7 Night Exmoor Guided Walking Holiday



Trip style:	Destination:	Walking Grade	Carbon Footprint:
Guided Walking Holidays	Exmoor	5, 6 & 7	147kg CO2

HOLIDAY OVERVIEW

Treasured for its forests, moorland, valleys, wild ponies, and velvet black skies, Exmoor National Park is perfect for outdoor adventures big and small. Our guided walking holiday is an ideal introduction to the region's sweeping landscape, dramatic seascapes, big-name attractions, and postcard-perfect villages and towns.

WHAT YOU'LL LOVE

- Discovering the immense beauty of Exmoor on foot
- Visiting some of Somerset's most picturesque villages
- Learning more about Europe's first International Dark Sky Reserve
- Spending time with like-minded people in the great outdoors
- Finding exciting walking routes with your HF Holidays Leader
- Staying at Holnicote House near the pretty village of Selworthy

WHAT'S INCLUDED

- En-suite accommodation in our 4-star country house

- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walking with experienced HF Holidays Leaders
- Choice of three guided walks (each walking day) from March to October, and two from November to February.
- All transport to and from walks where necessary
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

ITINERARY VERSION 1

Day 1 **Arrival Day**

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00. Enjoy a complimentary cream tea at 16:30 and meet other guests.

Day 2 **Holnicote and Selworthy Beacon**

Option 1 - Bossington & Selworthy

Distance: 7 miles (11km)

Ascent: 1,000 feet (300m)

In summary: A circular walk exploring the countryside and villages around Holnicote House. Our route takes us to the coast via the village of Bossington, returning along the wooded slopes to charming Selworthy village.

Highlight: Selworthy village was rebuilt in 1828 by the Acland family to house the elderly workers of the Holnicote estate. The tea room is a delightful spot to relax in towards the end of the walk.

Option 2 - Selworthy Beacon

Distance: 7½ miles (12km)

Ascent: 1,350 feet (420m)

In summary: Ascend through the woods to the Iron Age hillfort and the glorious viewpoint of Selworthy Beacon. After a hilltop walk we'll descend through the fields to Selworthy village.

Highlight: Its a steep climb to the top of Selworthy Beacon, but your efforts will be rewarded with a great view north over the Bristol Channel and south towards the hills of Exmoor.

Option 3 - Somerset Coast Path

Distance: 10 miles (16km)

Ascent: 2,050 feet (620m)

In summary: Head through the woods to Hurlstone Point, then along the rugged coastal path that meanders along the northern slopes of Selworthy Beacon. We'll then ascend onto the summit and return via Selworthy village.

Highlight: This section of the coast path has a real 'away from it all' feel as it traverses around three deep combes above the sea.

Day 3 Along the coast to Lynmouth

Option 1 - Countisbury Hill

Distance: 5 miles (8km)

Ascent: 600 feet (180m)

In summary: Starting high on Countisbury Common, this predominantly downhill walk takes us over Butter Hill to Countisbury Church, then zig-zags down through the woods to the harbour at Lynmouth.

Highlight: There's plenty to explore in charming Lynmouth - relax in one of the tea rooms or pubs, or take the cliff railway to the Victorian town of Lynton.

Option 2 - Foreland Point

Distance: 8 ¾ miles (14km)

Ascent: 1,600 feet (485m)

In summary: Follow the South West Coast Path from Yenworthy Common to Lynmouth. Our route meanders around the wooded valleys towards Foreland Point, then descends Countisbury Hill to Lynmouth.

Highlight: Enjoy fabulous sea views throughout the walk, including the classic view of Lynton and Lynmouth from the top of Countisbury Hill.

Option 3 - Along the Coast Path

Distance: 11 miles (17.5km)

Ascent: 1,600 feet (480m)

In summary: Follow the coastal path from the Culborne Inn to Lynmouth. Our route undulates over some of Britain's highest sea cliffs, before the final grand descent to Lynmouth.

Highlight: Walk in the footsteps of poet Samuel Taylor Coleridge, who gained inspiration from this stunning landscape for his most famous poems.

Day 4 Free Day

Discover more about Holnicote House and the local area for ideas on how to fill your free day.

