

7-Night Lanzarote Guided Walking Holiday

Tour Style: European Centre Based
Destinations: Canary Islands & Spain
Trip code: LZLCL-7
2 & 3



HOLIDAY OVERVIEW

Explore most parts of the island, encompassing dramatic views and landscapes. Enjoy volcanic scenery including the extraordinary Timanfaya National Park and walk in green valleys, pretty white beaches and visit the charming neighbouring island of La Graciosa. Learn about César Manrique, an artist and architect dedicated to preserving his home island, and explore the winding streets of the fascinating old capital, Tegüise. Lanzarote is the easternmost of the Canary Islands, lying 80 miles off the coast of Africa and about 650 miles from mainland Spain. The island measures 40 miles from north to south and around 16 miles east to west with a warm and stable climate all year round. Situated in the northeast of Lanzarote, Costa Tegüise is a popular resort and attracts many visitors. Here you will find an extensive promenade with several large sandy beaches and all of the amenities you require on your holiday. Our walking itinerary covers most parts of the island, encompassing dramatic views and landscapes. The volcanoes have created a chain of hills which stretch down the island's spine. From these hills the vistas change before your eyes as the sun and clouds pass overhead, eclipsing in a kaleidoscope of colours that sparkle on the volcanic craters. The northwest of the island is famous for its coastal scenery with breathtaking cliffs and powerful seas. We also visit Lanzarote's smaller neighbour, La Graciosa, which can be reached by a short ferry journey. As you step off the ferry in Caleta del Sebo you also step back in time on this tranquil island. There are no cars, only long golden beaches and marvellous views across the channel, El Río, to the majestic cliffs of Lanzarote's northern coastline.

WHAT'S INCLUDED

- A full programme of guided walks with 2 options every walking day
- All transport to and from walks
- The services of experienced HF Holidays' leaders
- "With flight" holidays include return flights from the UK and hotel transfers
- 7 nights' accommodation in en-suite rooms
- Half Board - continental breakfast and evening meal

HOLIDAYS HIGHLIGHTS

- Discover the island's volcanic activity at the Timanfaya National Park with a tour through the lava fields
- Near-perfect year-round climate; ideal for a winter escape or a scorching summer holiday
- Learn about Cesar Manrique, an artist and architect dedicated to preserving his home island
- Walk the steep northern cliffs with views to the island of La Graciosa
- A starkly beautiful island that encompasses volcanic moonscapes, green rolling hillsides and exhilarating seascapes

TRIP SUITABILITY

This is a level 2 and level 3 graded Activity, Easier walks: 5 to 7 miles (8 to 11km) sometimes on rough and stony paths. Up to 1,100 feet (330m) of ascent in a day. Harder walks: 6 to 11 miles (9½ to 17½km) using steeper and rougher paths. Up to 1,800 feet (540m) of ascent in a day.



ITINERARY

Day 1: Arrival Day

Welcome to HD Beach Resort. Unpack and settle in.

Day 2: Teguisse

Our first day's walks will take us to the centre of the island where we will visit the old capital, Teguisse.

Day 3: Timanfaya National Park To Yaiza

Today we'll travel to the Timanfaya National Park where we'll pay a visit to the visitor centre to discover more about this volatile volcanic landscape with a guided tour. After a spot of lunch at the scenic El Golfo, both groups travel on to Femés to continue our walks.

Day 4: The Slopes Of Montana Corona

Today we travel to the north of Lanzarote and enjoy our walks before taking the ferry from Orzola to the island of La Graciosa, with the opportunity to explore independently in the afternoon.

Day 5: Free Day

Each week there is a free day when no guided walks are offered. This is an ideal opportunity to relax around the hotel, walk independently or visit local places of interest. Some options for your free day may include:

César Manrique: A tour of César Manrique's astonishing contributions to Lanzarote: the César Manrique Foundation, the Cactus Gardens and the Jameos del Agua, a restaurant built in ancient lava bubbles and tunnels.

Costa Teguisse: Alternatively, a short stroll along the promenade will take you into the centre of Costa Teguisse or to beaches either side of the old town. There is also an 18-hole golf course nearby.

HD Beach Resort: At the HD Beach Resort itself, you could enjoy the wide range of facilities, including the outdoor pools and wellness centre.

Local information website: For information on Lanzarote please visit turismolanzarote.com

Day 6: From Pico Oveja To The Coast

Today we will explore the south of this beautiful island.

Day 7: Miradors Of The North

Today we venture to the northwest of the island, where the landscape is surprisingly greener with more vegetation than other areas of the island explored this week.

Day 8: Departure Day

We hope to see you again soon.

