

Gran Canaria Guided Walking Holiday

Tour Style: European Centre Based
Destinations: Canary Islands & Spain
Trip code: GALCL
2 & 4



HOLIDAY OVERVIEW

Enjoy Gran Canaria's world-class walking, varied scenery and 'eternal spring' weather as we uncover the island's beautiful central mountains and rugged coastline. Our new base in Agaete is away from the hustle and bustle of the larger resorts, and offers great access to trails in the north, tucked away barrancos, as well as the dramatic landscapes of Tejeda and the dramatic rock formations of Roque Nublo.

WHAT'S INCLUDED

- A full programme of guided walks with 2 options every walking day
- All transport to and from walks
- The services of experienced HF Holidays' leaders
- "With flight" holidays include return flights from the UK and hotel transfers
- 7 nights' en-suite accommodation.
- Half board – 7 buffet breakfasts and 7 evening meals

HOLIDAYS HIGHLIGHTS

- Wonderful walking climate – an ideal winter escape
- Superb walking through world-class scenery and stunning rock formations
- Visit Europe's only coffee plantation at San Pedro
- Relax at our comfortable seafront hotel in Agaete and explore this traditional Canarian town

TRIP SUITABILITY

This is a level 2 and level 4 graded Activity, Easier walks: 4 to 8 miles (6½ to 13km) on good but rocky paths. Up to 1,200 feet (360m) of ascent in a day. Harder walks: 7 to 10 miles (11 to 16km) on rocky paths with some steep sections. Up to 2,600 feet (780m) of ascent in a day.



ITINERARY

Day 1: Arrival Day

Welcome to Hotel Cordial Roca Negra. Unpack and settle in.

Day 2: Explore Agaete

Explore the rugged and dramatic coastline around our base of Agaete and the stunning mountain scenery behind the town. Enjoy a visit to the Coffee Plantation in San Pedro.

Option 1 - Along The Coast To Puerto De Sardina

Distance: 6 miles (9½km)

Total ascent: 1,100 feet (330m)

In summary: This walk explores the coast north from our hotel to the pretty fishing village of Puerto Sardina,

walking over open country and viewing the agriculture of this area. We return to the hotel via the Coffee Plantation.

Highlight: Visiting the Coffee Plantation at San Pedro

Option 2 - The Ridge Path Above Agaete And San Pedro

Distance: 10 miles (16km)

Total ascent: 2,500 feet (750m)

In summary: We walk from sea level up the ridge behind the town to a coll at over 2,000 feet altitude on the edge of the Tamadaba National Park. Along the way we traverse a spectacular balcony path with views over the coast. We then descend to San Pedro to visit the Coffee Plantation.

Highlight: Visiting the Coffee Plantation in San Pedro.

Day 3: Moriscos And Pinos De Galdar To El Saucillo

Enjoy the viewpoints over the Canarian pines and Calderas at Moriscos and Pinos de Galdar before continuing to El Saucillo.

Option 1 - Pinos De Galdar To El Saucillo

Distance: 5 miles (8km)

Total ascent: 200 feet (60m)

Total descent: 2,800 feet (850m)

In summary: We begin at the viewpoint of Pinos de Galdar looking over its recent Caldera, before descending through pine forest to open countryside with fine views of the north of the island. There is a small bar on the way, and we finish in the sleepy village of El Saucillo.

Highlight: The extensive views of Pinos de Galdar.

Option 2 - Moriscos To El Saucillo

Distance: 8 miles (13km)

Total ascent: 800 feet (200m)

Total descent: 3,500 feet (1,100m)

In summary: This option starts higher and takes in the summit of Moriscos and views over the Caldera de Tejeda before descending through the pine forest to Pinos de Galdar, and on to Saucillo.

Highlight: Reach the summit of Moriscos.

Day 4: Montaña Del Viso And La Aldea

Visit province of La Aldea to the west of Gran Canaria. See the views from Degollada de Tasarte and Climb Montaña del Viso, or traverse the valley below.

Option 1 - Tasarte To La Aldea On The S-73 Path

Distance: 6½ miles (10km)

Total ascent: 700 feet (210m)

Total descent: 2,300 feet (700m)

In summary: This walk starts at the little town of Tasarte and rises to the Degollaga before following a well used path to the town of La Aldea.

