

Explore Austria's Seefeld Plateau



Trip style:
Guided Walking Holidays

Destination:
📍 Austria

Walking Grade
⚙️ 4 & 6

Carbon Footprint:
🌳 457kg CO2

Holiday Overview

Adored by mountain-lovers and cross-country skiing fans, the Seefeld Plateau also satisfies foodies who fancy sampling Tyrolean specialities in mountain restaurants. Walk through the waterfall-splashed landscapes of the Leutasch Spirit Gorge and venture into the Gaistal Valley – a trail flanked by the Mieming range to the south and the Wetterstein Mountains to the north. There's also an opportunity to hear the 10-tonne Mösern Peace Bell ring out daily at 5pm.

WHAT YOU'LL LOVE

- Hiking into neighbouring Germany
- Explore the high plateau of Wildmoos
- Walking through wildflower-filled Alpine meadows
- Soaking up spectacular mountain scenery
- Sampling typical Tyrolean cuisine at authentic restaurants

WHAT'S INCLUDED

- A choice of two walks a day with experienced local leaders
- HF Holidays Tour Manager

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- 7 nights at the adults-only Hotel Kristall
 - 7 breakfasts & 7 dinners
 - All transport to and from walks
 - Seefeld free public transport card
 - Return flights from the UK with baggage and transfers included

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Day 1 Arrival Day

Welcome to Hotel Kristall. Unpack and settle in.

Day 2 The Leutasch Valley

Option 1 - Weidachsee and Leutasch villages

Distance: 6.5 miles (10½km)

Total ascent: 280 feet (90m)

We'll walk from the hotel into the charming village of Weidach before crossing the wide Leutasch Valley with its beautiful green pastures surrounded by the magnificent Wetterstein Mountains. We explore the many pretty hamlets, pine forests and finally the Weidachsee lake. This is a popular fishing lake with circular walks around the lake affording wonderful views of the surrounding mountains. There is a café with a sundeck overlooking the lake where we will stop for refreshments.

Option 2 - Weidachsee and the Ober-Leutasch

Distance: 8 miles (13km)

Total ascent: 600 feet (180m)

Leaving the hotel, we follow the riverside path around to Weidachsee lake with its stunning views of the Wetterstein Mountains. We emerge from the woodland into the wide open Leutasch valley around Moos with its rich green pastures and wildflowers dotted here and there. Towering above us is the 8773 foot (2662m) Hohe Munde. Continuing on we pass through pretty hamlets on our way back to Weidach.

Day 3 Mösern and Möserersee

Option 1 - Möserersee and the peace bell

Distance: 6 miles (9½km)

Total ascent: 750 feet (230m)

Our day starts in Seefeld. We gradually ascend the partially wooded slopes with lovely views to the east of the flat plateau, which is a winter haven for cross country skiing, and further afield the Karwendel ridge. Möserersee (lake) nestles in a sheltered, idyllic spot above Mösern, ideal for swimming. Here we can have a leisurely lunch and enjoy the beautiful surroundings. A short, steep descent brings us into the centre of Mösern. Along the way we will enjoy the picturesque Parish Hill (Pfarrhügel,) and wander to the church.

Option 2 - Seefeld, Wildsee and Möserersee

Distance: 10 miles (15½km)

Total ascent: 1,400 feet (420m)

This is a circular walk starting with Wildsee. After ascending Pfarrhügel, crossing meadows and woods with excellent views of surrounding mountains, we arrive at pretty Möserersee lake for lunch before returning to Seefeld on a high level contouring path with wonderful views of the Plateau and Karwendel mountains.

Day 4 The Gaistal Valley

Option 1 - Gaistal and Gaistalalm

Distance: 5.5 miles (9km)

Total ascent: 600 feet (180m)

Our walk heads west from the end of the road, never straying far from the Leutascher river, which flows alongside the track. The steep, rocky hillsides are covered in coniferous forests and open pastureland. Our goal is the lovely Gaistalalm Hut, known for its hearty Tyrolean food and a sundeck where we can relax. We will enjoy refreshments and take in our beautiful surroundings before returning to our starting point, along the old riding trails.

