

4-Night Peak District Tread Lightly Guided Walking Holiday

Tour Style: Tread Lightly

Destinations: Peak District & England

Trip code: DVSUS-4

2 & 3



HOLIDAY OVERVIEW

We are all well-versed in 'leaving no trace' but now we invite you to join us in taking it to the next level with our Tread Lightly walks. We have pulled together a series of lovely walks which do not use pre or post-walk transport, reducing our carbon footprint while still exploring a variety of landscapes in the Peak District. You will still enjoy the choice of three top-quality walks of different grades as well as the warm welcome of our HF country house. From beautiful limestone valleys, to tranquil rivers and picturesque villages, the Peak District is home to a variety of walking routes. With a choice of three different length guided walks each day, your holiday can be as relaxing or adventurous as you choose.

WHAT'S INCLUDED

- High quality en-suite accommodation in our country house
- Full board from dinner upon arrival to breakfast on departure day
- 3 days guided walking
- Use of our comprehensive Discovery Point

- Choice of up to three guided walks each walking day
- The services of HF Holidays Walking Leaders

HOLIDAYS HIGHLIGHTS

- Enjoy breathtaking walks from the doors of our country house
- Explore the famous limestone gorge of Dovedale, just a stone's throw from the country house
- Enjoy magnificent panoramic views from Narrowdale Hill
- Visit Ilam village with its grand hall and pseudo-alpine cottages

TRIP SUITABILITY

This trip is graded Activity Levels 2 and 3, Explore the beautiful Peak District National Park on our guided walks. We offer a great range of walks to suit everyone - meandering through green valley and pretty villages at a gentle pace to more challenging walks with spectacular views high on the gritstone edges. We'll take you to all the classic viewpoints, timeless villages and hidden corners. Join our friendly and knowledgeable guides who will bring this stunning national park to life.

- Our experienced guides offer the choice of up to three different walks each day
- Choose the option which best suits your interests and fitness
- We provide flexible holidays. Join our guided walks, explore independently, or relax at our Country House

ITINERARY

Day 1: Arrival Day

You're welcome to check in from 4pm onwards.

Enjoy a complimentary Afternoon Tea on arrival.

Day 2: Dovedale

Option 1 - Dovedale Gorge

Distance: 7 miles (11km)

Ascent: 750 feet (230m)

In Summary: Beginning with a descent to the famous stepping stones we follow the River Dove to Milldale. Following the zig zag path we then return through pasture land high above the gorge.

Highlight: The famous limestone gorge of Dovedale is just a stone's throw from our country house with its rock formations, caves and verdant flora.

Option 2 - Dovedale And Alstonefield

Distance: 9 miles (14.5km)

Ascent: 1,150 feet (330m)

In Summary: We begin following the route of option 1 through the iconic Dovedale Gorge. From Milldale we ascend to the village of Alstonefield. We visit the Green Well before our return route takes us back across the river and on higher ground back to the country house.

Highlight: The dramatic Dovedale Gorge with its towering limestone pinnacles.

Option 3 - Dovedale And Narrowdale Hill

Distance: 11.5 miles (19km)

Ascent: 1,400 feet (420m)

In Summary: Having first walked up the beautiful Dovedale Gorge and reached Alstonefield, our walk takes a high level loop north to Narrowdale Hill, before returning across the river and along the route of option 2.

Highlight: Magnificent panoramic views from Narrowdale Hill

Day 3: Villages, Brooks And Rivers And The Tissington Trail

Option 1 - Along The Lower Dove

Distance: 5.5 miles (9km)

Ascent: 550 feet (180m)

In Summary: From the house, we walk through Thorpe village before descending to the River Dove at Coldwall Bridge. We take the riverside path on the far side in Staffordshire and follow this south to cross Okeover Bridge, site of the annual bridge jump. We then return on the Derbyshire side of the river to return to Thorpe.

Highlight: A delightful riverside walk along lower Dove.

Option 2 - Tissington And Fenny Bentley

Distance: 9½ miles (15km)

Ascent: 940 feet (280m)

In Summary: Following the Limestone Way to the estate village of Tissington, famous for its well dressings, we then take a delightful lane east with splendid views over surrounding hills and valleys. Walking south we descend Bentley Brook before turning west on undulating paths, skirting the village of Fenny Bentley eventually reaching the Tissington Trail. We follow the trail and paths north back to the country house.

Highlight: Fantastic views of Thorpe Cloud, 'the mini Matterhorn' from the Tissington Trail.