Day 5 Valley and Hills to Dunster Castle

Option 1 - Selworthy to Dunster

Distance: 7 miles (11km)

Ascent: 1200 feet (360m)

In summary: Heading straight out from Holnicote House, we follow the track and road to Headon Cross where we will see the pretty colours of the hamlet of Tivington Heights. We then head up through a mixed broadleaf wood onto the ridge line of Wootton Common before descending Grabbist Hill to the medieval village of Dunster.

Highlight: Look out for red deer on your journey across this broad ridge line, although illusive, you may hear the loud barking call of the stags especially during rutting season.

Option 2 - Over the Hills to Dunster

Distance: 9½ miles (15 km)

Ascent: 1,650 feet (500m)

In summary: Walk from Holnicote House to historic Dunster. Our route takes us through the woods to the viewpoint at Webber's Post, then enjoy the fine views as we follow the ridge over Wootton Common.

Highlight: Dunster Castle was the home of the Luttrell family for over 600 years, and is now managed by the National Trust.

Option 3 - Over Dunkery Beacon to Dunster

Distance: 12½ miles (20km)

Ascent: 2,500 feet (760m)

In summary: Walk from Holnicote House up onto Dunkery Beacon, the highest point on Exmoor. After descending across the moor to Wootton Courtenay, we'll continue over the hills to Dunster.

Highlight: Our walk concludes by descending Grabbist Hill - a spot said to have inspired the hymn *All things bright and beautiful*.

Day 6 The Doone Valley To Watersmeet

Option 1 - Doone Valley

Distance: 7½ miles (12.5km)

Ascent: 1,300 feet (400m)

In summary: Starting high on Exmoor we'll visit the valleys of Oare Water and Badgworthy Water, then take the charming riverside path beside the East Lyn river to Watersmeet.

Highlight: Our walks end at the National Trust's tearoom at Watersmeet. This is the confluence of the East Lyn and Farley Water; a delightful spot in a beautiful wooded valley.

Option 2 - Badgworthy Water

Distance: 9½ miles (15km)

Ascent: 1,600 feet (500m)

In summary: We'll head to Oare church then follow Badgworthy Water into a remote corner of Exmoor. Our walk concludes beside the cascading waters of the East Lyn river to Watersmeet.

Highlight: Walk in the footsteps of Lorna Doone, the heroine of RD Blackmore's novel. We'll stop at Oare church, the scene of the wedding between Lorna and John Ridd.

Option 3 - Wild Exmoor West

Distance: 11 miles (17.5km)

Total ascent: 1,300 feet (400m)

In summary: Walk in Lorna Doone country and along Badgworthy Water before crossing wild moorland to join the Two Moors Way on Cheriton Ridge. We descend along Hoaroak Water to arrive at Watersmeet via some impressive waterfalls.

Highlight: An opportunity to step off the beaten track and discover the wild corners of Exmoor. Enjoy great views as you cross the high moors.

Day 7 **Quantocks**

Option 1 - Quantocks & Nether Stowey

Distance: 7 miles (11.5km)

Ascent: 650 feet (200m)

In summary: Starting inland the walk heads through the Quantocks Hills with the coast ahead. We then turn and descend through the woods to the delightful village of Nether Stowey.

Highlight: The walk takes in Will's Neck the highest point on the Quantocks at 1260 feet.

Option 2 - Quantock Ridge & Combe

Distance: 8½ miles (14km)

Ascent: 1,050 feet (320m)

In summary: Ascend from the village of West Quantoxhead onto the ridgeline walking south along the ridgeline before descending through Quantock Combe towards Nether Stowey.

Highlight: Don't forget to turn around as you climb to take in the expansive views out into St Audries Bay and beyond onto South Wales when the air is clear.

Option 3 - Quantock Ridge

Distance: 11½ miles (18.5km)

Ascent: 1,500 feet (460m)

In summary: Starting close to the coast we head up into the Quantock Hills with the Bristol Channel behind us, before turning and crossing the hill an dropping down to the village of Nether Stowey.

Highlight: Look out for red deer as you walk along the Quantock Hills; as Britain's largest wild mammals they are always an impressive sight.

Day 8 Departure Day

Enjoy a leisurely breakfast before making your way home.

DAILY WALK OPTIONS



Moderate walking grade 5

Some walking experience needed. Full day walks which may include some short but steep ascents and descents throughout the day, and varied terrain. Regular stops. Typically, 8-9 miles (13-15km) with around 1,300ft (400m) of ascent.