Option 2 - Hammermoosalm, Gaistalalm and Tillfussalm

Distance: 10 miles (16km)

Total ascent: 1,400 feet (420m)

The harder walk follows the old riding trails before ascending through meadows to the Hammermoosalm, a hut that is high up on the hillside with wonderful views and a fantastic mountain backdrop. Returning to the old riding trail, we head west, meandering up through the trees and open pastures. We visit the Gaistalalm Hut and the Tillfussalm Hut before returning along the riverside track to Klamm.

Day 5 Free Day

Each week there is a free day when no guided walks are offered. This is an ideal opportunity to relax around the hotel, walk independently or visit local places of interest. Some options for your free day may include:

Hotel: You can book yourself a relaxing massage or use the excellent pool and spa facilities available in the hotel

Seefeld: Take time to wander the many restaurants, bars and shops, an ideal place to buy souvenirs and gifts. Here you can take the funicular ride up the mountain to Rosshutte or a horse drawn carriage ride to local attractions.

Leisure facilities: If you are feeling energetic, in Seefeld there is the large indoor and open-air (heated) pool and leisure complex, tennis courts and the Wildmoos Plateau golf course. In Weidach the Alpenbad is a short walk away with its modern leisure pool facilities.

Mittenwald: Known for house paintings and its violin museum, this is an excellent place to visit, with shops, cafés and a cable car/chair lift to the mountain top. You can get a direct bus from Weidach at an additional cost.

Innsbruck: This is an attractive, compact city with its famous Golden Roof and beautiful, historic buildings and museums. It offers excellent shopping and a wide selection of restaurants. It is possible to have a two-hour guided tour of the city, visit the Swarovski displays or travel on the funicular/cable car up the mountain. Travel to the city requires a 35 minute railway journey from Seefeld with breathtaking views.

Day 6 The Wildmoos Plateau

Option 1 - Buchen to Wildmoosalm

Distance: 7 miles (11km)

Total ascent: 800 feet (240m)

Our walk starts in Buchen, and a short walk takes us to Ropferstüb'm. Here we visit the farming museum and admire the wonderful views along the Inn Valley. We have a steady ascent, crossing the golf course and descend to the Lottenseehutte (a small hut selling Tyrolean specialities). We continue along the edge of the golf course, through woods to arrive at the Wildmoosalm. Here, we can soak up the atmosphere and enjoy the hospitality of a typical Tyrolean hut before we have the short walk to catch a direct bus back to Weidach.

Option 2 - Ropferstüb'm, Wildmoosalm and the Fludertal

Distance: 9 miles (15km)

Total ascent: 1,500 feet (460m)

Today's walk begins in Klamm. We head south, through pastures with extensive views before starting a steady ascent through woodland and grassy paths with short steep sections. We continue along the edge of the golf course to arrive at the Wildmoosalm and meet the easier group for strudel and drinks. We complete our walk through pine woods and open meadows to the hotel.

Day 7 The Leutasch Spirit Gorge

Option 1 - The spirit gorge and Mittenwald

Distance: 7 miles (11km)

From the hamlet of Reindlau, we follow paths in open woodland meandering our way down the Unter Leutasch, looking across the valley to the magnificent mountain scenery. We cross flower-filled meadows and eventually we reach the highlight of the walk, the gorge. After the gorge we continue to descend to the foot of the falls and walk into Mittenwald, with time to explore this very attractive town.

Option 2 - Weidach, the spirit gorge and Mittenwald

Distance: 10 miles (16km)

Our walk quickly reaches a riverside path; there are wonderful views of the Wetterstein mountains and the lush green meadows as we descend. After we have enjoyed a coffee at the Hubertushof hotel we continue down the valley to the gorge, with its amazing metal walkways. We take the slightly steeper, alternative path as we continue to the foot of the falls.

Day 8 Departure Day

We hope to see you again soon.

Daily Walk Options



Gentle walking grade 4

The most active Gentle grade, with longer walks, some ascent, and possible steps, stiles, or off-path uneven ground. Typically, 6-7 miles (10-12km) with around 1,000ft (300m) of ascent.



