The Best of Mallorca



Trip style:	Destination:	Walking Grade	Carbon Footprint:
Guided Walking Holidays	Spain & Balearic Islands	4 & 6	542kg CO2

HOLIDAY OVERVIEW

The biggest of the Balearic Islands, Mallorca rewards with golden beaches, sparkling Mediterranean waters, traditional villages, and a cosmopolitan capital. Enjoy showstopping walks in the UNESCO-listed Tramuntana Mountains, explore the narrow backstreets and cobbled squares of Puerto Pollensa, and spend time in the nature-rich Llevant Natural Park – a rugged paradise home remote beaches, mountain goats, and exceptional bird life.

WHAT YOU'LL LOVE

- Exploring the Serra de Tramuntana mountains on foot
- Visiting the former monastery and pilgrimage site in Lluc
- Sampling traditional food
- Walking the island's stunning coastline
- Spending your free day exploring Puerto Pollensa
- Spotting wildlife and endemic plant species at Llevant Natural Park

WHAT'S INCLUDED

- Return flights from London, including baggage and transfers (flights available from other airports - price may vary)
- A choice of 2 guided walks per day with local leaders (on walking days)
- HF Holidays Tour Manager
- 7 nights' accommodation in Puerto Pollensa
- 7 breakfasts & 7 dinners
- All in-destination transport

ITINERARY - ITINERARY

Day 1 **Arrival day**

Welcome to Hotel Uyal. Unpack and settle in.

Day 2 **Coves and beaches of Cala San Vicenc**

Today we explore the area to the north of Puerto Pollensa with its beautiful valleys, coves and headlands.

Option 1 - Boquer Valley

Distance: 6.5 miles (10.5 km)

Ascent: 550 feet (160m)

Descent: 550 feet (160m)

In summary: Walking from and to the hotel, our destination today is the beautiful Boquer Valley, a bird watcher's paradise.

Highlight: The rugged coastline of north east Mallorca.

Option 2 - Puig d'Aguila and the Siller Valley

Distance: 7.5 miles (12 km)

Ascent: 1,160 feet (350m)

Descent: 1,180 feet (360m)

In summary: A short bus ride will take us to Cala de San Vicenc for the start of our walk. A well-constructed dirt track then leads us to a headland from where we ascend the Puig d'Aguila for stunning views. We then return to Cala de San Vicenc for some well earned refreshments before making our way over the Siller Pass and back to the hotel.

Highlight: A lovely introductory walk to the local area.

Day 3 **Lluc and it's charming surroundings**

Today we'll travel inland to the heart of the Tramuntana Mountains to visit beautiful Lluc Monastery and explore the area around Lluc.

Option 1 - Lluc to Caimari

Distance: 6.8 miles (11 km)

Ascent: 400 feet (120m)

Descent: 1,550 feet (475m)

In summary: After spending some time enjoying the Monastery and its surrounds, we take the GR222 (Cami Vell) and follow it south through lovely woodland, enjoying superb viewpoints en route, to the charming, traditional village of Caimari.

Highlight: The beautiful monastery in Lluc.

Option 2 - Lluc to Caimari via Menut

Distance: 9 miles (14.5 km)

Ascent: 1,000 feet (300m)

Descent: 2,050 feet (620m)

In summary: This walk starts with a circuit to Menut via the GR221, taking in some dramatic mountain scenery, before returning to the Lluc area and following the same route as the Option 1 walk.

Highlight: Dramatic mountain scenery.

Day 4 **The Alcudia peninsula**

Today we enjoy walks on the Alcudia Peninsula.

Option 1 - Fontanelles Valley

Distance: 5.5 miles (8.9 km)

Ascent: 800 feet (240m)

Descent: 760 feet (230m)

In summary: We start the walk at Alcanada and walk along the coast before heading inland to the Fontanelles valley and Col de na Benet. From here we take a well-maintained path ascending to the saddle of Puig d'en Vauma for superb views, then return to the Col de na Benet. We continue our descent along the valley to reach a broad dirt track leading us to the Bar s'Illot overlooking the sea for refreshments.