Highlight: Beautiful views on this walk.

Option 2 - Mount Viso And La Aldea

Distance: 8 miles (13km)

Total ascent: 1,400 feet (420m)

Total descent: 3,300 feet (1,100m)

In summary: Starting from the Degollada we traverse a spectacular balcony paths above the valley before rising to the ridge and along to the summit of Mt. Viso. There are spectacular views over the coast and to Tenerife. We descend down the end of the ridge to a viewpoint above La Aldea and through farmland to the town.

Highlight: Reach the summit of Mt. Viso.

Day 5: Free Day

Each week there is a free day when no guided walks are offered. Options for your free day may include:

Take a ferry to **Santa Cruz**, the capital of neighbouring Tenerife.

Take a bus to the capital – **Las Palmas de Gran Canaria**, or to the small western resort of **Playa de La Aldea**.

Explore the twin towns of **Agate** – with its museum and botanical gardens; and **Puerto de las Nieves** – with its charming restaurants round the port and beach; and see the impressive sacred aboriginal site of Maipes.

Spend the day at your hotel with its fine pools, wellness centre and bars.

Day 6: Fontanales, Moyo And The Barranco Laurel

Starting high in the mountains, we descend into the hidden Barranco Laurel, and explore its two small towns.

Option 1 - Fontanales, Los Tilos And Moya

Distance: 7 miles (11km)

Total ascent: 600 feet (200m)

Total descent: 4,000 feet (1,200m)

In summary: We start by walking through farmland to the cheese making town of Fontanales before descending into the Barranco Laurel and emerging at the pretty circular walk at Los Tilos. This walk then takes us into the town of Moya with fine views to the sea.

Highlight: Walk through rugged terrain with views of dramatic barrancos.

Option 2 - The Camino Aqua De Fontanales And Barranco Laurel To Moya

Distance: 9 miles (14½km)

Total ascent: 800 feet (250m)

Total descent: 4,000 feet (1,200m)

In summary: This walk starts at a higher level and travels through a valley teeming with sheep before taking the Camino Aqua to Fontanales. We then travel through valleys on narrow paths and roads to Los Tilos and Moya.

Highlight: Enjoy this high level walk through Gran Canaria's picturesque landscape.

Day 7: Cruz Tejada Circuit

Walk on the rim of Caldera de Tejada to the village of Cruz de Tejada. Take in the impressive volcanic scenery and discover the striking rocky outcrop of Roque Nublo.

Option 1 - Roque Nublo And The Balcony Path To Cruz De Tejada

Distance: 6 miles (9½km)

Total ascent: 1,100 feet (330m)

In summary: We start by ascending to the stunning feature of Roque Nublo at 5,800 feet in the centre of the island. Our coach then takes us to start walking on a spectacular balcony paths round the rim of the Caldera de Tejada, before arriving at the welcome cafes in Cruz de Tejada.

Highlight: Visit the Roque Nublo.

Option 2 - Roque Nublo From The West, Presa De Los Hornos And Cruz De Tejada

Distance: 8 miles (13km)

Total ascent: 2,200 feet (700m)

In summary: We approach Roque Nublo from an interesting direction and ascend to the rock plateau to admire the views. We then walk past the reservoir of Presa los Hornos before ascending to enjoy the balcony path to Cruz de Tejada.

Highlight: Spectacular views from Roque Nublo.

Day 8: Departure Day

We hope to see you again soon.

ACCOMMODATION

Hotel & Spa Cordial Roca Negra, Gran Canaria

Enjoying a seafront location in a quiet residential part of Agaete, the recently renovated Cordial Roca Negra offers 140 large and bright en-suite rooms, a large freeform swimming pool and a wellness centre. This hotel combines a wonderful location from which to access Gran Canaria's superb walking as well as a comfortable stay, including a contemporary restaurant and outdoor seating which enjoy sea views.

