7 Night Western Yorkshire Dales Walking with Sightseeing Holiday



Trip style:	Destination:	Walking Grade	Carbon Footprint:
Walking with sightseeing	Yorkshire Dales	3	174kg CO2

HOLIDAY OVERVIEW

These holidays offer a perfect mix of short, guided walks (3.5-5.5 miles), combined with time spent sightseeing. Visit a selection of standout highlights in the Western Yorkshire Dales with hassle-free coach travel and the help of an HF Holidays Leader.

WHAT YOU'LL LOVE

- Discovering the history of medieval Sizergh Castle
- Visiting England's highest single drop waterfall
- Taking a ride on the Settle-Carlisle rail line
- Walking a section of the Dales Way
- Exploring the 14th century Bolton Castle
- Walking through Wensleydale to Aysgarth falls
- A more personalised experience thanks to small group sizes (maximum 15 people in 2026 and 16 people in 2027)

WHAT'S INCLUDED

- Comfortable en-suite accommodation in our 4-star country house
- 2026 – all attractions are payable locally
- 2027 – tickets Wensleydale Creamery Cheese Experience and Bolton Castle
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walks and sightseeing visits with an experienced HF Holidays Leader
- All transport to and from walks and sites of interest (including train journey from Ribblehead to Dent)
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

ITINERARY - ITINERARY 2026

Day 1 **Arrival Day**

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00. Enjoy a complimentary cream tea at 16:30 and meet other guests.

Day 2 **Farfield Mill and views of Cautley Spout**

Distance: 5 miles (8.5km)

Ascent: 500 feet (150m)

In summary: From the Cross Keys Temperance House we've the opportunity to view England's highest single drop waterfall - Cautley Spout. For those with extra energy, there's the option to follow the path up alongside the fall, before returning to begin our walk along the fell side to the arts and heritage centre - Farfield Mill. The four floors of this Victorian wool mill are home to local artists and craftsmen, often offering demonstrations. From here we take a short walk along the River Rawthey, to Sedbergh.

Day 3 **Swaledale and Hawes**

Distance: 5½ miles (8.5km)

Ascent: 600 feet (180m)

In summary: Our exploration of Swaledale takes us on a scenic walk dotted with waterfalls. The first we pass are Aygill Force and Wain Wath Force, we then follow the River Swale below the summit of Kisdon to Muker, a small village on the site of a settlement which dates back to the Bronze Age and attracted Viking settlers. Our transport then takes us to the pretty market town of Hawes, at the head of Wensleydale, where we can sample the famous Wensleydale cheese at the creamery, visit the National Park Visitor Centre, or while away some time in its tempting tea shops.

Day 4 **Free Day**

Discover more about Thorns Hall and the local area for ideas on how to fill your free day.

Day 5 Settle-Carlisle railway, Dales Way and Dent

Distance: 5 miles (8km)

Ascent: 250 feet (80m)

In summary: Our first stop is the impressive feat of engineering - the Ribblehead Viaduct. We've time to explore the area, the station and its museum before hopping aboard the Settle-Carlisle line, taking the train to Dent Head. From here we join the Dales Way and follow waterfall after waterfall along the River Dee to the cobbled streets and whitewashed houses of Dent. Plenty of time to explore the heritage centre and learn of Dent's 'Terrible knitters' or to take a well-earned break in the Sun Inn.

Day 6 Bolton Castle and Aysgarth Falls

Distance: 4 miles (6.5km)

Ascent: 150 feet (45m)

In summary: We begin at Bolton Castle, a massive fortress built in 1397. This impressive setting has pleasant gardens, falconry and a tearoom. We walk from the castle through the broad valley of Wensleydale to Aysgarth Falls, which we can view by a short walk alongside a deeply wooded section of the River Ure.

Day 7 Scout Scar and Sizergh Castle

Distance: 3 miles (5km)

Ascent: 100 feet (30m)

In summary: Our walk today provides some spectacular scenery, including far-reaching views south to Arnside and Morecambe Bay. We ascend gently above the beautiful Lyth Valley and walk along the broad escarpment of Scout Scar and on to the medieval stately home of Sizergh Castle, with its gorgeous gardens.

Day 8 Departure Day

Enjoy a leisurely breakfast before making your way home.

DAILY WALK OPTIONS



Gentle walking grade 3

Slightly longer walks, mostly on well-trodden paths, with some gentle gradients plus stiles and steps possible. Typically, 5-6 miles (8-10km) with around 650ft (200m) of ascent.

