

# Scottish Highlands Munro Bagging Holiday I

**Tour Style:** Challenge Walks

**Destinations:** Scottish Highlands & Scotland

**Trip code:** LLMNB

**Trip Walking Grade:** 6



## HOLIDAY OVERVIEW

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Bag some of Scotland's finest mountain tops on our specially devised Munro-bagging holiday. Munros are Scottish Mountains over 3,000ft high, and this stunning selection has been chosen for you by two experienced HF Holidays' leaders – Pete Thomasson and Steve Thurgood. They know these mountains well and they've chosen a fantastic variety of routes which offer you the opportunity to bag Munro summits that aren't within our usual Guided Walking programme. All routes are within an hour's travel of the comforts of our Country House at Glen Coe. From the summits of these majestic giants, we can enjoy different perspectives of Scotland's highest mountain, Ben Nevis, as well as much of the Central Highlands.

## WHAT'S INCLUDED

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- Great value: all prices include Full Board en-suite accommodation, a full programme of walks with all transport to and from the walks, plus evening activities
- Great walking: challenge yourself to bagging some of Scotland's finest Munros, in the company of our experienced leaders

- Accommodation: our Country House is equipped with all the essentials – a welcoming bar and relaxing lounge area, a drying room for your boots and kit, an indoor swimming pool, and comfortable en-suite rooms

## HOLIDAYS HIGHLIGHTS

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- Discover Pete and Steve's favourite routes through this stunning mountain scenery
- Bag ten Munros in one holiday, including three on a high level route on Creag Meagaidh
- Traverse quieter Beinn Sgulaird with its views west to Mull and beyond
- Explore the dramatic glens and coastal paths seeking out the best viewpoints.
- Join our friendly and knowledgeable guides who will bring this stunning landscape to life.

## TRIP SUITABILITY

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A high level of fitness and stamina is required. You will be an experienced mountain walker and will need to be comfortable with long, strenuous walks on difficult mountain terrain conducted at a steady pace.

## ITINERARY

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### Day 1: Arrival Day

You're welcome to check-in to your room from 2:30 p.m. onwards (upgraded rooms from 1 p.m.) Please join us for afternoon tea.

### Day 2: Beinn Sgulaird

**Distance:** 9 miles (14km)

**Total Ascent:** 4,060 feet (1,230m)

Beinn Sgulaird provides a good start to the holiday with fine coastal views of Appin. We start at Elleric following a good track until we join the ridge and continue to Stob Gaibhre on trackless terrain. We follow the ridge with rocky outcrops to Beinn Sgulaird. We then head over Meall Garbh and another top before descending to a col and continuing down to Druimvuic.

### Day 3: Stob Ghabhar & Stob Coire Odhair

**Distance:** 11 miles (18km)

**Total Ascent:** 4,200 feet (1,280m)

Stob Ghabhar and Stob a Choire Odhair provide a fine walk across stony peaks and desolate corries with great views in all directions. We start at Victoria Bridge in Glen Orchy and climb a path alongside the Allt Toaig eventually heading onto Stob Ghabhar. From there we follow the ridge, Sron Giubhas, until a gap in the cliffs allows us to descend into Coirein Lochain. From there we continue to Stob a Choire Odhair before rejoining our outward path.

## Day 4: Binnein Mor And Na Gruagaichean

Distance: 10 miles (16km)

Total Ascent: 4,490 feet (1,370m)

These two Munros are at the higher, eastern end of the Mamores and offer excellent views of the rest of the Mamore Ridge, the mountains around Glencoe and the Ben Nevis range. We start and finish in Kinlochleven. We follow stalkers' paths that rise steadily to just below Sgurr Eilde Beag. After a steep section, it is ridge walking to Binnein Mor and Na Gruagaichean. We then descend via another stalkers path to Kinlochleven.

## Day 5: Free Day

## Day 6: Carn Liath, Stob Poite Coire Ardair And Creag Meagaidh

Distance: 12 miles (19km)

Total Ascent: 4,130 feet (1,260m)

Creag Meagaidh provides straightforward walking along the rim of a deep mountain cirque, traversing three Munros and six other tops. We start at Aberarder car park and walk into the corrie on a good path. We'll then soon ascend along a narrow path at first then onto open hillside to reach Carn Liath. Heading west we go over a number of tops to Stob Poite Coire Ardair. Along the walk there are great views to the famous winter climbing cliffs. We go down to the Window then ascend to our final Munro - Creag Meagaidh. We cross three more tops before heading back to the start.

