

# 4-Night Southern Yorkshire Dales Guided Walking for Solos Holiday

**Tour Style:** Solos Walking Holidays

**Destinations:** Yorkshire Dales & England

**Trip code:** MDBOS-4

2, 3 & 4



## HOLIDAY OVERVIEW

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Country walking is a great way to meet new friends. We welcome individual travellers on all of our holidays, but on Guided Walking for Solos the entire holiday is especially for single guests. Enjoy like minded company and a great selection of walks in the Yorkshire Dales. Discover beautiful Malhamdale and historic Bolton Abbey, or head for the summit of Ingleborough.

## WHAT'S INCLUDED

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- High quality en-suite accommodation in our country house
- Full board from dinner upon arrival to breakfast on departure day
- 3 days guided walking
- Use of our comprehensive Discovery Point
- Choice of up to three guided walks each walking day
- The services of HF Holidays Walking Leaders

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## HOLIDAYS HIGHLIGHTS

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- Head out on guided walks to discover the varied landscape of the Southern Yorkshire Dales on foot
- Enjoy magnificent views from the impressive summits
- Admire green valleys and waterfalls on riverside strolls
- Marvel at the wild landscape of unbroken heather moorland and limestone pavement
- Explore quaint villages and experience the warm Yorkshire hospitality at its best
- Let our experienced leader bring classic routes and offbeat areas to life

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## TRIP SUITABILITY

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This trip is graded Activity Level 2, 3 and 4, Explore the beautiful Yorkshire Dales on our guided walks. We offer a great range of walks to suit everyone - including gentle walks along the lush green valleys, as well as opportunities to climb impressive local peaks. Join our friendly and knowledgeable guides who will bring this stunning national park to life.

Our experienced guides offer the choice of three different walks each day. Choose the option which best suits your interests and fitness.

We provide flexible holidays, join our guided walks, explore independently, or relax at Newfield Hall.

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## ITINERARY

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### Day 1: Arrival Day

You're welcome to check in from 4pm onwards.

### Day 2: Airton And The River Aire

#### Option 1 - Kirkby Malham & The River Aire

Distance: 6½ miles (10.5km)

Ascent: 650 feet (200m)

**In Summary:** Our circular walk from Newfield Hall takes us to historic Airton village before continuing along the valley to Kirkby Malham. In the afternoon we'll return along the Pennine Way beside the River Aire.

**Highlight:** Discover plenty of historical interest including an 18th Century watermill, the 'Cathedral of the Dales' at Kirkby Malham and the curious story of a watery grave!

#### Option 2 - Malham & River Aire

Distance: 9 miles (15km)

Total ascent: 1,050 feet (340m)

**In Summary:** Discover the beautiful countryside of the Aire Valley as we explore the valley visiting the villages of Airton, Malham and Kirkby Malham.

**Highlight:** Enjoy views of Malham Cove, and walk past Aire Head Spring where the river resurges from underground.

### Option 3 - Exploring Malhamdale

Distance: 13 miles (21km)

Ascent: 1,750 feet (540m)

**In Summary:** A longer circuit of the valley that first ascends the moor to the superb viewpoint of Weets Top. We descend to Malham, before returning alongside the River Aire via Kirkby Malham.

**Highlight:** Discover more about the fascinating geology of Malhamdale as you gaze down from Weets Top over Gordale Scar and the classic limestone landscapes above Malham.

## Day 3: Wharfedale, Simon's Seat And Bolton Abbey

### Option 1 - Beside The Wharfe

Distance: 7 miles (11km)

Ascent: 550 feet (180m)

**In Summary:** Walk along Wharfedale from Appletreewick to Bolton Abbey. Our route never strays far from the river and passes Barden Tower, the ruins of a 15th century fortified hunting lodge, and The Strid.

**Highlight:** Our walk ends beneath the iconic ruins of Bolton Abbey, a 12th-century Augustinian monastery.

### Option 2 - Trollers Gill & River Wharfe

Distance: 10 miles (16.5km)

Ascent: 1,150 feet (360m)

**In Summary:** Walk to the limestone gorge of Trollers Gill then descend to the River Wharfe and follow the river past The Strid to Bolton Abbey.

