

7 Night Bridge & Walking Holiday in the Shropshire Hills

Destinations: Shropshire Hills, United Kingdom & England
Trip code: CSBRW-7
Trip Walking Grade: 2



HOLIDAY OVERVIEW

Stay in the comfort of our characterful country houses and exercise both mind and body with this classic combination. You'll have a choice of two guided walks a day (one short and one longer) followed by a bridge competition each evening.

WHAT'S INCLUDED

- All bridge-related materials
- Comfortable en-suite accommodation in our country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Choice of two different-grade daily walks
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

HOLIDAY HIGHLIGHTS

- Guided walking with experienced HF Holidays Leaders
- Playing bridge in a relaxed and friendly environment
- Meeting like-minded people
- Being surrounded by the stunning landscape of Shropshire Hills
- Evening bridge competitions
- Staying in the comfort of our country house

TRIP SUITABILITY

This holiday is suitable for regular players of Duplicate Bridge at club level.

ITINERARY

Day 1: Arrival Day

You're welcome to check in from 4pm onwards. Enjoy a complimentary cream tea on arrival.

Day 2 - 3: Bridge & Walking

Enjoy a daily choice of two walks each day, with a free day on all 7-night holidays. You can choose either an easier route of around 4-6 miles or a harder route of around 6-8 miles to explore the local area. Your optional walks will take you out to explore the countryside surrounding your HF country house, and sometimes further afield. The walking options are outlined below.

We'll return to the house in time to relax before your evening Bridge competition starts at 5pm.

Day 2

Option 1 - Cwmdale Spring & Carding Mill Valley

Distance: 4 miles (6.5km)

Total ascent: 600 feet (180m)

In summary: From Longmynd House we walk through Rectory fields, we pass Montgomery Waters spring, before then exploring the start of the famous Carding Mill Valley. We then walk through the town of Church Stretton, before making our walk back to Longmynd House.

Highlight: A tea stop in the National Trust cafe in Carding Mill Valley.

Option 2 - Slopes of Caer Caradoc

Distance: 7 miles (11km)

Ascent: 1,150 feet (360m)

In summary: A lovely route around Church Stretton. Heading across the valley towards the Stretton Hills we wind our way up the Cwms Valley along the scenic path which runs around the slopes of Caer Caradoc Hill.

Highlight: Enjoy the panoramic views of Church Stretton, Long Mynd and Stretton Hills.

Day 3

Option 1 - Around Ragleth & Hazler Hills

Distance: 5.5 miles (8.5km)

Total ascent: 1,050 feet (320m)

In summary: A lovely route around Church Stretton. Head across the valley and along a scenic path which runs around Ragleth and the Hazler hills.

Highlight: Enjoy views over Church Stretton, Long Mynd and The Gaerstone.

Option 2 - Townbrook and Cardingmill Valley

Distance: 6½ miles (10.5km)

Ascent: 1,300 feet (400m)

In summary: Leaving Longmynd House we make our way through Rectory Woods and up the beautiful Townbrook Valley to reach the Long Mynd plateau and its highest point at Pole Bank. We then make our way north along the historic Port Way before descending into the scenic Carding Mill Valley and back to Longmynd House.

Highlight: Relax at the National Trust café in the Carding Mill Valley and enjoy the views of this local beauty spot.

Day 4: Free Day - Shropshire Hills

Discover more about [Longmynd House and the local area](#) for ideas on how to make the most of your free day.

Day 5 - 7: Bridge & Walking

Enjoy a daily choice of two walks each day, with a free day on all 7-night holidays. You can choose either an easier route of around 4-6 miles or a harder route of around 6-8 miles to explore the local area. Your optional walks will take you out to explore the countryside surrounding your HF country house, and sometimes further afield. The walking options are outlined below.

We'll return to the house in time to relax before your evening Bridge competition starts at 5pm.

Day 5

Option 1 - The Gaerstone and Cwms Lane

Distance: 4.5 miles (7km)

Total ascent: 650 feet (200m)

In summary: From Longmynd House we walk through Church Stretton and then around Helmeth Hill. We make our way back along the old Cwms Lane and Church Stretton.

Highlight: Stunning views of the Gaer Stone.

Option 2 - Hope Bowdler & Helmeth Wood

Distance: 6½ miles (10.5km)

Ascent: 1,300 feet (400m)

In summary: Starting from Longmynd House, we walk through the wooded lower slopes of Hazler Hill before a moderately steep ascent to the Gaer Stone and Hope Bowdler Hill. Heading down to the valley between

Hope Bowdler and Caer Caradoc we make our way back along the old Cwms Lane, through Helmeth Wood and Church Stretton.

Highlight: Stunning views in all directions from the summit of Hope Bowdler Hill.

Day 6

Option 1 - The Carding Mill Water Cycle

Distance: 4.5 miles (7km)

Ascent: 984 feet (300m)

In summary: Easy walk to the upper reservoir above Cardingmill Valley, which is one of the two damming streams flowing off the Long Mynd that provides water for Church Stretton.

