

Ethel Bagging for Women

Trip style: Challenge walks

Destination: ☺ Peak District

Trip code: POP07-ETD01

Trip Walking Grade: ⚡ 4



Holiday Overview

Exclusively for women, this holiday celebrates the life and legacy of Ethel Haythornthwaite – the female pioneer instrumental in establishing Britain's first national park. Join a group of like-minded women on a five-day challenge that climbs 25 of the 95 hills also known as Ethels. Guided by expert leaders, this memorable journey takes in sweeping ridgelines, scenic hilltops, and stories of the past. Encourage each other on the climbs and reach every summit together on a rewarding adventure that honours the activist's remarkable legacy while building confidence, stamina, and long-lasting friendships.

WHAT YOU'LL LOVE

- The challenge of climbing some of the Peak Districts Ethels
- Wonderful views and a great sense of achievement
- Learning about the legacy of Ethel Haythornthwaite
- Joining a group of like-minded women
- Staying at The Peveril of the Peak, our country house in Thorpe

WHAT'S INCLUDED

- Comfortable en-suite rooms in our country house
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- All transport to and from walks where necessary
- Guided walks with experienced HF Holidays Leaders (Please note that we choose our walk leaders primarily based on their capabilities, skills and experience. You may therefore have either a male or female walk leader on your holiday.)

WALKING GRADES AND OPTIONS

This Guided Walking Holiday is graded 4 which involves walks /hikes over long distances in remote countryside and rough terrain. Sustained ascents, descents and some steep ground are encountered. You will require a good level of fitness as you will be walking every day. It is your responsibility to ensure you have the relevant fitness required to join this holiday.

Your fitness

This holiday has been designed for experienced walkers with a good level of fitness. Having a solid base of fitness before your holiday will ensure you've the best chance of completing the holiday and enjoying it to boot. Here's a few simple tips to help you get fit and ready for your challenge:

- Get out walking – whatever the weather, get out there, and start building your fitness months before your holiday
- Build your distance gradually and get a number of 6-8hr hill days in
- Ideally, try and do two consecutive days training if possible
- Take the stairs every time
- Train on different terrain
- Train with your day pack and your walking boots too, to ensure they're well worn in before your holiday
- Other sports help improve your walking fitness too. The best ones are jogging, cycling, swimming, which will build your stamina, and yoga which will help strengthen your core and improve balance

Time training will help ensure you enjoy your holiday to the max.

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Day 1 Arrival Day

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00. Enjoy a complimentary cream tea at 16:30 and meet other guests.

Day 2 Buxton (North)

Distance: 10 miles (16km)

Ascent: 1,450 feet (440m)

Descent: 2,150 feet (660m)

Our journey begins at The Cat and Fiddle (formerly the second highest pub in Britain, now a distillery) where our first 'Ethel' ascent is up to Shining Tor – a county top and the highest point in Cheshire. The ridge then continues to Cat's Tor and round to Foxlow Edge before descending into the picturesque Goyt Valley to cross between the reservoirs. A long climb follows, passing Whitehall Outdoor Pursuits Centre to reach Combs Head finishing with a high-level traverse to the distinctive cross-topped Corbar hill and a wooded descent into Buxton. We should enjoy stunning views throughout if good visibility allows.

Day 3 Manifold Valley

Distance: 12 miles (19.5 km)

Ascent: 2,350 feet (720m)

Descent: 2,300 feet (700m)

Starting at Hulme End Visitor Centre, terminus of the short-lived Leek and Manifold Light Railway, we strike out over rough terrain on the Staffordshire Moorlands to The Revidge (and its' Dragon cairn). There's a long descent into and ascent out of The Manifold Valley to the summit of Ecton Hill with its' rich history of copper mining. We traverse, with extensive views, to the twin peaked Wetton Hill before crossing the River Dove to ascend Wolfscote Hill above its' scenic dale. High paths then take us to our finish in the picturesque village of Hartington.

Day 4 Free Day

The day has been left free for you to relax or explore the local area.

Day 5 Stanage Edge

Distance: 11 miles (18 km)

Ascent: 1,700 feet (520m)

Descent: 1,650 feet (500m)

Today we'll set out from Grindleford village and head to Padley Manor to hear a gruesome tale of martyrdom! Then, we'll ascend through the stunning Padley Gorge. On entering the Longshaw Estate, we uncover its' significant Ethel and HF history. We'll then ascend the moorland to the iron age hillfort of Carl Wark before reaching Higger Tor above the Burbage Valley. A short steep climb takes us onto Stanage Edge and our second Ethel, White Path Moss. The

iconic Stanage Edge stretches out before us, and we pass Robin Hood's Cave before striking out to reach Stanage Pole – a county top of Southern Yorkshire. The edge continues to our highest point at High Neb before descending to Hathersage famed for its connections to the Brontë sisters.

