

The Dales High Way Guided Trail

Tour Style: Guided Trails

Destinations: Lake District, Yorkshire Dales & England

Trip code: MDLDA

Trip Walking Grade: 4



HOLIDAY OVERVIEW

The Dales High Way is a 90-mile glorious walk over the high-level countryside of the Yorkshire Dales. It begins at the Victorian model village of Saltaire and follows ancient drovers' ways, packhorse tracks, and green lanes to the historic market town of Appleby in Westmorland. Highlights include the famous Rombald's Moor with its Neolithic rock carvings, the dramatic scars, gorges and cliffs of Malhamdale, the Stainforth waterfalls along the River Ribble where in autumn salmon can be seen leaping, lonely Crummackdale, an ascent of Ingleborough one of Yorkshire's Three Peaks and the one people call the most beautiful, the green, tranquil valley of Dentdale, a six mile marvellous ridge walk traversing the Howgill Fells, the picturesque Sunbiggin tarn and the marvellous limestone pavement of Great Asby Scar.

WHAT'S INCLUDED

- High quality en-suite accommodation in our country house
- Full board from dinner upon arrival to breakfast on departure day
- The services of an HF Holidays' walks leader
- All transport on walking days

HOLIDAYS HIGHLIGHTS

- 90-mile glorious walk from the Victorian model village of Saltaire to the market town of Appleby
- Follow drovers' ways, packhorse tracks and green lanes
- Rich and varied wildlife
- Ascend Ingleborough, one of Yorkshire's Three Peaks

TRIP SUITABILITY

This Guided Walking/Hiking Trail is graded 4 which involves walks /hikes over long distances in remote countryside and rough terrain. Sustained ascents and descents and occasional sections of scree and some steep ground are encountered. You will require a good level of fitness as you will be walking every day. It is your responsibility to ensure you have the relevant fitness required to join this holiday.

Fitness

We want you to be confident that you can meet the demands of each walking day and get the most out of your holiday. Please be sure you can manage the mileage and ascent detailed in the daily itineraries. It is important for your own enjoyment, and that of your fellow guests that you can maintain the pace.

It makes a lot of sense to spend time getting some additional exercise before your holiday. We suggest that you try to fit in a number of longer walks, including some on hilly terrain. Other exercises such as cycling, jogging and swimming are also excellent for developing increased stamina.

ITINERARY

Day 1: Arrival Day

Your leader will give an introductory talk about the holiday.

Day 2: Saltaire To Ilkley

Commencing the 90-mile journey at the Victorian model village of Saltaire gives us the perfect opportunity to visit the iconic building Salt's Mill, a conversion of a textile mill into an Art Gallery containing works by David Hockney, cafes, and exhibitions. We then start the Dales High Way by crossing the River Aire and ascending gently to the high heather-clad Rombald's Moor which lies between Airedale and Wharfedale. It is made up of three local moors, the most famous of which, and our destination today, is Ilkley Moor. Continuing on good paths and just before we reach the highest point for today at Lanshaw Lad, we pass the stone circle known as the Twelve Apostles believed to date from the Bronze Age. After passing the Victorian bath house at White Wells we descend to the spa town of Ilkley.

7½ miles (12km) with 1,020 feet (310m) of ascent and 922 feet (281m) of descent.

Day 3: Ilkley To Skipton

An impressive long craggy escarpment which dominates Ilkley and the Wharfe valley leads us by the Swastika Stone which has greeted travellers passing this way since the Iron Age, and on towards the Neolithic Piper Crag Stone which juts out above the moor edge. After crossing Addingham High Moor the route drops to join an old Turnpike Road (a toll road from 1755 to 1803 and known locally as the 'Roman road') above Addingham. The route ascends to Skipton Moor with its impressive vista, and then descends into Skipton, a busy market town known as the 'Gateway to the Dales' and which lies in the Aire Gap.

11 miles (17.5km) with 1,400 feet (425m) of ascent and 1,450 feet (440m) of descent.