## Day 7: Traverse Of Aonach Beag And Aonach Mor

Distance: 7 miles (12km)

Total Ascent: 4,560 feet (1,390m)

These two mountains are the 7th and 8th highest in Scotland respectively. They form a long ridge that separates Ben Nevis and Carn Mor Dearg from the Grey Corries ridge so they offer excellent views of both. We start at the head of Glen Nevis and walk through breathtaking scenery to Steall. From there it is a long steady climb to the summit of Sgurr a Bhuic, which should offer good views of upper and lower Glen Nevis. We continue to Aonach Beag and on to Aonach Mor. It is now a steady descent to the top station of the Gondola, at which point we can decide whether or not to walk down or catch a ride to the valley below.

## Day 8: Departure Day

Enjoy a final breakfast before making your way home.

## ACCOMMODATION

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### Alltshellach

Situated in a stunning location on the shores of Loch Leven, Alltshellach is a stately Scottish house set amid a rugged landscape. The house is a picture of Highland solidity, with spectacular views of craggy mountains and grassy slopes beyond the loch. This pocket of domesticity lets you admire nature at your leisure though, sipping tea or G&T as you watch clouds scud across the sky. In fact, this one-time home of the Bishop of Argyll & the

Isles has been recast as a hiker's hotel, with an air of old-world splendour, excellent accommodation, a generous indoor pool, three lounges and a supremely cosy Highland Bar that's well-stocked with local beer and whisky, all of which is (almost) enough to distract you from the vast vistas over the waters. But it's the great outdoors you're here for and the house is ideally situated for accessing the Mamores, the mountains of Glen Coe and tackling Ben Nevis as well as bagging munros and spotting local wildlife.

## Matchless Country House Accommodation

### Accommodation Info

### Need To Know

### Important Covid-19 Steps We Have Taken For Guest Safety: Please Read

Following the relaxation in government guidance on 19 July, we are continuing to take extra steps to keep our guests leaders, and staff safe in our HF country houses. We ask all our guests to respect the measures put in place.

The English, Scottish and Welsh governments are not in sync, so measures in our country houses will vary between the nations. With the relaxation of social distancing in England, from 19 July we will be allowing larger groups to dine and relax in the bar together. However, we will still give guests space e.g. we will seat 6 people at a table where pre-pandemic we may have seated 8. We will ensure our public rooms are well ventilated by opening doors and windows wherever possible. If you have any concerns about distancing, please speak to the House Manager. The government recommendation for England is to wear face coverings in crowded areas. You must wear a face covering by law in public areas in hotels in Scotland. This is mandatory in public spaces; however, face coverings will not be required whilst eating and drinking in the restaurant and bar areas or whilst you are outside our houses. In Wales face coverings will remain a legal requirement indoors, with the exception of hospitality premises.

As a temporary measure, we will not be servicing rooms during a stay. Extra tea, coffee, milk, and toiletries will be made available on request for all guests. It is recommended that guests bring their own toiletries for the duration of their stay. We will though be increasing the frequency of cleaning in our public areas providing particular attention to frequently touched items including door handles and handrails.

Menus for the week will be available in your room on arrival. A self-service breakfast will be served from 7.45am – 9am. Picnic lunches will now be pre-ordered the night before from an order form in the room. Evening meals will be table service. A dinner order form will be available in each room for completion. Dinner is served at either 7.15pm or 7.30pm. Please check at the house for details. The bar will be open. We will be offering a table service but guests can also come to the bar to order (depending on local restrictions).

Join our team after dinner on Wednesday evenings for the HF Big Pub Quiz. There will be one other evening of entertainment at the start of the week, which will vary depending on the country house that you are staying at. Our Walk Leaders will also be on hand in the bar or lounge for individual or small group walks talks briefings, which allow guests to talk through the following day's walk options and ask any questions. All of our swimming pools are open, except for Glen Coe, which will not re-open this year. Swimming Pools will be operated in line with maximum capacities.

