

Discover Austria's Seefeld Plateau

Tour Style: European walking holidays

Destination: Austria

Trip code: ATLCL

1 & 2



HOLIDAY OVERVIEW

Adored by mountain-lovers and cross-country skiing fans, the Seefeld Plateau also satisfies foodies who fancy sampling Tyrolean specialities in mountain restaurants. Walk through the waterfall-splashed landscapes of the Leutasch Spirit Gorge and venture into the Gaistal Valley – a trail flanked by the Mieming range to the south and the Wetterstein Mountains to the north. There's also an opportunity to hear the 10-tonne Mösern Peace Bell ring out daily at 5pm.

WHAT'S INCLUDED

- Full programme of guided walks led by local HF Holidays Leaders
- HF Holidays Tour Manager
- Comfortable accommodation
- Half-board (breakfast and evening meal)
- All sightseeing and entrance fees (as per itinerary)
- Air-conditioned transport
- Return flights from the UK including hold baggage and airport transfers

HOLIDAYS HIGHLIGHTS

- Hiking into neighbouring Germany
- Explore the high plateau of Wildmoos
- Walking through wildflower-filled Alpine meadows
- Soaking up spectacular mountain scenery
- Sampling typical Tyrolean cuisine at authentic restaurants

TRIP SUITABILITY

This is a level 1 and level 2 graded Activity, Easier walks: 5 to 7 miles (8 to 11km) on good paths through valleys and meadows. Up to 1,000 feet (300m) of ascent in a day. Harder walks: 7 to 10 miles (11 to 16km) on good paths through valleys and meadows. Up to 1,500 feet (450m) of ascent in a day.

ITINERARY

Day 1: Arrival Day

Welcome to Hotel Kristall. Unpack and settle in.

Day 2: The Leutasch Valley

Today both walks explore the hamlets of the Leutasch valley.

Option 1 - Weidachsee And Leutasch Villages

Distance: 6.5 miles (10½km)

Total ascent: 280 feet (90m)

In summary: We walk from the hotel into the village before crossing the wide Leutasch Valley with its beautiful green pastures and the magnificent Wetterstein Mountains looking down on us. We explore the many pretty hamlets, pine forests and finally the Weidachsee, a fishing lake, with plenty of time left to enjoy refreshments and the leisure facilities at our hotel.

Highlight: Enjoy the initial view of the surrounding Wetterstein mountains.

Option 2 - Weidachsee And The Ober-Leutasch

Distance: 8 miles (13km)

Total ascent: 600 feet (180m)

In summary: We begin by following the riverside path, then following around Weidachsee and on through woodland. From here we emerge into the wide open valley and beautiful, flat green pastures around Moos with the Hohe Munde looking down on us. On the north side of the river we acquaint ourselves with some of the pretty hamlets that make up the Leutasch. All too soon we re-cross the river to Weidach

Highlight: A pleasant introduction to this peaceful area.

Day 3: Mösern And Möserersee

Mösern is one of the five villages that make up the Olympia region Seefeld. It is known as the swallows nest and lies 600 metres above the Inn Valley, offering many wonderful viewpoints.

Option 1 - Möserersee And The Peace Bell

Distance: 6 miles (9½km)

Total ascent: 750 feet (230m)

In summary: Our day starts in Seefeld. We gradually ascend the partially wooded slopes with lovely views to the east of the flat plateau, which is a winter haven for cross country skiing, and further afield the Karwendel ridge. Möserersee (lake) nestles in a sheltered, idyllic spot above Mösern, ideal for swimming. Here we can have a leisurely lunch and enjoy the beautiful surroundings. A short, steep descent brings us into the centre of Mösern.

Highlight: Explore Seefeld and wander to the church and 'Parish Hill'.

Option 2 - Seefeld, Wildsee And Möserersee

Distance: 10 miles (15½km)

Total ascent: 1,400 feet (420m)

In summary: This is a circular walk starting with Wildsee. After ascending Pfarrhügel, crossing meadows and woods with excellent views of surrounding mountains, we arrive at pretty Möserersee for lunch before returning to Seefeld on a high level contouring path with wonderful views of the Plateau and Karwendel mountains.