Moderate walking grade 6

Longer full day walks with more ascent and varied terrain. Good fitness and agility are needed. Typically, 9-10 miles (15-16km) with around 1,500ft (460m) of ascent.



Moderate walking grade 7

The most active moderate grade. Longer distances and short but steep ascents and descents possible throughout the day. Hill walking experience desirable. Typically, 11-12 miles (18-19km) with around 1,800ft (560m) of ascent.

ACCOMMODATION

Holnicote House

There's plenty to look forward to at this beacon of Somerset hospitality near the impossibly pretty village of Selworthy. The location couldn't be more perfect; within rolling-out-of-bed distance from Exmoor National Park and an easy drive from Dunster Castle, Coleridge Cottage, the twin villages of Lynton and Lynmouth, and the sandy delights at Porlock and Minehead. The walking opportunities here are standout, too, not least for the trails around the Quantock Hills, Dunkery Beacon, Bossington, and a section of the England Coast Path that takes you on a glorious journey along the county's coastline.

About

· 32 well-appointed guest rooms · Exclusive occupancy: 43 guests minimum · Check in from 4:00pm · For members check in from 2:00pm · Free Wi-Fi · Free on-site parking · Boot room and drying room · Travel cot & high chair · Discovery Point offering a wide range of local area maps, route guides, and information for self-guided walks · Books and games to borrow · Licensed bar · Two lounges · Garden with croquet lawn · Well-behaved dogs welcome on self-guided holidays · Electric vehicle charging point - Please note, you will need to bring your own cables to use this EV charging point

Then & now

Mentioned in the Domesday Book of 1086, there have been at least four successive houses of varying sizes built at the manor of Holnicote over a 500-year period. Until the 20th century, it was owned by the Acland family who saw it though a few fires, rebuilds, and restorations during their almost 200-year occupancy. They built the present Holnicote House in 1861 and it remained in the family thereafter (minus its thatched roof that was destroyed by yet another fire in 1941 and replaced with tiles from another estate building). In 1944, Sir Richard Acland, 15th Baronet, and his wife, Lady Ann, donated the entire Holnicote Estate (along with Killerton, their Devon ancestral home) to the National Trust in a bid to keep them 'safe and unspoiled for all time'. The combined value of both estates was estimated at £250,000, making this the largest single acquisition in the organisation's history.

Used as a nursery and nursery nurse training school during the 1940s, Holnicote House has been part of our HF Holidays line-up since 1952. Set right at the heart of the Holnicote Estate – a 12,500-acre landscape of heather-covered moorland, ancient woodland, and rocky coastline – it comes with 150 miles of footpaths and bridleways and plenty of sublime grounds which offer free rein to wander. You'll find 32 well-appointed guest rooms in three categories (Classic, Premium, and Superior), two comfortable lounges, peaceful gardens, a croquet lawn, books and games to borrow during your stay, plus a handy boot and drying room. There's also a Discovery Point offering a wide range of local area maps, route guides, and easy-to-follow information for self-guided walks. Equally worthy of your attention is the licensed bar and the dining room for a wide range of dishes made with fresh and seasonal ingredients.

Check-In & Check-Out

You are welcome to check in from 4pm at the earliest. HF Members can check in earlier, from 2pm. On arrival, you'll enjoy a complimentary cream tea and get to meet your fellow guests, our HF Holidays Leaders, and the rest of the friendly team. Check out 10am.

FOOD & DRINK

Dining

Seasonal dining, tailored for you

Our team of skilled chefs design our dinner menus to showcase the best of each season, from warming winter comfort food to vibrant summer dishes, including vegetarian, vegan and high-protein options. We also source fruit and vegetables within a 40-mile radius of each house, open every break with a Chef's Special menu inspired by dishes and flavours of the local area, and are able to adapt dishes to suit special dietary requirements.

Welcome Cream Tea

What better way to start your stay than with a cream tea, served fresh on arrival to make you feel instantly at home. A quintessentially English tradition, our scones are baked in-house and served with preserves and clotted cream, providing the perfect opportunity to meet fellow walkers.

