

# The Dales Way Guided Trail

**Tour Style:** Guided Trails

**Destinations:** Yorkshire Dales & England

**Trip code:** MDLDD

**Trip Walking Grade:** 4



## HOLIDAY OVERVIEW

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The Dales Way was one of the earliest "unofficial" long distance routes. For most of its 79 miles it shuns the craggy tops and summit ridges to keep to the valley bottoms. It is, in essence, a riverside route linking existing rights of way to cross the Yorkshire Dales in a south-east to north-west direction. It connects the urban fringe of Ilkley to the shores of Windermere by way of Wharfedale, Dentdale and Eastern Lakeland. Wildlife is rich and varied: rivers provide habitat for a wide range of birds and the Wharfe is noted for its trout, often seen leaping out of the water on summer days.

## WHAT'S INCLUDED

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- High quality en-suite accommodation in our country house
- Full board from dinner upon arrival to breakfast on departure day
- The services of an HF Holidays' walks leader
- All transport on walking days

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## HOLIDAYS HIGHLIGHTS

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- The complete Dales Way from Ilkley to Bowness
- Meander through beautiful Yorkshire Dales scenery
- Stay at Newfield Hall, Malhamdale

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## TRIP SUITABILITY

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This Guided Walking/Hiking Trail is graded 4 which involves walks /hikes over long distances in remote countryside and rough terrain. Sustained ascents and descents and occasional sections of scree and some steep ground are encountered. You will require a good level of fitness as you will be walking every day. It is your responsibility to ensure you have the relevant fitness and equipment required to join this holiday.

### Fitness

We want you to be confident that you can meet the demands of each walking day and get the most out of your holiday. Please be sure you can manage the mileage and ascent detailed in the daily itineraries. It is important for your own enjoyment, and that of your fellow guests that you can maintain the pace.

It makes a lot of sense to spend time getting some additional exercise before your holiday. We suggest that you try to fit in a number of longer walks, including some on hilly terrain. Other exercises such as cycling, jogging and swimming are also excellent for developing increased stamina.

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## ITINERARY

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### Day 1: Arrival Day

Your leader will give an introductory talk about the holiday.

### Day 2: Ilkley To Burnsall

Commencing its 79-mile journey at the 17th century bridge in Ilkley, the Dales Way follows the Wharfe to skirt the village of Addingham. Beneath Beamsley Beacon the Way reaches Farfield Hall. A stretch of road leads to Bolton Bridge and the Yorkshire Dales National Park is entered as Bolton Priory comes into view. The river becomes a narrow torrent at the Strid, beyond which the path reaches another attractive 17th-century bridge at Barden. It then continues along to Howgill, below Appletreewick and on to the delightful village of Burnsall.

13 miles (20.5km), with 1,100 feet (340m) of ascent.

### Day 3: Burnsall To Buckden

Passing a limestone escarpment at Loup Scar, the path stays close to the river to reach Grassington, the principal settlement of Upper Wharfedale. The Way then parts company with the river as it ascends above the valley floor. Scenic Wharfedale stretches before us as we continue towards the quaint village of Kettlewell. Keeping close to the floor of the valley once more, the Way continues past Starbottle to Buckden.

14 miles (22.5km), with 1,400 feet (430m) of ascent.

### Day 4: Buckden To Gearstones

The going gets tougher on today's walk. The start is easy enough as the river is followed along Langstrothdale to Hubberholme, Yockenthwaite and Deepdale before we join a metalled road for a short distance to

Oughtershaw. From here the track changes to a moorland path which climbs to join the Pennine Way for a short stretch beyond Cam Houses. At over 1,600 feet, this wild moorland is the highest point of the walk. However, the Way soon descends to the main road above Gearstones where we meet our coach.

12½ miles (20km), with 1,400 feet (420m) of ascent.

## Day 5: Gearstones To Sedbergh

Today we sample the delights of Dentdale, access to which is gained by passing through a viaduct on the Carlisle to Settle railway. Largely following riverside paths by the Dee, the unspoilt village of Dent is reached. The Way continues to Dillicar and joins an ancient bridleway to Millthrop with magnificent views over Sedbergh to the fells beyond.