Highlight: Tremendous views on the panorama path across Seefeld and the Karwendel Mountains.

Day 4: The Gaistal Valley

The Leutascher Ache (river) flows through this wild, quiet valley, with the sharp, rocky peaks of the Wetterstein mountains on one side and the Mieminger mountains to the South.

Option 1 - Gaistal And Gaistalalm

Distance: 5.5 miles (9km)

Total ascent: 600 feet (180m)

In summary: Our walk heads west from the end of the road, never straying far from the Leutascher river, which flows alongside the track. The steep, rocky hillsides are covered in coniferous forests and open pasture land. Our goal is the lovely Gaistalalm Hut, where we can relax, enjoy refreshments and take in our beautiful surroundings before returning to our starting point, along the old riding trails.

Highlight: Lunch at a small, typical alpine hut and beautiful mountain scenery.

Option 2 - Hammermoosalm, Gaistalalm And Tillfussalm

Distance: 10 miles (16km)

Total ascent: 1,400 feet (420m)

In summary: The harder walk follows the old riding trails before ascending through meadows to the Hammermoosalm. This is high up on the hillside with wonderful views and a fantastic mountain backdrop. We soon return to the old riding trail, heading west, meandering up through the trees and open pastures. We visit the Gaistalalm Hut and the Tillfussalm Hut before returning along the riverside track to Klamm.

Highlight: Enjoy magnificent scenery throughout the day.

Day 5: Free Day

Each week there is a free day when no guided walks are offered. This is an ideal opportunity to relax around the hotel, walk independently or visit local places of interest. Some options for your free day may include:

Hotel: You can book yourself a relaxing massage or use the excellent pool and spa facilities available in the hotel

Seefeld: Take time to wander the many restaurants, bars and shops, an ideal place to buy souvenirs and gifts. Here you can take the funicular ride up the mountain to Rosshutte or a horse drawn carriage ride to local attractions.

Leisure facilities: If you are feeling energetic, in Seefeld there is the large indoor and open-air (heated) pool and leisure complex, tennis courts and the Wildmoos Plateau golf course. In Weidach the Alpenbad is a short walk away with its modern leisure pool facilities.

Mittenwald: Known for house paintings and its violin museum, this is an excellent place to visit, with shops, cafés and a cable car/chair lift to the mountain top. You can get a direct bus from Weidach at an additional cost.

Innsbruck: This is an attractive, compact city with its famous Golden Roof and beautiful, historic buildings and museums. It offers excellent shopping and a wide selection of restaurants. It is possible to have a two-hour guided tour of the city, visit the Swarovski displays or travel on the funicular/cable car up the mountain. Travel to the city requires a 35 minute railway journey from Seefeld with breathtaking views.

Day 6: The Leutasch Spirit Gorge

Today we head to the German border through the Unter-Leutasch Valley and into Mittenwald.

Option 1 - The Spirit Gorge And Mittenwald

Distance: 7 miles (11km)

Total ascent: minimal

In summary: From the hamlet of Reindlau, we follow paths in open woodland meandering our way down the Unter Leutasch, looking across the valley to the magnificent mountain scenery. We cross flower-filled meadows and eventually we reach the highlight of the walk, the gorge. After the gorge we continue to descend to the foot of the falls and walk into Mittenwald, with time to explore this very attractive town.

Highlight: Walking down the spirit gorge.

Option 2 - Weidach, The Spirit Gorge And Mittenwald

Distance: 10 miles (16km)

Total ascent: minimal

In summary: Our walk quickly reaches a riverside path; there are wonderful views of the Wetterstein mountains and the lush green meadows as we descend. After we have enjoyed a coffee at the Hubertushof hotel we continue down the valley to the gorge, with its amazing metal walkways. We take the slightly steeper, alternative path as we continue to the foot of the falls.

Highlight: Walking on the metal walkways through the gorge.