ACCOMMODATION

HD Beach Resort & Spa - Lanzarote

The 4-star HD Beach Resort Hotel overlooks the beautiful beach of Costa Teguisse. The hotel has an airy and contemporary design and all HF guests enjoy Junior Suite rooms with all inclusive drinks at dinner. The resort has a wide range of facilities including swimming pools, cinema, wellness centre and gym. The shops and local services of Costa Teguisse are only a short walk away.

Accommodation Info

Rooms

There are 177 comfortable ensuite bedrooms.

The Junior Suites have air conditioning, fridge, coffee maker, toaster, telephone, room safe, TV, hairdryer and a balcony or terrace.

Facilities

The HD Beach Resort has two outside swimming pools with seating and sunbeds, the larger of which also has sea views. There is a 24-hr reception, bike hire, a large wellness centre with sauna, Turkish bath, Jacuzzi and relaxation areas with mood lighting. The hotel has a range of water sport activities that can be booked on your free day and also a gym..

Food & Drink

Our holidays at HD Beach Resort are on a Half Board basis and include breakfast and evening meal.

Breakfast

Breakfast is served in the La Geria restaurant and there is an extensive selection of hot and cold options from a self-select buffet.

Lunch (Payable Locally)

You can buy ingredients for your picnic lunch from the local shops.

On some days it may be possible to eat out at a local café whilst out on the walks; your leaders will advise you of the options.

Evening Meal

Dinner is also buffet with a large and varied selection of international and local dishes. There is an interactive menu which can help you decide what to choose with comprehensive information which will help any of our guests with dietary requirements.

Your Evenings

The friendly atmosphere of our Guided Walking holidays continues into the evening.

Enjoy a glass of wine or local beer before hearing about the next day's walks. On most evenings you will be able to take advantage of the hotel's entertainment programme.

You may wish to take a stroll with your leader along the illuminated promenade to the bustling resort of Costa Teguse, or to the beaches either side of the old town. Or you may like to relax on the terrace or in the bar, with a drink and chat with your fellow guests.

There is a dedicated area where you can play pool, snooker or table tennis. Your leader will also be checking out for any local events going on nearby.

Travel Details

THE HASSLE-FREE OPTION

Book your holiday 'with flight' and choose between Gatwick, Manchester and Birmingham flights to Arrecife airport. For flight times and prices please see the Dates & Prices tab.

If you choose this option we automatically include return transfers between the airport and the hotel. The short coach transfer takes approx 20 minutes to the HD Beach Resort

THE FLEXIBLE TRAVEL OPTION

Alternatively, tailor your journey to suit you by booking your holiday 'without flight' allowing you the freedom to book your own flights from your local airport.

If you choose this option, transfers are not included in the price. However, below are some suggestions to help you reach your destination:

- We can book you a seat on the **HF Holidays' transfer coach** from Arrecife airport (transfers are timed to meet the HF Holidays' flights* (provisional flight times can be found on the dates and prices tab or you can call us on 020 8732 1220 for more information). Cost per single journey is £10.50
- Taxis are readily available at the airport for the short 20 minute transfer.

Transfers must be pre-booked. Please call 020 8732 1220 for more details

* Please note that HF Holidays is not responsible for your onward travel if you fail to meet the transfer coach

USEFUL HOLIDAY INFORMATION

What To Bring

Essential Equipment

To enjoy walking/hiking comfortably and safely, footwear, clothing and equipment needs to be suitable for the conditions. Safety and comfort are our priorities, so our advice is to come prepared for all eventualities.

- Footwear with a good grip on the sole (e.g.Vibram sole) is the key to avoiding accidents.
- Walking/hiking boots providing ankle support and good grip are recommended (ideally worn in), and specialist walking socks to avoid blisters.
- Several layers of clothing, which can be added or removed, are better than a single layer (include spares).
- Fabrics (lightweight and fast drying) designed for the outdoors are recommended.
- Waterproof jacket and waterproof over trousers.
- Warm hat and gloves.
- Denim jeans and capes are not suitable on any walks.
- Rucksack with a waterproof liner.
- Thermos flask for hot drink.
- Water bottle (at least 2 litre).
- Spare high-energy food such as a chocolate bar.
- Small torch.
- First aid kit – your leader's first aid kit doesn't contain any medication or blister kits (such as Compeed).
- Sun hat and sunglasses
- Sun cream.

Optional Equipment

- Walking poles are useful, particularly for descents.
- Insect repellent.
- Camera.
- Gaiters.

Useful Information

Language: Spanish

Currency: Euro

Changing money: There are several ATM machines in Costa Teguse where you can obtain money.

Electricity: 220 Volt AC with round two pin plugs; you will need an adaptor for any appliances brought from the UK.