Day 4: Skipton To Malham

We ascend out of Skipton up to the small peak of Sharp Haw on grassy terrain. The route descends to the village of Flasby backed by the shapely Flasby hills, and then follows the delightful beckside to the small hamlet of Hetton. Continuing over grassy terrain we ascend to Weets Top, where, on a clear day, the panoramic view is magnificent, and where the dramatic and spectacular change in the landscape of Malhamdale will be obvious. We descend to Gordale House and walk into Malham village by the beautiful waterfall of Janet's Foss.

13 miles (20.5km) with 1,654 feet (504m) of ascent and 1,654 feet (415m) of descent.

Day 5: Malham To Stainforth

Today our route takes us through some of the UK's most remarkable limestone scenery. Leaving the village of Malham we quickly arrive at Malham Cove which was cut back and formed by glacial melt waters that poured down the impressive dry valley of Watlowes. We pick our way over the limestone pavement at the top of the Cove and ascend gently through Watlowes dry valley before ascending more steeply to Kirkby Fell. We continue through the limestone scenery via Attermire Scar and Victoria Cave (so named because it was rediscovered on the day of Queen Victoria's accession in 1837), and by Warrendale Knotts into the lovely Dales market town of Settle. From Settle a fine riverside walk along the banks of the Ribble leads to the waterfalls and the 14th century packhorse bridge at Little Stainforth and ascend into the village of Stainforth.

10 miles (16.5kms) with 1,552 feet (473m) of ascent, and 1,647 feet (502m) of descent.

Day 6: Stainforth To Chapel Le Dale

Our walk-through magnificent limestone scenery continues today as we ascend out of Stainforth on to the limestone plateau to pass Smearset Scar. After dropping into the southern end of the lovely and secluded valley of Crummockdale we ascend once more into a dramatic landscape of broad limestone terraces. Following an old drover's road, we continue round the southern flank of Simon Fell, through striking limestone pavements, and ascend by an easy but quite lengthy route to the summit of Ingleborough (724m). The rocky summit is vast and offers excellent views all around. We leave the summit by the same way and descend, initially very steeply but then on a paved path, to Chapel le Dale. 11½ miles (18.7kms) with 2,300 feet (700m) of ascent, and 1,870 feet (570m) of descent.

Day 7: Chapel Le Dale To Dent

The entire path today follows an ancient packhorse route, the Craven Way, which comes up from Ingleton. After leaving Chapel le Dale and passing by Bruntscar and Winterscales it is not long before we come to, and pass beneath, the awesome Ribbleshead Viaduct with its 24 arches, although it is a man-made structure it seems to enhance the natural beauty of the landscape. After passing a lonely signal box the path leaves the railway and ascends steeply around Whernside's northern flank, another delightful section of the walk, to arrive at Wold's End in Dentedale, where the valley opens below in all its stunning beauty. We continue along Deepdale Beck and the River Dee into the delightful village of Dent with its narrow-cobbled streets, founded by Norse settlers.

10 miles (16kms) with 1,100 feet (335m) of ascent, and 1,600 feet (490m) of descent.

Day 8: Dent To Sedbergh

We start our walk in Dent along the riverside for a short distance before ascending over Frostrow, descending to quiet lanes which lead us to Sedbergh. On clear days there are stunning views of the steep-sided rolling hills of the Howgill Fells. With a shorter day today, there will be free time in the afternoon to explore Sedbergh, England's official Book Town.

5½ miles (8.5Kms) with 570 feet (173m) of ascent, and 610 feet (186m) of descent.

Day 9: Sedbergh To Newbiggin On Lune

The route now crosses the whole of the Howgill Fell range in a wonderful six-mile-long and a grassy and wide ridge walk. The Howgills are unique in character and with their steep sided velvety folds in a compact group they could not be more different from the earlier limestone scenery. From Sedbergh we ascend via the charming Settlebeck Gill to the rounded tops of Arant Haw, Calders, and The Calf, the highest summit in the Howgills at 676m. On a clear day the views are magnificent with the Yorkshire Three peaks, the Lakeland Fells and the northern Pennines all visible in the distance. From The Calf the route continues along the ridge above Bowderdale and then drops down to the valley and finally on a short section of a country lane we arrive at the small village of Newbiggin on Lune.

11 miles (18kms) with 2,330 feet (710m) of ascent, and 1,940 feet (590m) of descent.