**Highlight:** The Strid is a dramatic stretch of the river where the channel is forced into a narrow chasm. The name supposedly derives from being able to 'stride' across. Please don't try this - it's wider than it looks!

### Option 3 - Simon's Seat

Distance: 12½ miles (20.5km)

Ascent: 2,100 feet (640m)

**In Summary:** Walk past Trollers Gill before going on high moor to the superb viewpoint of Simon's Seat. We cross Barden Fell and through the Valley of Desolation to follow the river to Bolton Abbey.

**Highlight:** The panoramic view from the top of Simon's Seat stretches along Wharfedale - perhaps even as far as the North York Moors on a clear day.

## Day 4: Clapham, Gaping Gill And Ingleborough

### Option 1 - Gaping Gill

Distance: 6 miles (9.5km)

Ascent: 1,050 feet (320m)

**In Summary:** Today's circular walk starts in the traditional Dales village of Clapham. Pass through the Ingleborough Estate, with an optional guided tour of Ingleborough Cave, and ascend the limestone gorge of Trow Gill to reach the huge pot hole of Gaping Gill.

**Highlight:** We'll stop for an optional tour of Ingleborough Cave with its impressive stalactites and stalagmites.

### Option 2 - Norber

Distance: 7½ miles (12km)

Ascent: 1,300 feet (400m)

**In Summary:** Through a boulder field of glacial erratics at Norber and onto Thwaite Scars, with views of the Crummackdale, this walk peaks at Gaping Gill. We return through the Ingleborough estate.

**Highlight:** Gaping Gill is awe-inspiring in its scale. This huge pot hole drops 100 metres into a cavern large enough to fit York Minster.

### Option 3 - Ingleborough

Distance: 10½ miles (17.5km)

Ascent: 2,100 feet (640m)

**In Summary:** Walk from Clapham, over limestone pavements, to the summit of Ingleborough. Our descent route takes us via Gaping Gill to Clapham.

**Highlight:** The distinctive shape of Ingleborough, one of the Three Peaks, dominates the landscape. There's a great view from the top over the Yorkshire Dales towards the Lake District.

## Day 5: Departure Day

Enjoy a leisurely breakfast before making your way home.

## ACCOMMODATION

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### Newfield Hall

Situated close to Malham in South Yorkshire's portion of the famous Dales, Newfield Hall offers country-pile atmosphere amid beautiful rural surroundings. A grand country house, this stately, storied property retains many of its original nineteenth century features, from the grand entrance to the sweeping staircase inside. The Hall has 48 bedrooms, as well as two cosy lounges and an elegant bar, providing guests with a laid-back and

unstuffy retreat with a generous sprinkling of style. The Dales and countryside on the doorstep are a rambler's paradise, with easy access to Malham Cove and its deeply indented limestone pavement, Gordale Scar and Pen y Ghent as well as the pretty villages of Grassington and Kettlewell.

## Matchless Country House Accommodation

### Accommodation Info

### Need To Know

### Important Covid-19 Steps We Have Taken For Guest Safety: Please Read

As we slowly reopen in the wake of the Coronavirus lockdown, our country house stays are set to be organised a little differently; extra steps have been taken to keep our guests, house teams and leaders safe while we return to action. We ask all our guests to respect the measures put in place.

Initially the overall capacity of the houses has been reduced. Guests must wear face coverings in public spaces. To adhere to social distancing guidelines, we have taken the necessary steps to space out furniture and seating in public areas. In addition, a one-way system will be in place around the house. Adequate signage will be displayed to support the direction of travel to be followed by guests and house teams.