Option 3 - Villages, Brooks And Rivers

Distance: 11.5 miles (19km)

Ascent: 1,150 feet (340m)

In Summary: From Thorpe, this walk takes paths south towards Mappleton before heading north on the Tissington Trail. We then skirt the village of Fenny Bentley before following undulating paths towards Kniveton. The route descends to cross Bentley Brook before returning to Tissington using attractive gated road and paths, then taking the Limestone Way back to the country house.

Highlight: St Leonard's church, with its squat Norman tower, dating from 1150.

Day 4: Ilam And The Manifold Valley

Option 1 - Ilam Park

Distance: 8 miles (12.5km)

Ascent: 1,300 feet (400m)

In Summary: The walk begins with a descent to cross the River Dove and then across fields to reach lofty Castern Hall. From here we follow the route of the Manifold into Ilam Park before ascending to the hamlet of Blore and follow the Limestone Way on our return to the country house.

Highlight: Beautiful Ilam Park with its Hall, church and gardens. We can see the River Manifold as it emerges from its underground route.

Option 2 - Ilam And Blore

Distance: 9 miles (14.5km)

Ascent: 1,302 feet (400m)

In Summary: We head out on the Limestone Way from Thorpe, crossing the River Dove at Coldwall Bridge and ascend to Blore. The route then continues to ascend west with magnificent views of surrounding countryside to reach Calton. We then descend on a magical path through Musden Wood to Rushley Bridge before taking the riverside path through the grounds of Ilam Hall and the village of Ilam.

Highlight: Ilam village with its grand hall, pseudo alpine cottages and memorial cross.

Option 3 - Ilam And The Manifold Valley

Distance: 12 miles (19.5km)

Ascent: 1,850 feet (560m)

In Summary: Beginning along the Limestone Way to Blore, we then continue to ascend, skirting the hill of Musden Low, before reaching the village of Calton. From here, the path continues north with wonderful views all around. We descend Soles Hollow to reach the River Hamps and the Manifold Way. From the confluence of the Hamps and the Manifold, the walk ascends back to the Manifold Trail to Throwley Hall. We then return through historic Ilam.

Highlight: Enjoy the panorama from Blore church over the limestone plateau and Dove Dale, with the shapely peak of Thorpe Cloud guarding the entrance.

Day 5: Departure Day

Enjoy a leisurely breakfast before making your way home.

ACCOMMODATION

The Peveril Of The Peak

The Peveril of the Peak, named after Sir Walter Scott's novel, stands proudly in the Peak District countryside, close to the village of Thorpe. Backed by the cone of Thorpe Cloud, which guards the entrance to Dovedale Gorge and the famous stepping stones at the entrance to the gorge, it's an ideal base for people hoping to explore the Derbyshire countryside. Surrounded by extensive grounds and rolling countryside, it's a picturesque retreat with 46 rooms, large shared spaces and a pleasant bar. Stride out from the house to find Dovedale's

wooded ravine, cave-like Dove Holes and of course stepping stones. Upstream lie the heights nicknamed the Dovedale Castle and the Twelve Apostles, best viewed from the grassy spur called Lovers' Leap. While the Peak bit of the area name refers to small English hills rather than great summits, there's superb walking to be had on the Roaches and the gritstone escarpment of Stanage Edge, while Chatsworth, Tissington and Bakewell make attractive places to explore too.

Matchless Country House Accommodation

Accommodation Info

Need To Know

Important Covid-19 Steps We Have Taken For Guest Safety: Please Read

We are continuing to take extra steps to keep our guests leaders, and staff safe in our HF country houses. We ask all our guests to respect the measures put in place.

The English, Scottish and Welsh governments are not in sync, so measures in our country houses will vary between the nations. With the relaxation of social distancing in England, from 19 July we will be allowing larger groups to dine and relax in the bar together. However, we will still give guests space e.g. we will seat 6 people at a table where pre-pandemic we may have seated 8. We will ensure our public rooms are well ventilated by opening doors and windows wherever possible. If you have any concerns about distancing, please speak to the House Manager. The government recommendation for England is to wear face coverings in crowded areas. You must wear a face covering by law in public areas in hotels in Scotland. This is mandatory in public spaces; however, face coverings will not be required whilst eating and drinking in the restaurant and bar areas or whilst you are outside our houses. In Wales face coverings will remain a legal requirement indoors, with the exception of hospitality premises.

As a temporary measure, we will not be servicing rooms during a stay. Extra tea, coffee, milk, and toiletries will be made available on request for all guests. It is recommended that guests bring their own toiletries for the duration of their stay. We will though be increasing the frequency of cleaning in our public areas providing particular attention to frequently touched items including door handles and handrails.

