7 Night Cornwall Family Walking Adventure



Trip style:	Destination:	Walking Grade	Carbon Footprint:
Family walking holidays	Cornwall	3, 4, 5 & 7	155kg CO2

HOLIDAY OVERVIEW

Cornwall is renowned for its stunning coast and beautiful beaches. Our spectacular, family friendly walks reveal some of the county's most rugged, dramatic and picturesque scenery. We take in many of the highlights, including Kynance Cove with its turquoise waters and visit the legendary Land's End. Taking a photo next to the famous signpost is a must. Remember to keep a lookout for seals as you adventure down by the seashore. Take time to collect shells and see what can be discovered rock pooling. From sandy beaches and hidden coves to cliff top trails and expansive views, the region has so much offer.

WHAT YOU'LL LOVE

- Swimming in our heated outdoor pool
- Meeting other families
- Optional guided walks with an experienced HF Holidays Leader
- Exploring the beaches and coves on Cornwall's coastline
- All meals and activities taken care of

WHAT'S INCLUDED

- Family rooms available subject to availability
- Comfortable en-suite accommodation in our country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals tailored towards families, plus tea & coffee
- Guided walking with experienced HF Holidays Leaders
- Choice of up to four guided walks (on walking days)
- All transport to and from walks where necessary
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

ITINERARY - FAMILY WALKS

Day 1 **Arrival Day**

You're welcome to check in from 4pm onwards. Enjoy a complimentary afternoon tea on arrival including homemade scones with jam and cream.

What your kids will love: Exploring the grounds of Chy Morvah, meeting other families, and making new friends.

Day 2 **Lelant and Carbis Bay**

Option 1 - St Ives, Carbis Bay and Porthminster Beach

Distance: 3.5 miles (6km)

Ascent: 700ft (210m)

In summary: A gentle walk along the lanes to Carbis Bay before heading back along the coast path to St Ives and finishing on Porthminster Beach.

What your kids will love: The fabulous golden beach at Carbis Bay. It's the perfect spot for a paddle and building magnificent sandcastles.

Option 2 - Knills Monument, Carrack Gladden and on to Carbis Bay

Distance: 5 miles (8km)

Ascent: 950ft (295m)

In summary: Following a very similar route, our second option is slightly longer. We'll include a climb up to Knill's Monument, an impressive 50ft high granite obelisk. After taking in the superb views, we make our way out to the promontory of Carrack Gladden and then follow the South West Coast Path to Carbis Bay and back into St Ives.

What your kids will love: Cooling off with a splash in the turquoise waters of Carbis Bay after climbing to the top of Knills Monument.

Option 3 - Knills Monument, Lelant and on to Carbis Bay

Distance: 7.5 miles (12km)

Ascent: 1,200ft (370m)

In summary: We'll follow the same route as option two to Carrack Gladden, but then extend our walk further as we head out towards Hayle Estuary and Lelant Church. We'll follow a longer section of the coastal path back to St Ives, passing through the dunes beside Porthkidney Sands, and Carbis Bay.

What your kids will love: Looking out over the blue-green waters of St Ives Bay, exploring the rolling dunes and racing along expansive sandy beaches. Nature makes the best playgrounds!

Option 4 - Trencrom Hill & Lelant

Distance: 10.5 miles (17km)

Ascent: 1,600 feet (485m)

In summary: We head up to Knill's Monument, over fields to Trencrom Hill then onto Lelant church. We follow the coast path beside the Hayle Estuary and through dunes overlooking Porthkidney Sands and Carbis Bay before arriving back at St Ives.

Highlight: Stunning views from the top of the iron-age hill fort of Trencrom Hill, including the south coast and St Michael's Mount.

Day 3 **Coasts and Cliffs of the Land's End Peninsula**

Option 1 - Sennen Cove, Land's End & Greeb Farm

Distance: 2.5 miles (4km)

Ascent: 425 feet (130m)

In summary: We'll pass the old coastguard cottages on our short walk down to Sennen Cove. Have fun on the beach, before strolling along the cliff tops to Land's End. From here, it's possible to walk a little further along the coast if you'd like to visit Greeb Farm. Alternatively, if you're ready for an early return to St Ives, why not catch the Land's End Coaster - one of the UK's most spectacular open top bus rides!