As a temporary measure, we will not be servicing rooms during a stay. Extra tea, coffee, milk, and toiletries will be made available on request for all guests. It is recommended that guests bring their own toiletries for the duration of their stay. We have removed all non-essential and reusable items from our rooms for the meantime including cushions, hairdryers, bathrobes, bed throws, and printed materials to reduce the number of items that need to be disinfected. Hairdryers will be available on request. Clean towels will be available on request. We will though be increasing the frequency of cleaning in our public areas providing particular attention to frequently touched items including door handles and handrails.

For now, there is no cream tea on arrival day. We have also adapted our food offering to remove all buffets and open food items. Different sittings may be required for breakfast and dinner due to the occupancy and size of the house. Picnic lunches will now be pre-ordered the night before from an order form in the room. The bar in each country house will be open, and we will be offering a table service for drinks. At this time there is no, or only a very limited, evening social programme available. Outdoor swimming pools at those houses that have them will re-open throughout August, except at Freshwater Bay House, where the pool will remain closed for 2020. Indoor swimming pools will remain closed.

For more information and to see all the steps taken, [visit our page on how house stays will be adapted](#).

## Rooms

*Tea & coffee-making facilities, TV, Hairdryer, Toiletries, Wi-Fi*

Stay in one of the main building's beautifully presented rooms or in the tastefully converted Courtyard rooms, which have been reimagined as pretty bedrooms, where pops of mustard contrast with the blue and teal furnishings. With 48 bright and well-appointed rooms, Newfield Hall is one of our largest properties and there's a range of Good, Better and Best rooms to choose from: we love rooms 3 and 6, both of which are large corner rooms containing original features, with large bay windows overlooking the gardens and beyond the pristine farmland, hills, and yes, dales, of this picturesque pocket of Yorkshire: make use of the telescope trained through the window of Room 6 to scour the countryside for trails to explore.

*All 'Good' rooms are ensuite and furnished to a high standard. There are also several 'Better' and 'Best' Rooms that are either larger or have a desirable view, a more luxurious mattress and larger television – upgrade your stay for just an extra £15-25 per person per night. You can choose a specific room for an extra £30 per room,*

*subject to availability. Upgrade supplements still apply.*

## Facilities

*Free Wi-Fi, boot room and drying room, walled garden, putting green, heated indoor swimming pool, multi-purpose activity room, ballroom, library and board games to borrow*

After a day exploring, return to the house and its specially tailored walkers' facilities. Once settled, stroll the large gardens and gaze out over the Yorkshire Dales, or try your hand on the putting green. Slip in to the heated indoor swimming pool to soak while still being able to look out over the gardens. Make use of the activity room or simply retreat to one of the lounges: grab a book and curl up in the stylish Ingleborough Lounge or pull up a chair and challenge someone to cards and board games in the smart Pen-y-Ghent Lounge. Stop in the Heritage Room for inspiration at our helpful Discovery Point and look out for our founder T A Leonard's boots, long since retired and sat on the mantelpiece. Pop in to the stylish bar before dinner for a pint of excellent local ale or a favourite gin, pausing to admire the maps set into the bar itself, and retire there later to strike up conversation with other guests and swap stories of your adventures in the Dales.

## Food & Drink

As at all our country houses, holidays are full board, from afternoon tea served as a welcome treat through that evening's meal to a hearty breakfast on the day of departure. Lunch is a chance to stock up on our famous picnic snacks. Food at Newfield Hall is varied and eclectic but has a strong emphasis on ingredients from the area and seasonal produce. Once a week the dining room hosts a Local Food Night, when, over a sociable evening, you might tuck in to locally sourced river trout, served with wild garlic oil and sautéed samphire, enjoy Yorkshire lamb three ways or try the Yorkshire tea and smoked Wensleydale soufflé with wild mushrooms. Cap it all with a trio of Yorkshire parkin, Yorkshire pudding and Yorvdale dairy ice cream for a feast of regional flavours.

## Accessibility

For accessibility and assistance information, please contact our expert team on 020 3974 8865

## TRAVEL DETAILS

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Our address is: Newfield Hall, Airton, Skipton, North Yorkshire BD23 4AA

Tel: [01729 830235](tel:01729830235)

### By Train:

The most convenient train station is at Skipton. Gargrave station is closer, but there is no taxi service from this station. For train times and route planning by train visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk) or phone 03457 48 49 50.

