5417) to the A52. At the junction of the A52 and the A523 take the minor road signposted to Ilam. After 1.5 miles turn left and descend the hill. Cross the bridge at Ilam, turn right, and follow the road through Dovedale and Thorpe village. The Peveril of the Peak is on the left-hand side at the end of the village.

By Air

The nearest airport is East Midlands Airport.

We recommend pre-booking a taxi direct to The Peveril of the Peak, which is about 30 minutes away.

From London Luton Airport you'll need to take the shuttle bus to Luton Airport Parkway station, then catch the train to Derby with one change at Leicester.

From Manchester International Airport there are trains every hour to Buxton with one change at Manchester Piccadilly. Allow one hour 40 minutes to Buxton.

Flying to London Heathrow Airport is another option but you'll need to allow three hours to reach Derby. From Heathrow first take the Piccadilly line to London St Pancras. From here take a train direct to Derby.

National Rail has up-to-date train information.

LOCAL AREA

Whether you're enjoying a guided or self-guided walking holiday, there's always the opportunity to linger for longer. Here's our pick of the very best things to see and do within easy travelling distance of The Peveril of the Peak.

Dovedale

Less than a mile away, the limestone valley of Dovedale steals the limelight as one of the best-loved – and most visited – beauty spots in the Peak District National Park. Don't miss the famous stepping stones located about half a mile from the car park.

Ashbourne

Approximately three miles away, this market town charms with cobbled streets, interesting Tudor and Georgian buildings, lovely shops and cafés, and the spectacular St. Oswald's Church – one of Derbyshire's loveliest famed for its 212-foot spire.

Chatsworth House

Home of the Duke and Duchess of Devonshire, this magnificent 17th century mansion is set in over 1,000 acres of stunning parkland and formal gardens. Inside, there's over 30 rooms to explore, including the State Rooms, Sculpture Gallery, and Painted Hall.

Crich Tramway Village

Just a 45-minute drive away, this recreated Edwardian-style village and home to the National Tramway Museum is located near the village of Crich. Highlights include the woodland walk, sculpture trail, and collection of over 60 trams built between 1873 and 1982.

Buxton

As England's highest market spa town at 1,000 feet above sea level, there's more to this place than water. Must-see sights include the Devonshire Dome building, the Edwardian Opera House, and Poole's Cavern – a two-million-year-old natural limestone cave.

Castleton

Located at the head of the Hope Valley in the heart of the Peak District National Park, this beautiful village is as famous for its semi-precious stone, Blue John, as for its show cave superstars: Peak Cavern, Blue John Cavern, Speedwell Cavern, and Treak Cliff Cavern.

Bakewell

There's more to this market town on the banks of the River Wye than jam-filled pastry. The best attractions include the honey-coloured stone houses, specialist markets, Lovelock Bridge, and the famous summer carnival reputed as the biggest in Derbyshire.

Alton Towers

Just a 25-minute drive away, this Staffordshire theme park is perfect for those with adventurous and excitable kids in tow. Thrillseekers can enjoy over 40 rides (including 10 rollercoasters) as well as a water park. There's entertainment for younger children, too.

Cromford Mills

Part of the UNESCO-listed Derwent Valley Mills, the world's first water-powered cotton spinning mill developed by Richard Arkwright in 1771 is known as the birthplace of the modern factory system. The mill museum and visitor centre are both visit-worthy.

Haddon Hall

Overlooking the River Wye, this fairytale-like manor house with its fortified exterior dates from the 12th century. Every part of the property is steeped in history, but the banqueting hall, chapel, and kitchens are particularly worth exploring.

USEFUL HOLIDAY INFORMATION

Essential Information

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing.

Essentials

- Suitable footwear such as waterproof walking boots that provide ankle support and good grip
- Waterproof and windproof jacket
- Comfortable clothing (jeans & waterproof capes are not suitable)
- Mid-layer(s) to keep you warm. Fleeeces make a good choice
- Waterproof overtrousers
- Gloves and a warm hat
- Rucksack with waterproof liner
- Flask for hot drinks
- Water bottle (at least 1 litre capacity)
- Sunscreen
- UV sunglasses

Recommended

- Several base layers (long-sleeve or short-sleeve)
- Cushioned walking socks to avoid blisters
- First aid kit, including plasters and insect repellent
- Sit mat
- Waterproof pouch for valuables
- Rubbish bag (remember to always leave no trace)
- Wallet/purse
- Camera

Safety On Your Holiday

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests.

Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest while clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass.

Please note: If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel section) should you need them in case of emergency.

TRIP NOTE VALIDITY

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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