Accommodation Info

Rooms

The Roca Negra was completely renovated in 2019 and features 140 spacious and contemporary rooms. All rooms feature:

- Flat screen television
- Air conditioning
- Tea/coffee making facilities
- Complimentary toiletries
- Telephone
- Balcony or Terrace
- Room safe
- Hairdryer

Facilities

Whilst staying at the hotel guests can enjoy:

- Large outdoor swimming pool with sea views
- Extensive wellness centre
- Rooftop terrace with panoramic views and comfy seating
- Two bars serving a selection of beers, wines, spirits and soft drinks
- Gym
- Free WiFi

Food & Drink

Our holidays in Gran Canaria are on a half board basis and include breakfast and evening meal.

Breakfast

Breakfast is served in Restaurante El Juncal and there is an extensive selection of hot and cold options from a self-select buffet.

Lunch (Payable Locally)

Ingredients for packed lunches can be purchased in nearby Agaete and stored in the fridge in your room. On some days it may be possible to eat out at local cafes, your leaders will advise you of the best options.

Dinner

Dinner is also served in Restaurante El Juncal. A large and impressive buffet with a huge range of appetizers, at least 4 options of main course and a mouth watering dessert section including a range of cheeses.

Your Evenings

The friendly atmosphere of our guided walking holidays continues into the evening. Enjoy a glass of wine or local beer whilst hearing about the next days walking options. You may wish to take a stroll to Agaete passing by the natural salt water swimming pools in the rocks and meandering down to the harbour. Your leaders will advise you of any local entertainment on offer.

TRAVEL DETAILS

THE HASSLE-FREE OPTION

Book your holiday 'with flight' and choose between Gatwick and Manchester flights to Las Palmas de Gran Canaria airport. For flight times and prices please see the Dates & Prices tab.

If you choose this option we automatically include return transfers between the airport and the hotel. The short coach transfer takes approx 35 minutes to the Hotel and Spa Cordial Roca Negra

THE FLEXIBLE TRAVEL OPTION

Alternatively, tailor your journey to suit you by booking your holiday 'without flight' allowing you the freedom to book your own flights from your local airport.

If you choose this option, transfers are not included in the price. However, below are some suggestions to help you reach your destination:

We can book you a seat on the HF Holidays' transfer coach from Las Palmas de Gran Canaria airport (transfers are timed to meet the HF Holidays' flights* (provisional flight times can be found on the dates and prices tab or you can call us on 020 8732 1220 for more information). Cost per single journey is £40.00

Transfers must be pre-booked. Please call 020 8732 1220 for more details

* Please note that HF Holidays is not responsible for your onward travel if you fail to meet the transfer coach

USEFUL HOLIDAY INFORMATION

What To Bring

Essential Equipment

To enjoy walking/hiking comfortably and safely, footwear, clothing and equipment needs to be suitable for the conditions. Safety and comfort are our priorities, so our advice is to come prepared for all eventualities.

- Footwear with a good grip on the sole (e.g. Vibram sole) is the key to avoiding accidents.
- Walking/hiking boots providing ankle support and good grip are recommended (ideally worn in), and specialist walking socks to avoid blisters.
- Several layers of clothing, which can be added or removed, are better than a single layer (include spares).
- Fabrics (lightweight and fast drying) designed for the outdoors are recommended.
- Waterproof jacket and waterproof over trousers.
- Warm hat and gloves.
- Denim jeans and capes are not suitable on any walks.
- Rucksack with a waterproof liner.
- Thermos flask for hot drink.
- Water bottle (at least 2 litre).
- Spare high-energy food such as a chocolate bar.
- Small torch.
- First aid kit – your leader's first aid kit doesn't contain any medication or blister kits (such as Compeed).
- Sun hat and sunglasses
- Sun cream.

Optional Equipment

- Walking poles are useful, particularly for descents.
- Insect repellent.
- Camera.
- Gaiters.

Useful Information

Language:

Spanish

Currency:

Euro

Changing money:

There is an ATM machine in Agaete where you can obtain money.

Electricity:

220 Volt AC with round two pin plugs; you will need an adaptor for any appliances brought from the UK.

Tap water:

Is considered safe to drink, but if you prefer, bottled mineral water can be purchased from the hotel or local supermarkets.

Telephone code:

If the international number you wish to call starts with a 0, you must drop the starting digit when dialling the number.

To dial a UK number 0044

To dial a Spanish number 0034

The language of Gran Canaria is Spanish.

Is considered safe to drink, but if you prefer, bottled mineral water can be purchased from the hotel or local supermarkets.