14 miles (23km), with 1,100 feet (340m) of ascent.

## Day 6: Sedbergh To The A6

Beyond Sedbergh the Dales Way crosses the A683 and proceeds to join the River Lune which it follows to Crook of Lune. Leaving the Yorkshire Dales National Park, the path then crosses the M6 motorway and the main west coast railway line to meander through pastoral countryside to Patton Bridge, passing Black Moss and Skelsmergh Tarns, and emerging on the A6 just south of Garth Row.

14 miles (22.5km), with 1,400 feet (420m) of ascent.

## Day 7: A6 To Bowness

The final stage is a fitting climax to the walk. Burneside is soon reached and the path follows the River Kent to Cowan Head and Hagg Foot and some craggy embankments must be negotiated before Staveley is reached. Now in the Lake District National Park, the Dales Way makes its way by tracks and lanes to Fell Plain before climbing to Crag House and Outrun Nook. Shortly the panorama of Windermere and the Lakeland Fells comes into view as we head to Bowness.

11 miles (18km), with 1,150 feet (340m) of ascent.

## Day 8: Departure Day

## ACCOMMODATION

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### Newfield Hall

Situated close to Malham in South Yorkshire's portion of the famous Dales, Newfield Hall offers country-pile atmosphere amid beautiful rural surroundings. A grand country house, this stately, storied property retains many of its original nineteenth century features, from the grand entrance to the sweeping staircase inside. The Hall has 48 bedrooms, as well as two cosy lounges and an elegant bar, providing guests with a laid-back and unstuffy retreat with a generous sprinkling of style. The Dales and countryside on the doorstep are a ramblers' paradise, with easy access to Malham Cove and its deeply indented limestone pavement, Gordale Scar and Pen y Ghent as well as the pretty villages of Grassington and Kettlewell.

## Matchless Country House Accommodation

### Accommodation Info

### Need To Know

### Important Covid-19 Steps We Have Taken For Guest Safety: Please Read

As we slowly reopen in the wake of the Coronavirus lockdown, our country house stays are set to be organised a little differently; extra steps have been taken to keep our guests, house teams and leaders safe while we return to action. We ask all our guests to respect the measures put in place.

Initially the overall capacity of the houses has been reduced. Guests must wear face coverings in public spaces. To adhere to social distancing guidelines, we have taken the necessary steps to space out furniture and seating in public areas. In addition, a one-way system will be in place around the house. Adequate signage will be displayed to support the direction of travel to be followed by guests and house teams.

As a temporary measure, we will not be servicing rooms during a stay. Extra tea, coffee, milk, and toiletries will be made available on request for all guests. It is recommended that guests bring their own toiletries for the duration of their stay. We have removed all non-essential and reusable items from our rooms for the meantime including cushions, hairdryers, bathrobes, bed throws, and printed materials to reduce the number of items that need to be disinfected. Hairdryers will be available on request. Clean towels will be available on request. We will though be increasing the frequency of cleaning in our public areas providing particular attention to frequently touched items including door handles and handrails.

For now, there is no cream tea on arrival day. We have also adapted our food offering to remove all buffets and open food items. Different sittings may be required for breakfast and dinner due to the occupancy and size of the house. Picnic lunches will now be pre-ordered the night before from an order form in the room. The bar in each country house will be open, and we will be offering a table service for drinks. At this time there is no, or only a very limited, evening social programme available. Outdoor swimming pools at those houses that have them will re-open throughout August, except at Freshwater Bay House, where the pool will remain closed for 2020. Indoor swimming pools will remain closed.

For more information and to see all the steps taken, [visit our page on how house stays will be adapted](#).

### Rooms

*Tea & coffee-making facilities, TV, Hairdryer, Toiletries, Wi-Fi*

Stay in one of the main building's beautifully presented rooms or in the tastefully converted Courtyard rooms, which have been reimagined as pretty bedrooms, where pops of mustard contrast with the blue and teal furnishings. With 48 bright and well-appointed rooms, Newfield Hall is one of our largest properties and there's a range of Good, Better and Best rooms to choose from: we love rooms 3 and 6, both of which are large corner rooms containing original features, with large bay windows overlooking the gardens and beyond the pristine farmland, hills, and yes, dales, of this picturesque pocket of Yorkshire: make use of the telescope trained through the window of Room 6 to scour the countryside for trails to explore.

