7 Night North York Moors Guided Walking Holiday



Trip style:	Destination:	Walking Grade	Carbon Footprint:
Guided Walking Holidays	North York Moors	4, 6 & 7	165kg CO2

HOLIDAY OVERVIEW

Cherished for its moorland, deep valleys, unspoilt woodlands, and quaint market towns and villages, the North York Moors offers something fascinating around every corner. A fabulous introduction to this peaceful region, this guided walking holiday is perfect for those keen to enjoy breathtaking scenery, big-name historic attractions, and the choice of up to three different-grade daily guided walks.

WHAT YOU'LL LOVE

- Walking windswept headlands and wild moorland
- Learning more about the region's wildlife and cultural heritage
- Admiring the ruins of Whitby Abbey
- Exploring quaint coastal villages
- Finding new routes and places to explore with your HF Holidays Leader
- Staying at Larpool Hall, our Grade II-listed country house

WHAT'S INCLUDED

- En-suite accommodation in our 4-star country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walking with experienced HF Holidays Leaders
- Choice of three guided walks (each walking day) from March to October, and two from November to February.
- All transport to and from walks where necessary
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

ITINERARY VERSION 1

Day 1 **Arrival Day**

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00. Enjoy a complimentary cream tea at 16:30 and meet other guests.

Day 2 **Moorland East of Goathland**

Option 1 - Cleveland Dyke & Allan Tofts

Distance: 6 miles (9.5km)

Ascent: 950ft (300m)

In Summary: From Goathland we ascend steadily onto Goathland Moor to walk through the Cleveland Dyke before returning to Goathland via Beck Hole.

Highlight: The views from Goathland Moor back across the village show off the moorland landscape to its best.

Option 2 - Lilla Cross and Little Eller Beck

Distance: 8 miles (13km)

Ascent: 550ft (160m)

In Summary: We cross moorland, passing ancient burial mounds, to visit Lilla Cross before dropping gently beside Little Eller Beck. Soon, we leave the moorland & follow an old packhorse route to Goathland.

Highlight: Lilla Cross is thought to be one of the oldest Christian memorials in the North of England & has sweeping views across the surrounding moorland and to the coast.

Option 3 - Around Fylingdales

Distance: 12 miles (19km)

Ascent: 700ft (220m)

In Summary: We pass close to the RAF Fylingdales ballistic missile early warning station before ancient moorland tracks once used as trading routes take us past Lilla Cross and on to Goathland

Highlight: Modern technology close to ancient Bronze Age sites & a Christian memorial show how the moorland has had many uses over the years.

Day 3 **Smugglers Coast along the Cleveland Way**

Option 1 - Boulby to Runswick Bay

Distance: 6½ miles (10.5km)

Ascent: 1,050 feet (320m)

In summary: Follow the Cleveland Way along the coast from Boulby cliff to Staithes and chat with members of the local RNLI down at the local lifeboat station. It's then along the cliffs to Port Musgrave and the sweeping arc of Runswick Bay.

Highlight: Time to discover the fascinating fishing village of Staithes, and its Captain Cook connections.

Option 2 - Skinningrove to Runswick Bay

Distance: 8½ miles (13.5km)

Ascent: 1,700 feet (520m)

In summary: A fabulous coastal walk starts with a steady ascent from the mining village of Skinningrove to the top of Boulby Cliff. After time to visit Staithes there's a great final cliff-top section to Runswick Bay.

Highlight: Boulby Cliff rises to 666 feet, making it the highest point on Britain's east coast. Enjoy the glorious view of our walk stretched out ahead.

Option 3 - Saltburn to Runswick Bay

Distance: 11½ miles (19km)

Ascent: 2,250 feet (700m)

In summary: Enjoy sweeping sea views as we follow the cliff-top path along the Yorkshire Coast from Saltburn to Runswick Bay. Our walk takes us over Boulby Cliff to Staithes, then on past Port Mulgrave to Runswick Bay.

Highlight: Our walk starts from the charming Victorian seaside resort of Saltburn, complete with its pier and vintage cliff railway.

Day 4 **Free Day**

Day 5 Deep Into the North York Moors

Option 1 - Rosedale and Lastingham

Distance: 7½ miles (11.5km)

Ascent: 800 feet (240m)

In summary: Traverse the hillsides of the green valley of Rosedale as we walk between the villages of Rosedale Abbey to Lastingham. We'll then continue for a further couple of miles to charming Hutton-le-Hole.

Highlight: Our walk finishes in the picture-postcard village of Hutton-le-Hole. There's time to visit the Ryedale Folk Museum which tells the story of 4,000 years of rural life.