Day 10: Newbiggin On Lune To Appleby In Westmoreland

The final stage of the walk has a relaxed, winding down feel to it. It begins by going over Ravenstonedale Moor to reach the isolated and splendid Sunbiggin Tarn, a Site of Special Scientific Interest. Then just when you were thinking you had left well behind the limestone scenery; a vast expanse of spectacular limestone pavement opens up before you. This is Great Asby Scar, part of the Orton Fell range which sports some of the finest limestone pavements in the UK outside of the Ingleborough and Malham areas. From the top of the scar the views of the Eden Valley are breathtaking. A steady descent takes us to Great Asby, with the last leg of the walk along a lovely beckside to the picturesque Rutter Mill and its delightful waterfall. The route continues alongside Hoff beck, over the ancient crossing at Bandle Bridge, for a final short ascent to the castle in Appleby, an attractive market town.

12½ miles (20 kms) with 706 feet (215m) of ascent, and 1,085 feet (330m) of descent.

Day 11: Departure Day

ACCOMMODATION

Newfield Hall

Situated close to Malham in South Yorkshire's portion of the famous Dales, Newfield Hall offers country-pile atmosphere amid beautiful rural surroundings. A grand country house, this stately, storied property retains many of its original nineteenth century features, from the grand entrance to the sweeping staircase inside. The Hall has 48 bedrooms, as well as two cosy lounges and an elegant bar, providing guests with a laid-back and unstuffy retreat with a generous sprinkling of style. The Dales and countryside on the doorstep are a ramblers' paradise, with easy access to Malham Cove and its deeply indented limestone pavement, Gordale Scar and Pen y Ghent as well as the pretty villages of Grassington and Kettlewell.

Matchless Country House Accommodation

Accommodation Info

Need To Know

Important Covid-19 Steps We Have Taken For Guest Safety: Please Read

As we slowly reopen in the wake of the Coronavirus lockdown, our country house stays are set to be organised a little differently; extra steps have been taken to keep our guests, house teams and leaders safe while we

return to action. We ask all our guests to respect the measures put in place.

Initially the overall capacity of the houses has been reduced. Guests must wear face coverings in public spaces. To adhere to social distancing guidelines, we have taken the necessary steps to space out furniture and seating in public areas. In addition, a one-way system will be in place around the house. Adequate signage will be displayed to support the direction of travel to be followed by guests and house teams.

As a temporary measure, we will not be servicing rooms during a stay. Extra tea, coffee, milk, and toiletries will be made available on request for all guests. It is recommended that guests bring their own toiletries for the duration of their stay. We have removed all non-essential and reusable items from our rooms for the meantime including cushions, hairdryers, bathrobes, bed throws, and printed materials to reduce the number of items that need to be disinfected. Hairdryers will be available on request. Clean towels will be available on request. We will though be increasing the frequency of cleaning in our public areas providing particular attention to frequently touched items including door handles and handrails.

For now, there is no cream tea on arrival day. We have also adapted our food offering to remove all buffets and open food items. Different sittings may be required for breakfast and dinner due to the occupancy and size of the house. Picnic lunches will now be pre-ordered the night before from an order form in the room. The bar in each country house will be open, and we will be offering a table service for drinks. At this time there is no, or only a very limited, evening social programme available. Outdoor swimming pools at those houses that have them will re-open throughout August, except at Freshwater Bay House, where the pool will remain closed for 2020. Indoor swimming pools will remain closed.

For more information and to see all the steps taken, [visit our page on how house stays will be adapted](#).

Rooms

Tea & coffee-making facilities, TV, Hairdryer, Toiletries, Wi-Fi

Stay in one of the main building's beautifully presented rooms or in the tastefully converted Courtyard rooms, which have been reimagined as pretty bedrooms, where pops of mustard contrast with the blue and teal furnishings. With 48 bright and well-appointed rooms, Newfield Hall is one of our largest properties and there's a range of Good, Better and Best rooms to choose from: we love rooms 3 and 6, both of which are large corner rooms containing original features, with large bay windows overlooking the gardens and beyond the pristine farmland, hills, and yes, dales, of this picturesque pocket of Yorkshire: make use of the telescope trained through the window of Room 6 to scour the countryside for trails to explore.