Day 6 Upper Dove Valley

Distance: 11½ miles (18.5km)

Ascent: 2,450 feet (760m)

Descent: 2,650 feet (820m)

From Hollinsclough village we ascend Hollins Hill giving us a terrific 360° panorama of our route and beyond. High Edge is bagged before the rocky ascent of the Dragon's Back – Chrome Hill and Parkhouse Hill. A climb to the Village of Earl Sterndale is followed by the ascent of the dome of High Wheeldon. A high path with superb views then takes us along the Eastern skyline of the Upper Dove to bag Pilsbury Hill and Carder Low before descending into Hartington.

Day 7 Edale

Distance: 11 miles (18km)

Ascent: 2,350 feet (720m)

Descent: 2,100 feet (640m)

Our final day starts in Castleton village. We'll ascend to Hollins' Cross on the Great Ridge and move on to Mam Tor (Iron Age hill fort). Our entire route can then be seen across the spectacular Vale of Edale. We'll head West to Rushup Edge and its top of Lord's Seat. The skyline curves North to Brown Knoll before dropping to the col between Edale Cross and Jacob's Ladder.

Picking up the Pennine Way we ascend onto the Kinder plateau to reach the highest point of the week at Kinder Low, a county Top of Derbyshire. Returning to the Southern Edge of the plateau, we head east passing several of the classic gritstone outcrops such as The Woolpacks and Crowden Tower. Our final 'Ethel' at 600+ metres is Grindslow Knoll followed by a long, glorious descent into the Vale and village of Edale where we can celebrate the end of our journey with well-deserved refreshments at The Nag's Head.

Day 8 Departure Day

Enjoy a leisurely breakfast before making your way home.

Daily Walk Options



Medium Walks

Long distances in remote countryside and on rough terrain. You can expect some sustained ascents and descents; there may be occasional sections of scree and steep ground.

Accommodation

The Peveril of the Peak

Named after Sir Walter Scott's Peak District-set novel, this characterful country house is less than a mile from the famous Dovedale Stepping Stones and on the doorstep of Thorpe Cloud – a cone-shaped limestone hill that offers impressive views over the rolling green landscape that forms the Staffordshire/Derbyshire border. Both are easily accessible from the rear of the property. There are plenty of big-name walking destinations nearby including the Roaches, the impressive Stanage Edge, and the Twelve Apostles – a group of rock spires best viewed from the limestone promontory known as Lover's Leap.

Check-In & Check-Out

You are welcome to check in from 4pm at the earliest. HF Members can check in earlier, from 2pm. On arrival, you'll enjoy a complimentary cream tea and get to meet your fellow guests, our HF Holidays Leaders, and the rest of the friendly team. Check out 10am.

About

• 46 well-appointed guest rooms • Exclusive occupancy: 63 guests minimum • Check in from 4:00pm • For members check in from 2:00pm • Free Wi-Fi • Free on-site parking • Boot room and drying room • 2 travel cots & 2 high chairs • Discovery Point offering a wide range of local area maps, route guides, and information for self-guided walks • Books and games to borrow • Licensed bar • Lounges • Extensive grounds • Electric vehicle charging point - Please note, you will need to bring your own cables to use this EV charging point



Food & drink

Seasonal dining, tailored for you

Our team of skilled chefs design our dinner menus to showcase the best of each season, from warming winter comfort food to vibrant summer dishes, including vegetarian, vegan and high-protein options. We also source fruit and vegetables within a 40-mile radius of each house, open every break with a Chef's Special menu inspired by dishes and flavours of the local area, and are able to adapt dishes to suit special dietary requirements.

Welcome Cream Tea

What better way to start your stay than with a cream tea, served fresh on arrival to make you feel instantly at home. A quintessentially English tradition, our scones are baked in-house and served with preserves and clotted cream, providing the perfect opportunity to meet fellow walkers.

A hearty breakfast to start the day

Start the day with a freshly-prepared cooked breakfast and a wide choice from our continental buffet, including hot drinks, juices and fresh fruit. Our team offer a quick and friendly service, leaving you fuelled and ready for your day's adventures.