Highlight: Stunning views across the bay of Pollenca, the bay of Alcudia and the whole array of the Tramuntana mountain range.

Option 2 - Talaia d'Alcudia

Distance: 5.5 miles (9 km)

Ascent: 1,580 feet (480m)

Descent: 1,150 feet (350m)

In summary: We'll begin our walk along the coast before heading inland, joining a broad track which takes us to the start of the ascending zig-zag path to the Talaia d'Alcudia, which leads us to the final approach to the summit. After enjoying the panoramic views we'll descend, steeply at first, then on a good track to the Ermita de la Victoria for well- earned refreshments.

Highlight: Ascent of Talaia with stunning views.

Day 5 **Free day**

Each week there is a free day when no guided walks are offered. This is an ideal opportunity to relax around the hotel, walk independently or visit local places of interest. Some options for your free day may include:

Puerto Pollensa: Have a leisurely lunch in the town, visit the local market, take a boat trip from the harbour, or simply enjoy a stroll down the beach.

Pollensa: Visit the beautiful old town of Pollensa by public bus. Explore the old winding streets and climb the steps to the Calvary.

Palma de Mallorca: Take the local bus to the capital, Palma, to explore the magnificent cathedral and the old quarter with its medieval layout of narrow winding streets.

Day 6 **The Llevant Nature park**

Today we travel south east to the Arta Peninsula to visit the Llevant Natural Park, an area of outstanding natural beauty, for our walks. Our journey will take us via the old town of Arta to the Park Visitor Centre where there are toilets and a small exhibition area.

Option 1 - Soldiers' camp and Colonia Sant Pere

Distance: 4.8 miles (7.5 km)

Ascent: 660 feet (200m)

Descent: 660 feet (200m)

In summary: Today we have two short, but equally beautiful walks. Our morning walk will take us on a short but steep ascent to the 'Soldiers Camp'. After lunch we will return to the Park Centre, where we will get the bus down to the coast. Our afternoon walk takes us on a wonderful coastal path on the GR222 to the lovely village of Colonia Sant Pere for refreshments and possibly a swim in the sea.

Highlight: Extensive views of wild and unspoilt countryside from the 'Soldiers Camp'.

Option 2 - Puig del Migdia & GR222 to Colonia Sant Pere

Distance: 8 miles (13 km)

Ascent: 490 feet (150m)

Descent: 1,880 feet (570m)

In summary: We start our walk in the Llevant Natural Park heading up to the Puig del Migdia, where we will enjoy some wonderful views of the area. Then we continue on the GR down all the way to the coastal path finishing at the lovely village of Colonia Sant Pere for refreshments and possibly a swim in the sea.

Highlight: Walking along the GR222 long distance trail with fantastic views.

Day 7 In the Tramuntana mountains

Today we return to the Tramuntana Mountains for further exploration. Both walks will use part of the GR221, a long distance route which runs the length of the Tramuntana Mountains.

Option 1 - Lluc to Binifaldo and Menut

Distance: 5.5 miles (9 km)

Ascent: 760 feet (230m)

Descent: 760 feet (230m)

In summary: Starting from Lluc Monastery for our circular walk, we will enjoy the pleasant karst and woodland scenery north of the area. Our walk will include a visit to the 'Camel Rock' and will pass evidence of previous woodland industries. Our return leg back to Lluc will visit the Menut Forestry area.

Highlight: The interesting and varied scenery of the Tramuntana mountains.

