

# 7 Night Discover More of the Central Peak District



**Trip style:**

**Destination:**  
📍 Peak District

**Walking Grade**  
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## Holiday Overview

Explore historic country estates, dramatic scenery, and places that played a pivotal role in Britain's Industrial Revolution with this small group guided tour of the Peak District. Find out how it became the UK's first national park, enjoy a heritage railway ride through the Ecclesbourne Valley, and pay a visit to the past at Crich Tramway Village - a living museum complete with a working pub, café, vintage sweetshop, and trams. To top it all, there's a private tour of Tissington Hall, an early 17th century Jacobean mansion house and Grade II-listed building.

## WHAT YOU'LL LOVE

- Learning the history of the Peak District National Park's
- Riding the heritage railway through Ecclesbourne Valley
- A private guided tour of Tissington Hall
- Exploring Magpie Mine, a 19th-century lead mine
- Spending time in the quirky town of Wirksworth
- Visiting Crich Tramway Museum
- A more personalised experience thanks to small group sizes (maximum 16 people)

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## WHAT'S INCLUDED

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- Comfortable en-suite accommodation in our country house
- Tickets for Ecclesbourne Valley Railway, Buxton Crescent Experience, Bakewell Old House Museum, Peak District Mining Museum, Crich Tramway Village, Tissington Hall and Masson Mills
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walks and sightseeing visits with an experienced HF Holidays Leader
- All transport to and from walks and sites of interest
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

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## ITINERARY – ITINERARY

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### Day 1 Arrival Day

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00. Enjoy a complimentary cream tea at 16:30 and meet other guests.

### Day 2 WIRKSWORTH

We journey to the market town of Wirksworth where we will go on a town tour and admire historic and architectural gems. Afterwards, there'll be some free time to explore the town's quirky independent shops and vibrant cafes in the high street. We'll then head to Wirksworth Station, taking a return trip (ticket included) on Derbyshire's longest heritage railway through the Ecclesbourne Valley.

### Day 3 HIGHER PLAINSTEADS FARM & BUXTON

We travel to the family-run Higher Plainsteads Farm to learn more about the workings of the farm and about the environment and heritage of the area (season depending). In the afternoon, we journey to Buxton to enjoy a guided Buxton Crescent experience (entrance included). We end our tour with the opportunity to sample the famous water before spending free time in Buxton.

### Day 4 Free Day – Central Peak District

Discover more about the [Lee Wood Hotel](#) and the local area for ideas on how to make the most of your free day.

### Day 5 ETHEL HAYTHORNTHWAITE & BAKEWELL

This morning, we spend our time delving into the history of the Peak District. We'll learn about Ethel Haythornthwaite, whose work on protecting the rural landscape of Sheffield was key in helping set up the Peak District as the UK's first national park. We then head to Bakewell, home of the famous pudding, to enjoy a visit to the Bakewell Old House

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Museum (entrance included). You'll then have free time to explore the town.

## Day 6 MAGPIE MINE & CRICH TRAMWAY VILLAGE

Today we'll visit Magpie Mine, Derbyshire's last working lead mine and one of the best surviving examples of a 19th century lead mine in the UK. We then visit the Peak District Mining Museum (entrance included) to learn more about the region's mining industry. Our final stop of the day is to Crich Tramway Village (entrance included) where we'll visit the museum and take a ride on the trams.

## Day 7 TISSINGTON HALL & MASSON MILLS

We start our day with a private guided tour of Tissington Hall (entrance included). The hall was built in 1609 by the FitzHerbert family who still reside there today. We then head to the National Stone Centre which is made up of six limestone quarries. Here we have the chance to learn more about the importance and history of stone and its allied industries. Later, we enjoy a guided tour of Masson Mills (entrance included) to discover the extensive collection of historic textile machinery of Sir Richard Arkwright's 1783 powered cotton spinning mill.

## Day 8 DEPARTURE DAY

Departure after breakfast.

## Daily Walk Options



### Gentle walking grade 1

Short, easy walks on level paths with no stiles. Ideal for relaxed walking and active sightseeing. Typically, 2-3 miles (3-5km) or less, with little if any ascent.

