

# St Oswald's Way Coastal Section

**Tour Style:** Trails

**Destinations:** Northumberland, United Kingdom & England

**Trip code:** ALLOC

**Trip Walking Grade:** 2



## HOLIDAY OVERVIEW

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The St Oswald's Way explores some of the finest landscapes and fascinating history of Northumberland. You will find castles, coastline, islands, scenic river valleys, hills, attractive villages, forest and farmland on your walk. The Way links some of the places associated with St Oswald, the 7th century King of Northumbria, on his march south to face and defeat King Cadwallon of Gwynedd at Heavenfield in the name of Christianity. From Holy Island (Lindisfarne ) in the north, our Coastal Section of the St Oswald's Way follows the stunning Northumberland coast with its abundant wildlife, as far south as Warkworth. We explore some of the finest landscapes and fascinating history. The route links places associated with St Oswald, the 7th century King of Northumbria, who played a major part in bringing Christianity to his people.

## HOLIDAYS HIGHLIGHTS

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- Stunning Northumberland coast from Holy Island to Warkworth
- Celebrate St Oswald, the King of Northumbria
- Stay at Nether Grange, Alnmouth

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## TRIP SUITABILITY

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This Guided Walking Hiking Trail is graded 2 which involves walks/hikes on good paths, though often quite a distance each day. It is your responsibility to ensure you have the relevant fitness required to join this holiday.

### Fitness

We want you to be confident that you can meet the demands of each walking day and get the most out of your holiday. Please be sure you can manage the mileage and ascent detailed in the daily itineraries. It is important for your own enjoyment, and that of your fellow guests that you can maintain the pace.

It makes a lot of sense to spend time getting some additional exercise before your holiday. We suggest that you try to fit in a number of longer walks, including some on hilly terrain. Other exercises such as cycling, jogging and swimming are also excellent for developing increased stamina.

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## ITINERARY

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### Day 1: Arrival Day

Your leader will give an introductory talk about the holiday

### Day 2: Holy Island To Swinhoe Farm

Commencing at Lindisfarne Priory on Holy Island, we cross the tide-exposed Causeway. Continuing over farmland with fine views, the Way heads to Fenwick Granary and the small village of Fenwick, then into Shiellow Woods. Our route leads by Dow Crag and Fawcet Hill before entering Virgin Hill Wood. Passing Swinhoe Lake we reach our destination of Swinhoe Farm.

10½ miles (17km) with 575 feet (172m) of ascent.

### Day 3: Swinhoe Farm To Bamburgh

From Swinhoe Farm we ascend to Weetside Crag and into Belford, passing Westhall, the Norman church and 18th century Belford Hall. We head back towards the coast, pass Spindlestone Heughs, cross the golf course overlooking Budle Bay, and enter the charming village of Bamburgh.

8½ miles (14km) with 350 feet (105m) of ascent.

### Day 4: Rest Day

A day without any walks programmed, giving you the opportunity to explore the local area independently.

### Day 5: Bamburgh To Newton By The Sea

Today we take the beach option, heading south on award-winning golden sands with good views of the Farne Islands. The Way leads to Seahouses, a popular tourist centre and point for visits to the Farne Islands. We leave Seahouses at the harbour and head for the small fishing village of Beadnell which has the only west-facing

port on the east coast of England. The historic limekilns, now owned by the National Trust, can be found near the harbour. We cross the sandy expanse of Beadnell Bay to reach Newton Links, then on to the village of Newton by the Sea.

10 miles (16km) with 125 feet (38m) of ascent.

## **Day 6: Newton By The Sea To Alnmouth**

Leaving Newton by the Sea, St Oswald's Way continues south, drawn by the spectacular ruins of Dunstanburgh Castle around Embleton Bay. A visit to the castle may be possible on our way to the fishing village of Craster and its harbour. The volcanic Cullernose Point is reached, followed by the geologist's delight that is Howick Bay. Boulmer is the next village; a notorious centre for smuggling activities before we head to Alnmouth.

11½ miles (18.5km) with 300 feet (90m) of ascent.

## **Day 7: Alnmouth To Warkworth**

The final stage is a fitting climax to the walk and the least taxing. From Alnmouth we join the cycle track leading all the way to Warkworth. The Way leaves the cycle track to head for Buston Links and the beach. A visit to Church Hill may be possible. The beach or a dune footpath is followed towards Warkworth, with good views of Coquet Island and Amble. We join the River Coquet until we ascend the path leading to Warkworth Castle, former residence of the Percy family, and the end of our week's trail.