A hearty breakfast to start the day

Start the day with a freshly-prepared cooked breakfast and a wide choice from our continental buffet, including hot drinks, juices and fresh fruit. Our team offer a quick and friendly service, leaving you fuelled and ready for your day's adventures.

Our famous picnic lunch

Our personalised picnic lunches are perfect for a day out walking, ready to enjoy when hunger strikes. Choose from a large selection of fresh sandwiches and salads, freshly baked cakes and snacks, including the ever-popular Freddos chocolate bar! Everything is designed to fit neatly into your rucksack, and all of the packaging we provide is recyclable or compostable.

3-course evening meals

Our à la carte evening menus feature a wide choice of starters, mains, and desserts, made with seasonal ingredients and, wherever possible, herbs and vegetables from our own gardens. Shared around sociable tables, dinners are relaxed occasions, with drinks available to order at the table or from the bar, and a traditional Sunday roast to round off the week.

ROOMS

Your room at Holnicote House

Designed with your comfort in mind, Holnicote House has 32 well-appointed guest rooms available in three categories: Classic, Premium, and Superior.

Classic Rooms are comfortable en-suite guest rooms, ideal for a peaceful night's sleep. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, and shower gel), and a TV.

Premium Rooms are more spacious en-suite guest rooms*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

Superior Rooms are even more spacious en-suite guest rooms offering upgraded views of the surroundings*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

We love: The rooms in the main building or the thatched grounds, especially Rooms 1 and 4. The first floor rooms have fabulous views across Crawter Hill and Dunkery Hill.

The **Choose Your Room** service is available at our UK country houses, allowing you the option of choosing and confirming a specific room for an extra charge of £30 per room. This is subject to availability. Upgrade supplements apply.

Room supplements

Superior	Premium single	Premium double/twin	Choose your room
£25 pppn	£20 pppn	£20 pppn	£30 per room

*Views and layout reflect each properties unique character and location

ACCESSIBILITY

For accessibility and assistance information, please contact our expert team on 020 3974 8865 or view the accessibility information online for Holnicote House

ABOUT YOUR STAY

A warm welcome
We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided waking routes as well as visit-worthy local attractions.

Helping you enjoy the Great Outdoors - A natural focus on walks

Walks talks and Discovery Points
Our founder, country pastor turned social innovator, Thomas Arthur Leonard, was passionate about encouraging people to explore the countryside. His legacy continues in HF's continued focus on walking. Many guests choose to travel with us on guided or self-guided walking holidays, and as such, evenings at our houses are often busy with walk leaders hosting various briefings and talks. On guided walking holiday arrival days, there are walking information briefings before dinner, and for the duration of any guided walking holiday there will be a Walks Talk before (or on occasion after dinner), to go through the following day's walk options. Self-guided walking guests, and those on special interest holidays (where there is free time to explore independently), are of course welcome to also join in these Walks Talks - please talk to the team locally if you have any queries. Our Discovery Points are filled with handy maps and route notes, designed to ensure everyone, not just those booked on a guided walking holiday, can enjoy the beautiful countryside settings that our HF houses enjoy.

The walking day
Prior to setting off on guided walks, our HF Holidays Leaders run through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure walkers have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

TRAVEL DETAILS

Address

Holnicote House
Selworthy
Minehead
Somerset TA24 8TJ

Tel: +44 (0)1643 862013

By train

The nearest station is Taunton.

Check National Rail for train times and routes.

By taxi

From Taunton train station it's a 27-mile journey taking 1 hour.

For pricing, please contact Minehead Taxis directly.

Minehead Taxis
You can pre-book a taxi from our recommended company, Minehead Taxis*. We recommend booking your taxi at least seven days in advance by contacting:

Tel: +44 (0)1643 704123

A return journey can be arranged on your behalf by the HF Holidays House Manager at Holnicote House.

*Minehead Taxis is not owned or managed by HF Holidays.

By bus

The number 28 bus runs between Taunton station and Minehead, taking around one and a half hours. At Minehead, change to the number 10 bus to the Selworthy turn (at the end of Holnicote House drive). A two-minute walk along the drive will bring you to the house.

For bus times, check Traveline.

By car

There's free car parking at Holnicote House if you decide to drive.

From Bridgwater take the A39 though the southern outskirts of Minehead towards Porlock. You'll find Holnicote House on the left about four and a half miles out of Minehead.

