

# 7 Night Southern Yorkshire Dales Guided Walking Holiday

**Tour Style:** Guided walking

**Destinations:** Yorkshire Dales, United Kingdom & England

**Trip code:** MDBOB-7

2, 3 & 4



## HOLIDAY OVERVIEW

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A fabulous introduction to the Southern Yorkshire Dales, this guided walking holiday is perfect for those keen to enjoy limestone scenery, geological wonders, rich wildlife, and the choice of up to three different-grade daily guided walks. Highlights include Malham Tarn, Janet's Foss, Gordale Scar, Malham Cove, and The Dry Valley of the Watlowes.

## WHAT'S INCLUDED

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- Comfortable en-suite accommodation in our country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walking with experienced HF Holidays Leaders
- Choice of up to three different-grade daily walks

- All transport to and from walks where necessary
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

## HOLIDAYS HIGHLIGHTS

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- Marvelling at some of the most impressive peaks in England
- Discovering the varied landscape of the Southern Yorkshire Dales on foot
- Admiring green valleys and waterfalls on riverside strolls
- Spending time with like-minded people in the great outdoors
- Finding new routes and places to explore with your HF Holidays Leader
- Staying at Newfield Hall, our country house near the village of Malham

## TRIP SUITABILITY

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This trip is graded Activity level 2, level 3 and level 4. Explore the beautiful Yorkshire Dales on our guided walks. We offer a great range of walks to suit everyone - including gentle walks along the green valleys as well as opportunities to climb impressive local peaks. Join our friendly and knowledgeable guides who will bring this stunning national park to life.

Our experienced guides offer the choice of up to three different walks each day, choose the option which best suits your interests and fitness.

We provide flexible holidays. Join our guided walks, explore independently, or relax at Newfield Hall.

## ITINERARY VERSION 2

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### Day 1: Arrival Day

You're welcome to check in from 4pm onwards. Enjoy a complimentary cream tea on arrival.

### Day 2: Haw Crag And Gargrave

#### Option 1 - The Pennine Way

Distance: 8 miles (12.5km)

Ascent: 750 feet (220m)

**In summary:** This circular walk follows the Pennine Way south to Gargrave. From here we follow an old green lane to reach Haw Crag.

**Highlight:** An opportunity to climb Haw Crag (677 feet), which you can see from the house.

#### Option 2 - Gargrave & Haw Crag

Distance: 9.5 miles (15.5km)

Ascent: 850 feet (260m)

**In summary:** Our circular walk takes us south of Newfield Hall through undulating scenery to the village of Gargrave. We follow the Leeds and Liverpool Canal, before returning via an old Green Lane.

**Highlight:** A pleasant stroll by Eshton Beck and along the canal towpath where we will see Gargrave Locks.

### Option 3 - Gargrave & Canal Locks

**Distance:** 13.5 miles (22km)

**Ascent:** 1,200 feet (380m)

**In summary:** We head southeast down lanes and over fields via Eshton village and the hamlet of Flasby to reach Gargrave village. The route continues along the Leeds-Liverpool Canal as far as Newton Locks Foot, before crossing fields to pick up the Pennine Way which brings us all the way back to Newfield Hall.

**Highlight:** An opportunity to view a succession of locks on the Leeds-Liverpool Canal and enjoy great views to the north of Gargrave.

### Day 3: Around Malham

#### Option 1 - Malham Highlights

**Distance:** 7 miles (11.5km)

**Ascent:** 1,250 feet (400m)

**In summary:** See the key sights of Malham including Janet's Foss waterfall and Gordale Scar. We ascend gradually up the Watlowes dry river valley and return to Malham via the Cove.

**Highlight:** Explore the geological wonders of Malhamdale and its textbook collection of limestone pavements, dry valleys and sinkholes.

#### Option 2 - Malham Tarn

**Distance:** 10 miles (15.5km)

**Ascent:** 1,550 feet (480m)

**In summary:** Walk via Janet's Foss waterfall to view Gordale Scar before heading onto Malham Lings. We continue over the moor to Malham Tarn before returning to Malham village via the Cove.

**Highlight:** The huge natural amphitheatre of Malham Cove is always an impressive sight. Discover the river emerging from the base of the cliff, and watch rock climbers scaling the sheer face.