If the international number you wish to call starts with a 0, you must drop the starting digit when dialling the number.

To dial a UK number 0044

To dial a Spanish number 0034

Local Currency

The currency of Gran Canaria is the Euro.

Electricity

220 Volt AC with round two pin plugs; you will need an adaptor for any appliances brought from the UK.

ATM Availability

There is an ATM machine in Agaete where you can obtain money.

HOW TO BOOK

When you're ready to book, you can choose to **book online** or book **over the phone**. Our website offers secure online booking for our holidays, is available 24/7, and offers more in-depth information about all our holidays. If you prefer to call us, our experienced and knowledgeable team are available to answer any specific questions you have and can offer guidance as to which holiday is best suited to your needs.

Our office is open: Monday to Friday: 9am – 7pm Saturday & Sunday: 9am – 1pm Bank Holiday Monday: 9am – 1pm

PAYING YOUR DEPOSIT

To secure the holiday of your choice, you will need to pay a deposit: UK & European Holidays: £150 per person and Worldwide Holidays: £250 per person. You can pay your deposit by debit or credit card with no additional card fees charged or make an online BACS payment directly into HF's bank account, please see details under BACS payments. You can also pay your deposit by cheque within seven days of booking. Cheques should be made payable to 'HF Holidays Ltd' with your booking reference / Order ID on the back.

NON-MEMBER FEE

Non-members can join our holidays by paying a Non-Member's fee of £10 per person per holiday. Alternatively, full membership is available from £100 – visit hfholidays.co.uk/membership for details.

BACS PAYMENTS

Please quote your booking reference / Order ID when you make your payment online: Bank Name: Svenska Handelsbanken AB (publ) Account Name: HF Holidays Ltd Account Number: 35923304 Sort Code: 40-51-62 IBAN: GB92HAND40516235923304 Swift / Bic Code: HANDGB22

Once we have received your booking and deposit, we will send a confirmation invoice to the lead name. Please check this carefully. For bookings 'with flights' it is essential that the names on your booking confirmation invoice match those on your passport for bookings overseas. Please advise us immediately of any errors. Any name changes after the balance of your holiday has been paid will be subject to a fee levied by the airline.

MANAGE MY BOOKINGS

Payments can also be made through the Manage My Booking function on our website. Click on the link at the top of our homepage. This is available to all customers who provide an email address at the time of booking.

YOUR FINAL BALANCE

The balance is due 10 weeks before departure. As with paying your deposit, you can pay your final balance by debit or credit card, make an online BACS payment directly into HF's bank account or pay by cheque.

TRAVEL INSURANCE

Travel insurance is an important part of any booking and essential for one of our holidays. HF Holidays works with specialist. Insurance Brokers Campbell Irvine Direct. For more information or to obtain a quote call them on 01702 427 236 or visit hfholidays.co.uk/insurance

PEACE OF MIND

ATOL:

The air holidays and flights in this brochure are ATOL-protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 710. In the unlikely event of our insolvency, the CAA will ensure that you are not stranded abroad and will arrange to refund any money you have paid us for advance bookings. For further information visit the ATOL website atol.org.uk

MEMBER OF ABTOT:

HF Holidays is a member of ABTOT (The Association of Bonded Travel Organisers Trust Limited) which provides financial protection under the Package Travel, Package Holidays and Package Tours Regulations 1992 for HF Holidays Ltd and in the event of their insolvency, protection is provided for the following: 1. non-flight packages commencing in and returning to the UK; 2. non-flight packages commencing and returning to a country other than the UK; 3. flight inclusive packages that commence outside of the UK and Republic of Ireland, which are sold to customers outside of the UK and Republic of Ireland. 1, 2 and 3 provides for a refund in the event you have not yet travelled. 1 and 3 provides for repatriation. Please note that bookings made outside the UK and Republic of Ireland are only protected by ABTOT when purchased directly with HF Holidays Ltd.

TRIP NOTE VALIDITY

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

PRICE GUARANTEE

We promise that our earliest published prices will always be the best and if we reduce our holiday price after your booking has been confirmed, we will pass this reduction on to you. Our price promise applies if any subsequent offer price is for an identical holiday, duration, location and date and does not cover any optional extras, flights or additional services.

Document produced: 29-02-2020