All 'Good' rooms are ensuite and furnished to a high standard. There are also several 'Better' and 'Best' Rooms that are either larger or have a desirable view, a more luxurious mattress and larger television – upgrade your stay for just an extra £15-25 per person per night. You can choose a specific room for an extra £30 per room, subject to availability. Upgrade supplements still apply.

Facilities

Free Wi-Fi, boot room and drying room, walled garden, putting green, heated indoor swimming pool, multi-purpose activity room, ballroom, library and board games to borrow

After a day exploring, return to the house and its specially tailored walkers' facilities. Once settled, stroll the large gardens and gaze out over the Yorkshire Dales, or try your hand on the putting green. Slip in to the heated indoor swimming pool to soak while still being able to look out over the gardens. Make use of the activity room or simply retreat to one of the lounges: grab a book and curl up in the stylish Ingleborough Lounge or pull up a chair and challenge someone to cards and board games in the smart Pen-y-Ghent Lounge. Stop in the Heritage Room for inspiration at our helpful Discovery Point and look out for our founder T A Leonard's boots, long since retired and sat on the mantelpiece. Pop in to the stylish bar before dinner for a pint of excellent local ale or a favourite gin, pausing to admire the maps set into the bar itself, and retire there later to strike up conversation with other guests and swap stories of your adventures in the Dales.

Food & Drink

As at all our country houses, holidays are full board, from afternoon tea served as a welcome treat through that evening's meal to a hearty breakfast on the day of departure. Lunch is a chance to stock up on our famous picnic snacks. Food at Newfield Hall is varied and eclectic but has a strong emphasis on ingredients from the area and seasonal produce. Once a week the dining room hosts a Local Food Night, when, over a sociable evening, you might tuck in to locally sourced river trout, served with wild garlic oil and sautéed samphire, enjoy Yorkshire lamb three ways or try the Yorkshire tea and smoked Wensleydale soufflé with wild mushrooms. Cap it all with a trio of Yorkshire parkin, Yorkshire pudding and Yorvdale dairy ice cream for a feast of regional flavours.

Accessibility

For accessibility and assistance information, please contact our expert team on 020 3974 8865

Thorns Hall

Situated in Sedbergh, in West Yorkshire's portion of the famous Dales, at the foot of the Howgill Fells, Thorns Hall offers cosy, country-pile atmosphere amid beautiful rural surroundings. Dating from 1535, the small manor house is home to 25 bedrooms as well as wood-panelled public rooms, open fireplaces and a cobbled courtyard that ooze historic charm. From every aspect the hills can be seen rising around the house and a short hop takes you from the house to the fells and upland scenery. Marvel at the 24 arch Ribbleshead Viaduct, climb the distinctive summit of Ingleborough, one of the Three Peaks, explore classic limestone scenery and stop in at one of Appleby's historic pubs for a well-earned toast.

Matchless Country House Accommodation

Accommodation Info

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Initially the overall capacity of the houses has been reduced. Guests must wear face coverings in public spaces. To adhere to social distancing guidelines, we have taken the necessary steps to space out furniture and seating in public areas. In addition, a one-way system will be in place around the house. Adequate signage will be displayed to support the direction of travel to be followed by guests and house teams.

As a temporary measure, we will not be servicing rooms during a stay. Extra tea, coffee, milk, and toiletries will be made available on request for all guests. It is recommended that guests bring their own toiletries for the duration of their stay. We have removed all non-essential and reusable items from our rooms for the meantime including cushions, hairdryers, bathrobes, bed throws, and printed materials to reduce the number of items that need to be disinfected. Hairdryers will be available on request. Clean towels will be available on request. We will though be increasing the frequency of cleaning in our public areas providing particular attention to frequently touched items including door handles and handrails.

For now, there is no cream tea on arrival day. We have also adapted our food offering to remove all buffets and open food items. Different sittings may be required for breakfast and dinner due to the occupancy and size of the house. Picnic lunches will now be pre-ordered the night before from an order form in the room. The

bar in each country house will be open, and we will be offering a table service for drinks. At this time there is no, or only a very limited, evening social programme available. Outdoor swimming pools at those houses that have them will re-open throughout August, except at Freshwater Bay House, where the pool will remain closed for 2020. Indoor swimming pools will remain closed.