Option 2 - Farndale

Distance: 9 miles (14km)

Ascent: 750 feet (240m)

In summary: Starting from high up on Moors at Blakey Ridge, we'll descend through acres of purple heather into the valley of Farndale. Our route then follows the River Dove along this tranquil valley to Hutton-le-Hole.

Highlight: Its hard to believe that this tranquil scene was once a thriving centre for mining high-grade iron ore. You'll see occasional remnants of this industrial heritage, and follow part of the old railway that carried the ore to Teesside.

Option 3 - Rosedale's Railway

Distance: 13 miles (20.5km)

Ascent: 1,200 feet (380m)

In summary: Explore the beautiful moors in the heart of the national park. Our walk contours around the head of Rosedale and along the track-bed of the old mineral railway to Rosedale Abbey. After ascending Bank Top and Ana Cross we continue on the grouse moors to Lastingham and Hutton-le-Hole.

Highlight: Look out for Ana Cross - one of 30 crosses dating to the Middle Ages that once guided travellers across the moors.

Day 6 Captain Cook's Country

Option 1 - Pinchinthorpe to Great Ayton

Distance: 5.5 miles (9km)

Ascent: 660 feet (200m)

In summary: After looking round Pinchinthorpe Visitor Centre we ascend steadily through woodland to open moorland & pass by the foot of by Roseberry Topping before descending to the bustling village of Great Ayton.

Highlight: The first view of Roseberry Topping as we leave the woodland is very impressive

Option 2 - Captain Cook's Monument & Roseberry Topping

Distance: 10 miles (16km)

Ascent: 1750 feet (540m)

In summary: Walk along the escarpment of the North York Moors. Our route ascends from near Guisborough over the moors to the impressive viewpoint at Captain Cook's Monument before ascending to the summit of Roseberry Topping and ending in Great Ayton.

Highlight: The distinctively shaped summit of Roseberry Topping - the Yorkshire Matterhorn - dominates the local skyline.

Option 3 - Highcliffe Nab, Captain Cooks Monument & Roseberry Topping

Distance: 11.5 miles (18.5km)

Ascent: 2,200 feet (680m)

In summary: Our route ascends from near Guisborough through woodland and over the moors to the impressive viewpoints at Highcliffe Nab and Captain Cook's Monument before ascending to the summit of Roseberry Topping and ending in Great Ayton.

Highlight: The expansive views take in moorland, the coastal plain and the North Sea.

Day 7 **Cleveland Way and Ravenscar Coast**

Option 1 - Beast Cliff to Robin Hood's Bay

Distance: 6½ miles (10.5km)

Ascent: 1,150 feet (340m)

In summary: Follow the spectacular coastal section of the Cleveland Way to Ravenscar. Following the sweep of the coastline, either along the seashore or along the cliff-top, we'll continue to the old fishing village of Robin Hood's Bay.

Highlight: Our walk ends at the quaint fishing village of Robin Hood's Bay where you can explore the narrrow cobbled streets, or relax in one of the pubs or teashops.

Option 2 - Hayburn Wyke to Robin Hood's Bay

Distance: 9 miles (14km)

Ascent: 1,700 feet (520m)

In summary: Follow the coastal path from Hayburn Wyke through a nature reserve to Beast Cliff and Ravenscar, then on to Robin Hood's Bay via seashore or cliff-top paths.

Highlight: The fascinating historic remains of the old Alum works below Ravenscar.

Option 3 - Cloughton to Robin Hood's Bay

Distance: 10.5 miles (17km)

Ascent: 2,100 feet (640m)

In summary: A fantastic longer coastal walk from Cloughton to Robin Hood's Bay. Enjoy far-ranging sea views throughout the day as we make our way along this superb stretch of coastline.

Highlight: Discover the history of Ravenscar. Victorian developers bought this cliff-top site and laid out streets, aiming to build a grand seaside resort - alas only a few plots were bought and the company went bankrupt, thus preserving the tranquility of the headland.

Day 8 Departure Day

Enjoy a leisurely breakfast before making your way home.

DAILY WALK OPTIONS



Gentle walking grade 4

The most active Gentle grade, with longer walks, some ascent, and possible steps, stiles, or off-path uneven ground. Typically, 6-7 miles (10-12km) with around 1,000ft (300m) of ascent.



Moderate walking grade 6

Longer full day walks with more ascent and varied terrain. Good fitness and agility are needed. Typically, 9-10 miles (15-16km) with around 1,500ft (460m) of ascent.