### By Taxi:

The 8½ mile journey from Skipton to Newfield Hall can be made by taxi. You can pre-book a taxi from our recommended taxi company, Station Taxis. As a guide price, it cost £14 per 4-seat taxi in 2019. 8-seat taxis are also available at a higher rate. Please pre-book your taxi at least 7 days in advance by contacting:

Station Taxis\*

Tel: +44 (0) 1756 700777

Email: [stationtaxis@hotmail.co.uk](mailto:stationtaxis@hotmail.co.uk)

The return taxi journey can be arranged on your behalf by the Newfield Hall Manager.

\*Station Taxis is not owned or managed by HF Holidays

## By Car:

From the south, follow the A65 from Skipton to Gargrave. Leave the A65 by Eshton Road, signposted to Malham and pass Eshton Hall on the right. Newfield Hall is approx 2½ miles further on, on the right and before the village of Airton. Look out for our sign.

From the north, exit the M6 at junction 36 and take the A65 towards Skipton. In Coniston Cold village take a sharp left into a narrow road between houses, signposted to St Peters Church and Bell Busk and Malham. Pass under a railway viaduct, then after a mile bear right over a small bridge. After a further mile turn right at the junction, cross the narrow bridge then shortly after turn left through the gateway onto the drive of Newfield Hall. Look out for our sign.

There is free parking with the grounds of Newfield Hall.

## Travelling From Overseas

There is a local airport at Leeds/Bradford which is served by European flights. From here take the airport bus to Leeds station, then on by train to Skipton.

Manchester Airport has a much wider range of long-haul flights. There are direct trains every hour from the airport to Skipton with one change at Leeds. Allow 2 hours to Skipton - see [www.nationalrail.co.uk](http://www.nationalrail.co.uk) for train times.

Flying to London Heathrow airport is another option, but has a longer onward train journey - allow 4½ hours to reach Skipton. From Heathrow first take the Piccadilly line Underground train to London Kings Cross station. From here take a train to Skipton (1 change at Leeds) - see [www.nationalrail.co.uk](http://www.nationalrail.co.uk) for train times.

## LOCAL AREA

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The Yorkshire Dales contains the quintessential landscape of Northern England. Enjoy the surrounding scenery of green patchwork fields, drystone walls and wild moorland hills.

Newfield Hall sits in rolling open countryside. The nearest village with facilities is Gargrave where there is a pub and shop. The market town of Skipton is about seven miles away. Here you'll find a full range of facilities including supermarkets, shops, banks, chemists, pubs and cafes.

During your visit to the Newfield Hall you may enjoy visiting the following places of interest:

### Malham Cove

Just 10 to 15 minutes' drive from Newfield Hall is the dramatic Malham Cove, just one of the iconic limestone sights of the Yorkshire Dales. If you are not visiting the cove as part of your holiday, it's well worth making the short walk from the village.

### Skipton

The market town of Skipton, about 20 minutes' drive from Newfield Hall is a vibrant place to visit. Dominating the town is its well-preserved medieval castle. [www.skiptoncastle.co.uk](http://www.skiptoncastle.co.uk)

### Brontë Parsonage

Visit the parsonage in Haworth, the home of authors Charlotte, Emily and Anne Brontë. Many of their most famous works were written here, including Jane Eyre, Wuthering Heights and the Tenant of Wildfell Hall. Haworth is around 45 minutes' drive from Newfield Hall. [www.bronte.org.uk](http://www.bronte.org.uk)

## Keighley And Worth Valley Railway

This preserved steam railway runs from the centre of Keighley to Oxenhope via the 'Brontë' village of Haworth. The line is still well-known as the setting for the 1970 film 'the Railway Children' and boasts an impressive selection of steam locomotives. Keighley station is around 35 minutes' drive from Newfield Hall.