For more information and to see all the steps taken, [visit our page on how house stays will be adapted](#).

Rooms

Tea & coffee-making facilities, TV, Hairdryer, Toiletries, Wi-Fi

Stay in one of the Hall's smartly presented rooms in the main house or cottages across the courtyard. With 25 rooms, Thorns Hall has plenty of space and there's a range of Good, Better and Best Rooms to choose from. Our pick is Room 25, a very spacious escape on the ground floor with a great brick fireplace, comfy seats to sit in and big bed as well as gorgeous views of the gardens. Look out too for large and airy Room 4 and the more intimate Room 13 with its exposed wood ceiling and courtyard view.

All 'Good' rooms are ensuite and furnished to a high standard. There are also several 'Better' and 'Best' Rooms that are either larger or have a desirable view, a more luxurious mattress and larger television – upgrade your stay for just an extra £15-25 per person per night. You can choose a specific room for an extra £30 per room, subject to availability. Upgrade supplements still apply.

Facilities

Free Wi-Fi, boot room and drying room, formal garden, large reception hall, two lounges, library and board games to borrow

After a day exploring the Dales, come back to the house and its specially tailored walkers' facilities. At the front of the house there's a pretty, formal garden that makes a pleasant spot to relax in. Take up residence in the lounge below the exposed wood beams or seek refuge in the small, dark wood-panelled bar with its oversized fireplace and log burner for an atmospheric corner to kick back in and catch up with fellow guests over a local ale or two.

Food & Drink

As at all our country houses, holidays are full board, from afternoon tea served as a welcome treat through that evening's meal to a hearty breakfast on the day of departure. Lunch is a chance to stock up on our famous picnic snacks. Food at Thorns Hall is varied and tasty and has a strong emphasis on ingredients from the area and seasonal produce. Once a week the dining room in the converted barn hosts a Local Food Night, when, over a sociable evening, you might try a five-course feast of regional flavours, from twice baked Wensleydale Cheese Souffle to Lancashire black pudding and Cumbrian rump of lamb.

Accessibility

For accessibility and assistance information, please contact our expert team on 020 3974 8865

TRAVEL DETAILS

Our address is: Thorns Hall, Cautley Road, Sedbergh, Cumbria, LA10 5LE
Tel: [01539 620973](tel:01539620973)

By Train:

The nearest train station is Oxenholme, the Lake District, on the main line between London and Glasgow. For train times and route planning by train visit www.nationalrail.co.uk or phone 03457 48 49 50.

By Taxi:

The 10 mile journey from Oxenholme station to Thorns Hall can be made by taxi. You can pre-book a taxi from our recommended taxi company, Woofs of Sedbergh. As a guide price, it costs £28 per 4-seat taxi in 2020. 8-seat taxis are also available at a higher rate. Please pre-book your taxi at least 7 days in advance by contacting:

Woofs of Sedbergh*
Tel: +44 (0) 1539 620414
Email: woofs.sedbergh@outlook.com

The return taxi journey can be arranged on your behalf by the Thorns Hall Manager.

*Woofs of Sedbergh is not owned or managed by HF Holidays

By Car:

Leave the M6 at junction 37 and follow the A684 east for 5 miles to Sedbergh. On reaching Sedbergh follow the road round to the right into Finkle Street (avoiding the main street), then almost immediately turn left at a small roundabout into Back Lane. At the next mini-roundabout bear left onto the A683 following signs to Kirkby Stephen. Thorns Hall is a further 100 yards along the road on the left. Look out for our sign. A car park is available in the grounds with free parking.

Travelling From Overseas

For most guests the most convenient option is to book a flight to Manchester Airport. There are direct trains every hour from Manchester Airport to Oxenholme - this is straightforward journey - allow 1½ hours to Oxenholme. See www.nationalrail.co.uk for train times.

From Oxenholme station you can complete the journey to Sedbergh using our transfer or by taxi (see above).