Moderate walking grade 7

The most active moderate grade. Longer distances and short but steep ascents and descents possible throughout the day. Hill walking experience desirable. Typically, 11-12 miles (18-19km) with around 1,800ft (560m) of ascent.

ACCOMMODATION

Larpool Hall

Given that the Yorkshire coast never loses its capacity to enchant, it's easy to see the appeal of this Grade II-listed house overlooking the Esk Valley and the North Sea. The setting is perfect; in the former fishing town of Whitby that's best known for its fish and chips, quaint harbour, and Dracula connections (Irish author Bram Stoker drew his inspiration for his Gothic novel when holidaying here in 1890). You'll have all the sightseeing greats within walking or driving distance, including the 13th century Whitby Abbey, the wonderful Whitby Sands, and the 199 Steps leading up to the old St. Mary's Church (it's customary to count them as you climb). Not only are the North York Moors right on your doorstep, but the walk along Cleveland Way to Robin Hood's Bay is rather special, too.

About

· 29 well-appointed guest rooms · Exclusive occupancy: 42 guests minimum · Check in from 4:00pm · For members check in from 2:00pm · Free Wi-Fi · Free on-site parking · Local launderette available in town · Boot room and drying room · Travel cot & 2 high chairs · Discovery Point offering a wide range of local area maps, route guides, and information for self-guided walks · Books and games to borrow · Licensed bar · Lounge · Garden · Electric vehicle charging point - Please note, you will need to bring your own cables to use this EV charging point

Then & now

Built in 1780s on a site dating back to Norman times, the three-storey Larpool Hall was first owned by Sir Jonathan Lacey – a Whitby ropemaker turned shipbuilder who operated a shipyard on the estate. It was later purchased by King George III's physician, Dr John Turton, whose role in delivering babies had made him a quite a favourite of Queen Charlotte. The house remained in the family thereafter. His descendent, Sir Edmund Russborough Turton, 1st Baronet and Conservative Party politician, sold the house to the National Children's Home in in 1919 and it provided residential care to boys up to the age of 16 until 1968. It was converted into a hotel in 1986 and has been part of our HF Holidays line-up since 1998.

Nowadays, there's no shortage of period grandeur to marvel at, mostly the grand mahogany staircase, open-arched porch, original doorway, and Ionic column Venetian staircase window. You'll find 14 acres of lovely grounds, a comfortable lounge, a licensed bar, books and games to borrow during your stay, plus a handy boot and drying room. There's also a Discovery Point offering a wide range of local area maps, route guides, and easy-to-follow information for self-guided walks. And in the dining room you'll find a wide range of dishes made with fresh and seasonal ingredients. Accommodation comes by way of 29 well-appointed guest rooms in three categories (Classic, Premium, and Superior), some of which blend contemporary design flourishes with original features such as fireplaces and exposed ceiling beams.

Check-In & Check-Out

You are welcome to check in from 4pm at the earliest. HF Members can check in earlier, from 2pm. On arrival, you'll enjoy a complimentary cream tea and get to meet your fellow guests, our HF Holidays Leaders, and the rest of the friendly team. Check out 10am.

FOOD & DRINK

Dining

Seasonal dining, tailored for you

Our team of skilled chefs design our dinner menus to showcase the best of each season, from warming winter comfort food to vibrant summer dishes, including vegetarian, vegan and high-protein options. We also source fruit and vegetables within a 40-mile radius of each house, open every break with a Chef's Special menu inspired by dishes and flavours of the local area, and are able to adapt dishes to suit special dietary requirements.

Welcome Cream Tea

What better way to start your stay than with a cream tea, served fresh on arrival to make you feel instantly at home. A quintessentially English tradition, our scones are baked in-house and served with preserves and clotted cream, providing the perfect opportunity to meet fellow walkers.

A hearty breakfast to start the day

Start the day with a freshly-prepared cooked breakfast and a wide choice from our continental buffet, including hot drinks, juices and fresh fruit. Our team offer a quick and friendly service, leaving you fuelled and ready for your day's adventures.

Our famous picnic lunch

Our personalised picnic lunches are perfect for a day out walking, ready to enjoy when hunger strikes. Choose from a large selection of fresh sandwiches and salads, freshly baked cakes and snacks, including the ever-popular Freddos chocolate bar! Everything is designed to fit neatly into your rucksack, and all of the packaging we provide is recyclable or compostable.

3-course evening meals

Our à la carte evening menus feature a wide choice of starters, mains, and desserts, made with seasonal ingredients and, wherever possible, herbs and vegetables from our own gardens. Shared around sociable tables, dinners are relaxed occasions, with drinks available to order at the table or from the bar, and a traditional Sunday roast to round off the week.