What your kids will love: Visiting the lifeboat station at Sennen Cove and making friends with the animals at Greeb Farm. Say hello to sheep, goats, rabbits, pigs, miniature ponies and even ferrets.

Option 2 - Sennen Cove and Land's End Peninsula

Distance: 5.5 miles (9km)

Ascent: 830ft (255m)

In summary: From an inland start at Polgigga, we walk across tracks and field paths to Mill Bay and the old fishing village of Sennen Cove. After spending plenty of time on the beach, we'll follow the coast path past Pedn-Men-Du lookout and Maen Castle, walking over the granite clifftops until we reach the very tip of Britain – Land's End.

What your kids will love: Sand, sea, and surf! Whitesands beach at Sennen Cove is a family favourite. Can you catch a wave?

Option 3 - South Coast Cliffs from Penberth Cove to Land's End

Distance: 7 miles (11.5km)

Ascent: 1350ft (410m)

In summary: We begin our walk at the village of Treen and quickly join the cliff side. We follow this spectacular section of coastline all the way to Land's End and enjoy the stunning section on display. There'll be plenty of fun, excitement, and adventure along the way, as we pass by Porthcurno, Porthgwarra and Gwennap Head.

What your kids will love: Looking out for seabirds, dolphins, and seals at the RSPBs Wildlife Discovery Centre. Complete with high powered telescopes and manned by enthusiast volunteers it's sure to inspire any budding naturalists.

Option 4 - St Loy along the cliffs to Land's End

Distance: 8.5 miles (13.5km)

Ascent: 1,715ft (525m)

In summary: Our longest option starts further along to coast at St Loy, and then follows the same show stopping route as option three. This is coastal walking at it's very best!

What your kids will love: The elation of reaching Land's End, having walked over 8 miles of Cornwall's finest coastline – more than deserving of an ice cream or two!

Day 4 Free Day

Each week there's a free day when no guided walks are offered. This is an ideal opportunity to relax around the hotel, play in the pool, or visit local places of interest. Here's our pick of the very best things to see and do within easy travelling distance of Chy Morvah.

St Ives Surf School

St Ives Surf School is located on the blue flag awarded Porthmeor Beach, just a stone's throw away from the heart of St Ives. It's the ultimate surfing playground and an ideal environment for learning, whether you're an absolute beginner or looking to progress your skills. Aside from surfing lessons, the team also run guided coasteering, paddle board and kayaking adventures, and offer kit hire too.

Cornish Seal Sanctuary

Set on the Helford Estuary in the village of Gweek, this incredible charity rescues and rehabilitates grey seal pups from around the Cornish coastline and then returns them to the wild. On a visit to the sanctuary, you'll have the chance to experience these wonderful marine animals up close, by watching them in the incredible underwater viewing areas.

The Eden Project

An epic domed structure just an hour's drive away, this dramatic global garden is home to cutting-edge architecture, tropical and Mediterranean biomes, plant-based exhibits, and art installations – all set in a crater the size of 30 football pitches. There's also a spectacular natural adventure play area in the outdoor gardens that kids will love.

Day 5 Mining, Shipwrecks and Smuggling in Mount's Bay

Option 1 - Perranuthnoe Village to Marazion

Distance: 3 miles (5km)

Ascent: 310ft (100m)

In summary: Starting at Perranuthnoe village, we follow the undulating coast path to Marazion, where there'll be plenty of time to enjoy this bustling ancient town. Cross the cobbled causeway and visit St Michaels Mount (payable locally), have fun playing on the sandy beaches, or discover the fabulous selection of art galleries and gift shops - the choice is yours. If you're ready for an early return to St Ives, it's possible to catch the Land's End Coaster, one of the UK's most spectacular open top bus rides.

What your kids will love: The adventure of visiting St Michael's Mount – a treasure island steeped in myth and legend, crowned with a fairy-tale like castle.

Option 2 - Higher Kenneggy to Perranuthnoe and Marazion

Distance: 6 miles (9.5km)

Ascent: 800ft (250m)

In summary: Option two begins a little further along the coastline, joining at Kenneggy Sand. We'll pass Prussia Cove and Cudden Point, on our way to Perranuthnoe and Marazion.

What your kids will love: Building sandcastles on the beach and exploring rock pools around Chapel Rock and Marazion harbour. There's a great play park at Folly Field too.