6 miles (10km) with 100 feet (30m) of ascent.

## **Day 8: Departure Day**

## **ACCOMMODATION**

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### **Nether Grange**

Sitting pretty in the centre of the quiet harbour village of Alnmouth, Nether Grange stands in an area rich in natural beauty and historic gravitas. There are moving views of the dramatic North Sea coastline from the house too. This one-time 18th century granary was first converted into a large family home for the High Sheriff of Northumberland in the 19th century and then reimagined as a characterful hikers' hotel. Many of the 36 bedrooms look out across the sea, while a large lounge, conservatory and adjoining bar are there to entertain you. Easily accessible from the house are the coast path while inland lies the Northumberland National Park. North are the Farne Islands and their spectacular seabird colonies and close by is Lindisfarne and its romantic castle accessible at low-tide via an ancient pilgrim's path. Nearby too is the medieval market town of Alnwick and its eponymous castle, as well as the atmospheric ruins of Dunstanburgh Castle, perched on a grassy peninsula to the south of Embleton Bay. Best of all though is Bamburgh Castle, built to resemble a magnificent medieval fortress but actually an impressive Victorian folly.

## Matchless Country House Accommodation

### Accommodation Info

### Rooms

*Tea & coffee-making facilities, TV, Hairdryer, Toiletries, Wi-Fi*

Stay in one of the house's smartly presented rooms up an impressive sweeping staircase. Full of warm tones or coastal colours and comfy touches they're a great base for exploring the area. With 36 bedrooms, Nether Grange has plenty of space and there's a range of Good and Better Rooms to choose from.

*All 'Good' rooms are ensuite and furnished to a high standard. There are also several 'Better' Rooms that are either larger or have a desirable view, a more luxurious mattress, larger television, enhanced toiletries and a fluffy bathrobe & slippers – upgrade your stay for just an extra £15-20 per person per night. You can choose a specific room for an extra £30 per room, subject to availability. Upgrade supplements still apply.*

### Facilities

*Free Wi-Fi, boot room and drying room, extensive garden, multi-purpose activity room, lounges, library and board games to borrow*

After a day walking on the coast, come back to the house and its specially tailored walkers' facilities. Relax by sitting in the elevated terrace gardens with a cooling drink and a cracking sea view or challenge a fellow guest to a game of croquet or giant chess, backed by views of the beach and sea beyond. The spick and span sky-blue painted bar with its mismatched blue and stripy seats boasts all the requisite cosiness and British bonhomie, plus a selection of local beers and your favourite tippie. Settle in.

### Food & Drink

As at all our country houses, holidays are full board, from afternoon tea served as a welcome treat through that evening's meal to a hearty breakfast on the day of departure. Lunch is a chance to stock up on our famous picnic snacks. Food at Nether Grange is hearty and has a strong emphasis on ingredients from the area and seasonal produce. Once a week the light-filled dining room hosts a Local Food Night, when, over a sociable evening, you might try a five-course feast of local flavours.

### Accessibility

For accessibility and assistance information, please contact our expert team on 020 3974 8865

### Travel Details

Our address is: Nether Grange, Alnmouth, Alnwick, Northumberland NE66 2RZ

Nether Grange sits on a headland and only has access to limited roadside parking. We advise our guests to use rail travel where possible. Nether Grange is a 5 minute taxi ride from Alnmouth train station

### By Train:

The nearest railway station is Alnmouth, on the main line between Newcastle and Edinburgh. For train times and route planning by train visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk) or phone 03457 48 49 50

## By Taxi:

The 1 1/2 mile journey from Alnmouth railway station takes approximately 5 minutes. Pre-booked taxis cost approx £6 per 4 seat taxi. Details of our current recommended taxi company and rates will be sent to you with your final dispatch documents, four weeks before departure. The return taxi journey can be arranged on your behalf by the Nether Grange Manager.

## By Car:

Take the A1 to Alnwick. Exit on the A1068 heading towards Alnwick. At the roundabout turn right (not well signed) and follow the A1068 towards Alnmouth. After 2¾ miles go straight ahead at the first roundabout then left at the second roundabout onto the B1338. Cross a bridge as you approach Alnmouth, turning right at the next roundabout, then almost immediately left into The Wynd. Follow the one way system into Marine Road, passing the golf clubhouse on the left, and round into Northumberland Street. After 100yds turn right into the narrow Pease's Lane. Nether Grange is on the left. Please note that Nether Grange does not have a car park, there is very limited on-street parking available on a first come basis. You can park in available slots on Marine Road, Pease's Lane and elsewhere in town. There is a pay and display car park at the end of Marine Road.