ROOMS

Your room at Larpool Hall

Designed with your comfort in mind, Larpool Hall has 29 well-appointed guest rooms available in three categories: Classic, Premium, and Superior.

Classic Rooms are comfortable en-suite guest rooms, ideal for a peaceful night's sleep. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, and shower gel), and a TV.

Premium Rooms are more spacious en-suite guest rooms*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

Superior Rooms are even more spacious en-suite guest rooms offering upgraded views of the surroundings*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

We love: The spacious Room 15 on the ground floor for its lovely décor, comfy sofa, large fireplace, and views across the Esk Valley. Room 2 on the first floor offers fabulous views while Room 30 on the second floor has eaves and exposed beams.

The **Choose Your Room** service is available at our UK country houses, allowing you the option of choosing and confirming a specific room for an extra charge of £30 per room. This is subject to availability. Upgrade supplements apply.

Room supplements

Superior	Premium single	Premium double/twin	Choose your room
£25 pppn	£20 pppn	£20 pppn	£30 per room

*Views and layout reflect each properties unique character and location

ACCESSIBILITY

For accessibility and assistance information, please contact our expert team on 020 3974 8865 or view the accessibility information online for Larpool Hall

ABOUT YOUR STAY

A warm welcome
We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided waking routes as well as visit-worthy local attractions.

Helping you enjoy the Great Outdoors - A natural focus on walks

Walks talks and Discovery Points
Our founder, country pastor turned social innovator, Thomas Arthur Leonard, was passionate about encouraging people to explore the countryside. His legacy continues in HF's continued focus on walking. Many guests choose to travel with us on guided or self-guided walking holidays, and as such, evenings at our houses are often busy with walk leaders hosting various briefings and talks. On guided walking holiday arrival days, there are walking information briefings before dinner, and for the duration of any guided walking holiday there will be a Walks Talk before (or on occasion after dinner), to go through the following day's walk options. Self-guided walking guests, and those on special interest holidays (where there is free time to explore independently), are of course welcome to also join in these Walks Talks - please talk to the team locally if you have any queries. Our Discovery Points are filled with handy maps and route notes, designed to ensure everyone, not just those booked on a guided walking holiday, can enjoy the beautiful countryside settings that our HF houses enjoy.

The walking day
Prior to setting off on guided walks, our HF Holidays Leaders run through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure walkers have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

TRAVEL DETAILS

Address

Larpool Hall
Larpool Drive
Whitby
North Yorkshire YO22 4ND

Tel: +44 (0)1947 602737

By train

The nearest station is Whitby.

However, travelling to Scarborough station may be more convenient. Check National Rail for routes and journey times.

By taxi

The two-mile journey from Whitby station takes approximately 10 minutes.

From Scarborough train station, it's a 21-mile journey, taking 40 minutes.

For pricing, please contact Whitby Taxis directly.

Whitby Taxis
You can pre-book a taxi from our recommended company, Abbey Taxis*. We recommend booking your taxi at least seven days in advance by contacting:

Tel: +44 (0)1947 601212
Email: abbeytaxiswhitby@gmail.com

A return journey can be arranged on your behalf by the HF Holidays House Manager at Larpool Hall.

*Whitby Taxis is not owned or managed by HF Holidays.

By bus

The 93 and 94 buses run regularly between Scarborough station and Whitby taking around an hour. As you approach Whitby, alight by the Larpool Lane Industrial Estate. From here it's an 800m walk up Larpool Lane to Larpool Hall. Please note that Larpool Hall's driveway is not lit.

Check Traveline for up-to-date bus information.

By car

There's a free car park at Larpool Hall if you decide to drive.

The A171 from Teesside and the A169 from Pickering converge at a roundabout about two miles outside Whitby.

After this roundabout and as you approach Whitby, cross another roundabout then turn right at the traffic lights signposted Scarborough. Cross over the River Esk, then immediately turn right into Larpool Lane. Towards the top of the hill, turn into Larpool Drive – you'll see Larpool Hall at the end of this road.

By air

The nearest airport is Leeds Bradford Airport.

Catch the airport bus to Leeds where there are connecting trains to Scarborough taking about 90 minutes.

There's also Manchester Airport, which is served by a range of long-haul flights. From here, there are trains every hour to Scarborough with one change at Manchester Piccadilly or York. Allow around three hours to reach Scarborough.

Flying to London Heathrow airport is another option but it'll take you around 4.5 hours to reach Scarborough. From Heathrow first take the Piccadilly line to London Kings Cross station, then connect to Scarborough (with one change at York).

