

# 6-Night Western Yorkshire Dales Gentle Walking Holiday

**Destination:**

**Trip code:** SDBEW-6



## HOLIDAY OVERVIEW

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Snuggled between the much-loved Lake District and the charming Yorkshire Dales lies the hidden beauty of the Howgills Fells. This corner of the Yorkshire Dales National Park offers high peaks, rugged dales, quaint market towns and sweeping panoramas.

## WHAT'S INCLUDED

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- High quality en-suite accommodation in our country house
- Full board from dinner upon arrival to breakfast on departure day
- 4 days guided walking; 1 free day
- Use of our comprehensive Discovery Point
- Choice of up to three guided walks each walking day
- The services of HF Holidays Walking Leaders

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## HOLIDAYS HIGHLIGHTS

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- Explore the charming Western Yorkshire Dales and the hidden beauty of the Howgills Fells
- Discover the high peaks, rugged dales, quaint market towns and sweeping panoramas
- Let your leader bring classic routes and offbeat areas to life
- Enjoy the evenings in our country house where you can relax and re-live the days adventures

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## TRIP SUITABILITY

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This trip is graded Activity Level 1,2 and 3, This easier variation of our best-selling Guided Walking holidays is the perfect way to enjoy a gentle exploration of the Yorkshire Dales and Howgills. The choice of three guided walks includes a half-day walk of 3 or 4 miles.

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## ITINERARY

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### Day 1: Arrival Day

You're welcome to check in from 4pm onwards and you will find complimentary scones and preserves in your room on arrival.

### Day 2: The Howgill Fells And Sedbergh

#### Option 1 - Along The River Rawthey

Distance: 4 miles (6.5km)

Ascent: 300 feet (80m)

**In Summary:** A Gentle stroll along the rivery Rawthey to Brigflatts before returning to Thorns Hall via field paths.

**Highlights:** The sea of colours abundant in the gently grazed meadows surrounding Sedbergh in the summer months.

#### Option 2 - Rawthey Valley

Distance: 7 miles (11.5km)

Ascent: 750 feet (220m)

**In Summary:** Explore the green valleys around Sedbergh on this circular walk. We'll head through the fields onto the lower slopes, then return beside the River Rawthey.

**Highlights:** Towards the end of the walk we'll stop at Farfield Mill. This lovingly restored Victorian woollen mill that now hosts a cafe and heritage centre.

#### Option 3 - Over The Howgills

Distance: 9 miles (14.5km)

Ascent: 1,900 feet (580m)

**In Summary:** This circular walk from Sedbergh ascends to the summit of Arant Haw in the Howgill Fells. We then descend over the Nab to join the Dales Way and return to Sedbergh along the River Rawthey.

**Highlights:** An opportunity to get high onto the Howgill Fells; a beautiful upland area of rolling grassy hills.

## Day 3: Wensleydale And Semer Water

### Option 1 - Cotter Force To Hawes

**Distance:** 3½ miles (5.5km)

**Ascent:** 250 feet (80m)

**In Summary:** A wander around the dales taking in two beautiful and contrasting waterfalls before finishing in the market town of Hawes.

**Highlights:** The single spout of Hardraw Force pouring out of a fissure in the Limestone is an impressive sight.

### Option 2 - Wensleydale Highlights

**Distance:** 7 miles (11km)

**Ascent:** 500 feet (160m)

**In Summary:** Follow the green valley of Wensleydale from Askrigg to Hawes. We'll pass Hardraw Force, the highest single drop in England at 100ft (small cost to view).

**Highlights:** Askrigg is a quintessential Dales village that found fame as the location of TV's *All Creatures Great and Small*.

### Option 3 - Semer Water

**Distance:** 8 miles (13km)

**Ascent:** 1,400 feet (420m)

**In Summary:** Explore the rolling hills to the south of Wensleydale. Our route visits Semer Water, Yorkshire's only true natural lake, then climbs over the ridge to Hawes.

**Highlights:** The walk ends in Hawes where you can sample the valley's most famous product - delicious Wensleydale cheese.