Option 3 - Praa Sands and Mounts Bay

Distance: 6.5 miles (10.5km)

Ascent: 1,100ft (340m)

In summary: Starting at Sydney Cove, and the beach of Praa Sands, we'll enjoy an additional mile of walking along the stunning South West Coast path. We'll walk in the footsteps of options one and two until we reach Marazion.

What your kids will love: Hearing tales of the legendary smugglers and wreckers who lived on this coast.

Option 4 - Rinsey Head and Praa Sands to Marazion

Distance: 9 miles (14 km)

Ascent: 1,300ft (400m)

In summary: Our longest option of the day takes in even more miles of this magnificent coastline. From the mine buildings of Wheal Prosper at Rinsey Head, we'll walk along the mile long beach of Praa Sands, before continuing all the way to the historic town of Marazion, via Prussia Cove and Perranuthnoe.

What your kids will love: The freedom of striding out, breathing in the fresh sea air and soaking up the immense views of Mounts Bay.

Day 6 Extreme South of England: The Lizard

Option 1 - Caerthillian Cove and Kynance Cove

Distance: 3 miles (5km)

Ascent: 440ft (135m)

In summary: Our shortest walk option of the day is a circular route starting from Lizard Village. We'll join the coastal path at Caerthillian Cove and head straight to Kynance Cove, where we'll have plenty of time to enjoy the beach.

What your kids will love: Adventuring at Kynance Cove. Famous for its white sand, turquoise sea and rock stacks, nature has created the perfect playground. Paddle in the aquamarine waters, explore caves along the beach, or hunt out marine creatures in the rock pools. What will you find?

Option 2 - Lizard Coastline to Kynance Cove

Distance: 4 miles (6km)

Ascent: 540ft (160m)

In summary: From the Lizard Green we'll walk south to Polpear Cove and pass Lizard Point Lighthouse. We'll continue around the coast and have plenty of time to spend at the Cornish gem of Kynance Cove. If we're there at half-tide, listen out, you're not mistaken if you hear a snorting sound, it's Devil's bellows, a blowhole on Asparagus Island.

What your kids will love: Making a game of who can spot the most wildlife, look out for Cornish chough, seals, dolphins and even adders basking in the sunshine.

Option 3 - Church Cove, Lizard Point Lighthouse to Kynance Cove

Distance: 5.5 miles (9km)

Ascent: 925ft (280m)

In summary: A beautiful circuit around the southern tip of England. We'll first head to Church Cove, then continue around the headlands passing Kilcobben Cove, Bass Point and the Lizard Point Lighthouse, until we reach the golden sands of Kynance.

What your kids will love: Discovering Lizard Lighthouse and hearing stories of the countless shipwrecks along this notorious stretch of coast.

Option 4 - Cadgwith, Polpeor & Kynance Cove

Distance: 8.5 miles (13.5km)

Ascent: 1,375ft (420m)

In summary: Challenge yourself to this fantastic, full-on walk. Starting in Lizard, we'll cross farmland on route to the tiny fishing village of Cadgwith. Here we pick up the coastal path and complete an extended circuit around the dramatic and rugged cliffs of Britain's most southerly tip.

What your kids will love: Seeing the Devils Frying Pan and learning about why the Lizard peninsula is renowned as the birthplace of modern communication.

Day 7 Rugged Cliffs West of St Ives

Option 1 - St Ives Head and the Beaches

Distance: 2 miles (3km)

Ascent: 300ft (90m)

In summary: We'll stop by the Malakoff for the best view in town, before walking along the seafront to St Ives Head and on to Porthmeor Beach. There'll be lots of fun and interest along the way.

What your kids will love: Stopping by the St Ives Lifeboat Station, seeing their world-class equipment and hearing about the extraordinary volunteers and their rescue efforts.

Option 2 - Clodgy Point to Porthmeor Beach

Distance: 4.5 miles (7.5km)

Ascent: 700ft (220m)

In summary: We'll complete a gentle circuit from the door of Chy Morvah, taking us through the Cornish countryside and back along the clifftops past Clodgy Point. There'll be time to chill out on one of the golden beaches or visit one of the towns attractions.

What your kids will love: Surfing the waves at Porthmeor Beach and exploring the rock pools. What treasures will you find?

Option 3 - River Cove, Trevail & Trevalgan

Distance: 7.5 miles (12km)

Ascent: 1,130ft (345m)

In summary: On this fantastic walk we head out along the rugged coast, passing coves and rocky headlands on our way to River Cove – a favourite spot for seals. Here, we turn inland, walking along the valley to Trevail Mill, before making out way back to St Ives across ancient field paths.