Option 2 - Vall d'en Marc to Lluc

Distance: 7.5 miles (12km)

Ascent: 1,930 feet (585m)

Descent: 630 feet (190m)

In summary: We'll start our walk in the Vall d'en Marc, following the GR221, for a short stretch on this quiet road before we start our ascent. Walking through beautiful woodland paths, we'll reach the highest point of our walk. Below the towering mass of Puig Tomir, we'll start our gradual descent to Lluc, enjoying the scenery en route. Towards the end of our walk, we will have the chance to visit 'Camel Rock' before finishing at Lluc Monastery.

Highlight: Enjoy stunning mountain views.

Day 8 Departure day

We hope to see you again soon.

DAILY WALK OPTIONS



Gentle walking grade 4

The most active Gentle grade, with longer walks, some ascent, and possible steps, stiles, or off-path uneven ground. Typically, 6-7 miles (10-12km) with around 1,000ft (300m) of ascent.



Moderate walking grade 6

Longer full day walks with more ascent and varied terrain. Good fitness and agility are needed. Typically, 9-10 miles (15-16km) with around 1,500ft (460m) of ascent.

ACCOMMODATION

Hoposa Hotel Uyal -Mallorca

The 4-star Hoposa Hotel Uyal is located in the resort of Puerto Pollensa. This small town is situated on the Bay of Pollensa in the north of Mallorca and offers all the shops and services you could require. Facilities at the hotel include an indoor and outdoor swimming pool, wellness centre and gym. The bedrooms are light and airy and contemporary in design. The beach is just 10 metres from the doorstep.

Your evenings

The friendly atmosphere of our holidays continues into the evening. Enjoy a glass of wine or local beer before hearing about the next day's activities. Your evening meal is the main focus of the evening, however, you may like to join your leader for a short stroll along the seafront. Your leader will check for any local events being held in the resort so you do not miss out on any fun. Alternatively, you may choose to just relax with a good book on the terrace or chat with your fellow guests.

FOOD & DRINK

Dining at the Hoposa Hotel Uyal

Our holidays at Hotel Uyal are on a half-board basis and include breakfast and a buffet style evening meal.

Breakfast

There is an extensive selection of hot and cold options for breakfast from a self-select buffet.

Evening meal

Enjoy three courses with a range of international and local dishes available. There will be a vegetarian option but if you have any special dietary requirements we recommend that you discuss your preferences with the hotel management.

Drinks

There is also a well-stocked bar serving beer, wine, and spirits.

Dress code

There is a dress code for dinner: long trousers for gentlemen

ROOMS

Your room at the Hoposa Hotel Uyal

Hotel Uyal has 116 rooms spread over two buildings, the oldest built in 1954. All rooms are en-suite and include:

- Television
- Hairdryer
- Safe deposit box
- Mini-bar
- Air conditioning
- Free Wi-Fi
- Tea and coffee making facilities

ABOUT YOUR STAY

Facilities at the Hoposa Hotel Uyal

The hotel has a delightful terrace and garden area as well as an outdoor freshwater pool (seasonal) and a wellness centre which includes a small pool, gym, and sauna. There is a laundry service and free Wi-Fi throughout.

The swimming pool is open seasonally from April to October, subject to local weather conditions and at the discretion of hotel management.

TRAVEL DETAILS

Address

Hoposa Hotel Uyal
Passeig de Londres
68-70, 07470 Puerto Pollensa
Illes Balears
Spain

Tel: 0034 971 86 55 00

LOCAL AREA

An introduction to the area

Since the 1960s, Mallorca has been a popular package tour destination and each year millions of Britons head for the island's main resorts to enjoy their week in the sun. Increasingly, however, the island is being recognised for its beautiful countryside. With an excellent year-round climate and splendid mountain scenery, it provides the ideal location for a spring or autumn holiday.

Inland rise the splendid mountains of the Serra de Tramuntana. The lower slopes are richly planted with groves of olives and oranges, which steadily give way to evergreen forests and the open mountainsides beyond.

Local Highlights

Palma, the capital of Mallorca, is easily reached by public transport. The train journey across the island takes about an hour and makes an enjoyable activity in its own right. Once in Palma the historical city centre can be easily explored on foot.