Check National Rail for train information.

LOCAL AREA

Places to visit in the North York Moors

Whether you're enjoying a guided or self-guided walking holiday, there's always the opportunity to linger for longer. Here's our pick of the very best things to see and do within easy travelling distance of Larpool Hall.

Whitby

Just a 1.5 mile downhill walk away, the former fishing town of Whitby is best known for its fish and chips, quaint harbour, and Dracula connections (Irish author Bram Stoker drew his inspiration for his Gothic novel when holidaying here in 1890).

Whitby Abbey

As one of the most atmospheric attractions along the Yorkshire coastline, this looming clifftop landmark was founded by the Saxon King of Northumbria in AD657. It can be reached by climbing the famous 199 steps and it's well worth the effort for the views.

Whitby Harbour West Lighthouse

Of the two lighthouses at the mouth of the River Esk, this taller of the towers was built in 1831. Open to the public during the summer and warmer months only, there's 81 steps leading all the way up to the lantern room. A small entrance fee applies.

Whitby Whalebone Arch

As a nod to Whitby's whaling industry heritage in the 18th and 19th centuries, a huge whale bone arch was erected on West Cliff in 1853. Nowadays, it's an irresistible photo opportunity although this version is not the original and dates from 1963.

Staithes

Only a 20-minute drive away, this pretty fishing village was the home of Royal Navy captain and explorer, Captain James Cook. Must-dos include exploring the cobbled streets, spending time at Staithes Gallery, and taking a stroll down to the scenic harbour.

North Yorkshire Moors Railway

Running for 24 miles from Pickering to Whitby, this scenic route takes just under two hours. The historic stations are well worth a visit, especially Goathland which was transformed into Hogsmeade Station in Harry Potter and the Philosopher's Stone.

Scarborough & Stephen Joseph Theatre

As Britain's very first theatre in the round, this iconic performance space was established by stage director Stephen Joseph in 1955 and moved to its current home in 1976. The building has two auditoria: the 404-seater Round and the 165-seater McCarthy.

Rydale Folk Museum

This open-air museum is set in over six acres in Hutton le Hole – a pretty village just under an hour's drive away. There's approximately 40,000 objects on display in over 20 rescued and restored buildings, all of which relate to historic North Yorkshire life.

Castle Howard

Probably best known as the location for the TV series Brideshead Revisited, building on this grand stately home started in 1699 and took 100 years to complete. Highlights include the year-round exhibitions and the sumptuous gardens with ponds and fountains.

York

A 90-minute drive away, this historic walled city is most famous for its York Minster, National Railway Museum, Jorvik Viking Centre, and York Dungeon. Don't miss the Yorkshire Museum & Gardens for some of Europe's finest archaeological and geological finds.

SAFETY ON YOUR HOLIDAY

Walking safety

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests.

Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest where clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass.

Please note: If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel section) should you need them in case of emergency.

ESSENTIAL INFORMATION

Packing list

Weather conditions in the UK can vary throughout the day, and conditions in the mountains may be cold and windy even in summer. Use the following list as a guide when preparing for your holiday.

Essentials

- Suitable waterproof walking boots with ankle support and good grip
- Waterproof, wind-resistant jacket with a hood, taped seams and a hydrostatic head rating of at least 10,000 mm
- Waterproof overtrousers
- Spare warm clothing, such as a synthetic insulated jacket
- Comfortable walking clothing (jeans & waterproof capes are not suitable)
- Warm mid-layers, such as fleeces
- Gloves and a warm hat, even in summer
- Rucksack with a waterproof liner
- Water bottle with a capacity of at least 1 litre
- Flask for hot drinks
- Sunscreen
- UV-protective sunglasses
- Spare high-energy food
- Head torch and spare batteries for holidays between October and March
- Passport (if applicable)
- Visa (if applicable)
- Copy of your travel insurance policy

Recommended

- Several base layers, with long or short sleeves
- Cushioned walking socks to avoid blisters
- First-aid kit, including plasters, insect repellent, a midge net and a tick-removal tool
- Sit mat
- Waterproof pouch for valuables
- Rubbish bags
- Wallet or purse

- Camera
- Walking poles
- Sun hat
- Gaiters
- Mobile Phones
- Swimwear (please see accommodation information for hotel facilities)
- Membership cards for English Heritage, the National Trust or similar heritage organisations in Scotland and Wales, if you are a member. These may be useful when visiting attractions during your itinerary or on your free day.

TRIPNOTE VALIDITY

TRIP NOTE VALIDITY These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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