Day 7: The Wildmoos Plateau

Our final walks of the week explore the high plateau of Wildmoos, with the beautiful lakes of Lotten-see and Wildmoos-see taking centre stage, a tranquil, peaceful setting, and a popular outing for many visitors to the

Seefeld region.

Option 1 - Buchen To Wildmoosalm

Distance: 7 miles (11km)

Total ascent: 800 feet (240m)

In summary: Our walk starts in Buchen, and a short walk takes us to Ropferstub'm. Here we visit the farming museum and admire the wonderful views along the Inn Valley. We have a steady ascent, crossing the golf course and descend to the Lottenseehutte (a small hut selling Tyrolean specialities). We continue along the edge of the golf course, through woods to arrive at the Wildmoosalm. Here, we can soak up the atmosphere and enjoy the hospitality of a typical Tyrolean hut before we have the short walk to catch a direct bus back to Weidach.

Highlight: Visit the farming museum in Ropferstub'm and admire the wonderful views of the Inn Valley below.

Option 2 - Ropferstub'm, Wildmoosalm And The Fludertal

Distance: 9 miles (15km)

Total ascent: 1,500 feet (460m)

In summary: Today's walk begins in Klamm. We head south, through pastures with extensive views before starting a steady ascent through woodland and grassy paths with short steep sections. We continue along the edge of the golf course to arrive at the Wildmoosalm and meet the easier group for strudel and drinks. We complete our walk through pine woods and open meadows to the hotel.

Highlight: Enjoy the peaceful boardwalk path and the magnificent Inn Valley views.

Day 8: Departure Day

We hope to see you again soon.

ACCOMMODATION

Hotel Kristall - Seefeld Plateau

Located in the stunning surrounds of the Leutasch Valley, the recently refurbished Hotel Kristall boasts mountain views on every side. Wood panelled rooms are sleek and contemporary in style while still maintaining a traditional Tyrolean feel. As for facilities, there's an award-winning restaurant serving Austrian cuisine using organic and locally sourced ingredients, plus a newly renovated two-floor wellness centre that offers the ultimate relaxation experience. Highlights include the heated rooftop infinity pool, a selection of steam rooms, and a state-of-the-art sauna with floor-to-ceiling windows that look out over the Seefeld plateau.

Accommodation Info

Rooms

Hotel Kristall has over 65 comfortable bedrooms, most of which have balconies. As is usual in Austria, twin beds may be arranged in one large frame with separate mattresses and bedding.

All bedrooms have en-suite bathrooms with bath or shower, telephone, satellite TV, safe, refrigerator, free wi-fi, hairdryer, bathrobe, and free loan of a backpack for your stay.

The balconies offer a lovely view across the village and mountains.

About Your Stay

The public rooms include an attractive lounge, bar, sun terrace, small gym, pool table and ski/boot room.

There is also a large luxurious wellness centre, two indoor swimming pools, spa pool, Finnish sauna, Turkish steam bath, tepidarium, adventure and wellness showers and infrared sauna.

Food & Drink

Our guided walking holidays at Hotel Kristall are on a half-board basis and include breakfast and evening meal.

Breakfast

The buffet-style breakfast has an extensive selection of breads and jams, fresh fruit, cheese, cold meats, cereals, pastries and cakes, smoked salmon and champagne (on Sundays). Tea and coffee are also available.

Lunch (payable locally)

You may choose to eat at a mountain hut, alternatively ingredients for a picnic lunch can be bought from local shops - your leaders will advise you of the options.

Afternoon buffet

14.00-16.00

Complimentary homemade cakes and snacks, including tea and coffee.

Evening meal

Hotel Kristall provides either a five course meal or a theme evening buffet. Particularly popular is the Tirolean feast, prepared with traditional recipes. All ingredients are sourced locally and are free range and organic where possible. Vegetarians and special diets can usually be catered for if requested in advance of the holiday. The hotel also offers a welcome drink on the first evening.

Drinks

The hotel has a bar serving beer, wine and spirits.

