

7 Night North York Moors Gentle Guided Walking Holiday

Tour Style: Gentle guided walking

Destinations: North York Moors, United Kingdom & England

Trip code: WYBEW-7

1 & 2



HOLIDAY OVERVIEW

A picturesque landscape, the North York Moors is treasured for its heather moorland, deep valleys, unspoilt woodlands, and quaint fishing villages. Ideal for those wanting to discover this region's beauty at a more relaxed pace, our gentle guided walking holiday rewards with breathtaking trails, big-name historic attractions, comfortable accommodation, and more. You'll also enjoy a choice of up to three different-grade daily walks, the shortest of which is from just three miles.

WHAT'S INCLUDED

- Comfortable en-suite accommodation in our country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walking with experienced HF Holidays Leaders

- Choice of up to three guided walks (on walking days)
- All transport to and from walks where necessary
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

HOLIDAY HIGHLIGHTS

- Exploring this stunning national park at a relaxed pace
- The option to climb Roseberry Topping
- Learning more about the region's wildlife and cultural heritage
- Spending time with like-minded people in the great outdoors
- Visiting the timeless fishing village of Staithes
- Staying at Larpool Hall, our Grade II-listed country house

TRIP SUITABILITY

This is graded activity level 1 and 2.

This easier variation of our best-selling Guided Walking holidays is the perfect way to enjoy a gentle exploration of the North York Moors. The choice of up to three guided walks including a walk of 3 or 4 miles.

ITINERARY

Day 1: Arrival Day

You're welcome to check in from 4pm onwards. Enjoy a complimentary cream tea on arrival.

Day 2: Captain Cook Country

Option 1 - Stokesley To Great Ayton

Distance: 3½ miles (6km)

Ascent: 100 feet (40m)

In summary: Walk from the elegant market town of Stokesley heading along the banks of the picturesque River Leven to the village of Great Ayton, childhood home of Captain James Cook.

Highlight: Fantastic Farmer's market in Stokesley, then there will be time to explore Great Ayton in the afternoon and learn about its famous son – Captain James Cook.

Option 2 - Captain Cook's Monument

Distance: 7 miles (11km)

Total ascent: 1,000 feet (300m)

In summary: Follow the Cleveland Way to the magnificent viewpoint at Captain James Cook's monument; we then descend to the foot of Roseberry Topping and on to the village of Great Ayton.

Highlight: Walk in the footsteps of Captain James Cook who grew up in the village of Great Ayton. There may be time to visit the Captain Cook Schoolroom Museum at the end of the walk.

Option 3 - Roseberry Topping & Great Ayton

Distance: 9.5 miles (15.5km)

Ascent: 1,700 feet (520m)

In summary: Walk along the escarpment of the North York Moors. Our route ascends from near Guisborough over the moors to the impressive viewpoint at Captain Cook's Monument before ascending to the summit of Roseberry Topping and ending in Great Ayton.

Highlight: The distinctively shaped summit of Roseberry Topping - the Yorkshire Matterhorn - dominates the local skyline.

Day 3: Heartbeat Country Around Goathland

Option 1 - Goathland To Grosmont

Distance: 4 miles (6km)

Ascent: 150 feet (40m)

In summary: From Goathland we follow the Esk Valley through Beck Hole and on to Grosmont.

Highlight: Goathland is the setting of the village of Aidensfield in the TV series Heartbeat then on to Grosmont station, why not take a look around the impressive engine sheds.

Option 2 - Goathland & Grosmont Circuit

Distance: 7 miles (11km)

Ascent: 950 feet (280m)

In summary: From Goathland station we cross moorland & farmland to reach Grosmont. Our return route follows the old railway trail between the two villages.

Highlight: Today's walks centre on the village of Goathland - made famous as the setting for the TV series Heartbeat. You may also recognise Goathland station from its role in the Harry Potter films.

Option 3 - Goathland Circuit

Distance: 8½ miles (13.5km)

Ascent: 950 feet (280m)

In summary: From Goathland, a gentle descent along the old railway track takes us to Beck Hole. Woodland and field paths will take us to Wheeldale Beck from where we make our way across a lovely moorland path via a secluded tarn to Goathland church. From there, feld paths & more of the old railway track bring us back to Goathland.

Highlight: A stretch of walking along a moorland edge give views of the magnificent scenery in the heart of the National Park.

Day 4: Free Day - North York Moors

Discover more about [Larpool Hall and the local area](#) for ideas on how to make the most of your free day.