What your kids will love: Seal spotting at River Cove. Fun fact – the seals resting on the islands visible just offshore have played a starring role in Spring Watch.

Option 4 - Mussel Point on to River Cove

Distance: 9 miles (14.5km)

Total ascent: 1,450 feet (440m)

In summary: We begin by completing the inland section of our walk. Crossing prehistoric fields, we'll pass the hamlets of Trevega, Boscubben and Treveal. We reach the coast at Mussel Point, then follow the undulating rugged path over the cliffs and headlands back to St Ives, taking time to pause at River Cove for the seals.

What your kids will love: Showing off their walking prowess and newfound stamina at the end of an epic week. Anyone for a celebratory ice cream?

Day 8 Departure Day

Enjoy a leisurely breakfast before making your way home.

DAILY WALK OPTIONS



Gentle walking grade 3

Slightly longer walks, mostly on well-trodden paths, with some gentle gradients plus stiles and steps possible. Typically, 5-6 miles (8-10km) with around 650ft (200m) of ascent.



Gentle walking grade 4

The most active Gentle grade, with longer walks, some ascent, and possible steps, stiles, or off-path uneven ground. Typically, 6-7 miles (10-12km) with around 1,000ft (300m) of ascent.



Moderate walking grade 5

Some walking experience needed. Full day walks which may include some short but steep ascents and descents throughout the day, and varied terrain. Regular stops. Typically, 8-9 miles (13-15km) with around 1,300ft (400m) of ascent.



Moderate walking grade 7

The most active moderate grade. Longer distances and short but steep ascents and descents possible throughout the day. Hill walking experience desirable. Typically, 11-12 miles (18-19km) with around 1,800ft (560m) of ascent.

ACCOMMODATION

Chy Morvah, St Ives

This beautiful property is just steps from the centre of St Ives – the seaside town that has inspired generations of artists with its working harbour, proud fishing community, white-sand beaches, and stunning Cornish landscape. Enjoying an elevated position with sweeping views over St Ives Bay, Chy Morvah means 'house by the sea' in Cornish and you'll find four great beaches nearby - Porthmeor, Porthminster, Harbour, and Porthgwidden - plus plenty of walking routes along the Penwith peninsula. It's also a short drive to St Michael's Mount – the tidal island crowned by a medieval church and castle. Expect tough-but-rewarding walks, over undulating coastal terrain. With tricky stone stiles and rocky paths underfoot, fitness and agility will be challenged.

About

· 39 well-appointed guest rooms · Exclusive occupancy: 54 guests minimum · Check in from 4:00pm · For members check in from 2:00pm · Full-board (including cream tea on arrival) · Free Wi-Fi · Free limited on-site parking · Boot room and drying room · High chair · Discovery Point offering a wide range of local area maps, route guides, and information for self-guided walks · Books and games to borrow · Licensed bar · Lounge · Garden · Heated outdoor pool (open May to September*) · Electric vehicle charging point - Please note, you will need to bring your own cables to use this EV charging point · Local launderette available in town

Video

Take a tour of Chy Morvah and discover our country house and surrounding countryside, full of wild coastlines, breathtakingly beautiful beaches and exceptional sites.

Time to let a little Kernow into your soul.

Then & now

Meaning 'house by the sea,' records show that Chy Morvah had already opened as a private hotel by 1949. The St Ives Town Guide of that year describes it as 'delightfully situated in its own grounds overlooking St Ives Bay' and having 'hot and cold running water to all bedrooms'. The adjoining building, Lanyons, was once the home and studio of Peter Lanyon – the acclaimed St Ives-born painter renowned for landscapes that leaned heavily towards the abstract (part of the St Ives School, he was one of the most important artists to emerge in post-war Britain). This building later became a school known as St Christopher's and there are still signs of the classrooms in the car park (you may notice the distinct ridge in the tarmac). It has been part of our HF Holidays line-up since 1986.