Flying to London Heathrow airport is another option, but has a longer onward train journey - allow at least 4 hours to reach Oxenholme. From Heathrow first take the train to London Paddington station. Next take the Underground train to London Euston. Finally the main line train from London Euston to Oxenholme takes 2½ hours. See www.nationalrail.co.uk for train times.

LOCAL AREA

Sedbergh sits at the foot of the Howgill Fells, a peaceful corner of the Yorkshire Dales National Park.

The centre of Sedbergh is just a few minutes walk from Thorns Hall. The town has a range of facilities including a small supermarket, post office, newsagent, pubs and a bank. Now famed as England's 'book town', Sedbergh has many second-hand book shops and a good range of pubs and cafés. A wider range of facilities are available in the larger town of Kendal, about 10 miles away.

During your visit to Thorns Hall you may enjoy visiting the following places of interest:

Sizergh Castle

Situated near Kendal, about 25 minutes' drive from Sedbergh. Sizergh Castle is a fine medieval house, surrounded by beautiful gardens. www.nationaltrust.org.uk/sizergh

Levens Hall

Visit this stately home, famous for its magnificent formal garden and its topiary displays. Levens Hall is south of Kendal, about 30 minutes' drive from Sedbergh. www.levenshall.co.uk

Settle To Carlisle Railway

Ride England's most scenic railway through the Yorkshire Dales from Garsdale station, about 10 miles from Sedbergh. Heading south you could cross the famous Ribbleshead viaduct and visit Settle, Skipton and Saltaire. Heading north you could head to the small market town of Appleby, or the border city of Carlisle. www.settle-carlisle.co.uk

Hawes & Wensleydale

A 30 minute drive through the Yorkshire Dales will take you to the small town of Hawes. Visit the famous creamery that produces Wensleydale Cheese. You may want to continue through the valley of Wensleydale, well known as the setting for All Creatures Great & Small. www.wensleydale.co.uk

Kendal

The market town of Kendal, about 20 minutes' drive from Thorns Hall has a good range of specialist shops. The excellent Museum of Lakeland Life and Industry is also worth a visit. www.lakelandmuseum.org.uk

Lake District

A 40 minute drive will take you to Lake Windermere, gateway to exploring the beautiful scenery of the Lake District National Park. Here you could take a steamer trip on the lake, or visit the visitors centre at Brockhole. www.windermere-lakecruises.co.uk or www.brockhole.co.uk

USEFUL HOLIDAY INFORMATION

Holiday Information

We try to create a relaxed atmosphere on the walk but please listen to safety instructions from your leader.

Keep members of the group in view especially when weather or visibility is poor. If you leave the group, then your leader will no longer have responsibility for you. Our leaders consider the safety of the group as a whole and are likely to be more cautious over potential risks such as bad weather.

Joining Instructions

Baggage transfers

When you change from Newfield Hall to Thorns Hall we will arrange for your luggage to be transferred. This is included in the cost of your holiday. Please remember that other people will need to move your suitcase so please pack thoughtfully. If you can limit your luggage to one bag, rucksack or suitcase that would be very helpful.

Your personal transfer to Thorns Hall is also included in the cost of your holiday. You will be taken to Dent by minibus to begin your day's walk to Sedbergh, and your luggage will be taken on to Thorns Hall.

Travel

Holiday Start: As this holiday starts and finishes at two different points, travelling by train may be the most convenient method of travel.

The most convenient railway station to **Newfield Hall is at Skipton**. Gargrave station is closer, but there is no taxi service from this station. The 8.5-mile journey from Skipton Station takes approximately 20 minutes.

Our station transfer

We offer a reduced-price transfer between Skipton railway station and Newfield Hall every Friday. The pickup is at 4.10pm from Skipton railway station. The transfer is £7 single, but a place must be reserved at least 14 days in advance by calling our Holiday services team on 020 8732 1220.

Station transfer by taxi to Newfield Hall

If you can't meet our station transfer, you can arrange your own taxi. We have negotiated a preferential rate with Station Taxis for all pre-booked journeys of £14 per taxi. They will arrange shared taxis wherever possible. To book a transfer please phone or email giving at least 7 days notice.