Menus for the week will be available in your room on arrival. A self-service breakfast will be served from 7.45am – 9am. Picnic lunches will now be pre-ordered the night before from an order form in the room. Evening meals will be table service. A dinner order form will be available in each room for completion. Dinner is served at either 7.15pm or 7.30pm. Please check at the house for details. The bar will be open. We will be offering a table service but guests can also come to the bar to order (depending on local restrictions).

Join our team after dinner on Wednesday evenings for the HF Big Pub Quiz. There will be one other evening of entertainment at the start of the week, which will vary depending on the country house that you are staying at. Our Walk Leaders will also be on hand in the bar or lounge for individual or small group walks talks briefings, which allow guests to talk through the following day's walk options and ask any questions. Swimming pools will be operated in line with maximum capacities.

For more information and to see all the steps taken, [visit our page on how house stays will be adapted](#).

Rooms

Tea & coffee-making facilities, TV, Hairdryer, Toiletries, Wi-Fi

Stay in the smartly presented rooms in the main house. With 46 rooms, Peveril of the Peak has plenty of space and there's a range of Classic and Premium Rooms to choose from. Room 2 on the ground floor (accessible via 7 steps down from reception) is spacious and attractively styled with a door opening on to the grounds

while the Chatsworth Room has a four-poster bed to recline on.

All 'Classic' rooms are ensuite and furnished to a high standard. There are also several 'Premium' Rooms that are either larger or have a desirable view, a more luxurious mattress and larger televisions – upgrade your stay for just an extra £15-20 per person per night. You can choose a specific room for an extra £30 per room, subject to availability. Upgrade supplements still apply.

Facilities

Free Wi-Fi, boot room and drying room, extensive garden, lounge, bar, ballroom, library and board games to borrow

After a day delving into the Dovedale Gorge or exploring the Peak District, return to the house. Relax on the patio with a coffee or cold drink and soak up the wide-ranging countryside views. Take a turn through the garden and look out for the small canon on one of the lawns. Make your way inside to sit comfortably in the lounge where there's a stash of wood and a log burner for those colder days or snag a seat in the bar with your fellow guests and sip a great local ale by the large windows.

Food & Drink

As at all our country houses, holidays are full board, from afternoon tea served as a welcome treat through that evening's meal to a hearty breakfast on the day of departure. Food at the Peveril of the Peak is varied with a strong emphasis on the use of seasonal British produce. Our experienced chefs create each dish using only the freshest ingredients and, when in season, use home grown herbs and vegetables taken from our own gardens to give a true taste of the local area.

Accessibility

For accessibility and assistance information, please contact our expert team on 020 3974 8865 or view the accessibility information online for [The Peveril of the Peak](#)

TRAVEL DETAILS

Our address is: The Peveril of the Peak, Thorpe, Dovedale, Ashbourne, Derbyshire DE6 2AW
Tel: [01335 350396](tel:01335350396)

By Rail:

The nearest railway stations are Buxton or Derby. For train times and route planning by train visit www.nationalrail.co.uk or phone 03457 48 49 50.

By Taxi:

From Buxton railway station a taxi takes approximately 45 minutes and costs around £42 if pre-booked. From Derby railway station a taxi takes approximately 40 minutes and costs around £32 if pre-booked. Please note these are 2020 prices relevant to a 4-seat taxi and should only be taken as a guide. 8-seat taxis can be booked at a higher rate. Ashbourne Taxis, our current recommended taxi company, can confirm prices on booking and will arrange shared taxis wherever possible. Please pre-book your taxi at least 7 days in advance by contacting:

Ashbourne Taxis*
Tel: +44 (0) 1335 345198

Mob: +44 7811 196686
Email: ashbourne-taxis@hotmail.co.uk

The return taxi journey can be arranged on your behalf by the Peveril of the Peak Manager.

*Ashbourne Taxis is not owned or managed by HF Holidays

By Bus:

There is a bus service as far as Ashbourne, about 3 miles from our country house. From Buxton take the 442 service or from Derby catch the SW1 service. For bus times see www.travelineeastmidlands.co.uk

From Ashbourne complete your journey by taxi, or use the Derbyshire Connect service (01335 342951). The taxi service must be pre-booked in advance by calling 01335 345198 the journey will take approximately 10 minutes and costs £8 for a 4-seat taxi.

By Car:

From the south leave the M1 at junction 24 and head to Ashbourne via the A50 and A515. Continue north on the A515 heading towards Buxton. 1 mile north of Ashbourne turn left, signposted to Thorpe, Dovedale and Ilam. After a further 2 miles the road bends sharply left by the Old Dog pub. The Peveril of the Peak lies ahead at the bottom of the hill. Look out for the sign.