Day 5: Along The Smugglers Coast

Option 1 - Boulby Cliffs To Staithes

Distance: 4 miles (6km)

Ascent: 340 feet (10m)

In summary: Starting from Easington we walk to the coast and follow the Cleveland way to Boulby and then descend to Staithes.

Highlight: Exploring the village of Staithes, which was once one of the largest fishing ports in the North East

Option 2 - Runswick Bay To Sandsend

Distance: 6 miles (9.5km)

Total ascent: 1,000 feet (300m)

In summary: Enjoy a glorious section of the Yorkshire coast between Runswick Bay and Sandsend. We start along the beach, then ascend onto the cliff-top path which takes us around the headland at Kettleness and on to Sandsend.

Highlight: There's time to explore Staithes before rejoining the coach to start our walk at Runswick Bay. Staithes is a timeless fishing village with cobbled streets and historic buildings.

Option 3 - Staithes To Sandsend

Distance: 9½ miles (15.5km)

Ascent: 1,750 feet (540m)

In summary: Starting from Staithes we follow the impressive cliff top section of the coast to Runswick Bay. Our walk continues along the Cleveland Way to Kettleness and Sandsend.

Highlight: Look out for the once-thriving harbour at Port Mulgrave, built in the 1850s to transport iron ore. You can see the remains of the 1 mile tunnel that connected the mine to the harbour.

Day 6: Dales Of The Esk Way

Option 1 - Castleton To Danby

Distance: 3 miles (4.5km)

Ascent: 400 feet (120m)

In summary: Starting in the village of Castleton we join the Esk Valley Way through Danby Park before ending our walk at The Moors Centre at Danby Lodge.

Highlight: Take time to explore the Moors Centre and learn more about the National Park.

Option 2 - Castleton Rigg To Danby

Distance: 6 miles (10km)

Ascent: 700 feet (220m)

In summary: Starting high on Castleton Rigg. We then descend along the Rigg, following field and moorland paths to visit Danby Castle, home of Katherine Parr, before crossing the Esk Valley railway to arrive at the Moors Centre.

Highlight: The Moors Centre has excellent interpretive displays about the national park, and a rolling programme of exhibitions by local artists.

Option 3 - Danby Rigg

Distance: 9½ miles (15.5km)

Ascent: 1,550 feet (480m)

In summary: From Castleton we make our way across fields and Danby Rigg to reach Little Fryup Dale. We continue via Danby Crag before crossing the River Esk to arrive at the pretty village of Houslyke. After a short, sharp ascent will bring us to a quiet road and track from where we will enjoy splendid views of the Esk Valley before descending to The Moors Centre.

Highlight: Look out for the standing stones, cairns and long barrows on Danby Rigg - evidence of human settlement dating back to the Bronze Age.

Day 7: Coast And Clifftops

Option 1 - Pannett Park And Whitby

Distance: 4 miles (6.5km)

Ascent: 200 feet (60m)

In summary: A pleasant walk taking us from Larpool house to Pannett park and then on to Whitby town

Highlight: Exploring Whitby

Option 2 - Robin Hood, Little John And The Cleveland Way

Distance: 7 miles (11.5km)

Ascent: 1,000 feet (300m)

In summary: We begin following the cinder track and then farmland, passing a site commemorating a visit to Whitby by famous outlaws, then take a fabulous cliff top walk along part of the Cleveland Way back to Whitby.

Highlight: The ruins of Whitby Abbey stand prominently on the headland above the harbour. Discover how this dramatic setting inspired Bram Stoker's gothic novel Dracula.

Option 3 - Cinder Track To The Coast And Cliffs Of Whitby

Distance: 9 miles (14km)

Ascent: 1,400 feet (440m)

In summary: The cinder track takes us South East before returning to Whitby using part of both the Coast to Coast walk and the Cleveland Way.

Highlight: Fabulous coastal views along the Cleveland Way.

Day 8: Departure Day

Enjoy a leisurely breakfast before making your way home.

ACCOMMODATION

Larpool Hall

Given that the Yorkshire coast never loses its capacity to enchant, it's easy to see the appeal of this Grade II-listed house overlooking the Esk Valley and the North Sea. The setting is perfect; in the former fishing town of Whitby that's best known for its fish and chips, quaint harbour, and Dracula connections (Irish author Bram Stoker drew his inspiration for his Gothic novel when holidaying here in 1890). You'll have all the sightseeing greats within walking or driving distance, including the 13th century Whitby Abbey, the wonderful Whitby Sands, and the 199 Steps leading up to the old St. Mary's Church (it's customary to count them as you climb). Not only are the North York Moors right on your doorstep, but the walk along Cleveland Way to Robin Hood's Bay is rather special, too.

