

Norfolk Guided Walking with Sightseeing

Trip style: Walking with sightseeing

Destination:  Norfolk

Trip code: XAV06-WOD11

Trip Walking Grade:  2



Holiday Overview

Norfolk's 90-mile coastline is a haven of wildlife-rich salt marshes, rolling dunes, flint-built fishing villages, and handsome harbour towns. Discover this timeless National Landscape on guided walks of 4–5 miles and time for sightseeing along the way. Together, we'll explore RSPB Titchwell Marsh, admire the views around Blakeney Point by boat, and visit the traditional seaside resort of Cromer. Inland highlights include Sandringham, the country retreat of King Charles III and Queen Camilla, and Holkham Hall, an 18th-century Palladian house surrounded by deer-filled parkland. We'll also delve into Norfolk's rich maritime heritage at fascinating local museums and enjoy a nostalgic journey on the North Norfolk Railway.

WHAT YOU'LL LOVE

- A boat trip around Blakeney Point
- Exploring the house and grounds at the Sandringham estate
- Visiting Titchwell Nature Reserve and learning about the diverse habitats
- Riding on the North Norfolk Heritage Railway
- Walking sections of the Norfolk coast path
- Visiting some of the area's most charming seaside towns

WHAT'S INCLUDED

- Comfortable en-suite rooms in our partner accommodation(s)
- Tickets for Holkham Hall, Holme Dunes Nature Reserve, Lynn Museum, Sandringham, Titchwell Nature Reserve, Cromer Museum, plus a ride on the North Norfolk Heritage Railway and a Seal Trip to Blakeney Point
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walks with experienced HF Holidays Leaders
- All transport to and from walks where necessary

WALKING GRADES AND OPTIONS

This trip is graded level 2.

Your fitness

Having a solid base of fitness before your holiday will ensure you've the best chance of completing the holiday and enjoying it to boot. Here's a few simple tips to help you get fit and ready for your challenge:

- Get out walking - whether the weather, get out there, and start building your fitness months before your holiday
- Build your distance gradually and get a number of 3-4hr days in
- Ideally, try and do two consecutive days training if possible
- Take the stairs every time
- Train on different terrain

- Train with your day pack and your walking boots too, to ensure they're well worn in before your holiday
- Other sports help improve your walking fitness too. The best ones are jogging, cycling, swimming, which will build your stamina, and yoga which will help strengthen your core and improve balance
- Time training will help ensure you enjoy your holiday to the max.

ITINERARY - ITINERARY

Day 1 Arrival day

Check-in at Caley Hall is available from 16:00. Your leader will meet the group at reception at 18:30 for a brief introduction to the holiday before dinner.

Day 2 Holkham

Distance: 4 miles (7km)

Ascent: 150 feet (40m)

Our first day begins with a visit to Holkham Hall (entrance included), an impressive 18th-century Palladian house set in sweeping parkland. Enjoy time to explore the hall, walled garden, and Holkham Stories exhibition before walking through the estate and village. We then join the Norfolk Coast Path and continue to Wells-next-the-Sea.

Day 3 Hunstanton and King's Lynn

Distance: 4 miles (7km)

Ascent: 50 feet (20m)

Setting out from Caley Hall, we head to the beach and follow a section of the Norfolk Coast Path to Holme Dunes Nature Reserve (entrance included). After time to explore the reserve and visitor centre, we continue our walk before meeting the coach for the journey to King's Lynn. Here, we'll visit Lynn Museum (entrance included), home to the remarkable Bronze Age timber circle known as Seahenge, which was discovered on the North Norfolk coast. There will also be free time to explore the historic town.

Day 4 Sandringham and Titchwell Marsh

Distance: 4 miles (7km)

Ascent: 150 feet (40m)

Today we visit Sandringham (entrance included), the country retreat of Their Majesties King Charles III and Queen Camilla. After exploring the house and gardens, we'll enjoy a walk through the Royal Parkland. Later, we visit RSPB Titchwell Marsh (entrance included), following the West Bank Path through salt marshes, reedbeds, and freshwater lagoons to the reserve's sweeping beach.

Day 5 Cromer and Sheringham

Distance: 4.5 miles (7.5km)

Ascent: 400 feet (120m)

We travel to the traditional seaside resort of Cromer, where we'll visit Cromer Museum (entrance included) and learn about the famous West Runton Mammoth. After free time to explore, we follow the coast to Sheringham. From here, we take a nostalgic journey on the North Norfolk Railway (ticket included) to the Georgian market town of Holt before returning to Caley Hall.

Day 6 Blakeney

Distance: 4 miles (7km)

Ascent: minimal

Our final day begins at Morston Quay, where we board a boat (ticket included) to explore Blakeney Point and see the seal colonies that make their home here. Back on dry land, we walk from Morston Quay to Cley-next-the-Sea, passing the salt marshes and freshwater grazing marshes that make this coastline so important for wildlife.

Day 7 Departure Day

Enjoy a leisurely breakfast before making your way home.

Daily Walk Options



Easier Walks

Good paths but walks are a bit longer. Some walks, particularly in mountain areas, may have sections over rough or steeper terrain.