## Travelling From Overseas

The nearest airport is at Newcastle which is served by European flights, and UK regional flights from London. From here take the metro to Newcastle Central station, then on by train to Alnmouth - a straightforward journey taking just over 1 hour.

Manchester Airport has a much wider range of long-haul flights. There are trains every hour from the airport to Alnmouth with one change at Newcastle. Allow 3½ hours to Alnmouth - see [www.nationalrail.co.uk](http://www.nationalrail.co.uk) for train times.

Flying to London Heathrow airport is another option, but has a longer onward train journey - allow 5 hours to reach Alnmouth. From Heathrow first take the Piccadilly line Underground train to London Kings Cross station. From here take a train to Alnmouth - see [www.nationalrail.co.uk](http://www.nationalrail.co.uk) for train times.

Edinburgh Airport is also a possibility.

## Local Area

Nether Grange sits right at the heart of the historic coastal village of Alnmouth. Located right on the North Sea coast there is a sweeping sandy beach and a small tidal harbour. Facilities include a handful of small shops, pubs and cafés.

A wider range of facilities, including shops, supermarkets, banks and chemists can be found in Alnwick, the nearest town. Alnwick is about four miles inland and is connected to Alnmouth by regular buses.

During your visit to the Nether Grange you may enjoy visiting the following places of interest:

### Alnwick Castle & Gardens:

The huge Alnwick Castle is a big attraction in its own right and has gained a younger audience since being used as 'Hogwarts Castle' in the Harry Potter films. The gardens have undergone extensive rebuilding and are now the main draw for many visitors. Alnwick is just 10 to 15 minutes' drive from Alnmouth, and can also be reached using the hourly X18 bus. [www.alnwickcastle.com](http://www.alnwickcastle.com) or [www.alnwickgarden.com](http://www.alnwickgarden.com)

### Bamburgh Castle

Owned by the Armstrong family since the 1750s, Bamburgh Castle occupies a splendid position above the sweeping sands of the North Sea coast. Bamburgh is 35 minutes' drive from Alnmouth, and can also be reached using the 501 local bus which runs every other hour. [www.bamburghcastle.com](http://www.bamburghcastle.com)

## Farne Islands

Take a boat trip (weather permitting) from Seahouses to the Farne Islands; one of the best places in Britain to view seals and puffins. Seahouses is around 45 minutes' drive from Alnmouth, and can also be reached using the 501 bus. [www.farne-islands.com](http://www.farne-islands.com)

## Lindisfarne

English Christianity was born in 7th century Northumberland and Lindisfarne Priory, is its oldest major site, dating from 635AD. It is located on the Holy Island of Lindisfarne, cut off by the tides twice a day (make sure that you check the tide times before you visit). The Heritage Centre tells the stories of St Aidan, St Cuthbert and St Bede and displays the 8th century Lindisfarne Gospels in electronic form. Linisfarne is just under an hour's drive from Alnmouth. [www.english-heritage.org.uk/lindisfarne-priory](http://www.english-heritage.org.uk/lindisfarne-priory)

## Warkworth Castle

Warkworth Castle, a few miles to the south of Alnmouth, towers over a bend in the River Coquet and the picturesque town of Warkworth. Warkworth is just 10 minutes' drive from Alnmouth, and can also be reached using the 518 bus. [www.english-heritage.org.uk/warkworth-castle](http://www.english-heritage.org.uk/warkworth-castle)

## Cragside House

Built by Victorian industrial magnate William Armstrong, Cragside House was hugely innovative and was the first house in Britain to be lit by electric light. Now managed by the National Trust, the house and gardens are a fascinating visit. Cragside is around 40 minutes' drive from Alnmouth. [www.nationaltrust.org.uk/cragside](http://www.nationaltrust.org.uk/cragside)

## Seaton Delaval Hall

Seaton Delaval Hall is a fine stately home, designed by John Vambrugh and completed in 1728. Following an extensive fundraising appeal it has recently been purchased by the National Trust. The hall is around 40 minutes' drive from Alnmouth. [www.nationaltrust.org.uk/seaton-delaval-hall](http://www.nationaltrust.org.uk/seaton-delaval-hall)

## Newcastle-upon-Tyne

The vibrant city of Newcastle is always bustling with activity and is famed for its shopping and lively nightlife. The new Baltic arts centre and Sage Gallery are well worth a visit. Newcastle is just under an hour's drive from Alnmouth, and can also be reached by hourly local bus.