Our famous picnic lunch

Our personalised picnic lunches are perfect for a day out walking, ready to enjoy when hunger strikes. Choose from a large selection of fresh sandwiches and salads, freshly baked cakes and snacks, including the ever-popular Freddos chocolate bar! Everything is designed to fit neatly into your rucksack, and all of the packaging we provide is recyclable or compostable.

3-course evening meals

Our à la carte evening menus feature a wide choice of starters, mains, and desserts, made with seasonal ingredients and, wherever possible, herbs and vegetables from our own gardens. Shared around sociable tables, dinners are relaxed occasions, with drinks available to order at the table or from the bar, and a traditional Sunday roast to round off the week.

Rooms

Designed with your comfort in mind, The Peveril of the Peak has 46 well-appointed guest rooms available in three categories: Classic, Premium, and Superior.

Classic Rooms are comfortable en-suite guest rooms, ideal for a peaceful night's sleep. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, and shower gel), and a TV.

Premium Rooms are more spacious en-suite guest rooms*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

Superior Rooms are even more spacious en-suite guest rooms offering upgraded views of the surroundings*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

The **Choose Your Room** service is available at our UK country houses, allowing you the option of choosing and confirming a specific room for an extra charge of £30 per room. This is subject to availability. Upgrade supplements apply.

Room supplements

Superior	Premium single	Premium double/twin	Choose your room
£25 pppn	£20 pppn	£20 pppn	£30 per room

*Views and layout reflect each properties unique character and location

Accessibility

For accessibility and assistance information, please contact our expert team on [020 3974 8865](tel:02039748865) or view the accessibility information online for [The Peveril of the Peak](#)

About your stay

A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

Walks talks

Our HF Holidays walk leaders host guided walking information briefings before dinner on guided walking holiday arrival days. This is followed by a group Walks Talk for information on the following day's guided walks (held before dinner every evening). Self-guided walking guests are, of course, welcome.

The walking day

Prior to setting off on guided walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

Accessibility

For accessibility and assistance information, please contact our expert team on [020 3974 8865](tel:02039748865) or view the accessibility information online for [The Peveril of the Peak](#)

Travel Details

Address

The Peveril of the Peak
Thorpe
Dovedale
Ashbourne
Derbyshire DE6 2AW

Tel: [+44 \(0\)1335 350396](tel:+441335350396)

By train

The nearest stations are Derby or Buxton.

Check National Rail for train times and routes.

By taxi

From Buxton railway station a taxi takes approximately 35 minutes.

From Derby railway station the 18-mile journey takes approximately 40 minutes.

Telephone: [01332 345 343](tel:01332345343)

Email: This email address is being protected from spambots. You need JavaScript enabled to view it.

<https://www.albatrosscars.com>

By bus

There is a bus service as far as Ashbourne, about three miles from The Peveril of the Peak. You'll need to take a taxi from Ashbourne, taking around 10 minutes, or use the Derbyshire Connect Service (telephone [+44 \(0\)1335 342951](tel:+441335342951)).

From Buxton you can use the 442 service or from Derby catch the SWI service.

Check online for up-to-date bus times.

By car

From the south

Leave the M1 at junction 24 and head to Ashbourne via the A50 and A515. Continue north on the A515 towards Buxton. One mile north of Ashbourne turn left, signposted to Thorpe, Dovedale, and Ilam. After a further two miles the road bends sharply left by the Old Dog pub. The Peveril of the Peak is at the bottom of the hill.

From Buxton

Take the A515 south towards Ashbourne. After 17 miles turn right at the crossroads following signs to Thorpe. After one mile turn right by the Old Dog pub. You'll find The Peveril of the Peak at the bottom of the hill.

From the west

Leave the M6 at junction 15 and head via the A50, Cheadle (A521), and Oakamoor (A5417) to the A52. At the junction of the A52 and the A523 take the minor road signposted to Ilam. After 1.5 miles turn left and descend the hill. Cross the bridge at Ilam, turn right, and follow the road through Dovedale and Thorpe village. The Peveril of the Peak is on the left-hand side at the end of the village.

By air

The nearest airport is East Midlands Airport.

We recommend pre-booking a taxi direct to The Peveril of the Peak, which is about 30 minutes away.

From London Luton Airport you'll need to take the shuttle bus to Luton Airport Parkway station, then catch the train to Derby with one change at Leicester.