Country House Accommodation

Rooms

Designed with your comfort in mind, Larpool Hall has 29 well-appointed guest rooms available in three categories: Classic, Premium, and Superior.

Classic Rooms are comfortable en-suite guest rooms, ideal for a peaceful night's sleep. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, and shower gel), and a TV.

Premium Rooms are more spacious en-suite guest rooms*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers, and comfortable mattresses.

Superior Rooms are even more spacious en-suite guest rooms offering upgraded views of the surroundings*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers, and comfortable mattresses.

We love: The spacious Room 15 on the ground floor for its lovely décor, comfy sofa, large fireplace, and views across the Esk Valley. Room 2 on the first floor offers fabulous views while Room 30 on the second floor has eaves and exposed beams.

The **Choose Your Room** service is available at our UK country houses, allowing you the option of choosing and confirming a specific room for an extra charge of £30 per room. This is subject to availability. Upgrade supplements apply.

Check in & check out

You are welcome to check in from **4:00pm at the earliest**. On arrival, you'll enjoy a complimentary cream tea and get to meet your fellow guests, our HF Holidays Leaders, and the rest of the friendly team.

On the day of departure, we kindly ask all guests to check out by **10:00am**. You'll be asked to settle your bill prior to leaving. You may, of course, make a charitable donation to our HF Holidays Pathways Fund if you wish. Please note that we only accept card payments.

Room supplements

Superior	Premium single	Premium double/twin	Choose your room
£25 pppn	£20 pppn	£20 pppn	£30 per room

*Views and layout reflect each properties unique character and location

About Your Stay

A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

Evening entertainment

While evening entertainment varies from house to house, the HF Holidays Big Pub Quiz held after dinner on Wednesdays is a weekly staple. Your HF Holidays Leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

Walks talks

Our HF Holidays Leaders host guided walking information briefings before dinner on arrival days. This is followed by a group Walks Talk for information on the following day's walking delights (held before dinner every evening). Self-guided walking guests are, of course, welcome.

The walking day

Prior to setting off on walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

Food & Drink

Led by experienced chefs, we serve a wide range of dishes made with fresh and seasonal ingredients. We always aim to source the best produce available and use home-grown herbs and vegetables from our own gardens whenever possible. Additionally, we have a licensed bar with beers, soft drinks, and a superb selection of spirits. Full-board comes as standard and includes a cream tea on arrival and a hearty breakfast on departure day.

HF Holidays understands the importance of managing allergens effectively to ensure food is safe for guests with food allergies. Whilst we are always able to confidently inform guests which allergens are present in our ingredients and dishes, we are unable to guarantee absolute freedom from the 14 main allergens in our kitchens. Vegetarian and vegan menu choices are available. If you have allergies, food intolerances, or any special dietary requirements, please inform our reservation team at the time of booking.

Accessibility

For accessibility and assistance information, please contact our expert team on [020 3974 8865](tel:02039748865) or view the accessibility information online for [Larpool Hall](#)

TRAVEL DETAILS

Address

Larpool Hall
Larpool Drive

Whitby
North Yorkshire YO22 4ND

Tel: [+44 \(0\)1947 602737](tel:+44(0)1947602737)

By Train

The nearest station is Whitby.

However, travelling to Scarborough station may be more convenient. Check National Rail for routes and journey times.

By Taxi

The two-mile journey from Whitby station takes approximately 10 minutes.

From Scarborough train station, it's a 21-mile journey, taking 40 minutes.

For pricing, please contact Whitby Taxis directly.

Whitby Taxis

You can pre-book a taxi from our recommended company, Abbey Taxis*. We recommend booking your taxi at least seven days in advance by contacting:

Tel: [+44 \(0\)1947 601212](tel:+44(0)1947601212)

Email: abbeytaxiswhitby@gmail.com

A return journey can be arranged on your behalf by the HF Holidays House Manager at Larpool Hall.

*Whitby Taxis is not owned or managed by HF Holidays.

By Bus

The 93 and 94 buses run regularly between Scarborough station and Whitby taking around an hour. As you approach Whitby, alight by the Larpool Lane Industrial Estate. From here it's an 800m walk up Larpool Lane to Larpool Hall. Please note that Larpool Hall's driveway is not lit.

Check Traveline for up-to-date bus information.

By Car

There's a free car park at Larpool Hall if you decide to drive.

The A171 from Teesside and the A169 from Pickering converge at a roundabout about two miles outside Whitby.