ACCOMMODATION

Thorns Hall, Sedbergh

Delivering on all fronts for countryside lovers, this cosy Grade II-listed manor house is just a skip away from Sedbergh – the Cumbrian market town treasured for its cobbled streets, public school, artisan shops, and bookshops (it's known as England's official book town for good reason). You'll also have the Yorkshire Dales National Park on your

doorstep as well as the Howgill Fells - the small group of hills adored by legendary fellwalker, illustrator, and guidebook author Alfred Wainwright. The walking opportunities here are outstanding, but if you fancy travelling further afield there's Kendal (home of the mint cake), Hawes, Wensleydale, Appleby-in-Westmorland, and Lake Windemere all within easy driving distance.

About

· 25 well-appointed guest rooms · Exclusive occupancy: 32 guests minimum · Check in from 4:00pm · For members check in from 2:00pm · Free Wi-Fi · Free on-site parking · Boot room and drying room · Travel cot & high chair · Discovery Point offering a wide range of local area maps, route guides, and information for self-guided walks · Books and games to borrow · Licensed bar · Lounges · Garden · Electric vehicle charging point - Please note, you will need to bring your own cables to use this EV charging point

Then & now

The earliest reference to Thorns (it was renamed Thorns Hall in 1685) was in 1534 when Alan Sedgwick transferred 'the gudewill and tennendright of my hole Fermold cald Thornys' to Giles Lund of Sedbergh for £30. It was then sold in 1586 to John Mayer, Master of Sedbergh School, and the property remained in the family until 1679. It continued as the residence for subsequent Masters of Sedbergh School until 1802 when it was marketed as a 'handsome roomy mansion...with a large fruitful garden and orchard, a cottage, two water corn mills, drying kiln, malt kiln and granary'. It was purchased by sea captain William Findlay for £4,650 and changed hands a few times thereafter. It has been part of our HF Holidays line-up since 1988 and was visited by King Charles III during our centenary celebrations in 2013.

Although the building has been renovated, many of the original features will appeal to history lovers; think wood-panelled public rooms, beamed ceilings, open fireplaces, and stone flag flooring. There's also a pretty garden, books and games to borrow during your stay, a handy boot and drying room, and a Discovery Point offering a wide range of local area maps, route guides, and easy-to-follow information for self-guided walks. Accommodation comes by way of 25 well-appointed guest rooms in three categories (Classic, Premium, and Superior) spread across the main house, cottages, and cobbled courtyard. You'll also find a dining room for a wide range of dishes made with fresh and seasonal ingredients, a licensed bar for cosying up with a drink by the log burner, and wow-worthy countryside views in every direction.

Check-In & Check-Out

You are welcome to check in from 4pm at the earliest. HF Members can check in earlier, from 2pm. On arrival, you'll enjoy a complimentary cream tea and get to meet your fellow guests, our HF Holidays Leaders, and the rest of the friendly team. Check out 10am.

FOOD & DRINK

Dining

Seasonal dining, tailored for you

Our team of skilled chefs design our dinner menus to showcase the best of each season, from warming winter comfort food to vibrant summer dishes, including vegetarian, vegan and high-protein options. We also source fruit and vegetables within a 40-mile radius of each house, open every break with a Chef's Special menu inspired by dishes and flavours of the local area, and are able to adapt dishes to suit special dietary requirements.

Welcome Cream Tea

What better way to start your stay than with a cream tea, served fresh on arrival to make you feel instantly at home. A quintessentially English tradition, our scones are baked in-house and served with preserves and clotted cream, providing the perfect opportunity to meet fellow walkers.

A hearty breakfast to start the day

Start the day with a freshly-prepared cooked breakfast and a wide choice from our continental buffet, including hot drinks, juices and fresh fruit. Our team offer a quick and friendly service, leaving you fuelled and ready for your day's adventures.

Our famous picnic lunch

Our personalised picnic lunches are perfect for a day out walking, ready to enjoy when hunger strikes. Choose from a large selection of fresh sandwiches and salads, freshly baked cakes and snacks, including the ever-popular Freddos chocolate bar! Everything is designed to fit neatly into your rucksack, and all of the packaging we provide is recyclable or compostable.

3-course evening meals

Our à la carte evening menus feature a wide choice of starters, mains, and desserts, made with seasonal ingredients and, wherever possible, herbs and vegetables from our own gardens. Shared around sociable tables, dinners are relaxed occasions, with drinks available to order at the table or from the bar, and a traditional Sunday roast to round off the week.