#### Option 3 - Gordale & Nappa Cross

**Distance:** 12½ miles (20km)

**Total ascent:** 2,300 feet (700m)

**In summary:** After visiting Janet's Fosses and Gordale Scar, we ascend to the shores of Malham Tarn before travelling west for fine views from Nappa Cross and then descend into Malham via Watlowes and Malham Cove.

**Highlight:** A truly memorable day as we step onto the limestone pavement atop Malham Cove and soak up the panoramic view ahead over Malhamdale.

### Day 4: Free Day - Southern Yorkshire Dales

Discover more about [Newfield Hall and the local area](#) for ideas on how to make the most of your free day.

## Day 5: Through Ribblesdale To Settle

### Option 1 - Ribblesdale

**Distance:** 7 miles (11.5km)

**Ascent:** 800 feet (240m)

**In summary:** Explore the attractive village of Langcliffe before heading north to Catrigg Force and the village of Stainforth. We shall visit the Hoffman lime kiln and follow the River Ribble past Stainforth Force to Settle.

**Highlight:** Settle is a picturesque market town, first chartered in 1249 and famous for the Settle-Carlisle railway.

### Option 2 - Above Settle

**Distance:** 9 miles (14km)

**Total ascent:** 1,200 feet (380m)

**In summary:** A circular walk from Settle, we take the Ribble Way to Stainforth Force Waterfalls before visiting the Hoffmann lime kiln from Stainforth. A steady ascent up a stoney old lane takes us to Catrigg Force. Our route down the eastern side of the valley leads past Winskill Stones to Jubilee Cave before descending along the Pennine Bridleway to Settle.

**Highlight:** Catrigg Force waterfall is a real hidden gem, situated in a deep wooded ravine.

### Option 3 - Ribblesdale Circuit

**Distance:** 11½ miles (19km)

**Total ascent:** 2,000 feet (600m)

**In summary:** A longer circuit of Ribblesdale from Settle. We first explore the west side of the valley as we cross the hills to the hamlet of Feizor. We then have the option to visit the Hoffman lime kilns and return via Catrigg Force.

**Highlight:** Enjoy views of Ingleborough as we explore this quintessential Dales' landscape.

## Day 6: The Dales Way Through Wharfedale

### Option 1 - Linton And Grassington

**Distance:** 7 miles (11km)

**Ascent:** 700 feet (200m)

**In summary:** Enjoy great views of Wharfedale as you walk from Linton through the charming villages of Thorpe and Burnsall. We'll then follow the Dales Way along the river, past Linton Falls to Grassington.

**Highlight:** Explore the unique 12th Century church in Linton and look out for Linton Falls - the largest waterfall on the River Wharfe.

### Option 2 - Conistone Dib

**Distance:** 9½ miles (15.5km)

**Total ascent:** 1,300 feet (400m)

**In summary:** A horseshoe walk around Wharfedale. We first head up the western side of the valley where we will see amazing views of Kilnsey Crag. After crossing the river walk through more rugged scenery with a short scramble up Conistone Dib, then follow the Dales Way to Grassington.

**Highlight:** Our walk ends in the traditional Yorkshire village of Grassington with its cobbled streets, shops and tea rooms.

### Option 3 - Rylstone Ridge

**Distance:** 12 miles (19km)

**Total ascent:** 1,700 feet (520m)

**In summary:** From the delightful village of Linton, we pass the villages of Cracoe and Rylstone before ascending to the Rylstone-Cracoe ridge for fine views towards Malhamdale. The descent from the ridge takes in Thorpe and Linton Falls, before completing the walk in Grassington.

**Highlight:** A close-up view of Rylstone Cross and Cracoe Obelisk on the ridge above Newfield Hall.

## Day 7: Clapham, Gaping Gill And Ingleborough

### Option 1 - Gaping Gill

**Distance:** 6 miles (9½km)

**Total ascent:** 1,050 feet (320m)

**In summary:** Today's circular walk starts in the traditional Dales village of Clapham. Pass through the Ingleborough Estate, with an optional guided tour of Ingleborough Cave (payable locally), and ascend the limestone gorge of Trow Gill to reach the huge pot hole of Gaping Gill.