Places of particular interest in Palma include:

The Cathedral, built in gothic splendour some 500 years ago, is known as the Seo by the Mallorcans. Look out for the Puerta del Mirador (an opening in the wall facing the sea) designed by Guillem Sangrera, the Trinity Chapel and the Royal Chapel. The side chapels and the cathedral museum are good examples of baroque architecture.

The Almudaina, or royal palace, where the king and queen of Mallorca once lived, was constructed on the remains of the Muslim castle (free entry on Wednesdays for EU passport holders).

The Lonja houses the provincial fine art museum and is one of the best examples of city gothic architecture in the Mediterranean area. The building was also designed by Guillem Sangrera.

The Paseo del Borne is the main thoroughfare in the old part of Palma. You will see medieval buildings flanked by elegant palace facades as well as 19th century apartments. These palaces were mostly built in the 17th and 18th century and they give the city a noble, rich and vaguely Italian air due to the influence of the Venetians from Genoa and Venice.

Valldemossa - The former Moorish hamlet of Valldemossa retains all the old charm of an ancient Mallorcan village, with its narrow winding streets and rustic stone houses. Originally the site of a Moorish palace, the buildings were later the retreat of King Sancho. Later, Carthusian monks built a monastery and when they were expelled from Spain in 1835, private owners took over the monastery and rented the cells to travellers. This is where Chopin and George Sand lived in 1838, occupying cells in the Monastery soon after the Monks left.

Boat trips - boats depart regularly from the marina and will take you along the coast to the beach at Sa Colobra. This is a magnificent stretch of coast and this boat journey will give you a totally different view of where you may have been walking. Once at Sa Calobra it is possible to visit the magnificent gorge of Torrent de Pareis.

Shops & facilities:

There are plenty of shops, bars and cafes in Puerto Pollensa, and the market on Saturdays is also fun to browse around. Two small shops, close to the entrance of the hotel sell bread rolls, local cheeses and salamis which make ideal lunch snacks. In general not much English is spoken by shopkeepers and restaurant staff, but a smile and a few words of Spanish work wonders!

VACCINATIONS & HEALTH

Vaccinations & health information

Before booking, you should check with your doctor to see whether any health precautions are needed for your trip. Health advice and requirements can change, so we recommend doing this in good time before travel.

As a general rule, travellers should ensure they are up to date with routine UK vaccinations and boosters, including, for example, MMR and diphtheria, tetanus and polio. Some countries may require you to have specific vaccinations such as Malaria, Rabies and Yellow Fever. Please check with your GP if you are unsure.

Please note that the use or possession of some common prescription or over-the-counter medicines is restricted or banned in certain countries. If you will be carrying medication, you should check with the relevant embassy or consulate before travelling. As an extra precaution, we recommend keeping medication in its original packaging, carrying a copy of your prescription, and, where possible, asking your pharmacist to provide the medication name in the language of the country you are visiting.

For further country-specific health advice, visit www.fitfortravel.nhs.uk or www.traveldoctor.co.uk. If you are travelling from outside the UK, please consult your own doctor and check local entry requirements.

PASSPORTS & VISAS

Passport & Visa information

This information is for those travelling with a full 'British Citizen' passport; for all other nationalities or passport holders, please check with your local consulate for advice.

Passport Requirements

This information applies to travellers holding a full British Citizen passport. Entry requirements vary by destination and can change at short notice. For most EU and worldwide destinations, passports must be valid for the entire duration of your stay. Some countries also require a minimum period of validity remaining on your passport (often up to 6 months beyond your return date), even if you are not staying that long.
We strongly recommend ensuring your passport has at least six months' validity remaining at the time of travel to avoid any issues.

If you hold a different type of British passport or a passport issued by another country, you must check the requirements with the relevant embassy, consulate, or official government website.