Highlight: Great views of Caer Caradoc as you leave make your way up the valley. Once at the top reservoir, it is a lovely place to rest and if you like, choose from 3 different ways to go around the reservoir.

Option 2 - Batch Valley & New Pool Hollow

Distance: 6 miles (10km)

Ascent: 1,350 feet (480m)

In summary: Walk around the base of Novers Hill before heading higher up onto the Longmynd itself and visiting the extraordinary golf course found as high as any in England. We enter Cardingmill valley via a gentle path down the northern slope to visit New Pool Hollow with its picturesque reservoir before heading back to the house, passing through the peaceful Rectory Woods.

Highlight: Visit some of the oldest fossils ever discovered in New Pool Hollow.

Day 7

Option 1 - Around Ragleth

Distance: 5.5 miles (8.5km)

Total ascent: 1,050 feet (320m)

In summary: A lovely route around Church Stretton. Head across the valley and along a scenic path which runs around Ragleth and the Hazler hills.

Highlight: Enjoy views over Church Stretton, Long Mynd and The Gaerstone.

Option 2 - Around Ragleth & Acton Scott

Distance: 7 miles (11km)

Ascent: 1,100 feet (340m)

In summary: This walk takes us through the hamlet of Ragdon under the imposing southern slope of Ragleth and on towards the area of Marshbook. We head home through the fascinating village of Little Stretton with time to view some of the many listed buildings there.

Highlight: Typical Shropshire countryside in all its glory.

Day 7: Departure Day

Enjoy a leisurely breakfast before making your way home.

ACCOMMODATION

Longmynd House

For rural calm in the Shropshire Hills Area of Outstanding Natural Beauty, the location of this characterful country house is hard to top. Set in a wooded hillside just a short stroll from the market town of Church Stretton (nicknamed Little Switzerland for its picturesque landscape), you'll be within walking or driving distance of the Stiperstones, Caer Caradoc, Ironbridge Valley of Invention, and the historic towns of Ludlow and Shrewsbury. And then, of course, there's the Long Mynd itself – an area of registered common land that has been cared for by a group of farmers (the self-named commoners) who have grazed sheep and ponies here for generations.

Country House Accommodation

Rooms

Designed with your comfort in mind, Longmynd House has 51 well-appointed guest rooms available in two categories: Classic and Premium.

Classic Rooms are comfortable en-suite guest rooms, ideal for a peaceful night's sleep. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, and shower gel), and a TV.

Premium Rooms are more spacious en-suite guest rooms. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers, and comfortable mattresses.

We love: Room 16 for its four-poster bed, separate seating area, and lovely views. Room 44 has a small balcony and outdoor eating area overlooking the heather-clad rise on the far side of the valley. For more privacy, the lodges have their own terrace.

The **Choose Your Room** service is available at our UK country houses, allowing you the option of choosing and confirming a specific room for an extra charge of £30 per room. This is subject to availability. Upgrade supplements apply.

Check in & check out

You are welcome to check in from **4:00pm at the earliest**. On arrival, you'll enjoy a complimentary cream tea and get to meet your fellow guests, our HF Holidays Leaders, and the rest of the friendly team.

On the day of departure, we kindly ask all guests to check out by **10:00am**. You'll be asked to settle your bill prior to leaving. You may, of course, make a charitable donation to our HF Holidays Pathways Fund if you wish. Please note that we only accept card payments.

Room supplements

Premium single	Premium double/twin	Choose your room
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£20 pppn

£20 pppn

£30 per room

About Your Stay

A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

Evening entertainment

While evening entertainment varies from house to house, the HF Holidays Big Pub Quiz held after dinner on Wednesdays is a weekly staple. Your HF Holidays Leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

Walks talks

Our HF Holidays Leaders host guided walking information briefings before dinner on arrival days. This is followed by a group Walks Talk for information on the following day's walking delights (held before dinner every evening). Self-guided walking guests are, of course, welcome.

The walking day

Prior to setting off on walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

Food & Drink

Led by experienced chefs, we serve a wide range of dishes made with fresh and seasonal ingredients. We always aim to source the best produce available and use home-grown herbs and vegetables from our own gardens whenever possible. Additionally, we have a licensed bar with beers, soft drinks, and a superb selection of spirits. Full-board comes as standard and includes a cream tea on arrival and a hearty breakfast on departure day.

HF Holidays understands the importance of managing allergens effectively to ensure food is safe for guests with food allergies. Whilst we are always able to confidently inform guests which allergens are present in our ingredients and dishes, we are unable to guarantee absolute freedom from the 14 main allergens in our kitchens. Vegetarian and vegan menu choices are available. If you have allergies, food intolerances, or any special dietary requirements, please inform our reservation team at the time of booking.

Accessibility

For accessibility and assistance information, please contact our expert team on [020 3974 8865](tel:02039748865) or view the accessibility information online for [Longmynd House](#)

TRAVEL DETAILS

Address

Longmynd House
Cunnery Road
Church Stretton
Shropshire SY6 6AG

Tel: [+44 \(0\)1694 722244](tel:+44(0)1694722244)

By Train

The nearest station is Church Stretton. Although Longmynd House is less than a mile from the station, it is at the top of a steep hill and there is no taxi rank at the station. Taxis are in extremely limited supply in the Church Stretton area and drivers usually come from further afield which is reflected in fares.