**Highlight:** We'll stop for an optional tour of Ingleborough Cave with its impressive stalactites and stalagmites.

### Option 2 - Norber

**Distance:** 7½ miles (12km)

**Total ascent:** 1,300 feet (400m)

**In summary:** Starting at Clapham, follow an ancient lane, walk through a boulder field of glacial erratic's at Norber and take a moorland path onto Thwaite Scars, with views of the Crummack Dale. Undulating moorland paths lead to Gaping Gill before returning to Clapham via the Ingleborough estate.

**Highlight:** Gaping Gill is awe-inspiring in its scale. This huge pot hole drops 100 metres into a cavern large enough to fit York Minster.

### Option 3 - Ingleborough

**Distance:** 11 miles (17½km)

**Total ascent:** 2,100 feet (640m)

**In summary:** Walk from Clapham, over limestone pavements, to the summit of Ingleborough. Our descent route takes us via Gaping Gill to Clapham.

**Highlight:** The distinctive shape of Ingleborough, one of the Three Peaks, dominates the landscape. There's a

great view from the top over the Yorkshire Dales towards the Lake District.

## Day 8: Departure Day

Enjoy a leisurely breakfast before making your way home.

## ACCOMMODATION

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### Newfield Hall

Looking every inch the baronial mansion, Newfield Hall sits in two acres of grounds near the village of Malham at the southern base of Yorkshire Dales National Park. Given it was this very landscape which inspired Wordsworth to write a sonnet and Charles Kingsley to pen *The Water Babies*, the countryside views are as gorgeous as you'd imagine. You'll also have plenty of sightseeing greats within easy travelling distance, most notably Malham Tarn, Janet's Foss, Gordale Scar, Malham Cove, and The Dry Valley of the Watlowes. And then, of course, there's Yorkshire's famous trio of summits: Pen-y-ghent, Wherside, and Ingleborough, collectively known as the three peaks. Stay at Newfield Hall and experience the exceptional service of a VisitEngland ROSE award winner. Find out more about the latest accolade awarded to our country house in the Southern Yorkshire Dales by reading our latest blog.

## Country House Accommodation

### Accommodation Info

### Rooms

Designed with your comfort in mind, Newfield Hall has 46 well-appointed guest rooms available in three categories: Classic, Premium, and Superior.

**Classic Rooms** are comfortable en-suite guest rooms, ideal for a peaceful night's sleep. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, and shower gel), and a TV.

**Premium Rooms** are more spacious en-suite guest rooms. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers, and comfortable mattresses.

**Superior Rooms** are even more spacious en-suite guest rooms offering upgraded views of the surrounds. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers, and comfortable mattresses.

**We love:** The guest rooms spread across the main building and the tastefully converted coach house. Rooms 3 and 6 are both corner rooms offering original features and large bay windows overlooking the gardens and beyond (Room 6 has its own telescope).

The **Choose Your Room** service is available at our UK country houses, allowing you the option of choosing and confirming a specific room for an extra charge of £30 per room. This is subject to availability. Upgrade supplements apply.

### Check in & check out

You are welcome to check in from **4:00pm at the earliest**. On arrival, you'll enjoy a complimentary cream tea and get to meet your fellow guests, our HF Holidays Leaders, and the rest of the friendly team.

On the day of departure, we kindly ask all guests to check out by **10:00am**. You'll be asked to settle your bill

prior to leaving. You may, of course, make a charitable donation to our HF Holidays Pathways Fund if you wish. Please note that we only accept card payments.

### Room supplements

Superior	Premium single	Premium double/twin	Choose your room
£25 pppn	£20 pppn	£20 pppn	£30 per room

## About Your Stay

### A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

### Evening entertainment

While evening entertainment varies from house to house, the HF Holidays Big Pub Quiz held after dinner on Wednesdays is a weekly staple. Your HF Holidays Leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

### Walks talks

Our HF Holidays Leaders host guided walking information briefings before dinner on arrival days. This is followed by a group Walks Talk for information on the following day's walking delights (held before dinner every evening). Self-guided walking guests are, of course, welcome.

### The walking day

Prior to setting off on walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

## Food & Drink

Led by experienced chefs, we serve a wide range of dishes made with fresh and seasonal ingredients. We always aim to source the best produce available and use home-grown herbs and vegetables from our own gardens whenever possible. Additionally, we have a licensed bar with beers, soft drinks, and a superb selection of spirits. Full-board comes as standard and includes a cream tea on arrival and a hearty breakfast on departure day.