## Accommodation

### Lee Wood Hotel

A New HF Country House for 2027 Lee Wood is our 43-bedroom Georgian property in the historic spa town of Buxton, opening 29 January 2027 with a special celebratory launch week. Not only does our newest country house have excellent rail connections, with Buxton station only a short walk away, it also has easy access to a wonderful variety of Peak District walking routes. Surrounded by the Peak District National Park, our Buxton base offers a wealth of walks across the dramatic gritstone edges of the Dark Peak, through the gentle valleys of the White Peak, and routes that delve into the region's industrial past, history, and heritage. Other nearby highlights include the Derbyshire Dales and the Hope Valley, home to picturesque villages such as Hathersage, Eyam, and Castleton, which is famed for its show caves and is crowned by the dramatic ruins of the 11th-century Peveril Castle. When you're not out walking, unwind in the well-kept gardens, or enjoy plenty of space for socialising and activities in the roomy bar and lounge areas. If you want to take it easy or fill a free day, Lee Wood's excellent location puts you steps from Buxton's many highlights. Visit Buxton Opera House to catch a show in an authentic Edwardian theatre, stop by the iconic, Grade I-listed Buxton Crescent building and browse its fascinating museum, or simply stroll through the landscaped parklands of the Pavilion Gardens, which first opened in 1871. Alternatively, take a 25-minute walk to Poole's Cavern, a two-million-year-old natural limestone cave and Site of Special Scientific Interest.

## Check-In & Check-Out

You are welcome to check in from 4pm at the earliest. HF Members can check in earlier, from 2pm. On arrival, you'll enjoy a complimentary cream tea and get to meet your fellow guests, our HF Holidays Leaders, and the rest of the friendly team. Check out 10am.

## About

- 43 well-appointed guest rooms • Exclusive occupancy: 68 guests minimum • Check in from 4:00pm • For members check in from 2:00pm • Free Wi-Fi • Free on-site parking • Boot room and drying room • Discovery Point offering a wide range of local area maps, route guides, and information for self-guided walks • Books and games to borrow • Licensed bar • Lounges • Lawned grounds • Electric vehicle charging point • Please note, you will need to bring your own cables to use this EV charging point

## Rooms

Designed with your comfort in mind, Lee Wood Hotel has 43 well-appointed guest rooms available in three categories: Classic, Premium, and Superior.

**Classic Rooms** are comfortable en-suite guest rooms, ideal for a peaceful night's sleep. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, and shower gel), and a TV.

**Premium Rooms** are more spacious en-suite guest rooms\*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

**Superior Rooms** are even more spacious en-suite guest rooms offering upgraded views of the surroundings\*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

The **Choose Your Room** service is available at our UK country houses, allowing you the option of choosing and confirming a specific room for an extra charge of £30 per room. This is subject to availability. Upgrade supplements apply.

### Room supplements

| Superior | Premium single | Premium double/twin | Choose your room |
|----------|----------------|---------------------|------------------|
| £25 pppn | £20 pppn       | £20 pppn            | £30 per room     |

\*Views and layout reflect each properties unique character and location

## Accessibility

For accessibility and assistance information, please contact our expert team on [020 3974 8865](tel:02039748865).

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## About your stay

### A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

### Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

### Walks talks

Our HF Holidays walk leaders host guided walking information briefings before dinner on guided walking holiday arrival days. This is followed by a group Walks Talk for information on the following day's guided walks (held before dinner every evening). Self-guided walking guests are, of course, welcome.

### The walking day

Prior to setting off on guided walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

## Accessibility

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## Travel Details

### Address

The Park,  
Park Rd,  
Buxton  
SK17 6TQ  
Tel: 01298 23002

[Google Maps](#)

### By train

The nearest station is Buxton, approximately 0.5 miles from the house.

Check National Rail for train times and routes.

### By taxi

You may wish to call one of our local taxi companies on 01298 72123 or 01298 72333 on arrival for transport to and from the train station.

### By car & parking

Lee Wood Hotel can be approached either via The Park or to the rear via Manchester Road (A5004 Long Hill to Whaley Bridge). If you are using SatNav, our postcode is SK17 6TQ. Parking is available around the hotel, and there is additional unrestricted parking on The Park, to the south side of the premises.