ROOMS

Your room at Thorns Hall

Designed with your comfort in mind, Thorns Hall has 25 well-appointed guest rooms available in three categories: Classic, Premium, and Superior.

Classic Rooms are comfortable en-suite guest rooms, ideal for a peaceful night's sleep. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, and shower gel), and a TV.

Premium Rooms are more spacious en-suite guest rooms*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

Superior Rooms are even more spacious en-suite guest rooms offering upgraded views of the surroundings*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

We love: The spacious Room 25 for its ground floor setting, brick fireplace, comfy seating, large bed, and gorgeous views of the gardens. Room 4 is large and airy while the cosier Room 13 has an exposed wood ceiling and courtyard view.

The **Choose Your Room** service is available at our UK country houses, allowing you the option of choosing and confirming a specific room for an extra charge of £30 per room. This is subject to availability. Upgrade supplements apply.

Room supplements

Superior	Premium single	Premium double/twin	Choose your room
£25 pppn	£20 pppn	£20 pppn	£30 per room

*Views and layout reflect each properties unique character and location

ACCESSIBILITY

For accessibility and assistance information, please contact our expert team on 020 3974 8865 or view the accessibility information online for Thorns Hall

ABOUT YOUR STAY

A warm welcome
We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided waking routes as well as visit-worthy local attractions.

Helping you enjoy the Great Outdoors - A natural focus on walks

Walks talks and Discovery Points
Our founder, country pastor turned social innovator, Thomas Arthur Leonard, was passionate about encouraging people to explore the countryside. His legacy continues in HF's continued focus on walking. Many guests choose to travel with us on guided or self-guided walking holidays, and as such, evenings at our houses are often busy with walk leaders hosting various briefings and talks. On guided walking holiday arrival days, there are walking information briefings before dinner, and for the duration of any guided walking holiday there will be a Walks Talk before (or on occasion after dinner), to go through the following day's walk options. Self-guided walking guests, and those on special interest holidays (where there is free time to explore independently), are of course welcome to also join in these Walks Talks - please talk to the team locally if you have any queries. Our Discovery Points are filled with handy maps and route notes, designed to ensure everyone, not just those booked on a guided walking holiday, can enjoy the beautiful countryside settings that our HF houses enjoy.

The walking day
Prior to setting off on guided walks, our HF Holidays Leaders run through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure walkers have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

TRAVEL DETAILS

Address

Thorns Hall
Cautley Road
Sedbergh
Cumbria LA10 5LE

Tel: +44 (0)1539 620973

By train

The nearest station is Oxenholme, Lake District, on the main line between London and Glasgow.

Check National Rail for routes and journey times.

By shared transfer

If you're travelling to or from Thorns Hall on Mondays or Fridays or over the festive period, you can join our group transfer from Oxenholme Railway Station.

2026 prices are £50 per person for a return transfer or £25 per person for a single transfer.

Outward journey: Depart Oxenholme Railway Station at 16:45; arrive at Thorns Hall at 17:10.

Return journey: Depart Thorns Hall at 09:30; arrive at Oxenholme Railway Station at 10:10.

Places are limited so booking is essential. We recommend booking at least 14 days in advance by contacting:

HF Holidays Sales and Support Team
Tel: +44 (0)203 974 8865
Email: reservations@hfholidays.co.uk

By taxi

The journey from Oxenholme station to Thorns Hall is 10 miles and will take about 20 minutes.

For pricing, please contact Woofs of Sedbergh directly.

Woofs of Sedbergh
You can pre-book a taxi from our recommended company, Woofs of Sedbergh*. We recommend booking your taxi at least seven days in advance by contacting:

Tel: +44 (0)1539 620414
Email: woofs.sedbergh@outlook.com

A return journey can be arranged on your behalf by the HF Holidays House Manager at Thorns Hall.

*Woofs of Sedbergh is not owned or managed by HF Holidays.

By car

There's a car park available at Thorns Hall if you decide to drive.

Leave the M6 at junction 37 and follow the A684 eastbound for five miles to Sedbergh. At Sedbergh follow the road into Finkle Street (avoiding the main street), then almost immediately turn left at a small roundabout into Back Lane. Turn onto the A683 following signs to Kirkby Stephen. Thorns Hall is 100 yards on the left.

By air

The nearest airport is Manchester International Airport.

