Hadrian's Wall Complete Guided Trail



Trip style:	Destination:	Walking Grade	Carbon Footprint:
Guided trails	Northumberland	7	138kg CO2

HOLIDAY OVERVIEW

The legendary pile of stones that marked the frontier of the Roman Empire for nearly 300 years, Hadrian's Wall is one of Britain's most spectacular ancient ruins. Conquer all 84 miles of the official Hadrian's Wall Path with a coast-to-coast walk across northern England. Discover dramatic landscapes and award-winning archaeological sites as you hike from the saltmarshes of Bowness on Solway in the west, to the Roman fort of Segedunum in the east. Best of all, you can relax knowing all your accommodation and meals are taken care of. All you need to do is enjoy the journey.

WHAT YOU'LL LOVE

- Walking coast-to-coast along the Hadrian's Wall Path National Trail
- Marveling at this UNESCO World Heritage Site
- Crossing the breadth of northern England in seven days
- Following one of Britain's most popular trails
- Staying in carefully-selected partner hotels including the Twice Brewed Inn
- Sharing the experience with a group of like-minded walkers
- A more personalised experience thanks to small group sizes (maximum 15 people)

WHAT'S INCLUDED

- Comfortable en-suite rooms in our partner accommodation(s)
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walks with an experienced HF Holidays Leader
- All transport to and from walks where necessary
- Luggage transfers

ITINERARY - GUIDED TRAIL

Day 1 **Arrival Day**

Meet your leader 1830 at the hotel reception, prior to your evening meal, to find out the plan of action.

Day 2 **The Solway Estuary**

A short transfer takes us to the coast and the nature reserves of the Solway estuary. A gentle start to our journey as we wind our way through saltmarshes, farmland and villages to the city of Carlisle. Many of the houses and walls along today's walk have been built with what was once Hadrian's Wall.

15 miles (24km) with 420 feet (130m) of ascent

Day 3 **To Banks**

From Carlisle, we follow the river through peaceful parkland and villages to the beautiful setting of Lanercost Priory. As impressive as the priory is, the coffee shop is even more so - the perfect place to sit out and enjoy a cuppa and cake. From there it's a short walk to Banks where you'll see your first free-standing section of Hadrian's Wall

14½ miles (23½km) with 1,000 feet (300m) of ascent

Day 4 **Turrets, Signal Towers and Forts**

Turrets, signal towers and forts today, well preserved sections of the wall, and the start of a wilder and more windswept landscape. We pass 2,000-year old Birdoswald Roman Fort, the Roman remains at Willowford, and the ruins of Thirlwall Castle before reaching one of the most impressive landscapes on the route.

Check out the views from Milecastle 41 just after Cawfields Crag! Our walk finishes today, in the pub, at Once Brewed.

13½ miles (22km) with 1,500 feet (460m) of ascen

Day 5 **Once Brewed to Chollerford**

Superb views of Steel Rigg and Crag Lough start our day, with the Wall snaking in the distance. See where the famous "Robin Hood's" tree at Sycamore Gap once stood before we reach the impressive site of Housesteads Roman Fort. Fantastic views again, from Sewingshields Crag, before easier walking takes us past Brocolitia and on to Chester's Fort and Chollerford, where we end our day.

12 miles (19.5km) with 900 feet (280m) of ascent

Day 6 To Heddon on the Wall

A gentle climb from the start gives us cracking views over to the Cheviots, and relatively easy walking through farmland all the way to Heddon on the Wall. Towards the end of the walk, there's a wonderful café selling treats to give you that final burst of energy

15½ miles (25km) with 1,260 feet (390m) of ascent

Day 7 The Industrial Heritage of the River Tyne

A total contrast to the rest of the trail, our final leg takes us on an exploration of the industrial heritage of the River Tyne, and into the heart of Newcastle through its smartly redeveloped Quayside with the "blinking eye" bridge and the Baltic museum. You can end your journey and celebrate with a drink at the Quayside, or continue on to the trail's official end point – the Roman fort of Segedunum.

15 miles (24km) with 780 feet (240m) of ascent

Day 8 Departure Day

A fond farewell with a lifetime of memories. Well done, you've just completed the complete Hadrian's Wall trail.

DAILY WALK OPTIONS



Moderate walking grade 7

The most active moderate grade. Longer distances and short but steep ascents and descents possible throughout the day. Hill walking experience desirable. Typically, 11-12 miles (18-19km) with around 1,800ft (560m) of ascent.

ACCOMMODATION

The Crown, Wetheral – Hadrian's Wall Complete Trail

Hop off the train at Wetheral and you can walk straight through the garden and into the newly refurbished Crown Hotel. You'll find comfortable rooms and great food, as well as a gym, swimming pool, and sauna, too. All rooms are en-suite and offer complimentary WiFi, TV, tea and coffee making facilities, and toiletries. This hotel is dog-friendly so you may meet four legged friends in some of the communal areas.

Twice Brewed Inn, Bardon Mill - Hadrian's Wall Complete Trail

The Twice Brewed Inn is one of our favourite stays, not least for having a drying room, stargazing observatory, its own brewery, and a standout location right on the trail. The "twicey" welcomes walkers with home cooked food and comfortable rooms. While the twin and single rooms are spacious, the doubles are pretty compact; but we think the location and facilities here make it worth it. This hotel is dog-friendly so you may meet four legged friends in some of the communal areas.

