

Explore Austria's Seefeld Plateau

Trip style: Guided Walking Holidays

Destination: 📍 Austria

Trip code: AST07-LCL09

Trip Walking Grade: ul 1 & 2

Carbon Footprint: 🌳 457kg CO2



Holiday Overview

Adored by mountain-lovers and cross-country skiing fans, the Seefeld Plateau also satisfies foodies who fancy sampling Tyrolean specialties in mountain restaurants. Walk through the waterfall-splashed landscapes of the Leutasch Spirit Gorge and venture into the Gaistal Valley – a trail flanked by the Mieming range to the south and the Wetterstein Mountains to the north. There's also an opportunity to hear the 10-tonne Mösern Peace Bell ring out daily at 5pm.

WHAT YOU'LL LOVE

- Hiking into neighbouring Germany
- Explore the high plateau of Wildmoos
- Walking through wildflower-filled Alpine meadows
- Soaking up spectacular mountain scenery
- Sampling typical Tyrolean cuisine at authentic restaurants

WHAT'S INCLUDED

- A choice of two walks a day with experienced local leaders
- HF Holidays Tour Manager
- 7 nights at the adults-only Hotel Kristall
- 7 breakfasts & 7 dinners
- All transport to and from walks
- Seefeld free public transport card
- Return flights from the UK with baggage and transfers included

WALKING GRADES AND OPTIONS

This is a level 1 and level 2 graded Activity, Easier walks: 5 to 7 miles (8 to 11km) on good paths through valleys and meadows. Up to 1,000 feet (300m) of ascent in a day. Harder walks: 7 to 10 miles (11 to 16km) on good paths through valleys and meadows. Up to 1,500 feet (450m) of ascent in a day.

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Day 1 Arrival Day

Welcome to Hotel Kristall. Unpack and settle in.

Day 2 The Leutasch Valley

Today both walks explore the hamlets of the Leutasch Valley. This picturesque high alpine valley is known for its great hiking opportunities through lush meadows and blooming flowers including Edelweiss from July to September. The Wetterstein Mountains are a rugged range straddling the Austrian German border. Described as the "soul of Leutasch" by Emperor Maximilian in his famous fishing book from the year 1500, Weidachsee lake has a circular route along its banks with views of the majestic mountains.

Day 3 Mösern and Möserersee

Mösern is one of the five villages that make up the Olympia region Seefeld. With stunning views over the Inn Valley from 600 metres above, it is known as the swallow's nest. Möserersee is a natural warm water lake suitable for swimming in the summer months. The Karwendel Mountains are Austria's largest protected nature reserve.

Day 4 The Gaistal Valley

The Gaistal Valley is a stunning protected alpine paradise with the Leutascher Ache (river) flowing through. The sharp, rocky peaks of the Wetterstein mountains are on one side and the Mieminger mountains are to the south.

Day 5 Free Day

Each week there is a free day when no guided walks are offered. This is an ideal opportunity to relax around the hotel, walk independently or visit local places of interest. Some options for your free day may include:

Hotel: You can book yourself a relaxing massage or use the excellent pool and spa facilities available in the hotel

Seefeld: Take time to wander the many restaurants, bars and shops, an ideal place to buy souvenirs and gifts. Here you can take the funicular ride up the mountain to Rosshutte or a horse drawn carriage ride to local attractions.

Leisure facilities: If you are feeling energetic, in Seefeld there is the large indoor and open-air (heated) pool and leisure complex, tennis courts and the Wildmoos Plateau golf course. In Weidach the Alpenbad is a short walk away with its modern leisure pool facilities.

Mittenwald: Known for house paintings and its violin museum, this is an excellent place to visit, with shops, cafés and a cable car/chair lift to the mountain top. You can get a direct bus from Weidach at an additional cost.

Innsbruck: This is an attractive, compact city with its famous Golden Roof and beautiful, historic buildings and museums. It offers excellent shopping and a wide selection of restaurants. It is possible to have a two-hour guided tour of the city, visit the Swarovski displays or travel on the funicular/cable car up the mountain. Travel to the city requires a 35 minute railway journey from Seefeld with breathtaking views.

Day 6 The Wildmoos Plateau

Today we explore the high plateau of Wildmoos, with the beautiful lakes of Lotten-see and Wildmoos-see taking centre stage, a tranquil, peaceful setting, and a popular outing for many visitors to the Seefeld region.

Day 7 The Leutasch Spirit Gorge

We head to the German border through the Unter-Leutasch Valley and into Mittenwald.

Day 8 Departure Day

We hope to see you again soon.

Daily Walk Options



Easier Walks

Walk at a relaxed pace, often spending time at places of interest en-route. Walking experience isn't necessary as distances are quite short and gradients generally easy.

Accommodation

Hotel Kristall – Seefeld Plateau

Located in the stunning surrounds of the Leutasch Valley, the adults only Hotel Kristall boasts mountain views on every side. Facilities include an attractive lounge, bar, sun terrace, small gym, pool table and ski/boot room. There's an award-winning restaurant using organic and locally sourced ingredients. After a day of hiking you may like to make use of the large luxurious wellness centre, two indoor swimming pools, spa pool, Finnish sauna, Turkish steam bath, tepidarium and infrared sauna. The heated rooftop infinity pool has stunning views of the surrounding mountains. (use of the centre paid locally) Rooms are decorated in soft colours with oak wood furniture. Facilities include flat screen satellite TV, a safe and bathrooms with either a shower or bath. As is usual in Austria, twin beds may be arranged in one large frame with separate mattresses and bedding. Most rooms have balconies with lovely views over the village and mountains.