For more information and to see all the steps taken, [visit our page on how house stays will be adapted](#).

### Rooms

*Tea & coffee-making facilities, TV, Hairdryer, Toiletries, Wi-Fi*

There are 38 comfortable bedrooms, all in the main house, with a range of 'Good', 'Better' and 'Best' options

to choose from. Rooms radiate cosiness thanks to little touches – a remedy for even the dreichest day. Those with a view are worth the extra spend, as you'll be overlooking the gardens and loch. The Best rooms include Room 21, a spacious corner room with lovely views of Loch Leven, while Room 23 is a stately showstopper that was once the official Bishop's bedroom, complete with original features and cracking views.

*All 'Good' rooms are ensuite and furnished to a high standard. There are also several 'Better' and 'Best' Rooms that are either larger or have a desirable view, a more luxurious mattress and larger televisions – upgrade your stay for just an extra £15-25 per person per night. You can choose a specific room for an extra £30 per room, subject to availability. Upgrade supplements still apply*

## Facilities

*Free Wi-Fi, boot room and drying room, extensive gardens, heated indoor swimming pool, multi-purpose ballroom, library and board games to borrow*

After a day exploring, return to the house and its specially tailored walkers' facilities. Stroll the gardens that dip down to the loch. The small peninsula at the bottom of the lawns is called An Dunan and often becomes an island at high tide – look for prehistoric rock art cut into the slabs on its side. Make time too to plunge into the heated indoor swimming pool (currently closed) and do a couple of lengths under the watchful eye of the mountains through the panoramic windows. Inside the house, head for one of the communal areas: you'll have three to choose from and can kick back, relax and catch up with other guests. Later, stop in the Highland Bar for a nip of whisky or a nightcap – the comfy seats make a fine spot for a dram and there's a range of good single malts to choose from that'll have you believing you're living a laird's life.

## Food & Drink

As at all of our country houses, holidays are full board, from afternoon tea served as a welcome treat through that evening's meal to a hearty breakfast on the day of departure. Lunch is a chance to stock up on our famous picnic snacks. Food at Alltshellach is full of Scottish flavours and focusses on locally sourced and seasonal produce. Once a week the dining room hosts a Local Food Night, when you might be treated to Cullen Skink Soup and a trio of smoked salmon, mackerel pate and steamed mussels with Highland oat cakes, while mains may include Highland game and 'Barlotto', a type of nutty risotto made from barley instead of rice. Finish off with a spoonful of Iron Brew Ice, chocolate and marmalade mouse and Atholl brose, a luxurious blend of honey, whisky and carefully selected herbs for a flavour of the Highlands.

## Accessibility

For accessibility and assistance information, please contact our expert team on 020 3974 8865 or view the accessibility information online for [Alltshellach](#)

## TRAVEL DETAILS

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Our address is: Alltshellach, Onich, Fort William, Invernesshire PH33 6SA  
Tel: [01855 821357](tel:01855821357)

### Group Coach Transfer:

If you are travelling to or from Alltshellach on Saturdays in October 2021 you can join our group coach transfer from Glasgow. Places are limited so booking is essential – please call our Holiday Services Team at least 14 days before your departure date on +44 (0)208 732 1220 or email [holidayservices@hfholidays.co.uk](mailto:holidayservices@hfholidays.co.uk) to book your place on the coach.

£48 per person for a return transfer or £30 per person for a single transfer.

Outward journey: depart Glasgow Buchanan Street bus station\* at 16.15 or depart Glasgow International Airport at 16.45; arrive Alltshellach 19.00.

Return journey: depart Alltshellach 08.30; arrive Glasgow International Airport at 11.30 or arrive Glasgow Buchanan Street bus station\* at 12.00.

\*Buchanan Street bus station is about 15 minutes' walk from Glasgow Central station (buses available) or 5 minutes' walk from Glasgow Queen Street station.

### **By Train:**

The nearest station is in Fort William but many guests take the train to Glasgow and take the Scottish Citylink bus from there, or join our group coach transfer to Alltshellach (on Saturdays in October 2021 – see above). For train times and route planning by train visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk) or phone 03457 48 49 50.