Copthorne Hotel, Quayside, Newcastle – Hadrian's Wall Complete

With an enviable location right on Newcastle's famous Quayside, this modern, well-equipped hotel rewards guests

with comfortable rooms overlooking the River Tyne.

TRIP INFORMATION

Essential Information for your Hadrian's Wall Path Holiday

Hadrian's Wall Path has a number of visitor attractions and museums on route. If you wish to take time out of your walks to visit these, please note that many of the sites are National Trust or English Heritage and members can benefit from free admission by presenting their membership card.

ESSENTIAL INFORMATION

Packing list

Weather conditions in the UK can vary throughout the day, and conditions in the mountains may be cold and windy even in summer. Use the following list as a guide when preparing for your holiday.

Essentials

- Suitable waterproof walking boots with ankle support and good grip
- Waterproof, wind-resistant jacket with a hood, taped seams and a hydrostatic head rating of at least 10,000 mm
- Waterproof overtrousers
- Spare warm clothing, such as a synthetic insulated jacket
- Comfortable walking clothing (jeans & waterproof capes are not suitable)
- Warm mid-layers, such as fleeces
- Gloves and a warm hat, even in summer
- Rucksack with a waterproof liner
- Water bottle with a capacity of at least 1 litre
- Flask for hot drinks
- Sunscreen
- UV-protective sunglasses
- Spare high-energy food
- Head torch and spare batteries for holidays between October and March
- Passport (if applicable)
- Visa (if applicable)
- Copy of your travel insurance policy

Recommended

- Several base layers, with long or short sleeves
- Cushioned walking socks to avoid blisters
- First-aid kit, including plasters, insect repellent, a midge net and a tick-removal tool
- Sit mat
- Waterproof pouch for valuables
- Rubbish bags
- Wallet or purse

- Camera
- Walking poles
- Sun hat
- Gaiters
- Mobile Phones
- Swimwear (please see accommodation information for hotel facilities)
- Membership cards for English Heritage, the National Trust or similar heritage organisations in Scotland and Wales, if you are a member. These may be useful when visiting attractions during your itinerary or on your free day.

JOINING INSTRUCTIONS

Joining instructions for Hadrian's Wall Trail

By Car

Crown Hotel Wetheral,
Station Road,
Wetheral,
Carlisle,
CA4 8ES

From the North:

Exit M6 at Junction 43 and take the 1st exit signposted Newcastle (A69). Continue along this road for approx 1.5 miles, until you see a sign for Wetheral on your right. Continue along this road until you reach a T junction, from turn right, following signs for Crown Hotel & Conference Centre. After ¼ Mile you will reach the village green. Take an immediate left before you reach the green onto Station Road passing the village café and shop. The Crown hotel car park is 100m further down on your left.

From the South:

Exit M6 at Junction 43 and take the 3rd exit signposted Newcastle (A69). Continue along this road for approx 1.5 miles, until you see a sign for Wetheral on your right. Continue along this road until you reach a T junction, from turn right, following signs for Crown Hotel & Conference Centre. After ¼ Mile you will reach the village green. Take an immediate left before you reach the green onto Station Road passing the village café and shop. The Crown hotel car park is 100m further down on your left.

Please note:

Guests are welcome to leave their cars at the Crown Hotel for a £5 per night fee – please arrange this directly with the hotel on arrival. At the end of the holiday a direct train may be taken from Newcastle Central Station to Wetheral Station. Trains depart on a regular basis with a journey time of approx. 90 mins. From Wetheral Station it is a 2-minute walk to the Crown Hotel car park.

By train

Our first hotel in Wetheral, is located right at Wetheral train station - you walk from the station into the garden of the hotel - you couldn't get much closer than that! Our final hotel is a short walk from Newcastle's central railway station (5-10 minutes) making this an easily accessible public transport option.

By air

There are a number of low-cost flights from around the UK, to Newcastle. If you are flying from overseas there are international flights to Newcastle Airport. From the airport you can take the train into Newcastle centre and from there the train the to Wetheral to begin the holiday.

USEFUL INFORMATION

Your Island Hopping Leader

Our experienced and knowledgeable volunteer leaders undergo a thorough assessment to lead you on your holiday and are delighted to share their knowledge and enthusiasm with you.

Please ensure you complete and hand in your registration form on arrival and let the leader know about any medical problems you may have. This may be useful in the event of a problem on the walk and will be treated confidentially by the leader.

In the event of a problem

If you become separated from your group, please stay where you are. Your leader will retrace their steps to find you.

All our leaders carry a mobile phone, group shelter, spare maps and a compass. In the unlikely event your leader is incapacitated, please use any emergency kit in their rucksack and call the emergency services (call 999 in the UK, or 112 overseas).

Please then try to call the hotel where you are staying to let them know there is a problem.

If you have any cause for complaints regarding accommodation, you should notify your leader who can then attempt to rectify the problem.

TRIPNOTE VALIDITY

TRIP NOTE VALIDITY These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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