Station Taxis*

Tel: +44 (0)1756 700777

Email: stationtaxis@hotmail.co.uk

**Station Taxis is not owned or managed by*

HF Holidays.

For train times and route planning by train visit www.nationalrail.co.uk or call 03457484950

Holiday Finish

Your holiday finishes in Sedbergh. The most convenient station to Thorns Hall is Oxenholme station on the mainline. However, an alternative is Garsdale station (on the same rail line as Skipton railway station).

Our station transfer

We offer a reduced-price taxi transfer from Thorns Hall to Oxenholme on a Monday. The transfer will get you to Oxenholme station by 10am. The transfer is £9 single, and a place must be reserved at least 14 days in advance by calling our Holiday Services team on 020 8732 1220.

Station transfer by taxi from Thorns Hall

If you can't join our station transfer, you can arrange your own taxi. We have negotiated a preferential rate with Woofs of Sedbergh for all pre-booked journeys of £27 per 4-seat taxi to Oxenholme or Garsdale railway stations. They will arrange shared taxis wherever possible. To book a transfer please phone or email, giving at least 14 days notice.

Woofs of Sedbergh*

Tel: +44 (0)15396 20414

Email: woofs.sedbergh@outlook.com

**Woofs of Sedbergh is not owned or managed by HF Holidays.*

If you wish to travel by car

Guests who have travelled to Newfield Hall by car can take their cars to Thorns Hall, Sedbergh on the morning of the transfer day. You can follow the coach which will take the other guests and their luggage to Thorns Hall. Once the luggage has been delivered to Thorns Hall, all guests can rejoin the coach to continue to Dent where the day's walk begins.

By car to Newfield Hall

From the south

Follow the A65 from Skipton to Gargrave. Leave the A65 by Eshton Road, signposted to Malham and pass Eshton Hall on the right. Newfield Hall is approximately 2½ miles further on, on the right and before the village

of Airton. Look out for our sign.

From the north

Exit the M6 at junction 36 and take the A65 towards Skipton. In Coniston Cold village take a sharp left into a narrow road between houses, signposted to St Peters Church and Bell Busk and Malham. Pass under a railway viaduct, then after a mile bear right over a small bridge. After a further mile turn right at the junction, cross the narrow bridge then shortly after turn left through the gateway onto the drive of Newfield Hall. Look out for our sign. Visit your holiday page on our website for a map.

What To Bring

"There's no such thing as bad weather, just the wrong type of clothing!" goes the adage. Come prepared for all eventualities and you'll walk in comfort as well as safety. Britain's famous for its changeable weather, so here's our advice on what to wear and bring.

Essentials

- Waterproof walking boots providing ankle support and good grip.
 - A waterproof jacket and over-trousers
 - Gloves and a warm hat (it can be chilly at any time of the year)
 - Rucksack
 - Water bottle (at least 1 litre capacity)
 - A small torch (everywhere in winter, year round in mountains)
 - Sun hat and sunscreen
- Denim jeans and waterproof capes are not suitable on any walks.*

Recommended

- Several layers of clothing, which can be added or removed
- Specialist walking socks to avoid blisters.
- A first aid kit inc plasters– your leader's first aid kit doesn't contain any medication
- Sit mat (insulated pad to sit on when you stop for a break)

You Might Also Want

- Walking poles, particularly useful for descents.
- Insect repellent
- Flask for hot drinks
- Rigid lunch box
- Gaiters
- Blister kit (eg Compeed) just in case
- Waterproof rucksack liner

Useful Information

Ticks

Ticks are tiny creatures that live in vegetation and can attach themselves to passing animals or walkers and may carry a risk of Lyme Disease. Please refer to NHS advice and guidelines for information prior to your holiday.

Our experienced and knowledgeable volunteer leaders undergo a thorough assessment to lead you on your Guided Walking/Hiking Trail and are delighted to share their knowledge and enthusiasm with you.

Please ensure you complete and hand in your registration form on arrival and let the leader know about any medical problems you may have. This may be useful in the event of a problem on the walk and will be treated confidentially by the leader.

In The Event Of A Problem

If you become separated from the party, please stay where you are. Your leader will retrace their steps to find you.