HF Holidays understands the importance of managing allergens effectively to ensure food is safe for guests with food allergies. Whilst we are always able to confidently inform guests which allergens are present in our ingredients and dishes, we are unable to guarantee absolute freedom from the 14 main allergens in our kitchens. Vegetarian and vegan menu choices are available. If you have allergies, food intolerances, or any special dietary requirements, please inform our reservation team at the time of booking.

## Accessibility

For accessibility and assistance information, please contact our expert team on [020 3974 8865](tel:02039748865) or view the accessibility information online for [Newfield Hall](#)

## TRAVEL DETAILS

### Address

Newfield Hall

Airton  
Skipton  
North Yorkshire BD23 4AA

What3words reference: went.befitting.fevered

Tel: [+44 \(0\)1729 830235](tel:+44(0)1729830235)

## By Train

The most convenient station is Skipton. Gargrave station is closer, but there's no taxi service from here.

Check National Rail for routes and times.

## By Shared Transfer

If you're travelling to or from Newfield Hall on Mondays or Fridays from 22 January to 16 December 2024, or on Mondays and Fridays over the festive period, you can join our group transfer from Skipton Railway Station.

2024 prices are £22 per person for a return transfer or £11 per person for a single transfer.

Outward journey: Depart Skipton Railway Station at 16:10; arrive at Newfield Hall at 16:35. Return journey: Depart Newfield Hall at 09:15; arrive at Skipton Railway Station at 09:40.

Places are limited so booking is essential. We recommend booking at least 14 days in advance by contacting:

### HF Holidays Sales and Support Team

Tel: [+44 \(0\)203 974 8865](tel:+44(0)2039748865)

Email: [reservations@hfholidays.co.uk](mailto:reservations@hfholidays.co.uk)

## By Taxi

Skipton to Newfield Hall is 8 miles, which takes around 25 minutes.

For pricing, please contact Station Taxis directly.

### Station Taxis

You can pre-book a taxi from our recommended company, Station Taxis\*. We recommend booking your taxi at least seven days in advance by contacting:

Tel: [+44 \(0\)1756 700777](tel:+44(0)1756700777)

Email: [stationtaxis@hotmail.co.uk](mailto:stationtaxis@hotmail.co.uk)

A return journey can be arranged on your behalf by the HF Holidays House Manager at Newfield Hall.

\*Station Taxis is not owned or managed by HF Holidays.

## By Car

From the south, follow the A65 from Skipton to Gargrave. Leave the A65 by Eshton Road, signposted to Malham and pass Eshton Hall on the right. Newfield Hall is approx. 2½ miles further on, on the right and before the village of Airton. There is a stone pillar and a wooden sign at each side of our driveway. **(Please note: The next right turn has a post box at the bottom of the lane and leads to a private farm access ONLY.)**

From the north, exit the M6 at junction 36 and take the A65 towards Skipton. In Coniston Cold village take a sharp left into a narrow road between houses, signposted to St Peters Church and Bell Busk and Malham. Pass under a railway viaduct, then after a mile bear right over a small bridge. After a further mile turn right at the junction, cross the narrow bridge, pass a left turn with a post box at the bottom of the lane (which leads to a



private farm) and then shortly after, turn left through the gateway onto the drive of Newfield Hall. There is a stone pillar and a wooden sign at each side of our driveway.

There is free parking with the grounds of Newfield Hall.

## By Air

The nearest airport is Leeds Bradford Airport.

### From the airport

Take the bus to Leeds train station from where there are direct trains to Skipton taking about one and a half hours. Check Transdev for bus times and National Rail for train times.

From Manchester International Airport there are direct trains every hour to Skipton with one change at Leeds. You'll need to allow 2.5 hours to reach Skipton.

Flying to London Heathrow airport is another option but you'll have a longer onward train journey – about 4.5 hours. From Heathrow, first take the Piccadilly line to London Kings Cross station and from here take a train to Skipton (with one change at Leeds).

## LOCAL AREA

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Whether you're enjoying a guided or self-guided walking holiday, there's always the opportunity to linger for longer. Here's our pick of the very best things to see and do within easy travelling distance of Newfield Hall.