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## Local Area

Perfectly placed in the heart of the Peak District, Buxton offers easy access to some of England's most inspiring landscapes, charming villages, and historic landmarks. Whether you're enjoying a guided, self-guided walking or special interest holiday, there's always the opportunity to linger for longer. Here's our pick of the very best things to see and do within easy travelling distance of the Lee Wood Hotel in Buxton.

## The Peak District's best-loved landscapes

Step straight into the Peak District National Park, where a network of well-maintained trails leads you through dramatic dales, rolling hills and rugged moorland. Discover the limestone valleys of Dovedale and Monsal Dale, with their iconic stepping stones and sweeping views, or explore the wild beauty of the Dark Peak, where gritstone edges like Kinder Scout and Stanage Edge offer a more dramatic backdrop.

## Buxton's heritage, gardens & caves

Closer to home, Buxton itself is rich in history. As England's highest market spa town at 1,000 feet above sea level, there's more to this place than water. The town's spa heritage and leafy parks make it an ideal place to relax after a day in the hills. Stroll around the elegant Georgian Crescent, explore the beautiful Pavilion Gardens, or visit the historic Opera House to catch a show in an authentic Edwardian theatre. From musicals and stand-up comedy to operatic performances, including the world-famous [International Gilbert & Sullivan Festival](#) every August, it's one of the Midlands' prime entertainment venues. Poole's Cavern is also well worth a visit – a two-million-year-old natural limestone cave.

## Historic houses and stately grandeur - Chatsworth House, Bakewell & Castleton

The surrounding countryside is dotted with picturesque villages, each with its own charm. Home of the Duke and Duchess of Devonshire, this magnificent 17th century mansion is set in over 1,000 acres of stunning parkland and formal gardens. Inside, there are over 30 rooms to explore, including the State Rooms, Sculpture Gallery, and Painted Hall. Castleton, located at the head of the Hope Valley, is known for its caves: Peak Cavern, Blue John Cavern, Speedwell Cavern, and Treak Cliff Cavern – and historic Peveril Castle, while Bakewell offers riverside walks and its famous pudding. Closer to Buxton, villages like Tideswell – home to the impressive “Cathedral of the Peak” – provide welcoming pubs, local history, and a slower pace of life. Haddon Hall, overlooking the River Wye, is a fairytale-like manor house with its fortified exterior dates from the 12th century. Every part of the property is steeped in history, but the banqueting hall, chapel, and kitchens are particularly worth exploring.

## Cromford Mills

Part of the UNESCO-listed Derwent Valley Mills, the world's first water-powered cotton spinning mill developed by Richard Arkwright in 1771 is known as the birthplace of the modern factory system. The mill museum and visitor centre are both worth visiting.

## Dovedale Stepping Stones

The limestone valley of Dovedale steals the limelight as one of the best-loved – and most visited – beauty spots in the Peak District National Park. Don't miss the famous stepping stones located about half a mile from the car park (check the National Trust website for news of Stepping Stones opening/access due to repairs).

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## Trails, railways and scenic routes

Enjoy traffic-free walking and cycling along the Monsal Trail, following a former railway line through tunnels and across viaducts with spectacular views. For a nostalgic day out, the Peak Rail heritage railway offers a leisurely journey through the Derwent Valley, while the surrounding area is crisscrossed with gentle routes perfect for guided and self-guided exploration. Crich Tramway Village – a recreated Edwardian-style village and home to the National Tramway Museum is located near the village of Crich. Highlights include the woodland walk, sculpture trail, and collection of over 60 trams built between 1873 and 1982.

## Safety on your holiday

### Walking safety

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests.

Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest where clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass.

**Please note:** If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel section) should you need them in case of emergency.

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## Essential information

### Packing list

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing.

### Essentials

- Suitable, sturdy footwear with a good grip. You'll be on your feet for much of the day
- Waterproof jacket
- Waterproof overtrousers
- Sunhat
- Rucksack
- Water bottle (at least 1 litre capacity)
- Sunscreen
- Mobile phone
- UV sunglasses

### Recommended

- First aid kit, including plasters
- Sit mat
- Waterproof pouch for valuables
- Rubbish bag (remember to always leave no trace)
- Wallet/purse

### Optional extras

- Walking poles,
- Flask for hot drinks
- Durable lunch box
- Waterproof rucksack liner

## Tripnote validity

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**TRIP NOTE VALIDITY** These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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