Food & drink

Our guided walking holidays at Hotel Kristall are on a half-board basis and include breakfast and evening meal.

Breakfast

The buffet-style breakfast has an extensive selection of breads and jams, fresh fruit, cheese, cold meats, cereals, pastries and cakes, smoked salmon and champagne (on Sundays). Tea and coffee are also available.

Lunch (payable locally)

You may choose to eat at a mountain hut, alternatively ingredients for a picnic lunch can be bought from local shops – your leaders will advise you of the options.

Afternoon buffet

14.00–16.00

Complimentary homemade cakes and snacks, including tea and coffee.

Evening meal

Hotel Kristall provides either a five course meal or a theme evening buffet. Particularly popular is the Tirolean feast, prepared with traditional recipes. All ingredients are sourced locally and are free range and organic where possible. Vegetarians and special diets can usually be catered for if requested in advance of the holiday. The hotel also offers a welcome drink on the first evening.

Drinks

The hotel has a bar serving beer, wine and spirits.

Rooms

Hotel Kristall has over 65 comfortable bedrooms, most of which have balconies. As is usual in Austria, twin beds may be arranged in one large frame with separate mattresses and bedding.

All bedrooms have en-suite bathrooms with bath or shower, telephone, satellite TV, safe, refrigerator, free wi-fi, hairdryer, bathrobe, and free loan of a backpack for your stay.

The balconies offer a lovely view across the village and mountains.

About your stay

The public rooms include an attractive lounge, bar, sun terrace, small gym, pool table and ski/boot room.

There is also a large luxurious wellness centre, two indoor swimming pools, spa pool, Finnish sauna, Turkish steam bath, tepidarium, adventure and wellness showers and infrared sauna.

Travel Details

Address

Hotel Kristall
Family Pfeffel
Weidach 300m
A-6105 Leutasch-Tirol

Tel: [0043 5214 6319](tel:004352146319)

Useful Holiday Information

In summer Seefeld in Tyrol has comfortable mild temperatures during the day, getting cooler in the evenings so it is advisable to pack versatile layers. There are summer showers so waterproof clothing is a good idea.

Essentials

- Walking boots
- Waterproof jacket/trousers
- Insulated jacket/top for evenings
- Walking clothing
- Walking socks (plus spares)
- Sunhat
- Shorts for warmer days
- Water bottle (minimum 2 litre capacity)
- Headtorch
- High-factor sunscreen (minimum SPF 30)
- Sunglasses with a dark lens
- Rucksack (15-30 litres)
- Mobile phone
- Personal first aid kit (containing your medication, blister plasters, etc.)
- Passport
- Visa (if applicable)
- Copy of your travel insurance policy

Recommended

- Collapsible walking poles
- Camera
- Swimwear and travel towel (hotel has infinity pool)
- Dry bags
- Insect repellent

Optional extras

- Small mat for sitting on during rests and picnics on walks

Trip Information

Before booking, you should check with your doctor to see whether any health precautions are needed for your trip. Health advice and requirements can change, so we recommend doing this in good time before travel.

As a general rule, travellers should ensure they are up to date with routine UK vaccinations and boosters, including, for example, MMR and diphtheria, tetanus and polio. Some countries may require you to have specific vaccinations such as Malaria, Rabies and Yellow Fever. Please check with your GP if you are unsure.

Please note that the use or possession of some common prescription or over-the-counter medicines is restricted or banned in certain countries. If you will be carrying medication, you should check with the relevant embassy or consulate before travelling. As an extra precaution, we recommend keeping medication in its original packaging, carrying a copy of your prescription, and, where possible, asking your pharmacist to provide the medication name in the language of the country you are visiting.

For further country-specific health advice, visit www.fitfortravel.nhs.uk or www.traveldoctor.co.uk. If you are travelling from outside the UK, please consult your own doctor and check local entry requirements.

This information is for those travelling with a full 'British Citizen' passport; for all other nationalities or passport holders, please check with your local consulate for advice.

Passport Requirements

This information applies to travellers holding a full British Citizen passport. Entry requirements vary by destination and can change at short notice. For most EU and worldwide destinations, passports must be valid for the entire duration of your stay. Some countries also require a minimum period of validity remaining on your passport (often up to 6 months beyond your return date), even if you are not staying that long.

We strongly recommend ensuring your passport has at least six months' validity remaining at the time of travel to avoid any issues.

If you hold a different type of British passport or a passport issued by another country, you must check the requirements with the relevant embassy, consulate, or official government website.

Visa Requirements

Visa rules depend on your nationality, destination, length of stay, and purpose of travel, and they can change frequently. It is your responsibility to check whether you require a visa before travelling.

British passport holders should check the latest entry, passport validity and visa requirements for their destination on the UK government's Foreign, Commonwealth & Development Office (FCDO) website:

<https://www.gov.uk/foreign-travel-advice>

Tripnote validity

TRIP NOTE VALIDITY These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any

doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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