## Day 4: Free Day

## Day 5: Upper Swaledale

### Option 1 - Wain Wath Force

**Distance:** 3½ miles (5.5km)

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Total ascent: 350 feet (120m)

**In Summary:** From wain wath force, we follow the River Swale below the summit of Kisdon to Muker, a small village on the site of a settlement dating back to Viking times.

**Highlights:** Exploring the quaint village of Muker with an art gallery, craft shop as well as a pub and tea rooms.

### **Option 2 - Keld And Muker**

Distance: 7 miles (11.5km)

Ascent: 950 feet (300m)

**In Summary:** Discover the delightful upper reaches of Swaledale. We'll follow the valley from Thwaite to Keld, returning past the waterfall of East Gill Force and the centuries-old lead mine at Crackpot Hall.

**Highlights:** The small villages of Keld and Muker have a timeless quality with their traditional farms and historic churches.

### **Option 3 - Upper Swaledale**

Distance: 7½ miles (12.5km)

Ascent: 1,500 feet (460m)

**In Summary:** Walk over Black Hill between Thwaite and Keld, then follow the upper Swale valley to Muker, finishing along a spectacular terrace above the river.

**Highlights:** The upper reaches of Swaledale are particularly attractive with tranquil scenery and charming sleepy villages.

## **Day 6: Dentdale**

### **Option 1 - Beside The River Rawthey**

Distance: 4 miles (6km)

Ascent: 250 feet (80m)

Descent: 500 feet (160m)

**In Summary:** A circular walk along the river Rawthey and around field paths with great views and past the arts and heritage craft centre at Farfield Mill.

**Highlights:** The big views easily obtained across to the Howgills from the hills we skirt above the river Rawthey basin.

### **Option 2 - Along Dentdale**

Distance: 7 miles (11km)

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Ascent: 500 feet (140m)

**In Summary:** Follow the Dales Way along Dentdale from the village of Dent to Sedbergh. Our route follows the River Dee for most of the day before a gentle ascent over the hill to Sedbergh.

**Highlights:** We'll explore the small village of Dent, peacefully situated at the head of the valley, and discover the story of its 'terrible knitters'.

### Option 3 - Aye Gill Pike

Distance: 9 miles (14.5km)

Ascent: 1,250 feet (380m)

**In Summary:** Walk high on the moors above Dentdale to Rise Hill and Aye Gill Pike. Our route then descends gradually along the grassy ridge to Sedbergh.

**Highlights:** Enjoy the panoramic views over Sedbergh and the Howgill Fells as you descend from Aye Gill Pike.

## Day 7: Departure Day

Enjoy a leisurely breakfast before making your way home.

## USEFUL HOLIDAY INFORMATION

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### What To Bring

*"There's no such thing as bad weather, just the wrong type of clothing!"* goes the adage. Come prepared for all eventualities and you'll walk in comfort as well as safety. Britain's famous for its changeable weather, so here's our advice on what to wear and bring.

#### Essentials

- Waterproof walking boots providing ankle support and good grip.
  - A waterproof jacket and over-trousers
  - Gloves and a warm hat (it can be chilly at any time of the year)
  - Rucksack
  - Water bottle (at least 1 litre capacity)
  - A small torch (everywhere in winter, year round in mountains)
  - Sun hat and sunscreen
- Denim jeans and waterproof capes are not suitable on any walks.*

#### Recommended

- Several layers of clothing, which can be added or removed
- Specialist walking socks to avoid blisters.
- A first aid kit inc plasters– your leader's first aid kit doesn't contain any medication
- Sit mat (insulated pad to sit on when you stop for a break)

#### You Might Also Want

- Walking poles, particularly useful for descents.
- Insect repellent

- Flask for hot drinks
- Rigid lunch box
- Gaiters
- Blister kit (eg Compeed) just in case
- Waterproof rucksack liner

## Safety On Your Holiday

On the first evening of your holiday your leaders give a short talk about safety on walks which we would like you to attend. Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests. Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest while clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass.

Please note: If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks.