### **By Air:**

Many guests opt to fly to Glasgow International Airport, then make their way to Glen Coe. From the airport you can take the Citylink bus (see below) or join our group coach transfer to Alltshellach (on Saturdays in October 2021 - see above).

### **By Bus:**

The journey from either Glasgow Buchanan Street or the airport can be made using the Scottish Citylink bus, numbers 914 or 915. See [www.citylink.co.uk](http://www.citylink.co.uk) for the timetable. Ask the driver to stop at the north side of Ballachulish Bridge - from here it is a 400 metre walk to Alltshellach.

### **By Car:**

From Glasgow take the A82 towards Crianlarich. Continue on the A82 towards Fort William. Head for Ballachulish keeping the village on your left. Go straight on at the roundabout over the steel bridge and take the second right B863 to Kinlochleven and the seafood restaurant. Alltshellach is 400 yards further on, on your right.

## **Travelling From Overseas**

Ideally book a flight to Glasgow Airport (see By Air above).

The next best option is to fly to Manchester Airport, which has a better range of long-haul flights. There are trains from the airport to Glasgow (some direct, others need 1 change). Allow 4 hours to get to Glasgow, from where you will need to transfer to Alltshellach. See [www.nationalrail.co.uk](http://www.nationalrail.co.uk) for train times.

## **LOCAL AREA**

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Alltshellach is situated beside the shores of Loch Leven. This is a spectacular location with magnificent views of the surrounding mountains.

About two miles away, across the loch is the village of Ballachulish. Here you'll find a post office, food store and bank. A much wider range of facilities can be found in Fort William, about 14 miles to the north.

As the adventure capital of Britain, the Lochaber region is a popular destination for all outdoor enthusiasts. During your stay in Glen Coe you may enjoy visiting the following activities and places of interest:

## Jacobite Steam Train

Ride the [Jacobite Steam Train](#) from Fort William to Mallaig. This stunningly scenic line includes the famous Glenfinnan Viaduct, featured in the Harry Potter films. Steam trains run every day and early booking is recommended.

## Isle Of Mull

Reached by car ferry from Oban, or Lochaline, [Mull](#) is one of the most popular Scottish islands. You could visit the colourful harbour at Tobermory or the abbey on Iona.

## Isle Of Lismore

The peaceful [Isle of Lismore](#) is ideal for a relaxed exploration. You can hire bikes at Port Appin, about 30 minutes' drive south of Alltshellach, then take the short ferry crossing to the island.

## Oban

The bustling harbour town of Oban, about 45 minutes' drive south of Alltshellach, is a popular destination. There's always plenty of activity around the harbour and it's well worth the walk up to McCaig's Tower, a remarkable folly built in the style of a Roman amphitheatre, with commanding views over the town.

## Eilean Donan Castle

Nearly 80 miles drive north from Alltshellach is this romantic and much photographed [Scottish lochside castle](#). Located on a small island just offshore, the castle is isolated by the sea at high tide, only accessible via a stone bridge.

## Ice Factor

Try your hand at ice climbing on the [indoor wall](#) at nearby Kinlochleven.

## USEFUL HOLIDAY INFORMATION

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### Essential Information

*"There's no such thing as bad weather, just the wrong type of clothing!"* goes the adage. Come prepared for all eventualities and you'll walk in comfort as well as safety. Britain's famous for its changeable weather, so here's our advice on what to wear and bring.

#### Essentials

- Waterproof walking boots providing ankle support and good grip.
  - A waterproof jacket and over-trousers
  - Gloves and a warm hat (it can be chilly at any time of the year)
  - Rucksack
  - Water bottle (at least 1 litre capacity)
  - A small torch (everywhere in winter, year round in mountains)
  - Sun hat and sunscreen
- Denim jeans and waterproof capes are not suitable on any walks.*

#### Recommended

- Several layers of clothing, which can be added or removed

- Specialist walking socks to avoid blisters.
- A first aid kit inc plasters– your leader's first aid kit doesn't contain any medication
- Sit mat (insulated pad to sit on when you stop for a break)

## You Might Also Want

- Walking poles, particularly useful for descents.
- Insect repellent
- Flask for hot drinks
- Rigid lunch box
- Gaiters
- Blister kit (eg Compeed) just in case
- Waterproof rucksack liner

## HOW TO BOOK

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When you're ready to book, you can choose to **book online** or book **over the phone**. Our website offers secure online booking for our holidays, is available 24/7, and offers more in-depth information about all our holidays. If you prefer to call us, our experienced and knowledgeable team are available to answer any specific questions you have and can offer guidance as to which holiday is best suited to your needs.