By air

The nearest airport is London Heathrow.

Take the train to London Paddington station where there are direct trains to Taunton. It's a relatively straightforward journey that'll should take around 2.5 hours.

Bristol Airport is also an option. From here, you can take the bus and train to Taunton.

Check National Rail for routes and train times.

LOCAL AREA

Places to visit in Exmoor

Whether you're enjoying a guided or self-guided walking holiday, there's always the opportunity to linger for longer. Here's our pick of the very best things to see and do within easy travelling distance of Holnicote House.

Selworthy

Less than a mile away, this charming village delights with well-preserved thatched cottages as well as the All Saints church with its painted nave ceiling and 18th century gallery. There are several footpaths leading from the village up to Selworthy Beacon.

West Somerset Railway

As the longest heritage line in England, this true country branch line of the old Great Western Railway has 10 stations on its 20-mile scenic journey from Minehead to Bishops Lydyard. Minehead station is just a 10-minute drive away.

Dunster Castle

A medieval castle transformed into a stately home for the Luttrell family, this characterful dwelling assures fabulous views over Exmoor, Somerset, and the Bristol Channel. Not-to-be-missed interiors include a 17th century carved staircase and rare leather wall hangings.

Lynton & Lynmouth

Located on the spectacular North Devon coast, the small rural town of Lynton and coastal village of Lynmouth are the twin resorts connected by a historic cliff railway. The short walk from Lynton to the Valley of Rocks is a definite highlight.

Coleridge Cottage

A 45-minute drive away, this was the humble home of poet Samuel Coleridge and his wife Sara for three years from 1797. Acquired by the National Trust in 1909, it was here that he wrote The Rime of the Ancient Mariner, Kubla Khan, and Frost at Midnight.

Hestercombe Gardens

An hour's drive away, this 50-acre landscape is home to three historic gardens spanning three centuries of design. Coplestone Warre Bampfylde laid out the Landscape Garden while Sir Edwin Lutyens and Gertrude Jekyll collaborated on the Formal Garden.

Arlington Court

Belonging to the Chichester family for 11 generations until it was bequeathed to the National Trust in 1949, this Regency house is an hour's drive away. In addition to the gardens and grounds, there's a museum in the stables with an interesting collection of over 40 carriages.

Minehead Beach

Also known as The Strand, this mile-long expanse of sand is perfect for sandcastle-building, beach games, and organised activities such as canoeing and paddleboarding. Please note there is a dog ban in force on the entire beach from 1 May to 30 September.

SAFETY ON YOUR HOLIDAY

Walking safety

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests.

Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest where clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass.

Please note: If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel section) should you need them in case of emergency.

ESSENTIAL INFORMATION

Packing list

Weather conditions in the UK can vary throughout the day, and conditions in the mountains may be cold and windy even in summer. Use the following list as a guide when preparing for your holiday.

Essentials

- Suitable waterproof walking boots with ankle support and good grip
- Waterproof, wind-resistant jacket with a hood, taped seams and a hydrostatic head rating of at least 10,000 mm
- Waterproof overtrousers
- Spare warm clothing, such as a synthetic insulated jacket
- Comfortable walking clothing (jeans & waterproof capes are not suitable)
- Warm mid-layers, such as fleeces
- Gloves and a warm hat, even in summer
- Rucksack with a waterproof liner
- Water bottle with a capacity of at least 1 litre
- Flask for hot drinks
- Sunscreen
- UV-protective sunglasses
- Spare high-energy food
- Head torch and spare batteries for holidays between October and March
- Passport (if applicable)
- Visa (if applicable)
- Copy of your travel insurance policy

Recommended

- Several base layers, with long or short sleeves
- Cushioned walking socks to avoid blisters
- First-aid kit, including plasters, insect repellent, a midge net and a tick-removal tool
- Sit mat
- Waterproof pouch for valuables
- Rubbish bags
- Wallet or purse

- Camera
- Walking poles
- Sun hat
- Gaiters
- Mobile Phones
- Swimwear (please see accommodation information for hotel facilities)
- Membership cards for English Heritage, the National Trust or similar heritage organisations in Scotland and Wales, if you are a member. These may be useful when visiting attractions during your itinerary or on your free day.

TRIPNOTE VALIDITY

TRIP NOTE VALIDITY These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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