Accommodation

Caley Hall Hotel, Old Hunstanton

Caley Hall is a family run, luxury hotel in Old Hunstanton. The original manor house at Caley Hall dates back to 1648 and was home to the Le Strange steward from 1842-57. The stables and outbuildings were converted to provide 35 boutique style hotel bedrooms in 1976. Close to Old Hunstanton beach and near to Hunstanton Golf Club, Caley Hall Hotel is the ideal location. All rooms have en-suite bathrooms, have a flat screen television, dressing table, WiFi, direct dial telephone, tea and coffee making facilities, iron and ironing board and a hairdryer. This hotel is dog-friendly so you may meet four legged friends in some of the communal areas.

Food & drink

Dining at Caley Hall

Your stay is full-board. This includes daily breakfasts, packed lunch options, and evening meals. Vegetarian choices and dietary requirements can be catered for (please give advance notice when booking).

Packed lunches

Our packed lunches will be too much food for some and not enough for others; if you feel you might need more food during the walk, please bring a supply of snacks to supplement this – it won't always be possible to buy these on the route. Your packed lunches will include: a bread sandwich or roll with a choice of filling; some fresh fruit; fruit cake/ flapjack or similar, crisps and/or biscuits. For those of you tackling a level 4 or above holiday, we would highly recommend bringing some trail mix or something similar to ensure you've some fuel in reserve should you need it.

Dietary requirements

Our partner hotels can cater for most dietary requirements, but it is important you advise us of any allergies and dietary restrictions you have at the time of booking.

Travel Details

Address

Caley Hall Hotel
Old Hunstanton Road
Old Hunstanton
Norfolk
PE36 6HH

By car

Caley Hall has a large car park which is free to guests.

By Bus/ Train

The nearest train station is in Kings Lynn, where you can catch the Coastliner 36 bus operated by Lynx buses. There is a bus stop outside Caley Hall, the bus stop is called Waterworks Road, Old Hunstanton.

Essential information

Packing list

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing.

Essentials

- Suitable footwear such as waterproof walking boots that provide ankle support and good grip
- Waterproof and windproof jacket
- Comfortable clothing (jeans & waterproof capes are not suitable)
- Mid-layer(s) to keep you warm. Fleece makes a good choice
- Waterproof overtrousers
- Gloves and a warm hat
- Rucksack with waterproof liner
- Flask for hot drinks
- Water bottle (at least 1 litre capacity)
- Sunscreen
- UV sunglasses

For holidays operating October through to the end of March, please also bring the following on your walks:

- spare warm clothing
- spare high energy food
- head torch and spare batteries
- please note for the October to March season your waterproof jacket needs to offer a high level of waterproofing and wind resistance, and a hood. Look for a waterproof jacket with sealed/taped seams and a minimum HH (hydrostatic head - this is the rating given on waterproof jackets) of 10,000mm+

Recommended

- Several base layers (long-sleeve or short-sleeve)
- Cushioned walking socks to avoid blisters
- First aid kit, including plasters and insect repellent and tick remover tool
- Sit mat
- Waterproof pouch for valuables
- Rubbish bag (remember to always leave no trace)
- Wallet/purse
- Camera
- Walking poles

Useful Information

Useful information

Our experienced and knowledgeable volunteer leaders undergo a thorough assessment to lead you on your holiday and are delighted to share their knowledge and enthusiasm with you. Please ensure you complete and hand in your registration form on arrival and let the leader know about any medical problems you may have. This may be useful in the event of a problem on the walk and will be treated confidentially by the leader.

In The Event Of A Problem

If you become separated from your group, please stay where you are. Your leader will retrace their steps to find you.

All our leaders carry a mobile phone, group shelter, spare maps and a compass. In the unlikely event your leader is incapacitated, please use any emergency kit in their rucksack and call the emergency services (call 999 in the UK, or 112 overseas).

Please then try to call the hotel where you are staying to let them know there is a problem.

If you have any cause for complaints regarding accommodation, you should notify your leader who can then attempt to rectify the problem.

Ticks

Ticks are tiny creatures that live in vegetation and can attach themselves to passing animals or walkers and may carry a risk of Lyme Disease. Please refer to NHS advice and guidelines for information prior to your holiday.

Ticks

Ticks

Ticks are tiny creatures that live in vegetation and can attach themselves to passing animals or walkers and may carry a risk of Lyme Disease. Please refer to NHS advice and guidelines for information prior to your holiday.

Your Island Hopping Leader

Our experienced and knowledgeable volunteer leaders undergo a thorough assessment to lead you on your holiday and are delighted to share their knowledge and enthusiasm with you.

Please ensure you complete and hand in your registration form on arrival and let the leader know about any medical problems you may have. This may be useful in the event of a problem on the walk and will be treated confidentially by the leader.

In the event of a problem

If you become separated from your group, please stay where you are. Your leader will retrace their steps to find you.

All our leaders carry a mobile phone, group shelter, spare maps and a compass. In the unlikely event your leader is incapacitated, please use any emergency kit in their rucksack and call the emergency services (call 999 in the UK, or 112 overseas).

Please then try to call the hotel where you are staying to let them know there is a problem.

If you have any cause for complaints regarding accommodation, you should notify your leader who can then attempt to rectify the problem.

Tripnote validity

TRIP NOTE VALIDITY These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

Document produced: 25 August 2026