*All 'Good' rooms are ensuite and furnished to a high standard. There are also several 'Better' and 'Best' Rooms that are either larger or have a desirable view, a more luxurious mattress and larger television – upgrade your stay for just an extra £15-25 per person per night. You can choose a specific room for an extra £30 per room, subject to availability. Upgrade supplements still apply.*

## Facilities

*Free Wi-Fi, boot room and drying room, walled garden, putting green, heated indoor swimming pool, multi-purpose activity room, ballroom, library and board games to borrow*

After a day exploring, return to the house and its specially tailored walkers' facilities. Once settled, stroll the large gardens and gaze out over the Yorkshire Dales, or try your hand on the putting green. Slip in to the heated indoor swimming pool to soak while still being able to look out over the gardens. Make use of the activity room or simply retreat to one of the lounges: grab a book and curl up in the stylish Ingleborough Lounge or pull up a chair and challenge someone to cards and board games in the smart Pen-y-Ghent Lounge. Stop in the Heritage Room for inspiration at our helpful Discovery Point and look out for our founder T A Leonard's boots, long since retired and sat on the mantelpiece. Pop in to the stylish bar before dinner for a pint of excellent local ale or a favourite gin, pausing to admire the maps set into the bar itself, and retire there later to strike up conversation with other guests and swap stories of your adventures in the Dales.

## Food & Drink

As at all our country houses, holidays are full board, from afternoon tea served as a welcome treat through that evening's meal to a hearty breakfast on the day of departure. Lunch is a chance to stock up on our famous picnic snacks. Food at Newfield Hall is varied and eclectic but has a strong emphasis on ingredients from the area and seasonal produce. Once a week the dining room hosts a Local Food Night, when, over a sociable evening, you might tuck in to locally sourced river trout, served with wild garlic oil and sautéed samphire, enjoy Yorkshire lamb three ways or try the Yorkshire tea and smoked Wensleydale souffle with wild mushrooms. Cap it all with a trio of Yorkshire parkin, Yorkshire pudding and Yorvdale dairy ice cream for a feast of regional flavours.

## Accessibility

For accessibility and assistance information, please contact our expert team on 020 3974 8865

## TRAVEL DETAILS

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Our address is: Newfield Hall, Airton, Skipton, North Yorkshire BD23 4AA

Tel: [01729 830235](tel:01729830235)

### By Train:

The most convenient train station is at Skipton. Gargrave station is closer, but there is no taxi service from this station. For train times and route planning by train visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk) or phone 03457 48 49 50.

### By Taxi:

The 8½ mile journey from Skipton to Newfield Hall can be made by taxi. You can pre-book a taxi from our recommended taxi company, Station Taxis. As a guide price, it cost £14 per 4-seat taxi in 2019. 8-seat taxis are also available at a higher rate. Please pre-book your taxi at least 7 days in advance by contacting:

Station Taxis\*

Tel: +44 (0) 1756 700777

Email: [stationtaxis@hotmail.co.uk](mailto:stationtaxis@hotmail.co.uk)

The return taxi journey can be arranged on your behalf by the Newfield Hall Manager.

\*Station Taxis is not owned or managed by HF Holidays



## By Car:

From the south, follow the A65 from Skipton to Gargrave. Leave the A65 by Eshton Road, signposted to Malham and pass Eshton Hall on the right. Newfield Hall is approx 2½ miles further on, on the right and before the village of Airton. Look out for our sign.

From the north, exit the M6 at junction 36 and take the A65 towards Skipton. In Coniston Cold village take a sharp left into a narrow road between houses, signposted to St Peters Church and Bell Busk and Malham. Pass under a railway viaduct, then after a mile bear right over a small bridge. After a further mile turn right at the junction, cross the narrow bridge then shortly after turn left through the gateway onto the drive of Newfield Hall. Look out for our sign.

There is free parking with the grounds of Newfield Hall.