### Skipton

A 20-minute drive away, this market town is famous for its ruined priory and cobbled high street. The highlight is Skipton Castle, a 900-year-old fortress that withstood a three-year siege during the Civil War. Don't miss the atmospheric dungeon and watch tower.

### Malham Cove

A huge curving amphitheatre shaped cliff formation of limestone rock, this iconic sight is a 15-minute drive away. It's also well worth walking here along the Pennine Way – it takes around 1.5 hours from Newfield Hall in either direction.

### Bronte Parsonage Museum

The home of authors Charlotte, Emily, and Anne Brontë this fascinating museum is a 45-minute drive away. The rooms used to write their literary masterpieces are filled with clothes, furniture, and personal possessions. Exhibits change annually.

### Keighley And Worth Valley Railway

Running heritage steam and diesel trains from the market town of Keighley to the Brontë Country of Oxenhope, this five-mile branch line railway is a West Yorkshire highlight. Keighley station is a 35-minute drive from Newfield Hall.

### Settle To Carlisle Railway

A 20-minute drive from Skipton station, this 73-mile-long railway route crosses regions of the Yorkshire Dales and the North Pennines. British Rail ran the line down in the late 1970s but campaigners finally saved it from closure in 1989.

## Fountains Abbey & Studley Royal Water Garden

An hour's drive away, this designated World Heritage Site is home to the country's largest monastic ruins. The adjacent water garden created by John Aislabe in 1718 impresses with ornamental lakes, canals, temples, cascades, and several follies.

## White Scar Cave

A 40-minute drive away, Britain's longest show cave was discovered by a Cambridge undergraduate in 1923 and opened to the public two years later. The underground tour reveals spectacular caverns, waterfalls, stalagmites, and stalactites.

## Brimham Rocks

Set above the valley of Nidderdale, this astonishing collection of rock formations is an hour's drive away. Manged by the National Trust, many of the rocks have been given apt names such as The Sphinx, The Watchdog, The Camel, The Turtle, and The Dancing Bear.

## RHS Garden Harlow Carr

A 50-minute drive away, this 58-acre showcase of horticultural excellence is open year-round. Highlights include the kitchen, streamside, and scented gardens. There's also an excellent shop selling books, gifts, and a large selection of plants and flowers.

## Harrogate

Just under an hour's drive away, this charming spa town rewards with fabulous shopping and glorious gardens. Must-dos include spending time at the Royal Pump Room Museum, visiting the Harrogate Turkish Baths, and queuing for tea at Betty's (it's worth the wait),

## Lightwater Valley

Ideal for those with kids in tow, this family adventure park is just over an hour's drive away. Thrillseekers can enjoy over 40 rides and attractions tailored for the under 12's, including gentler activities for toddlers and pre-schoolers.

## York

A 90-minute drive away, this historic walled city is most famous for its York Minster, National Railway Museum, Jorvik Viking Centre, and York Dungeon. Don't miss the Yorkshire Museum & Gardens for some of Europe's finest archaeological and geological finds.

## USEFUL HOLIDAY INFORMATION

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### Essential Information

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing.

#### Essentials

- Suitable footwear such as waterproof walking boots that provide ankle support and good grip
  - Waterproof and windproof jacket, preferably insulated
  - Comfortable clothing (jeans & waterproof capes are not suitable)
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- Waterproof overtrousers
- Gloves and a warm hat (or sunhat)
- Rucksack
- Water bottle (at least 1 litre capacity)
- A small torch
- Sunscreen
- Mobile phone and portable charger
- Watch
- UV sunglasses

### Recommended

- Several base layers (long-sleeve or short-sleeve)
- Cushioned walking socks to avoid blisters
- First aid kit, including plasters and insect repellent
- Midge net
- Sit mat
- Spare pair of socks
- Energy snacks
- Waterproof pouch for valuables
- Rubbish bag (remember to always leave no trace)
- Wallet/purse

### Optional extras

- Walking poles, useful for descents
- Flask for hot drinks
- Durable lunch box
- Gaiters
- Blister kit
- Waterproof rucksack liner
- Head torch
- GPS device
- Swimsuit

## Safety On Your Holiday

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests.

Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest while clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass.

**Please note:** If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel section) should you need them in case of emergency.

## TRIP NOTE VALIDITY

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These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

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In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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