From Buxton take the A515 south towards Ashbourne. After 17 miles turn right at a crossroads, following signs to Thorpe. After 1 mile turn right by the Old Dog pub. The Peveril of the Peak lies ahead at the bottom of the hill. Look out for the sign.

From the west leave the M6 at junction 15 and head via the A50, Cheadle (A521) and Oakamoor (A5417) to the A52. At the junction of the A52 and the A523 take the minor road signposted to Ilam. After 1½ miles turn left and descend the hill. Cross the bridge at Ilam, turn right and follow the road up a steep hill and onwards through Dovedale and Thorpe village. The Peveril of the Peak is on the left hand side at the end of the village.

Travel From Overseas

Dovedale is located in the centre of the UK, with a number of airport options.

East Midlands Airport is about 30 miles away - this is served by short-haul European flights. If you're flying here we'd recommend pre-booking a taxi direct to the Peveril of the Peak.

London Luton Airport has lots of low-cost European flights. From here take the shuttle bus to Luton Airport Parkway station, then on by train to Derby with 1 change at Leicester. Allow 1 hour 50 minutes to Derby - see www.nationalrail.co.uk for train times. Complete your journey by taxi (see above).

Manchester Airport has a much wider range of long-haul flights. There are trains every hour from the airport to Buxton with one change at Manchester Piccadilly. Allow 1 hour 40 minutes to Buxton - see www.nationalrail.co.uk for train times. Complete your journey by taxi (see above).

Flying to London Heathrow Airport is another option, but has a longer onward train journey - allow 3 hours to reach Derby. From Heathrow first take the Piccadilly line Underground train to London St Pancras. From here take a train to direct to Derby - see www.nationalrail.co.uk for train times. Complete your journey by taxi (see above).

LOCAL AREA

The Peveril of the Peak occupies a wonderfully peaceful location in the village of Thorpe, and is surrounded by the rolling countryside of the Derbyshire Dales. The nearest facilities are in the small town of Ashbourne, about 3 miles away. Here you'll find a full range of shops plus supermarkets, banks, chemists, pubs and cafés.

During your stay you may enjoy visiting the following places of interest:

Dovedale

One of the natural wonders of the Peak District, the spectacular limestone valley of Dovedale is less than 1 mile from The Peveril of the Peak – just follow the footpath signs from the car park.

Chatsworth House

Home to the Duke and Duchess of Devonshire, [Chatsworth House](#) is one of Britain's most visited stately homes, which sits at the heart of a huge estate. Throughout the house there are fine displays of furniture, silver, tapestries, porcelain and paintings. The formal gardens cover 105 acres and include fountains, sculptures and a maze. Chatsworth is around 50 minutes' drive from The Peveril of the Peak.

Crich Tramway Village

Located near the village of Crich, about 45 minutes' drive away, the [National Tramway Museum](#) has an impressive collection of vintage trams which run on a recreated historic street.

Buxton

The Regency spa town of Buxton is about 19 miles from the Peveril of the Peak. Two key attractions are [Buxton Opera House](#) and [Poole's Cavern](#) show cave.

Castleton

The popular village of Castleton is an excellent starting point for walks in the 'Dark Peak'; just under an hour's drive away. Nearby are four extensive show caves: [Peak Cavern](#), [Blue John Cavern](#), [Speedwell Cavern](#) and [Treak Cliff Cavern](#).

Bakewell

Home to the famous 'Bakewell Pudding', this is one of the most attractive small towns in the national park. Bakewell is around 35 minutes' drive away.

Alton Towers

The huge [Alton Towers](#) theme park is only 30 minutes' drive away and is a very popular option for families.

Cromford Mills

[Cromford Mills](#) is the home of Sir Richard Arkwright's first mill complex, birthplace of the modern factory system and internationally recognised as a UNESCO World Heritage Site. This fascinating sites dates from 1771 and is about 35 minutes' drive away.

Haddon Hall

A fortified medieval manor house, dating from the 12th century. [Haddon Hall](#) is located near Bakewell, about 45 minutes' drive away.

Tissington Trail

The [Tissington Trail](#) is just half a mile away from The Peveril of the Peak. This offers 13 miles of traffic-free cycling along a disused railway line and connects with the 17 mile High Peak Trail. Cycle hire is available nearby.

USEFUL HOLIDAY INFORMATION

Essential Information

"There's no such thing as bad weather, just the wrong type of clothing!" goes the adage. Come prepared for all eventualities and you'll walk in comfort as well as safety. Britain's famous for its changeable weather, so here's our advice on what to wear and bring.