Visa Requirements

Visa rules depend on your nationality, destination, length of stay, and purpose of travel, and they can change frequently. It is your responsibility to check whether you require a visa before travelling.
British passport holders should check the latest entry, passport validity and visa requirements for their destination on the UK government's Foreign, Commonwealth & Development Office (FCDO) website:
https://www.gov.uk/foreign-travel-advice

ESSENTIAL INFORMATION

Packing list

It's best to be prepared for all weather conditions. To make it easier, here is a list of items you should consider packing.

Essentials

- Walking boots
- Waterproof jacket
- Waterproof trousers
- Insulated jacket/top
- Walking clothing
- Walking socks (plus spares)
- Sunhat
- Gloves/mitts and warm hat
- Water bottle (minimum 2 litre capacity)
- Headtorch
- High-factor sunscreen (minimum SPF 30)
- Swimcap (compulsory in Itialian resorts)
- Sunglasses with a dark lens
- Rucksack (15-30 litres)
- Mobile phone
- Personal first aid kit (containing your medication, blister plasters, etc.)
- Passport
- Visa (if applicable)
- Copy of your travel insurance policy
- UK Global Health Insurance Card (**formerly known as EHIC**)

Recommended

- Collapsible walking poles
- Swimwear and travel towel
- Snacks
- Dry bags

- Rubbish bags
- Insect repellent

Optional extras

- Camera
- Sit mat
- Flask for hot drinks
- Durable lunch box
- Gaiters
- GPS device (excluding Bhutan, Georgia and India)

JOINING INSTRUCTIONS (WITH FLIGHTS)

With flights

Book your holiday 'with flights' and you can choose to depart from selected UK airports* to your destination. For latest flight times and prices please call us on 0203-974-8865 or email reservations@hfholidays.co.uk

If you choose to book your flights with us, we automatically include return transfers between the destination airport and hotel.

JOINING INSTRUCTIONS (WITHOUT FLIGHTS)

Without flights

If you are booking on a land-only basis, you can join the group transfer at an additional cost. To do so, your arrival and departure times must be in line with the scheduled group flight timings. Guests travelling at different times will need to arrange their own transfers. Please contact us before booking to discuss the available options and costs.

USEFUL INFORMATION

Travel Insurance

Travel insurance is a condition of booking. Therefore, if you have not already arranged insurance, it is imperative that you do so before you travel.

For more information about healthcare and its costs, please visit: https://www.nhs.uk/using-the-nhs/healthcare-abroad/

Drinking Water

Drinking Water

Standards for drinking water vary widely around the world. In many destinations, tap water may not be safe to drink, brush your teeth with, or use for making ice. Where advised, you should drink only bottled or treated water and ensure that bottle seals are intact before use. If bottled water is unavailable, water should be boiled or filtered.

Staying well hydrated is particularly important in hot climates and during active holidays. Carry water with you and drink regularly.

If you are unsure about local water safety, check official country-specific health advice before travel, or ask your accommodation or local guides for guidance once you arrive.

Ticks information

Ticks are tiny creatures that live in vegetation and can attach themselves to passing animals or walkers and may carry a risk of Lyme Disease. Please refer to NHS advice and guidelines for information: https://www.nhs.uk/conditions/lyme-disease/

Telephone Code for Mallorca

If the international number you wish to call starts with a 0, you must drop the starting digit when dialling the number.
To dial a UK number 0044
To dial a Spanish number 0034

Language Information for Mallorca

The language of Mallorca is Mallorquin but Castilian Spanish is widely spoken.

LOCAL CURRENCY

The local currency is the Euro (€)

ELECTRICITY

Electricity information for Mallorca

220 Volt AC with round two pin plugs; you will need an adaptor for any appliances brought from the UK.

ATM AVAILABILITY

ATM availability for Mallorca

You will find several ATM machines in Puerto Pollensa where you can obtain money.

TRIPNOTE VALIDITY

TRIP NOTE VALIDITY These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred. In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary. The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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