Moderate walking grade 6

Longer full day walks with more ascent and varied terrain. Good fitness and agility are needed. Typically, 9-10 miles (15-16km) with around 1,500ft (460m) of ascent.

Accommodation

Hotel Kristall - Seefeld Plateau

Located in the stunning surrounds of the Leutasch Valley, the adults only Hotel Kristall boasts mountain views on every side. Facilities include an attractive lounge, bar, sun terrace, small gym, pool table and ski/boot room. There's an award-winning restaurant using organic and locally sourced ingredients. After a day of hiking you may like to make use of the large luxurious wellness centre, two indoor swimming pools, spa pool, Finnish sauna, Turkish steam bath, tepidarium and infrared sauna. The heated rooftop infinity pool has stunning views of the surrounding mountains. (use of the centre paid locally) Rooms are decorated in soft colours with oak wood furniture. Facilities include flat screen satellite TV, a safe and bathrooms with either a shower or bath. As is usual in Austria, twin beds

may be arranged in one large frame with separate mattresses and bedding. Most rooms have balconies with lovely views over the village and mountains.

Food & drink

Our guided walking holidays at Hotel Kristall are on a half-board basis and include breakfast and evening meal.

Breakfast

The buffet-style breakfast has an extensive selection of breads and jams, fresh fruit, cheese, cold meats, cereals, pastries and cakes, smoked salmon and champagne (on Sundays). Tea and coffee are also available.

Lunch (payable locally)

You may choose to eat at a mountain hut, alternatively ingredients for a picnic lunch can be bought from local shops - your leaders will advise you of the options.

Afternoon buffet

14.00-16.00

Complimentary homemade cakes and snacks, including tea and coffee.

Evening meal

Hotel Kristall provides either a five course meal or a theme evening buffet. Particularly popular is the Tirolean feast, prepared with traditional recipes. All ingredients are sourced locally and are free range and organic where possible. Vegetarians and special diets can usually be catered for if requested in advance of the holiday. The hotel also offers a welcome drink on the first evening.

Drinks

The hotel has a bar serving beer, wine and spirits.

Rooms

Hotel Kristall has over 65 comfortable bedrooms, most of which have balconies. As is usual in Austria, twin beds may be arranged in one large frame with separate mattresses and bedding.

All bedrooms have en-suite bathrooms with bath or shower, telephone, satellite TV, safe, refrigerator, free wi-fi, hairdryer, bathrobe, and free loan of a backpack for your stay.

The balconies offer a lovely view across the village and mountains.

About your stay

The public rooms include an attractive lounge, bar, sun terrace, small gym, pool table and ski/boot room.

There is also a large luxurious wellness centre, two indoor swimming pools, spa pool, Finnish sauna, Turkish steam bath, tepidarium, adventure and wellness showers and infrared sauna.

Travel Details

Address

Hotel Kristall
Family Pfeffel
Weidach 300m
A-6105 Leutasch-Tirrol

Tel: [0043 5214 6319](tel:004352146319)

Vaccinations & health

Vaccinations & health information

Before booking, you should check with your doctor to see whether any health precautions are needed for your trip. Health advice and requirements can change, so we recommend doing this in good time before travel.

As a general rule, travellers should ensure they are up to date with routine UK vaccinations and boosters, including, for example, MMR and diphtheria, tetanus and polio. Some countries may require you to have specific vaccinations such as Malaria, Rabies and Yellow Fever. Please check with your GP if you are unsure.

Please note that the use or possession of some common prescription or over-the-counter medicines is restricted or banned in certain countries. If you will be carrying medication, you should check with the relevant embassy or consulate before travelling. As an extra precaution, we recommend keeping medication in its original packaging, carrying a copy of your prescription, and, where possible, asking your pharmacist to provide the medication name in the language of the country you are visiting.

For further country-specific health advice, visit www.fitfortravel.nhs.uk or www.traveldoctor.co.uk. If you are travelling from outside the UK, please consult your own doctor and check local entry requirements.

Passports & visas

Passport & Visa information

This information is for those travelling with a full 'British Citizen' passport; for all other nationalities or passport holders, please check with your local consulate for advice.