Your Evenings

The friendly atmosphere of our holidays continues into the evening.

Enjoy a glass of wine or local beer before hearing about the next day's activities. The focus of your evening will be a leisurely meal.

Your leader will also be checking for any local events going on nearby or you may like to relax in the bar, with a drink and chat with your fellow guests.

TRAVEL DETAILS

Address

Hotel Kristall
Family Pfeffel
Weidach 300m
A-6105 Leutasch-Tirol

Tel: [0043 5214 6319](tel:004352146319)

USEFUL HOLIDAY INFORMATION

Joining Instructions (With Flights)

Book your holiday 'with flights' and you can choose to depart from a range of UK airports* to your destination. For latest flight times and prices please call us on 0203-974-8865 or email reservations@hfholidays.co.uk

If you choose to book your flights with us, we automatically include return transfers between the destination airport and hotel.

Joining Instructions (Without Flights)

Alternatively, tailor your journey to suit you by booking your holiday 'without flights' and you'll have the freedom to book your own flights from your local airport.

If you choose this option, transfers are not included in the price. However, below are some suggestions to help you reach your destination:

Shared group transfer

You can still purchase a seat on our group airport transfer, but you must arrive in destination prior to the main group. It is your responsibility to book flights which allow enough time to meet our shared transfer.

Please note, all flight times are subject to change. If your arrival and/or departure time changes and no longer fits our group transfer, we will be unable to delay departure for you. Should this occur, we will refund you the cost of the transfer and you can either make your own way to the accommodation or we can book a private taxi transfer (at your expense). HF Holidays cannot be held responsible for your onward travel if you are unable to meet the transfer coach.

Private taxi transfer

Depending on your destination, we may be able to arrange a private taxi transfer for you. Please call us up to 5 weeks in advance to enquire about availability and costs for this option on 0203-974-8865.

*Subject to availability

Essential Information

It's best to be prepared for all weather conditions. To make it easier, here is a list of items you should consider packing.

Essentials

- Walking boots
- Waterproof jacket
- Waterproof trousers
- Insulated jacket/top
- Walking clothing
- Walking socks (plus spares)
- Sunhat
- Gloves/mitts and warm hat
- Water bottle (minimum 2 litre capacity)
- Headtorch
- High-factor sunscreen (minimum SPF 30)
- Sunglasses with a dark lens
- Rucksack (15-30 litres)
- Mobile phone

- Personal first aid kit (containing your medication, blister plasters, etc.)
- Passport
- Visa (if applicable)
- Copy of your travel insurance policy
- UK Global Health Insurance Card (**formerly known as EHIC**)

Recommended

- Collapsible walking poles
- Swimwear and travel towel
- Snacks
- Dry bags
- Rubbish bags
- Insect repellent

Optional extras

- Camera
- Sit mat
- Flask for hot drinks
- Durable lunch box
- Gaiters
- GPS device

Useful Information

The local language is German.

Tap water is considered safe to drink, but if you prefer, bottled mineral water can be purchased from the hotel or local supermarkets.

If the international number you wish to call starts with a 0, you must drop the starting digit when dialing the number.

To dial a UK number 0044

To dial an Austrian number 0043

Travel Insurance

Travel insurance is a condition of booking. Therefore, if you have not already arranged insurance, it is imperative that you do so, and advise us of the insurance company and policy number.

We work with Campbell Irvine to provide you with competitive single and annual multi-trip insurance. Please see our website for more information and details of how to contact them for a quote:

<https://www.hfholidays.co.uk/about-us/booking-information/insurance>.

For more information about healthcare abroad and its costs, please visit: <https://www.nhs.uk/using-the-nhs/healthcare-abroad/>.

Local Currency

The local currency is the Euro.

Electricity

220 Volt AC with round two pin plugs; you will need an adaptor for any appliances brought from the UK.

ATM Availability

There is an ATM machine in Weidach and an ATM machine in Mayrhofen where you can obtain money.

TRIP NOTE VALIDITY

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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