There are direct trains every hour to Oxenholme with the journey taking around 90 minutes. From Oxenholme station you can complete the journey to Sedbergh by taxi.

National Rail have up-to-date information on train times and routes.

Flying to London Heathrow airport is another option, but it'll take you at least four hours to reach Oxenholme. Catch the train to London Paddington station, then the London Underground to London Euston where you can connect to the main line train to Oxenholme. The journey from here is 2.5 hours.

LOCAL AREA

Places to visit in the Western Yorkshire Dales

Whether you're enjoying a guided or self-guided walking holiday, there's always the opportunity to linger for longer. Here's our pick of the very best things to see and do within easy travelling distance of Thorns Hall.

Sedbergh

A few minutes' walk away, this Cumbrian market town is treasured for its cobbled streets, public school, and bookshops (it became England's Book Town in 2003). Just down the road is the Farfield Mill Arts, a crafts and heritage centre housed in a Victorian woollen mill.

Kendal

Home of Romney's Kendal Mint Cake which was made famous on 29 May 1953 when it was carried on the first successful summit of Mount Everest by Sir Edmund Hillary and Sirdar Tenzing, this market town is a 20-minute drive away.

Sizergh Castle

A 25-minute drive away, this 1,600-acre estate delights with ancient woodland, an award-winning limestone rock garden, and a boating lake. Built by the Strickland family in 1350, the house has turrets, battlements, a collection of family paintings, and oak-panelled interiors.

Levens Hall & Garden

A 30-minute drive away, this privately-owned Elizabethan mansion is most cherished for its award-winning topiary gardens – the oldest in the world. Inside, there's fine oak panelling, ornate plasterwork, leather wall coverings, and he earliest examples of English patchwork.

Settle to Carlisle Railway

This 73-mile-long railway route crosses regions of the Yorkshire Dales and the North Pennines. Head south for the Ribblehead Viaduct as well as Settle, Skipton and Saltaire – or head north for Appleby. The nearest station is Garsdale, a 20-minute drive away.

Hawes & Wensleydale

A 30-minute drive through the Yorkshire Dales takes you to the Hawes, the market town of Upper Wensleydale. From here you can continue through to Wensleydale, the wide open valley famous for its historic villages, traditional markets and crafts, and plentiful cheeses.

Lake District

A 40-minute drive away, the Lake District in the heart of Cumbria has been adored by poets, painters, and literary giants for centuries. It spoils first-timers and returning visitors with charming villages, tumbling waterfalls, impressive peaks, and shimmering bodies of water.

Lake Windemere

An hour's drive away, this watery wonder measures 10.5 miles long, one mile wide, and 220 feet deep. Whether you start your journey in Bowness, Ambleside, or Lakeside, there are plenty of cruise operators offering old-fashioned steamers or modern sightseeing vessels.

ESSENTIAL INFORMATION

Packing list

Weather conditions in the UK can vary throughout the day, and conditions in the mountains may be cold and windy even in summer. Use the following list as a guide when preparing for your holiday.

Essentials

- Suitable waterproof walking boots with ankle support and good grip
- Waterproof, wind-resistant jacket with a hood, taped seams and a hydrostatic head rating of at least 10,000 mm
- Waterproof overtrousers
- Spare warm clothing, such as a synthetic insulated jacket
- Comfortable walking clothing (jeans & waterproof capes are not suitable)
- Warm mid-layers, such as fleeces
- Gloves and a warm hat, even in summer
- Rucksack with a waterproof liner
- Water bottle with a capacity of at least 1 litre
- Flask for hot drinks
- Sunscreen
- UV-protective sunglasses
- Spare high-energy food
- Head torch and spare batteries for holidays between October and March
- Passport (if applicable)
- Visa (if applicable)
- Copy of your travel insurance policy

Recommended

- Several base layers, with long or short sleeves
- Cushioned walking socks to avoid blisters
- First-aid kit, including plasters, insect repellent, a midge net and a tick-removal tool
- Sit mat
- Waterproof pouch for valuables
- Rubbish bags
- Wallet or purse

- Camera
- Walking poles
- Sun hat
- Gaiters
- Mobile Phones
- Swimwear (please see accommodation information for hotel facilities)
- Membership cards for English Heritage, the National Trust or similar heritage organisations in Scotland and Wales, if you are a member. These may be useful when visiting attractions during your itinerary or on your free day.

TRIPNOTE VALIDITY

TRIP NOTE VALIDITY These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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