[www.kwvr.co.uk](http://www.kwvr.co.uk)

## Settle To Carlisle Railway

Ride England's most scenic railway through the Yorkshire Dales from Hellifield or Settle station. Heading north over the iconic Ribbleshead viaduct you could head to the small market town of Appleby, or the border city of Carlisle. [www.settle-carlisle.co.uk](http://www.settle-carlisle.co.uk)

## Fountains Abbey

This impressive World Heritage Site contains the dramatic ruins of Fountains Abbey, the largest monastic ruins in the country. There is an exhibition of life in the medieval Abbey. Adjacent to the abbey is Studley Royal water garden – England's most spectacular Georgian water garden.

## White Scar Cave

Located near the village of Ingleton, about 40 minutes' drive from Newfield Hall, White Scar is Britain's longest show cave. The underground tour reveals spectacular caverns, waterfalls and stalactites.

[www.whitescarnet.co.uk](http://www.whitescarnet.co.uk)

## Brimham Rocks

See the curious formations of Brimham Rocks above the valley of Nidderdale; around an hour's drive from Newfield Hall. [www.nationaltrust.org.uk/brimham-rocks](http://www.nationaltrust.org.uk/brimham-rocks)

## RHS Harlow Carr Garden

Situated near Harrogate, about 50 minutes' from Newfield Hall, are the Royal Horticultural Society's gardens at Harlow Carr. The gardens have been planted to suit the challenging growing conditions of the north. Wander and enjoy the tranquil surroundings. [www.rhs.org.uk/gardens/harlow-carr](http://www.rhs.org.uk/gardens/harlow-carr)

## Harrogate

The spa town of Harrogate has fabulous shopping, fine cuisine and glorious gardens. Visit the Turkish baths & health spa, Royal pump room and museum, Valley gardens and Betty's tearooms.

## Lightwater Valley

Set in 175 acres of parkland near Ripon, just over an hour's drive away, Lightwater Valley has big thrill rides including the 'Ultimate', the longest rollercoaster in Europe. The park has over 40 rides and is fantastic fun for all the family. [www.lightwatervalley.co.uk](http://www.lightwatervalley.co.uk)

## York

One of Britain's most attractive historic cities, York is about a 1½ hours' drive from Newfield Hall. Attractions include the city walls, Minster, National Railway Museum, and Yorvik Viking Centre. [www.yorkminster.org](http://www.yorkminster.org)  
[www.nrm.org.uk](http://www.nrm.org.uk) or [www.jorvik-viking-centre.co.uk](http://www.jorvik-viking-centre.co.uk)



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## USEFUL HOLIDAY INFORMATION

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### What To Bring

"There's no such thing as bad weather, just the wrong type of clothing!" goes the adage. Come prepared for all eventualities and you'll walk in comfort as well as safety. Britain's famous for its changeable weather, so here's our advice on what to wear and bring.

#### Essentials

- Waterproof walking boots providing ankle support and good grip.
  - A waterproof jacket and over-trousers
  - Gloves and a warm hat (it can be chilly at any time of the year)
  - Rucksack
  - Water bottle (at least 1 litre capacity)
  - A small torch (everywhere in winter, year round in mountains)
  - Sun hat and sunscreen
- Denim jeans and waterproof capes are not suitable on any walks.*

#### Recommended

- Several layers of clothing, which can be added or removed
- Specialist walking socks to avoid blisters.
- A first aid kit inc plasters– your leader's first aid kit doesn't contain any medication
- Sit mat (insulated pad to sit on when you stop for a break)

#### You Might Also Want

- Walking poles, particularly useful for descents.
- Insect repellent
- Flask for hot drinks
- Rigid lunch box
- Gaiters
- Blister kit (eg Compeed) just in case
- Waterproof rucksack liner

### Safety On Your Holiday

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests. Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest while clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass.

Please note: If you choose to leave the group your leader is no longer responsible for you.

If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks.