## Travelling From Overseas

There is a local airport at Leeds/Bradford which is served by European flights. From here take the airport bus to Leeds station, then on by train to Skipton.

Manchester Airport has a much wider range of long-haul flights. There are direct trains every hour from the airport to Skipton with one change at Leeds. Allow 2 hours to Skipton - see [www.nationalrail.co.uk](http://www.nationalrail.co.uk) for train times.

Flying to London Heathrow airport is another option, but has a longer onward train journey - allow 4½ hours to reach Skipton. From Heathrow first take the Piccadilly line Underground train to London Kings Cross station. From here take a train to Skipton (1 change at Leeds) - see [www.nationalrail.co.uk](http://www.nationalrail.co.uk) for train times.

## LOCAL AREA

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The Yorkshire Dales contains the quintessential landscape of Northern England. Enjoy the surrounding scenery of green patchwork fields, drystone walls and wild moorland hills.

Newfield Hall sits in rolling open countryside. The nearest village with facilities is Gargrave where there is a pub and shop. The market town of Skipton is about seven miles away. Here you'll find a full range of facilities including supermarkets, shops, banks, chemists, pubs and cafes.

During your visit to the Newfield Hall you may enjoy visiting the following places of interest:

### Malham Cove

Just 10 to 15 minutes' drive from Newfield Hall is the dramatic Malham Cove, just one of the iconic limestone sights of the Yorkshire Dales. If you are not visiting the cove as part of your holiday, it's well worth making the short walk from the village.

### Skipton

The market town of Skipton, about 20 minutes' drive from Newfield Hall is a vibrant place to visit. Dominating the town is its well-preserved medieval castle. [www.skiptoncastle.co.uk](http://www.skiptoncastle.co.uk)

### Brontë Parsonage

Visit the parsonage in Haworth, the home of authors Charlotte, Emily and Anne Brontë. Many of their most famous works were written here, including Jane Eyre, Wuthering Heights and the Tenant of Wildfell Hall. Haworth is around 45 minutes' drive from Newfield Hall. [www.bronte.org.uk](http://www.bronte.org.uk)

## Keighley And Worth Valley Railway

This preserved steam railway runs from the centre of Keighley to Oxenhope via the 'Brontë' village of Haworth. The line is still well-known as the setting for the 1970 film 'the Railway Children' and boasts an impressive selection of steam locomotives. Keighley station is around 35 minutes' drive from Newfield Hall.

[www.kwvr.co.uk](http://www.kwvr.co.uk)

## Settle To Carlisle Railway

Ride England's most scenic railway through the Yorkshire Dales from Hellifield or Settle station. Heading north over the iconic Ribbleshead viaduct you could head to the small market town of Appleby, or the border city of Carlisle. [www.settle-carlisle.co.uk](http://www.settle-carlisle.co.uk)

## Fountains Abbey

This impressive World Heritage Site contains the dramatic ruins of Fountains Abbey, the largest monastic ruins in the country. There is an exhibition of life in the medieval Abbey. Adjacent to the abbey is Studley Royal water garden – England's most spectacular Georgian water garden.

## White Scar Cave

Located near the village of Ingleton, about 40 minutes' drive from Newfield Hall, White Scar is Britain's longest show cave. The underground tour reveals spectacular caverns, waterfalls and stalactites.

[www.whitescarnet.co.uk](http://www.whitescarnet.co.uk)

## Brimham Rocks

See the curious formations of Brimham Rocks above the valley of Nidderdale; around an hour's drive from Newfield Hall. [www.nationaltrust.org.uk/brimham-rocks](http://www.nationaltrust.org.uk/brimham-rocks)

## RHS Harlow Carr Garden

Situated near Harrogate, about 50 minutes' from Newfield Hall, are the Royal Horticultural Society's gardens at Harlow Carr. The gardens have been planted to suit the challenging growing conditions of the north. Wander and enjoy the tranquil surroundings. [www.rhs.org.uk/gardens/harlow-carr](http://www.rhs.org.uk/gardens/harlow-carr)

## Harrogate

The spa town of Harrogate has fabulous shopping, fine cuisine and glorious gardens. Visit the Turkish baths & health spa, Royal pump room and museum, Valley gardens and Betty's tearooms.