Essentials

- Waterproof walking boots providing ankle support and good grip.
 - A waterproof jacket and over-trousers
 - Gloves and a warm hat (it can be chilly at any time of the year)
 - Rucksack
 - Water bottle (at least 1 litre capacity)
 - A small torch (everywhere in winter, year round in mountains)
 - Sun hat and sunscreen
- Denim jeans and waterproof capes are not suitable on any walks.*

Recommended

- Several layers of clothing, which can be added or removed
- Specialist walking socks to avoid blisters.
- A first aid kit inc plasters– your leader's first aid kit doesn't contain any medication
- Sit mat (insulated pad to sit on when you stop for a break)

You Might Also Want

- Walking poles, particularly useful for descents.
- Insect repellent
- Flask for hot drinks
- Rigid lunch box
- Gaiters
- Blister kit (eg Compeed) just in case
- Waterproof rucksack liner

Safety On Your Holiday

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests. Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest while clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass.

Please note: If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks.

HOW TO BOOK

When you're ready to book, you can choose to **book online** or book **over the phone**. Our website offers secure online booking for our holidays, is available 24/7, and offers more in-depth information about all our holidays. If you prefer to call us, our experienced and knowledgeable team are available to answer any specific questions you have and can offer guidance as to which holiday is best suited to your needs.

Our office is open: Monday to Friday: 9am – 5.30pm, Saturday: 9am – 1pm, Sunday & Bank Holiday Monday: closed

PAYING YOUR DEPOSIT

To secure the holiday of your choice, you will need to pay a deposit: UK & European Holidays: £150 per person and Worldwide Holidays: £250 per person. You can pay your deposit by debit or credit card with no additional card fees charged or make an online BACS payment directly into HF's bank account, please see details under BACS payments. You can also pay your deposit by cheque within seven days of booking. Cheques should be made payable to 'HF Holidays Ltd' with your booking reference / Order ID on the back.

NON-MEMBER FEE

Non-members can join our holidays by paying a Non-Member's fee of £30 per person per holiday. Alternatively, full membership is available from £100 – visit hfholidays.co.uk/membership for details.

BACS PAYMENTS

Please quote your booking reference / Order ID when you make your payment online: Bank Name: National Westminster Bank, Account Name: HF Holidays Limited, Account Number: 48904805, Sort Code: 60-00-01, IBAN: GB90NWBK60000148904805

Once we have received your booking and deposit, we will send a confirmation invoice to the lead name. Please check this carefully. For bookings 'with flights' it is essential that the names on your booking confirmation invoice match those on your passport for bookings overseas. Please advise us immediately of any errors. Any name changes after the balance of your holiday has been paid will be subject to a fee levied by the airline.

MANAGE MY BOOKINGS

Payments can also be made through the Manage My Booking function on our website. Click on the link at the top of our homepage. This is available to all customers who provide an email address at the time of booking.

YOUR FINAL BALANCE

The balance is due 10 weeks before departure. As with paying your deposit, you can pay your final balance by debit or credit card, make an online BACS payment directly into HF's bank account or pay by cheque.

TRAVEL INSURANCE

Travel insurance is an important part of any booking and essential for one of our holidays. HF Holidays works with specialist. Insurance Brokers Campbell Irvine Direct. For more information or to obtain a quote call them on 01702 427 236 or visit hfholidays.co.uk/insurance

PEACE OF MIND

ATOL:

The air holidays and flights in this brochure are ATOL-protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 710. In the unlikely event of our insolvency, the CAA will ensure that you are not stranded abroad and will arrange to refund any money you have paid us for advance bookings. For further information visit the ATOL website atol.org.uk

MEMBER OF ABTOT:

HF Holidays is a member of ABTOT (The Association of Bonded Travel Organisers Trust Limited) which provides financial protection under the Package Travel, Package Holidays and Package Tours Regulations 1992 for HF Holidays Ltd and in the event of their insolvency, protection is provided for the following: 1. non-flight packages commencing in and returning to the UK; 2. non-flight packages commencing and returning to a country other than the UK; 3. flight inclusive packages that commence outside of the UK and Republic of Ireland, which are sold to customers outside of the UK and Republic of Ireland. 1, 2 and 3 provides for a refund in the event you

have not yet travelled. 1 and 3 provides for repatriation. Please note that bookings made outside the UK and Republic of Ireland are only protected by ABTOT when purchased directly with HF Holidays Ltd.

TRIP NOTE VALIDITY

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

PRICE GUARANTEE

We promise that our earliest published prices will always be the best and if we reduce our holiday price after your booking has been confirmed, we will pass this reduction on to you. Our price promise applies if any subsequent offer price is for an identical holiday, duration, location and date and does not cover any optional extras, flights or additional services.

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