## Hadrian's Wall

Around 1½ hours drive from Nether Grange, Hadrian's Wall remains a powerful symbol of the Roman Empire. The most dramatic section is from Once Brewed to Housteads Roman Fort and a walk here enables you to see some of the best preserved sections at close quarters. Two museums of note are the Roman Army Museum near Walltown you can gain an insight into the daily lives of Roman soldiers, and Vindolanda Roman Fort with its collection of rare Roman artefacts. [www.visithadrianswall.co.uk](http://www.visithadrianswall.co.uk)

## Edinburgh

Edinburgh is very accessible for a day trip. Catch the train from nearby Alnmouth station for the scenic 1 hour journey to the Scottish capital. You'll arrive in the heart of the city centre with numerous museums, shops and galleries, plus the famous castle all within easy walking distance.

## Alnmouth Village Golf Club

This links course is located right in front of Nether Grange. [www.alnmouthvillagegolfclub.co.uk](http://www.alnmouthvillagegolfclub.co.uk)

## Barter Books

Barter Books has been dubbed the British Library of secondhand bookshops and is located in a handsome old Victorian railway station in Alnwick.

Cragside House image © National Trust/Graeme Peacock, Seaton Delaval Hall image ©National Trust Images/John Hammond

## About

Coastal Country House • 26 Bedrooms • Open March – November & Festive Period • Standard check-in from 2.30pm • Free Parking close by • Free Wi-Fi throughout • Walkers' Facilities including Boot Room & Drying Room • Discovery Point with route guides and maps

## USEFUL HOLIDAY INFORMATION

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### Holiday Information

We try to create a relaxed atmosphere on the walk but please listen to safety instructions from your leader.

Keep members of the group in view especially when weather or visibility is poor. If you leave the group, then your leader will no longer have responsibility for you. Our leaders consider the safety of the group as a whole and are likely to be more cautious over potential risks such as bad weather.

### What To Bring

#### Essential Equipment

To enjoy walking/hiking comfortably and safely, footwear, clothing and equipment needs to be suitable for the conditions. Safety is our priority and Britain is famous for its changeable weather, so our advice is to come prepared for all eventualities.

- Footwear with a good grip on the sole (e.g.Vibram sole) is the key to avoiding accidents
- Walking/hiking boots providing ankle support and good grip are recommended (ideally worn in), and specialist walking socks to avoid blisters
- Several layers of clothing, which can be added or removed, are better than a single layer (include spares)
- Fabrics (lightweight and fast drying) designed for the outdoors are recommended
- Waterproof jacket and waterproof over trousers
- Warm hat and gloves. Gaiters are an optional but useful extra
- Denim jeans and capes are not suitable on any walks
- Rucksack with a waterproof liner
- Thermos flask for hot drink
- Water bottle (at least 1 litre)
- Spare high-energy food such as a chocolate bar
- Small torch
- First aid kit – your leader's first aid kit doesn't contain any medication or blister kits (such as Compeed)

#### Optional Equipment

- Walking poles are useful, particularly for descents
- Insect repellent
- Sun hat
- Sunglasses

- Sun cream
- Camera

## Useful Information

### Ticks

Ticks are tiny creatures that live in vegetation and can attach themselves to passing animals or walkers and may carry a risk of Lyme Disease. Please refer to NHS advice and guidelines for information prior to your holiday.

Our experienced and knowledgeable volunteer leaders undergo a thorough assessment to lead you on your Guided Walking/Hiking Trail and are delighted to share their knowledge and enthusiasm with you.

Please ensure you complete and hand in your registration form on arrival and let the leader know about any medical problems you may have. This may be useful in the event of a problem on the walk and will be treated confidentially by the leader.

### In The Event Of A Problem

If you become separated from the party, please stay where you are. Your leader will retrace their steps to find you.

All our leaders carry a mobile phone, group shelter, spare maps and a compass. In the unlikely event your leader is incapacitated, please use any emergency kit in their rucksack. Call the emergency services (call 999 in the UK, or 112 overseas).

Please then try to call the hotel where you are staying to let them know there is a problem.