Nowadays, there's 39 well-appointed guest rooms in three categories (Classic, Premium, and Superior) spread across the Chy Morvah building and Lanyons House – many with bay windows and sea views. It also has a main lounge overlooking St Ives Bay, a ballroom for evening activities, a licensed bar, and a sea-facing dining room for a wide range of dishes made with fresh and seasonal ingredients. Elsewhere, there's a handy boot and drying room, a small terrace, manicured gardens, books and games to borrow during your stay, and a Discovery Point offering a wide range of local area maps, route guides, and easy-to-follow information for self-guided walks. The heated outdoor pool (open May to September*) is perfect for cooling off after days spent exploring what is arguably one of the UK's most stunning coastlines.

Check-In & Check-Out

You are welcome to check in from 4pm at the earliest. HF Members can check in earlier, from 2pm. On arrival, you'll enjoy a complimentary cream tea and get to meet your fellow guests, our HF Holidays Leaders, and the rest of the friendly team. Check out 10am.

FOOD & DRINK

Dining

Seasonal dining, tailored for you

Our team of skilled chefs design our dinner menus to showcase the best of each season, from warming winter comfort food to vibrant summer dishes, including vegetarian, vegan and high-protein options. We also source fruit and vegetables within a 40-mile radius of each house, open every break with a Chef's Special menu inspired by dishes and flavours of the local area, and are able to adapt dishes to suit special dietary requirements.

Welcome Cream Tea

What better way to start your stay than with a cream tea, served fresh on arrival to make you feel instantly at home. A quintessentially English tradition, our scones are baked in-house and served with preserves and clotted cream, providing the perfect opportunity to meet fellow walkers.

A hearty breakfast to start the day

Start the day with a freshly-prepared cooked breakfast and a wide choice from our continental buffet, including hot drinks, juices and fresh fruit. Our team offer a quick and friendly service, leaving you fuelled and ready for your day's adventures.

Our famous picnic lunch

Our personalised picnic lunches are perfect for a day out walking, ready to enjoy when hunger strikes. Choose from a large selection of fresh sandwiches and salads, freshly baked cakes and snacks, including the ever-popular Freddos chocolate bar! Everything is designed to fit neatly into your rucksack, and all of the packaging we provide is recyclable or compostable.

3-course evening meals

Our à la carte evening menus feature a wide choice of starters, mains, and desserts, made with seasonal ingredients and, wherever possible, herbs and vegetables from our own gardens. Shared around sociable tables, dinners are relaxed occasions, with drinks available to order at the table or from the bar, and a traditional Sunday roast to round off the week.

ROOMS

Your room at Chy Morvah

Designed with your comfort in mind, Chy Morvah has 39 well-appointed guest rooms available in three categories: Classic, Premium, and Superior.

Classic Rooms are comfortable en-suite guest rooms, ideal for a peaceful night's sleep. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, and shower gel), and a TV.

Premium Rooms are more spacious en-suite guest rooms*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

Superior Rooms are even more spacious en-suite guest rooms offering upgraded views of the surroundings*. Amenities include free Wi-Fi, tea and coffee-making facilities, toiletries (hand wash, shampoo, body lotion, shower gel), and a 32-inch TV. Extras include bathrobes, slippers.

We love: The guest rooms that make the most of the sea views are easily the best.

The **Choose Your Room** service is available at our UK country houses, allowing you the option of choosing and confirming a specific room for an extra charge of £30 per room. This is subject to availability. Upgrade supplements apply.

Room supplements

Superior	Premium single	Premium double/twin	Choose your room
£25 pppn	£20 pppn	£20 pppn	£30 per room

*Views and layout reflect each properties unique character and location

*Please note, pool opening hours are: 07:00am – 09:00am and 16:00pm – 18:30pm

ACCESSIBILITY

For accessibility and assistance information, please contact our expert team on 020 3974 8865 or view the accessibility information online for Chy Morvah

ABOUT YOUR STAY

A warm welcome
We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided waking routes as well as visit-worthy local attractions.

Helping you enjoy the Great Outdoors - A natural focus on walks

Walks talks and Discovery Points
Our founder, country pastor turned social innovator, Thomas Arthur Leonard, was passionate about encouraging people to explore the countryside. His legacy continues in HF's continued focus on walking. Many guests choose to travel with us on guided or self-guided walking holidays, and as such, evenings at our houses are often busy with walk leaders hosting various briefings and talks. On guided walking holiday arrival days, there are walking information briefings before dinner, and for the duration of any guided walking holiday there will be a Walks Talk before (or on occasion after dinner), to go through the following day's walk options. Self-guided walking guests, and those on special interest holidays (where there is free time to explore independently), are of course welcome to also join in these Walks Talks - please talk to the team locally if you have any queries. Our Discovery Points are filled with handy maps and route notes, designed to ensure everyone, not just those booked on a guided walking holiday, can enjoy the beautiful countryside settings that our HF houses enjoy.