Our office is open: Monday to Friday: 9am – 7pm Saturday: 9am – 1pm Sunday & Bank Holiday Monday: closed

### PAYING YOUR DEPOSIT

To secure the holiday of your choice, you will need to pay a deposit: UK & European Holidays: £150 per person and Worldwide Holidays: £250 per person. You can pay your deposit by debit or credit card with no additional card fees charged or make an online BACS payment directly into HF's bank account, please see details under BACS payments. You can also pay your deposit by cheque within seven days of booking. Cheques should be made payable to 'HF Holidays Ltd' with your booking reference / Order ID on the back.

### NON-MEMBER FEE

Non-members can join our holidays by paying a Non-Member's fee of £30 per person per holiday. Alternatively, full membership is available from £100 – visit [hfholidays.co.uk/membership](http://hfholidays.co.uk/membership) for details.

### BACS PAYMENTS

Please quote your booking reference / Order ID when you make your payment online: Bank Name: Svenska Handelsbanken AB (publ) Account Name: HF Holidays Ltd Account Number: 35923304 Sort Code: 40-51-62 IBAN: GB92HAND40516235923304 Swift / Bic Code: HANDGB22

Once we have received your booking and deposit, we will send a confirmation invoice to the lead name. Please check this carefully. For bookings 'with flights' it is essential that the names on your booking confirmation invoice match those on your passport for bookings overseas. Please advise us immediately of any errors. Any name changes after the balance of your holiday has been paid will be subject to a fee levied by the airline.

### MANAGE MY BOOKINGS

Payments can also be made through the Manage My Booking function on our website. Click on the link at the top of our homepage. This is available to all customers who provide an email address at the time of booking.

### YOUR FINAL BALANCE

The balance is due 10 weeks before departure. As with paying your deposit, you can pay your final balance by debit or credit card, make an online BACS payment directly into HF's bank account or pay by cheque.



## TRAVEL INSURANCE

Travel insurance is an important part of any booking and essential for one of our holidays. HF Holidays works with specialist. Insurance Brokers Campbell Irvine Direct. For more information or to obtain a quote call them on 01702 427 236 or visit [hfholidays.co.uk/insurance](http://hfholidays.co.uk/insurance)

## PEACE OF MIND

### ATOL:

The air holidays and flights in this brochure are ATOL-protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 710. In the unlikely event of our insolvency, the CAA will ensure that you are not stranded abroad and will arrange to refund any money you have paid us for advance bookings. For further information visit the ATOL website [atol.org.uk](http://atol.org.uk)

### MEMBER OF ABTOT:

HF Holidays is a member of ABTOT (The Association of Bonded Travel Organisers Trust Limited) which provides financial protection under the Package Travel, Package Holidays and Package Tours Regulations 1992 for HF Holidays Ltd and in the event of their insolvency, protection is provided for the following: 1. non-flight packages commencing in and returning to the UK; 2. non-flight packages commencing and returning to a country other than the UK; 3. flight inclusive packages that commence outside of the UK and Republic of Ireland, which are sold to customers outside of the UK and Republic of Ireland. 1, 2 and 3 provides for a refund in the event you have not yet travelled. 1 and 3 provides for repatriation. Please note that bookings made outside the UK and Republic of Ireland are only protected by ABTOT when purchased directly with HF Holidays Ltd.

## TRIP NOTE VALIDITY

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

## PRICE GUARANTEE

We promise that our earliest published prices will always be the best and if we reduce our holiday price after your booking has been confirmed, we will pass this reduction on to you. Our price promise applies if any subsequent offer price is for an identical holiday, duration, location and date and does not cover any optional extras, flights or additional services.

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