Your trail leader will carry all the necessary maps and guides. For your own interest you may consider buying or looking at the following:

[www.stoswaldsway.com](http://www.stoswaldsway.com)

Explorers Maps 332, 340

Guide book: St Oswald's Way Official Guide Book – Alnwick D.C.

St Oswald's Way Leaflets (Sections 1-3)

## HOW TO BOOK

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When you're ready to book, you can choose to **book online** or book **over the phone**. Our website offers secure online booking for our holidays, is available 24/7, and offers more in-depth information about all our holidays. If you prefer to call us, our experienced and knowledgeable team are available to answer any specific questions you have and can offer guidance as to which holiday is best suited to your needs.

Our office is open: Monday to Friday: 9am – 7pm Saturday & Sunday: 9am – 1pm Bank Holiday Monday: 9am – 1pm

### PAYING YOUR DEPOSIT

To secure the holiday of your choice, you will need to pay a deposit: UK & European Holidays: £150 per person and Worldwide Holidays: £250 per person. You can pay your deposit by debit or credit card with no additional card fees charged or make an online BACS payment directly into HF's bank account, please see details under BACS payments. You can also pay your deposit by cheque within seven days of booking. Cheques should be made payable to 'HF Holidays Ltd' with your booking reference / Order ID on the back.

## **ASSOCIATE'S FEE**

Non-members can join our holidays by paying an Associate's fee of £10 per person per holiday. Alternatively, full life membership is available from £100 – visit [hfholidays.co.uk/membership](http://hfholidays.co.uk/membership) for details.

## **BACS PAYMENTS**

Please quote your booking reference / Order ID when you make your payment online: Bank Name: Svenska Handelsbanken AB (publ) Account Name: HF Holidays Ltd Account Number: 35923304 Sort Code: 40-51-62 IBAN: GB92HAND40516235923304 Swift / Bic Code: HANDGB22

Once we have received your booking and deposit, we will send a confirmation invoice to the lead name. Please check this carefully. For bookings 'with flights' it is essential that the names on your booking confirmation invoice match those on your passport for bookings overseas. Please advise us immediately of any errors. Any name changes after the balance of your holiday has been paid will be subject to a fee levied by the airline.

## **MANAGE MY BOOKINGS**

Payments can also be made through the Manage My Booking function on our website. Click on the link at the top of our homepage. This is available to all customers who provide an email address at the time of booking.

## **YOUR FINAL BALANCE**

The balance is due 10 weeks before departure. As with paying your deposit, you can pay your final balance by debit or credit card, make an online BACS payment directly into HF's bank account or pay by cheque.

## **TRAVEL INSURANCE**

Travel insurance is an important part of any booking and essential for one of our holidays. HF Holidays works with specialist. Insurance Brokers Campbell Irvine Direct. For more information or to obtain a quote call them on 01702 427 236 or visit [hfholidays.co.uk/insurance](http://hfholidays.co.uk/insurance)

## **PEACE OF MIND**

### **ATOL:**

The air holidays and flights in this brochure are ATOL-protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 710. In the unlikely event of our insolvency, the CAA will ensure that you are not stranded abroad and will arrange to refund any money you have paid us for advance bookings. For further information visit the ATOL website [atol.org.uk](http://atol.org.uk)

### **MEMBER OF ABTOT:**

HF Holidays is a member of ABTOT (The Association of Bonded Travel Organisers Trust Limited) which provides financial protection under the Package Travel, Package Holidays and Package Tours Regulations 1992 for HF Holidays Ltd and in the event of their insolvency, protection is provided for the following: 1. non-flight packages commencing in and returning to the UK; 2. non-flight packages commencing and returning to a country other than the UK; 3. flight inclusive packages that commence outside of the UK and Republic of Ireland, which are sold to customers outside of the UK and Republic of Ireland. 1, 2 and 3 provides for a refund in the event you have not yet travelled. 1 and 3 provides for repatriation. Please note that bookings made outside the UK and Republic of Ireland are only protected by ABTOT when purchased directly with HF Holidays Ltd.

## **TRIP NOTE VALIDITY**

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the

team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

## PRICE GUARANTEE

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We promise that our earliest published prices will always be the best and if we reduce our holiday price after your booking has been confirmed, we will pass this reduction on to you. Our price promise applies if any subsequent offer price is for an identical holiday, duration, location and date and does not cover any optional extras, flights or additional services.

**Document produced:** 21-10-2019