The walking day
Prior to setting off on guided walks, our HF Holidays Leaders run through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure walkers have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

TRAVEL DETAILS

Address

Chy Morvah
Bishops Road
St. Ives
Cornwall TR26 2DB

Tel: +44 (0)1736 796314

By train

The nearest rail station is St Ives. Chy Morvah is a short 10-minute walk uphill from the station. Exit the station, turn left and walk through St Ives Station car park, take the walkway on your left to Terrace Road A3074. Turn left, cross the road and continue uphill on a No Entry road to reach Pendolver Terrace. Turn left on Pendolver Terrace and follow the road around uphill to the right. Chy Morvah is signposted ahead.

An alternative to St Ives rail station is St Erth, which is connected to many mainline services. Please check National Rail for train times and route planning.

By taxi

St. Ives station is only half a mile away, but it's a steep uphill walk.

St. Erth is four miles away and the journey takes just over 10 minutes.

Harbour Cars or A1 Taxis
You can pre-book a taxi from our recommended company, Harbour or A1 Taxis Cars. We recommend booking your taxi at least seven days in advance by contacting:

Harbour Cars: 01736797688

A1 Taxis: 07736797700

A return journey can be arranged on your behalf by the HF Holidays House Manager at Chy Morvah.

By car

Head to Cornwall via the A30 then take the A3074 signposted to St. Ives. At the next two small roundabouts, go straight across the first and take a right at the second towards Lelant. Pass through Lelant and Carbis Bay on the same road.

As you approach St. Ives keep left at the fork, which heads slightly uphill, following signs to visitor parking and the leisure centre. Follow the road and turn left up the steep hill. Almost immediately the road turns left again, but instead of following the road, turn off and head directly up the hill on Porthminster Terrace.

Chy Morvah is at the top of the hill. To reach the car park you'll need to drive left past the front of Chy Morvah and turn immediately right behind the back of the building. The car park is on the right 15 yards along Bishop's Road. Space is limited. If the car park is full, we recommend parking at St Ives Trenwith Car Park, TR26 1DD. This is a charged local long stay car park, approximately 5 minutes walk from Chy Morvah.

By air

The nearest airport is London Heathrow Airport.

First take the train to London Paddington station from where you'll find direct trains to St. Erth, and a short train journey to St. Ives.

A morning arrival into Heathrow would be best as you'll need around 6.5 hours to complete the journey.

The airports at Bristol and Newquay are also nearby, but there aren't as many flight options.

Check National Rail for routes and train times.

LOCAL AREA

Places to visit in Cornwall

Whether you're enjoying a guided or self-guided walking holiday, there's always the opportunity to linger for longer. Here's our pick of the very best things to see and do within easy travelling distance of Chy Morvah.

St. Ives Harbour

While it may no longer crammed full of fishing boats and traders, the working harbour is still the beating heart of the town. Harbour Beach is right on the doorstep, but the sandy gems of Porthminster, Porthmeor, and Porthgwidden are just an easy walk away.

Barbara Hepworth Gallery & Sculpture Garden

Just a short walk away, this Tate-run museum and garden sets the scene for a fascinating insight into one of Britain's most important 20th century artists. Highlights include impressive sculptures in bronze, stone, and wood, along with paintings, drawings, and archive material.

St Michael's Mount

A 20-minute drive or a 45-minute bus ride away, this tidal island crowned by a medieval church and castle lies off the coast of Marazion. Mostly owned by the National Trust since 1954, it has been the cherished home of the St. Aubyn family since the 17th century. If you wish to visit, please check the website for full information on access, opening times and ticket booking. Please note that National Trust members must book a free ticket.

Minack Theatre

Carved into the granite cliff overlooking the Porthcurno Bay, this famous open-air theatre first premiered Shakespeare's The Tempest in 1932. It's a very popular destination, so if you plan on going, whether for a theatre and garden visit, guided tour or show, advanced bookings are essential. Visiting hours vary depending on the performance schedule so always check the website beforehand for full details. Bookings can be made online or by calling the box office, open 10am – 4pm on 01736 810181. The theatre is a 45-minute drive or 2-hour bus ride away on the Land's End Coaster service. The nearest stop is Porthcurno, a ten-minute walk from the theatre.