All our leaders carry a mobile phone, group shelter, spare maps and a compass. In the unlikely event your leader is incapacitated, please use any emergency kit in their rucksack. Call the emergency services (call 999 in the UK, or 112 overseas).

Please then try to call the hotel where you are staying to let them know there is a problem.

HOW TO BOOK

When you're ready to book, you can choose to **book online** or book **over the phone**. Our website offers secure online booking for our holidays, is available 24/7, and offers more in-depth information about all our holidays. If you prefer to call us, our experienced and knowledgeable team are available to answer any specific questions you have and can offer guidance as to which holiday is best suited to your needs.

Our office is open: Monday to Friday: 9am – 7pm Saturday: 9am – 1pm Sunday & Bank Holiday Monday: closed

PAYING YOUR DEPOSIT

To secure the holiday of your choice, you will need to pay a deposit: UK & European Holidays: £150 per person and Worldwide Holidays: £250 per person. You can pay your deposit by debit or credit card with no additional card fees charged or make an online BACS payment directly into HF's bank account, please see details under BACS payments. You can also pay your deposit by cheque within seven days of booking. Cheques should be made payable to 'HF Holidays Ltd' with your booking reference / Order ID on the back.

NON-MEMBER FEE

Non-members can join our holidays by paying a Non-Member's fee of £20 per person per holiday. Alternatively, full membership is available from £100 – visit hfholidays.co.uk/membership for details.

BACS PAYMENTS

Please quote your booking reference / Order ID when you make your payment online: Bank Name: Svenska Handelsbanken AB (publ) Account Name: HF Holidays Ltd Account Number: 35923304 Sort Code: 40-51-62 IBAN: GB92HAND40516235923304 Swift / Bic Code: HANDGB22

Once we have received your booking and deposit, we will send a confirmation invoice to the lead name. Please check this carefully. For bookings 'with flights' it is essential that the names on your booking confirmation invoice match those on your passport for bookings overseas. Please advise us immediately of any errors. Any name changes after the balance of your holiday has been paid will be subject to a fee levied by the airline.

MANAGE MY BOOKINGS

Payments can also be made through the Manage My Booking function on our website. Click on the link at the top of our homepage. This is available to all customers who provide an email address at the time of booking.

YOUR FINAL BALANCE

The balance is due 10 weeks before departure. As with paying your deposit, you can pay your final balance by debit or credit card, make an online BACS payment directly into HF's bank account or pay by cheque.

TRAVEL INSURANCE

Travel insurance is an important part of any booking and essential for one of our holidays. HF Holidays works

with specialist. Insurance Brokers Campbell Irvine Direct. For more information or to obtain a quote call them on 01702 427 236 or visit hfholidays.co.uk/insurance

PEACE OF MIND

ATOL:

The air holidays and flights in this brochure are ATOL-protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 710. In the unlikely event of our insolvency, the CAA will ensure that you are not stranded abroad and will arrange to refund any money you have paid us for advance bookings. For further information visit the ATOL website atol.org.uk

MEMBER OF ABTOT:

HF Holidays is a member of ABTOT (The Association of Bonded Travel Organisers Trust Limited) which provides financial protection under the Package Travel, Package Holidays and Package Tours Regulations 1992 for HF Holidays Ltd and in the event of their insolvency, protection is provided for the following: 1. non-flight packages commencing in and returning to the UK; 2. non-flight packages commencing and returning to a country other than the UK; 3. flight inclusive packages that commence outside of the UK and Republic of Ireland, which are sold to customers outside of the UK and Republic of Ireland. 1, 2 and 3 provides for a refund in the event you have not yet travelled. 1 and 3 provides for repatriation. Please note that bookings made outside the UK and Republic of Ireland are only protected by ABTOT when purchased directly with HF Holidays Ltd.

TRIP NOTE VALIDITY

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

PRICE GUARANTEE

We promise that our earliest published prices will always be the best and if we reduce our holiday price after your booking has been confirmed, we will pass this reduction on to you. Our price promise applies if any subsequent offer price is for an identical holiday, duration, location and date and does not cover any optional extras, flights or additional services.

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