From Manchester International Airport there are trains every hour to Buxton with one change at Manchester Piccadilly. Allow one hour 40 minutes to Buxton.

Flying to London Heathrow Airport is another option but you'll need to allow three hours to reach Derby. From Heathrow first take the Piccadilly line to London St Pancras. From here take a train direct to Derby.

National Rail has up-to-date train information.

Local Area

Whether you're enjoying a guided or self-guided walking holiday, there's always the opportunity to linger for longer. Here's our pick of the very best things to see and do within easy travelling distance of The Peveril of the Peak.

Dovedale

Less than a mile away, the limestone valley of Dovedale steals the limelight as one of the best-loved – and most visited – beauty spots in the Peak District National Park. Don't miss the famous stepping stones located about half a mile from the car park.

Ashbourne

Approximately three miles away, this market town charms with cobbled streets, interesting Tudor and Georgian buildings, lovely shops and cafés, and the spectacular St. Oswald's Church – one of Derbyshire's loveliest famed for its 212-foot spire.

Chatsworth House

Home of the Duke and Duchess of Devonshire, this magnificent 17th century mansion is set in over 1,000 acres of stunning parkland and formal gardens. Inside, there's over 30 rooms to explore, including the State Rooms, Sculpture Gallery, and Painted Hall.

Crich Tramway Village

Just a 45-minute drive away, this recreated Edwardian-style village and home to the National Tramway Museum is located near the village of Crich. Highlights include the woodland walk, sculpture trail, and collection of over 60 trams built between 1873 and 1982.

Buxton

As England's highest market spa town at 1,000 feet above sea level, there's more to this place than water. Must-see sights include the Devonshire Dome building, the Edwardian Opera House, and Poole's Cavern – a two-million-year-old natural limestone cave.

Castleton

Located at the head of the Hope Valley in the heart of the Peak District National Park, this beautiful village is as famous for its semi-precious stone, Blue John, as for its show cave superstars: Peak Cavern, Blue John Cavern, Speedwell Cavern, and Treak Cliff Cavern.

Bakewell

There's more to this market town on the banks of the River Wye than jam-filled pastry. The best attractions include the honey-coloured stone houses, specialist markets, Lovelock Bridge, and the famous summer carnival reputed as the biggest in Derbyshire.

Alton Towers

Just a 25-minute drive away, this Staffordshire theme park is perfect for those with adventurous and excitable kids in tow. Thrillseekers can enjoy over 40 rides (including 10 rollercoasters) as well as a water park. There's entertainment for younger children, too.

Cromford Mills

Part of the UNESCO-listed Derwent Valley Mills, the world's first water-powered cotton spinning mill developed by Richard Arkwright in 1771 is known as the birthplace of the modern factory system. The mill museum and visitor centre are both visit-worthy.

Haddon Hall

Overlooking the River Wye, this fairytale-like manor house with its fortified exterior dates from the 12th century. Every part of the property is steeped in history, but the banqueting hall, chapel, and kitchens are particularly worth exploring.

Useful Holiday Information

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing.

Essentials

- Suitable footwear such as waterproof walking boots that provide ankle support and good grip
- Waterproof and windproof jacket
- Comfortable clothing (jeans & waterproof capes are not suitable)
- Mid-layer(s) to keep you warm. Fleeces make a good choice
- Waterproof overtrousers
- Gloves and a warm hat
- Rucksack with waterproof liner
- Flask for hot drinks
- Water bottle (at least 1 litre capacity)
- Sunscreen
- UV sunglasses

For holidays operating October through to the end of March, please also bring the following on your walks:

- spare warm clothing
- spare high energy food
- head torch and spare batteries
- please note for the October to March season your waterproof jacket needs to offer a high level of waterproofing and wind resistance, and a hood. Look for a waterproof jacket with sealed/taped seams and a minimum HH (hydrostatic head - this is the rating given on waterproof jackets) of 10,000mm+

Recommended

- Several base layers (long-sleeve or short-sleeve)
- Cushioned walking socks to avoid blisters
- First aid kit, including plasters and insect repellent and tick remover tool
- Sit mat
- Waterproof pouch for valuables
- Rubbish bag (remember to always leave no trace)
- Wallet/purse
- Camera
- Walking poles

Trip Information

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests.

Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest where clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass.

Please note: If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel section) should you need them in case of emergency.

Tripnote validity

TRIP NOTE VALIDITY These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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