Passport Requirements

This information applies to travellers holding a full British Citizen passport. Entry requirements vary by destination and can change at short notice. For most EU and worldwide destinations, passports must be valid for the entire duration of your stay. Some countries also require a minimum period of validity remaining on your passport (often up to 6 months beyond your return date), even if you are not staying that long.

We strongly recommend ensuring your passport has at least six months' validity remaining at the time of travel to avoid any issues.

If you hold a different type of British passport or a passport issued by another country, you must check the requirements with the relevant embassy, consulate, or official government website.

Visa Requirements

Visa rules depend on your nationality, destination, length of stay, and purpose of travel, and they can change frequently. It is your responsibility to check whether you require a visa before travelling.

British passport holders should check the latest entry, passport validity and visa requirements for their destination on the UK government's Foreign, Commonwealth & Development Office (FCDO) website:

<https://www.gov.uk/foreign-travel-advice>

Essential information

Packing list

In summer Seefeld in Tyrol has comfortable mild temperatures during the day, getting cooler in the evenings so it is advisable to pack versatile layers. There are summer showers so waterproof clothing is a good idea.

Essentials

- Walking boots
- Waterproof jacket/trousers
- Insulated jacket/top for evenings
- Walking clothing
- Walking socks (plus spares)
- Sunhat
- Shorts for warmer days
- Water bottle (minimum 2 litre capacity)
- Headtorch
- High-factor sunscreen (minimum SPF 30)
- Sunglasses with a dark lens
- Rucksack (15-30 litres)
- Mobile phone
- Personal first aid kit (containing your medication, blister plasters, etc.)
- Passport
- Visa (if applicable)
- Copy of your travel insurance policy

Recommended

- Collapsible walking poles
- Camera
- Swimwear and travel towel (hotel has infinity pool)
- Dry bags
- Insect repellent

Optional extras

- Small mat for sitting on during rests and picnics on walks

Joining instructions (with Flights)

With flights

Book your holiday 'with flights' and you can choose to depart from a range of UK airports* to your destination. For latest flight times and prices please call us on 0203-974-8865 or email [This email address is being protected from spambots. You need JavaScript enabled to view it.](#)

If you choose to book your flights with us, we automatically include return transfers between the destination airport and hotel.

Joining instructions (without Flights)

Without flights

Alternatively, tailor your journey to suit you by booking your holiday 'without flights' and you'll have the freedom to book your own flights from your local airport.

*Subject to availability

Useful Information

Travel Insurance

Travel insurance is a condition of booking. Therefore, if you have not already arranged insurance, it is imperative that you do so before you travel.

For more information about healthcare and its costs, please visit: <https://www.nhs.uk/using-the-nhs/healthcare-abroad/>

Drinking Water

Drinking Water

Standards for drinking water vary widely around the world. In many destinations, tap water may not be safe to drink, brush your teeth with, or use for making ice. Where advised, you should drink only bottled or treated water and ensure that bottle seals are intact before use. If bottled water is unavailable, water should be boiled or filtered.

Staying well hydrated is particularly important in hot climates and during active holidays. Carry water with you and drink regularly.

If you are unsure about local water safety, check official country-specific health advice before travel, or ask your accommodation or local guides for guidance once you arrive.

Ticks information

Ticks are tiny creatures that live in vegetation and can attach themselves to passing animals or walkers and may carry a risk of Lyme Disease. Please refer to NHS advice and guidelines for information prior to your holiday.

Telephone Code for Seefeld and Mayrhofen

If the international number you wish to call starts with a 0, you must drop the starting digit when dialing the number.

To dial a UK number 0044

To dial an Austrian number 0043

Language Information for Seefeld and Mayrhofen

The local language is German.

Local currency

Local currency for Seefeld and Mayrhofen

The local currency is the Euro.

Electricity

Electricity information for Seefeld and Mayrhofen

220 Volt AC with round two pin plugs; you will need an adaptor for any appliances brought from the UK.

ATM availability

ATM availability for Seefeld and Mayrhofen

There is an ATM machine in Weidach and an ATM machine in Mayrhofen where you can obtain money.

Tripnote validity

TRIP NOTE VALIDITY These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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