Geevor Tin Mine

As the last mine to work the UNESCO-listed St. Just Mining District, this award-winning heritage attraction is home to the largest number of undersea tin and copper mines in the world. The museum and visitor centre opens year-round from Sunday to Thursday.

National Maritime Museum Cornwall

Located on Falmouth Harbour, this award-winning museum celebrates Cornwall's maritime heritage through interactive exhibits, talks, lectures, boatbuilding workshops, and more. The National Small Boat Collection is one of the star attractions.

Cornish Seal Sanctuary

Set on the Helford Estuary in the village of Gweek, this incredible charity rescues and grey seal pups from around the Cornish coastline – and then returns them to the wild. You'll get to enjoy the underwater viewing areas and even stay for feeding time.

Eden Project

An epic domed structure just an hour's drive away, this dramatic global garden is home to cutting-edge architecture, outdoor gardens, plant-based exhibits, art installations, and play areas – all housed in tropical biomes set in a crater the size of 30 football pitches.

Lost Gardens of Heligan

Just an hour's drive away, this 200-acre wonderland offers plenty of thrills for plant lovers. Rediscovered by the Eden Project's co-founder Tim Smit, this Victorian country house garden is filled with traditional and rare breeds and plenty of peaceful spaces.

SAFETY ON YOUR HOLIDAY

Safety information

Who's the boss? Please note that parents are responsible for their children at all times; our leaders are not permitted to run activities without other adults present. All leaders undergo a thorough assessment so you can relax and enjoy your holiday knowing that you are in safe hands.

On the first evening of your holiday, your leaders give a short talk about safety on walks which we would like you to attend. Walks may be changed for safety reasons and are subject to a maximum and a minimum number of guests. Leaders always consider the safety of the group as a whole and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest while clothing, equipment, or behaviour is unsuitable. In the event of a problem, all leaders carry a mobile phone, first aid kit, group shelter, spare maps, and a compass.

Please note: If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks.

Kids on their own: Any teenager aged 14 years or over can leave you at the starting line and join a walk unaccompanied on the basis they can look after themselves. Children under 14 will need to be accompanied by an adult on walks; however, this does not need to be a parent or legal guardian.

Please note, coaches used on this holiday all comply with UK law, and may not have seat belts suitable for children. Where children are under 3yrs of age, they must not travel in the front seat on coaches, nor the back seat of coaches. Parents should bring car seats/carriers for under 3s, these items can be left on the coach whilst walking. For more information, please visit https://www.gov.uk/child-car-seats-the-rules/when-a-child-can-travel-without-a-car-seat

ESSENTIAL INFORMATION

Packing list

Weather conditions in the UK can vary throughout the day, and conditions in the mountains may be cold and windy even in summer. Use the following list as a guide when preparing for your holiday.

Essentials

- Suitable waterproof walking boots with ankle support and good grip
- Waterproof, wind-resistant jacket with a hood, taped seams and a hydrostatic head rating of at least 10,000 mm
- Waterproof overtrousers
- Spare warm clothing, such as a synthetic insulated jacket
- Comfortable walking clothing (jeans & waterproof capes are not suitable)
- Warm mid-layers, such as fleeces
- Gloves and a warm hat, even in summer
- Rucksack with a waterproof liner
- Water bottle with a capacity of at least 1 litre
- Flask for hot drinks
- Sunscreen
- UV-protective sunglasses
- Spare high-energy food
- Head torch and spare batteries for holidays between October and March
- Passport (if applicable)
- Visa (if applicable)
- Copy of your travel insurance policy

Recommended

- Several base layers, with long or short sleeves
- Cushioned walking socks to avoid blisters
- First-aid kit, including plasters, insect repellent, a midge net and a tick-removal tool
- Sit mat
- Waterproof pouch for valuables
- Rubbish bags
- Wallet or purse

- Camera
- Walking poles
- Sun hat
- Gaiters
- Mobile Phones
- Swimwear (please see accommodation information for hotel facilities)
- Membership cards for English Heritage, the National Trust or similar heritage organisations in Scotland and Wales, if you are a member. These may be useful when visiting attractions during your itinerary or on your free day.

TRIPNOTE VALIDITY

TRIP NOTE VALIDITY These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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