## Lightwater Valley

Set in 175 acres of parkland near Ripon, just over an hour's drive away, Lightwater Valley has big thrill rides including the 'Ultimate', the longest rollercoaster in Europe. The park has over 40 rides and is fantastic fun for all the family. [www.lightwatervalley.co.uk](http://www.lightwatervalley.co.uk)

## York

One of Britain's most attractive historic cities, York is about a 1½ hours' drive from Newfield Hall. Attractions include the city walls, Minster, National Railway Museum, and Yorvik Viking Centre. [www.yorkminster.org](http://www.yorkminster.org)  
[www.nrm.org.uk](http://www.nrm.org.uk) or [www.jorvik-viking-centre.co.uk](http://www.jorvik-viking-centre.co.uk)

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## USEFUL HOLIDAY INFORMATION

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### Holiday Information

We try to create a relaxed atmosphere on the walk but please listen to safety instructions from your leader.

Keep members of the group in view especially when weather or visibility is poor. If you leave the group, then your leader will no longer have responsibility for you. Our leaders consider the safety of the group as a whole and are likely to be more cautious over potential risks such as bad weather.

### What To Bring

*"There's no such thing as bad weather, just the wrong type of clothing!"* goes the adage. Come prepared for all eventualities and you'll walk in comfort as well as safety. Britain's famous for its changeable weather, so here's our advice on what to wear and bring.

### Essentials

- Waterproof walking boots providing ankle support and good grip.
- A waterproof jacket and over-trousers
- Gloves and a warm hat (it can be chilly at any time of the year)
- Rucksack
- Water bottle (at least 1 litre capacity)
- A small torch (everywhere in winter, year round in mountains)
- Sun hat and sunscreen

*Denim jeans and waterproof capes are not suitable on any walks.*

### Recommended

- Several layers of clothing, which can be added or removed
- Specialist walking socks to avoid blisters.
- A first aid kit inc plasters– your leader's first aid kit doesn't contain any medication
- Sit mat (insulated pad to sit on when you stop for a break)

### You Might Also Want

- Walking poles, particularly useful for descents.
- Insect repellent
- Flask for hot drinks
- Rigid lunch box
- Gaiters
- Blister kit (eg Compeed) just in case
- Waterproof rucksack liner

### Useful Information

#### Ticks

Ticks are tiny creatures that live in vegetation and can attach themselves to passing animals or walkers and may carry a risk of Lyme Disease. Please refer to NHS advice and guidelines for information prior to your holiday.

Our experienced and knowledgeable volunteer leaders undergo a thorough assessment to lead you on your Guided Walking/Hiking Trail and are delighted to share their knowledge and enthusiasm with you.

Please ensure you complete and hand in your registration form on arrival and let the leader know about any



medical problems you may have. This may be useful in the event of a problem on the walk and will be treated confidentially by the leader.

## In The Event Of A Problem

If you become separated from the party, please stay where you are. Your leader will retrace their steps to find you.

All our leaders carry a mobile phone, group shelter, spare maps and a compass. In the unlikely event your leader is incapacitated, please use any emergency kit in their rucksack. Call the emergency services (call 999 in the UK, or 112 overseas).

Please then try to call the hotel where you are staying to let them know there is a problem.

Your trail leader will carry all the necessary maps and guides. For your own interest you may consider looking at the following:

Harveys Dales Way.

OS Recreational Path Guide The Dales Way by Anthony Burton.

Dales Way (Cicerone guide) by Terry Marsh.

[www.dalesway.org](http://www.dalesway.org) (website of the Dales Way Association).

Explorer Maps 297 and Explorer OL 2, 7, 19 and 30.

## HOW TO BOOK

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When you're ready to book, you can choose to **book online** or book **over the phone**. Our website offers secure online booking for our holidays, is available 24/7, and offers more in-depth information about all our holidays. If you prefer to call us, our experienced and knowledgeable team are available to answer any specific questions you have and can offer guidance as to which holiday is best suited to your needs.