After this roundabout and as you approach Whitby, cross another roundabout then turn right at the traffic lights signposted Scarborough. Cross over the River Esk, then immediately turn right into Larpool Lane. Towards the top of the hill, turn into Larpool Drive – you'll see Larpool Hall at the end of this road.

By Air

The nearest airport is Leeds Bradford Airport.

Catch the airport bus to Leeds where there are connecting trains to Scarborough taking about 90 minutes.

There's also Manchester Airport, which is served by a range of long-haul flights. From here, there are trains every hour to Scarborough with one change at Manchester Piccadilly or York. Allow around three hours to

reach Scarborough.

Flying to London Heathrow airport is another option but it'll take you around 4.5 hours to reach Scarborough. From Heathrow first take the Piccadilly line to London Kings Cross station, then connect to Scarborough (with one change at York).

Check National Rail for train information.

LOCAL AREA

Whether you're enjoying a guided or self-guided walking holiday, there's always the opportunity to linger for longer. Here's our pick of the very best things to see and do within easy travelling distance of Larpool Hall.

Whitby

Just a 1.5 mile downhill walk away, the former fishing town of Whitby is best known for its fish and chips, quaint harbour, and Dracula connections (Irish author Bram Stoker drew his inspiration for his Gothic novel when holidaying here in 1890).

Whitby Abbey

As one of the most atmospheric attractions along the Yorkshire coastline, this looming clifftop landmark was founded by the Saxon King of Northumbria in AD657. It can be reached by climbing the famous 199 steps and it's well worth the effort for the views.

Whitby Harbour West Lighthouse

Of the two lighthouses at the mouth of the River Esk, this taller of the towers was built in 1831. Open to the public during the summer and warmer months only, there's 81 steps leading all the way up to the lantern room. A small entrance fee applies.

Whitby Whalebone Arch

As a nod to Whitby's whaling industry heritage in the 18th and 19th centuries, a huge whale bone arch was erected on West Cliff in 1853. Nowadays, it's an irresistible photo opportunity although this version is not the original and dates from 1963.

Staithes

Only a 20-minute drive away, this pretty fishing village was the home of Royal Navy captain and explorer, Captain James Cook. Must-dos include exploring the cobbled streets, spending time at Staithes Gallery, and taking a stroll down to the scenic harbour.

North Yorkshire Moors Railway

Running for 24 miles from Pickering to Whitby, this scenic route takes just under two hours. The historic stations are well worth a visit, especially Goathland which was transformed into Hogsmeade Station in Harry Potter and the Philosopher's Stone.

Scarborough & Stephen Joseph Theatre

As Britain's very first theatre in the round, this iconic performance space was established by stage director Stephen Joseph in 1955 and moved to its current home in 1976. The building has two auditoria: the 404-seater Round and the 165-seater McCarthy.

Rydale Folk Museum

This open-air museum is set in over six acres in Hutton le Hole – a pretty village just under an hour's drive away. There's approximately 40,000 objects on display in over 20 rescued and restored buildings, all of which relate to historic North Yorkshire life.

Castle Howard

Probably best known as the location for the TV series *Brideshead Revisited*, building on this grand stately home started in 1699 and took 100 years to complete. Highlights include the year-round exhibitions and the sumptuous gardens with ponds and fountains.

York

A 90-minute drive away, this historic walled city is most famous for its York Minster, National Railway Museum, Jorvik Viking Centre, and York Dungeon. Don't miss the Yorkshire Museum & Gardens for some of Europe's finest archaeological and geological finds.

USEFUL HOLIDAY INFORMATION

Essential Information

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing.

Essentials

- Suitable footwear such as waterproof walking boots that provide ankle support and good grip
- Waterproof and windproof jacket
- Comfortable clothing (jeans & waterproof capes are not suitable)
- Mid-layer(s) to keep you warm. Fleeeces make a good choice
- Waterproof overtrousers
- Gloves and a warm hat
- Rucksack with waterproof liner
- Flask for hot drinks
- Water bottle (at least 1 litre capacity)
- Sunscreen
- UV sunglasses

Recommended

- Several base layers (long-sleeve or short-sleeve)
- Cushioned walking socks to avoid blisters
- First aid kit, including plasters and insect repellent
- Sit mat
- Waterproof pouch for valuables
- Rubbish bag (remember to always leave no trace)
- Wallet/purse
- Camera
- First-aid kit

Safety On Your Holiday

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests.

Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the

conditions dictate. Your leader may refuse to accept a guest while clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass.

Please note: If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel section) should you need them in case of emergency.

TRIP NOTE VALIDITY

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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