Tap water: Is considered safe to drink, but if you prefer, bottled mineral water can be purchased from the hotel or local supermarkets.

Telephone code: If the international number you wish to call starts with a 0, you must drop the starting digit when dialling the number.

To dial a UK number 0044

To dial a Spanish number 0034

The local language of Lanzarote is Spanish.

Is considered safe to drink, but if you prefer, bottled mineral water can be purchased from the hotel or local supermarkets.

If the international number you wish to call starts with a 0, you must drop the starting digit when dialling the number.

To dial a UK number 0044

To dial a Spanish number 0034

Local Currency

The currency of Lanzarote is the Euro.

Electricity

220 Volt AC with round two pin plugs; you will need an adaptor for any appliances brought from the UK.

ATM Availability

There are several ATM machines in Costa Teguse where you can obtain money.

HOW TO BOOK

When you're ready to book, you can choose to **book online** or book **over the phone**. Our website offers secure online booking for our holidays, is available 24/7, and offers more in-depth information about all our holidays. If you prefer to call us, our experienced and knowledgeable team are available to answer any specific questions you have and can offer guidance as to which holiday is best suited to your needs.

Our office is open: Monday to Friday: 9am – 7pm Saturday & Sunday: 9am – 1pm Bank Holiday Monday: 9am –

1pm

PAYING YOUR DEPOSIT

To secure the holiday of your choice, you will need to pay a deposit: UK & European Holidays: £150 per person and Worldwide Holidays: £250 per person. You can pay your deposit by debit or credit card with no additional card fees charged or make an online BACS payment directly into HF's bank account, please see details under BACS payments. You can also pay your deposit by cheque within seven days of booking. Cheques should be made payable to 'HF Holidays Ltd' with your booking reference / Order ID on the back.

ASSOCIATE'S FEE

Non-members can join our holidays by paying an Associate's fee of £10 per person per holiday. Alternatively, full life membership is available from £100 – visit hfholidays.co.uk/membership for details.

BACS PAYMENTS

Please quote your booking reference / Order ID when you make your payment online: Bank Name: Svenska Handelsbanken AB (publ) Account Name: HF Holidays Ltd Account Number: 35923304 Sort Code: 40-51-62 IBAN: GB92HAND40516235923304 Swift / Bic Code: HANDGB22

Once we have received your booking and deposit, we will send a confirmation invoice to the lead name. Please check this carefully. For bookings 'with flights' it is essential that the names on your booking confirmation invoice match those on your passport for bookings overseas. Please advise us immediately of any errors. Any name changes after the balance of your holiday has been paid will be subject to a fee levied by the airline.

MANAGE MY BOOKINGS

Payments can also be made through the Manage My Booking function on our website. Click on the link at the top of our homepage. This is available to all customers who provide an email address at the time of booking.

YOUR FINAL BALANCE

The balance is due 10 weeks before departure. As with paying your deposit, you can pay your final balance by debit or credit card, make an online BACS payment directly into HF's bank account or pay by cheque.

TRAVEL INSURANCE

Travel insurance is an important part of any booking and essential for one of our holidays. HF Holidays works with specialist. Insurance Brokers Campbell Irvine Direct. For more information or to obtain a quote call them on 01702 427 236 or visit hfholidays.co.uk/insurance

PEACE OF MIND

ATOL:

The air holidays and flights in this brochure are ATOL-protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 710. In the unlikely event of our insolvency, the CAA will ensure that you are not stranded abroad and will arrange to refund any money you have paid us for advance bookings. For further information visit the ATOL website atol.org.uk

MEMBER OF ABTOT:

HF Holidays is a member of ABTOT (The Association of Bonded Travel Organisers Trust Limited) which provides financial protection under the Package Travel, Package Holidays and Package Tours Regulations 1992 for HF Holidays Ltd and in the event of their insolvency, protection is provided for the following: 1. non-flight packages commencing in and returning to the UK; 2. non-flight packages commencing and returning to a country other than the UK; 3. flight inclusive packages that commence outside of the UK and Republic of Ireland, which are sold to customers outside of the UK and Republic of Ireland. 1, 2 and 3 provides for a refund in the event you have not yet travelled. 1 and 3 provides for repatriation. Please note that bookings made outside the UK and

Republic of Ireland are only protected by ABTOT when purchased directly with HF Holidays Ltd.

TRIP NOTE VALIDITY

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

PRICE GUARANTEE

We promise that our earliest published prices will always be the best and if we reduce our holiday price after your booking has been confirmed, we will pass this reduction on to you. Our price promise applies if any subsequent offer price is for an identical holiday, duration, location and date and does not cover any optional extras, flights or additional services.

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