## HOW TO BOOK

When you're ready to book, you can choose to **book online** or book **over the phone**. Our website offers secure online booking for our holidays, is available 24/7, and offers more in-depth information about all our holidays. If you prefer to call us, our experienced and knowledgeable team are available to answer any specific questions you have and can offer guidance as to which holiday is best suited to your needs.

Our office is open: Monday to Friday: 9am – 7pm Saturday & Sunday: 9am – 1pm Bank Holiday Monday: 9am – 1pm

## PAYING YOUR DEPOSIT

To secure the holiday of your choice, you will need to pay a deposit: UK & European Holidays: £150 per person and Worldwide Holidays: £250 per person. You can pay your deposit by debit or credit card with no additional card fees charged or make an online BACS payment directly into HF's bank account, please see details under BACS payments. You can also pay your deposit by cheque within seven days of booking. Cheques should be made payable to 'HF Holidays Ltd' with your booking reference / Order ID on the back.

## NON-MEMBER FEE

Non-members can join our holidays by paying a Non-Member's fee of £10 per person per holiday. Alternatively, full membership is available from £100 – visit [hfholidays.co.uk/membership](http://hfholidays.co.uk/membership) for details.

## BACS PAYMENTS

Please quote your booking reference / Order ID when you make your payment online: Bank Name: Svenska Handelsbanken AB (publ) Account Name: HF Holidays Ltd Account Number: 35923304 Sort Code: 40-51-62 IBAN: GB92HAND40516235923304 Swift / Bic Code: HANDGB22

Once we have received your booking and deposit, we will send a confirmation invoice to the lead name. Please check this carefully. For bookings 'with flights' it is essential that the names on your booking confirmation invoice match those on your passport for bookings overseas. Please advise us immediately of any errors. Any name changes after the balance of your holiday has been paid will be subject to a fee levied by the airline.

## MANAGE MY BOOKINGS

Payments can also be made through the Manage My Booking function on our website. Click on the link at the top of our homepage. This is available to all customers who provide an email address at the time of booking.

## **YOUR FINAL BALANCE**

The balance is due 10 weeks before departure. As with paying your deposit, you can pay your final balance by debit or credit card, make an online BACS payment directly into HF's bank account or pay by cheque.

## **TRAVEL INSURANCE**

Travel insurance is an important part of any booking and essential for one of our holidays. HF Holidays works with specialist. Insurance Brokers Campbell Irvine Direct. For more information or to obtain a quote call them on 01702 427 236 or visit [hfholidays.co.uk/insurance](http://hfholidays.co.uk/insurance)

## **PEACE OF MIND**

### **ATOL:**

The air holidays and flights in this brochure are ATOL-protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 710. In the unlikely event of our insolvency, the CAA will ensure that you are not stranded abroad and will arrange to refund any money you have paid us for advance bookings. For further information visit the ATOL website [atol.org.uk](http://atol.org.uk)

### **MEMBER OF ABTOT:**

HF Holidays is a member of ABTOT (The Association of Bonded Travel Organisers Trust Limited) which provides financial protection under the Package Travel, Package Holidays and Package Tours Regulations 1992 for HF Holidays Ltd and in the event of their insolvency, protection is provided for the following: 1. non-flight packages commencing in and returning to the UK; 2. non-flight packages commencing and returning to a country other than the UK; 3. flight inclusive packages that commence outside of the UK and Republic of Ireland, which are sold to customers outside of the UK and Republic of Ireland. 1, 2 and 3 provides for a refund in the event you have not yet travelled. 1 and 3 provides for repatriation. Please note that bookings made outside the UK and Republic of Ireland are only protected by ABTOT when purchased directly with HF Holidays Ltd.

## **TRIP NOTE VALIDITY**

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

## **PRICE GUARANTEE**

We promise that our earliest published prices will always be the best and if we reduce our holiday price after your booking has been confirmed, we will pass this reduction on to you. Our price promise applies if any subsequent offer price is for an identical holiday, duration, location and date and does not cover any optional extras, flights or additional services.

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