Shrewsbury has more choice of trains, and you can take a taxi directly to the house from the station (see below).

Check National Rail for train times and routes.

By Taxi

From Shrewsbury, it's a 15-mile journey taking 30 to 40 minutes.

For pricing, please contact Me2You Cars directly.

Me2You Cars

You can pre-book a taxi from our recommended Shrewsbury based company, Me2You Cars*. We recommend booking your taxi, including your return journey if needed, at least seven days in advance by contacting:

Tel: [+44 \(0\)1743 537644](tel:+44(0)1743537644) or [07791 670110](tel:07791670110)

Email: danielle@me2youcars.com

*Me2You Cars is not owned or managed by HF Holidays.

By Car

There's free car parking at Longmynd House if you decide to drive.

Follow the A49 to Church Stretton. At the traffic lights turn off into town, then at the first junction turn left onto the High Street. Go straight over the mini-roundabout, and then take the next right into Cunnery Road. Follow the road up the steep hill to Longmynd House.

By Air

The nearest airport is Manchester International Airport.

Trains take about two hours, with a change in Crewe.

You can also fly into London Heathrow airport, but it'll take at least 4 hours to reach Shrewsbury by train.

National Rail has up-to-date routes and train times.

LOCAL AREA

Whether you're enjoying a guided or self-guided walking holiday, there's always the opportunity to linger for longer. Here's our pick of the very best things to see and do within easy travelling distance of Longmynd House.

Church Stretton

Just a 10-minute walk downhill, this market town lives up to its Little Switzerland moniker for its dramatic hills on both sides of the valley. It has retained much of its Edwardian charm, tempting with independent shops, traditional tea rooms, pubs, and restaurants.

Ludlow

A 20-minute drive away, this attractive market town rewards with a historic town centre, beautiful period buildings, and a castle dating back to the 11th century. Visit-worthy places include St. Laurence's Church, Ludlow Museum, and Ludlow Millennium Green.

Ironbridge Valley Of Invention

A 45-minute drive away and within the heart of a UNESCO World Heritage Site, this collection of award-winning museums stretches along the River Severn. All are within six square miles of the Ironbridge Gorge, hailed as the birthplace of the Industrial Revolution.

Severn Valley Railway

Operating steam-hauled passenger trains between Bridgnorth, Bewdley, and Kidderminster, this 16-mile journey takes you along the beautiful Severn Valley. The nearest station at Bridgnorth is a 40-minute drive from Church Stretton.

Shrewsbury

A 30-minute drive away, Shropshire's country town charms with an imposing redbrick castle, higgledy-piggledy streets, and quirky buildings. Highlights include visiting Shrewsbury Museum & Art Gallery, relaxing in Shrewsbury Quarry, and following the Darwin Town Trail.

Much Wenlock

A 30-minute drive away, this small Shropshire town was the birthplace Dr William Penny Brookes – the founder of the modern Olympic Games. Highlights include visiting the remains of Wenlock Priory, the site of an Anglo Saxon monastery founded in about AD 680.

Hereford

An hour's drive away, this attractive cathedral city is home to the famous Mappa Mundi, a medieval map of the world dating from the 1300s. Further highlights include the Chained Library, the Black and White House Museum, and the life-sized Hereford Bull Statue.

Attingham Park

A 25-minute drive away, this 18th century estate with 200 acres of parkland is managed by the National Trust. The Mansion has an evolving visitor programme and different areas of the house open throughout the year.

Powis Castle

A 45-minute drive away, this 13th century castle, world-famous garden, and historic collection has been cared for by the National Trust since 1952. The paintings, sculptures, furniture, and tapestries on display throughout the house are rather impressive.

Chirk Castle

Occupied as a castle and stately home for over 700 years, this fine medieval hilltop fortress is just under an hour's drive away. Highlights include the military displays, elegant state rooms, and award-winning gardens covering 5.5 acres of manicured lawns.

USEFUL HOLIDAY INFORMATION

Essential Information

Bridge

All your Bridge stationery and equipment will be supplied. You may, however, like to bring a notebook and pen to make your own notes. EBU Members - don't forget to bring your EBU membership number to earn Master Points on this holiday.

Walking

To enjoy your walking comfortably and safely, it is essential that your footwear, clothing and equipment are suitable for the conditions likely to be encountered. Britain is famous for its changeable weather, so our advice is to come prepared for all eventualities.

Bring a rucksack, a thermos flask for a hot drink, a water bottle (at least 1 litre) and spare high-energy food such as a chocolate bar, a small torch (in spring, autumn and winter) and first aid kit – your leader's first aid kit doesn't contain any medication or blister kits (such as Compeed). Many guests find walking poles useful, particularly for descents. Insect repellent, sun hat, sunglasses and protection cream and a camera are all optional extras you may choose to bring.

Safety On Your Holiday

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests.

Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest while clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass.

Please note: If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel section) should you need them in case of emergency.

TRIP NOTE VALIDITY

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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