Our office is open: Monday to Friday: 9am – 7pm Saturday: 9am – 1pm Sunday & Bank Holiday Monday: closed

### PAYING YOUR DEPOSIT

To secure the holiday of your choice, you will need to pay a deposit: UK & European Holidays: £150 per person and Worldwide Holidays: £250 per person. You can pay your deposit by debit or credit card with no additional card fees charged or make an online BACS payment directly into HF's bank account, please see details under BACS payments. You can also pay your deposit by cheque within seven days of booking. Cheques should be made payable to 'HF Holidays Ltd' with your booking reference / Order ID on the back.

### NON-MEMBER FEE

Non-members can join our holidays by paying a Non-Member's fee of £20 per person per holiday. Alternatively, full membership is available from £100 – visit [hfholidays.co.uk/membership](http://hfholidays.co.uk/membership) for details.

### BACS PAYMENTS

Please quote your booking reference / Order ID when you make your payment online: Bank Name: Svenska Handelsbanken AB (publ) Account Name: HF Holidays Ltd Account Number: 35923304 Sort Code: 40-51-62 IBAN: GB92HAND40516235923304 Swift / Bic Code: HANDGB22

Once we have received your booking and deposit, we will send a confirmation invoice to the lead name.

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Please check this carefully. For bookings 'with flights' it is essential that the names on your booking confirmation invoice match those on your passport for bookings overseas. Please advise us immediately of any errors. Any name changes after the balance of your holiday has been paid will be subject to a fee levied by the airline.

### **MANAGE MY BOOKINGS**

Payments can also be made through the Manage My Booking function on our website. Click on the link at the top of our homepage. This is available to all customers who provide an email address at the time of booking.

### **YOUR FINAL BALANCE**

The balance is due 10 weeks before departure. As with paying your deposit, you can pay your final balance by debit or credit card, make an online BACS payment directly into HF's bank account or pay by cheque.

### **TRAVEL INSURANCE**

Travel insurance is an important part of any booking and essential for one of our holidays. HF Holidays works with specialist. Insurance Brokers Campbell Irvine Direct. For more information or to obtain a quote call them on 01702 427 236 or visit [hfholidays.co.uk/insurance](http://hfholidays.co.uk/insurance)

### **PEACE OF MIND**

#### **ATOL:**

The air holidays and flights in this brochure are ATOL-protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 710. In the unlikely event of our insolvency, the CAA will ensure that you are not stranded abroad and will arrange to refund any money you have paid us for advance bookings. For further information visit the ATOL website [atol.org.uk](http://atol.org.uk)

#### **MEMBER OF ABTOT:**

HF Holidays is a member of ABTOT (The Association of Bonded Travel Organisers Trust Limited) which provides financial protection under the Package Travel, Package Holidays and Package Tours Regulations 1992 for HF Holidays Ltd and in the event of their insolvency, protection is provided for the following: 1. non-flight packages commencing in and returning to the UK; 2. non-flight packages commencing and returning to a country other than the UK; 3. flight inclusive packages that commence outside of the UK and Republic of Ireland, which are sold to customers outside of the UK and Republic of Ireland. 1, 2 and 3 provides for a refund in the event you have not yet travelled. 1 and 3 provides for repatriation. Please note that bookings made outside the UK and Republic of Ireland are only protected by ABTOT when purchased directly with HF Holidays Ltd.

#### **TRIP NOTE VALIDITY**

These Trip Notes are valid based on the date printed at the bottom of the page. They will occasionally be updated post booking and pre-departure. We will send you the latest trip notes prior to departure through a link in your pre departure documents or we can send you a copy in the post if preferred.

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call HF Holidays and ask to speak to one of the team about this itinerary.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure, the Trip Notes supersede the brochure. All holidays can be subject to unexpected changes; so please be prepared to be flexible where necessary. At times, it may not be possible to follow the itinerary as planned due to weather conditions, political, physical or other factors. In these circumstances we will make the best possible alternative arrangements to maintain the integrity of the original itinerary.

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## PRICE GUARANTEE

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We promise that our earliest published prices will always be the best and if we reduce our holiday price after your booking has been confirmed, we will pass this reduction on to you. Our price promise applies if any subsequent offer price is for an identical holiday, duration, location and date and does not cover any optional extras, flights or additional services.

**Document produced:** 28-10-2020