## HOW TO BOOK

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When you're ready to book, you can choose to **book online** or book **over the phone**. Our website offers secure online booking for our holidays, is available 24/7, and offers more in-depth information about all our holidays. If you prefer to call us, our experienced and knowledgeable team are available to answer any specific questions you have and can offer guidance as to which holiday is best suited to your needs.

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Our office is open: Monday to Friday: 9am – 7pm Saturday: 9am – 1pm Sunday & Bank Holiday Monday: closed

### **PAYING YOUR DEPOSIT**

To secure the holiday of your choice, you will need to pay a deposit: UK & European Holidays: £150 per person and Worldwide Holidays: £250 per person. You can pay your deposit by debit or credit card with no additional card fees charged or make an online BACS payment directly into HF's bank account, please see details under BACS payments. You can also pay your deposit by cheque within seven days of booking. Cheques should be made payable to 'HF Holidays Ltd' with your booking reference / Order ID on the back.

### **NON-MEMBER FEE**

Non-members can join our holidays by paying a Non-Member's fee of £20 per person per holiday. Alternatively, full membership is available from £100 – visit [hfholidays.co.uk/membership](http://hfholidays.co.uk/membership) for details.

### **BACS PAYMENTS**

Please quote your booking reference / Order ID when you make your payment online: Bank Name: Svenska Handelsbanken AB (publ) Account Name: HF Holidays Ltd Account Number: 35923304 Sort Code: 40-51-62 IBAN: GB92HAND40516235923304 Swift / Bic Code: HANDGB22

Once we have received your booking and deposit, we will send a confirmation invoice to the lead name. Please check this carefully. For bookings 'with flights' it is essential that the names on your booking confirmation invoice match those on your passport for bookings overseas. Please advise us immediately of any errors. Any name changes after the balance of your holiday has been paid will be subject to a fee levied by the airline.

### **MANAGE MY BOOKINGS**

Payments can also be made through the Manage My Booking function on our website. Click on the link at the top of our homepage. This is available to all customers who provide an email address at the time of booking.

### **YOUR FINAL BALANCE**

The balance is due 10 weeks before departure. As with paying your deposit, you can pay your final balance by debit or credit card, make an online BACS payment directly into HF's bank account or pay by cheque.

### **TRAVEL INSURANCE**

Travel insurance is an important part of any booking and essential for one of our holidays. HF Holidays works with specialist. Insurance Brokers Campbell Irvine Direct. For more information or to obtain a quote call them on 01702 427 236 or visit [hfholidays.co.uk/insurance](http://hfholidays.co.uk/insurance)

### **PEACE OF MIND**

#### **ATOL:**

The air holidays and flights in this brochure are ATOL-protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 710. In the unlikely event of our insolvency, the CAA will ensure that you are not stranded abroad and will arrange to refund any money you have paid us for advance bookings. For further information visit the ATOL website [atol.org.uk](http://atol.org.uk)

#### **MEMBER OF ABTOT:**

HF Holidays is a member of ABTOT (The Association of Bonded Travel Organisers Trust Limited) which provides financial protection under the Package Travel, Package Holidays and Package Tours Regulations 1992 for HF Holidays Ltd and in the event of their insolvency, protection is provided for the following: 1. non-flight packages commencing in and returning to the UK; 2. non-flight packages commencing and returning to a country other than the UK; 3. flight inclusive packages that commence outside of the UK and Republic of Ireland, which are sold to customers outside of the UK and Republic of Ireland. 1, 2 and 3 provides for a refund in the event you

have not yet travelled. 1 and 3 provides for repatriation. Please note that bookings made outside the UK and Republic of Ireland are only protected by ABTOT when purchased directly with HF Holidays Ltd.

### TRIP NOTE VALIDITY

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

### PRICE GUARANTEE

We promise that our earliest published prices will always be the best and if we reduce our holiday price after your booking has been confirmed, we will pass this reduction on to you. Our price promise applies if any subsequent offer price is for an identical holiday, duration, location and date and does not cover any optional extras, flights or additional services.

**Document produced:** 29-10-2020

