



## News Release

HF0158

### Bucket List Adventures with HF Holidays

Tick destinations off your bucket list and explore magical corners of the Earth that are just waiting to be discovered on foot. Soak up the natural wonders of the Galapagos Islands, experience the ancient mystery of Machu Picchu and take on Japan's most famous pilgrimage route with leading walking and activity holiday provider, HF Holidays.

Highlights of HF Holidays' Bucket List Adventures for 2018 can be found below, with more information available at [www.hfholidays.co.uk](http://www.hfholidays.co.uk).

#### [NEW for 2018: Japan – Gems of the Ocean](#)

Explore Shikoku, one of the four remarkable Japanese islands, and discover scenic temple walks on the awe-inspiring 88 Temple Pilgrimage Trail. Learn more about local culture, including stays in traditional Japanese inns and a former Buddhist monastery, and visit UNESCO World Heritage Sites at Hiroshima and Himeji on the island of Honshu, and on the sacred island of Miyajima.

**Price:** 14 nights from £4,945pp departing 20<sup>th</sup> May 2018. Price includes half board accommodation and return flights from London Heathrow.

#### [Patagonia](#)

One of the most remote places on earth, Patagonia is home to some of the world's most beautiful natural reserves. With towering peaks, glistening lakes, breath-taking glaciers and vast wildernesses, explore the best of Torres del Paine (Chile) and Los Glaciares (Argentina), enjoying outstanding walks that are completely off the beaten track. Journey to the 'End of the World' and Tierra del Fuego National Park and view the astonishing Perito Moreno glacier.

**Price:** 16 nights from £6,725 departing 25<sup>th</sup> October 2018. Price includes half board accommodation and return flights from London Heathrow.

### [New Zealand – South Island](#)

The luscious green countryside and crystal clear lakes of New Zealand are world famous, and this HF Holidays break offers the chance to experience the very best that South Island has to offer. Follow in the footsteps of early pioneers on the spectacular Routeburn Track, explore the breath-taking national parks and attractive city of Christchurch, and discover Queenstown, one of the adventure capitals of the world.

**Price:** 19 nights from £5,825pp departing 1<sup>st</sup> November 2018. Price includes half board accommodation and return flights from London Heathrow.

### [Peru – Land of the Incas](#)

With ancient trails to follow and the chance to see the wonders of the awe-inspiring Incan citadel of Machu Picchu, this is an exhilarating trip that will create ever-lasting memories. Make your way down the Colca Canyon, visit Peruvian villages and discover the Sacred Valley's traditions. Walk with first class guides, exploring the scenery, culture and rich history of the Andes and take in the surrounding sights in Cusco, the ancient Inca capital, at your own leisure.

**Price:** 12 nights from £4,475pp departing 2<sup>nd</sup> September 2018. Price includes full board accommodation and return flights from London Gatwick.

### [Ecuador & Galapagos Islands](#)

With some of the most famous and mysterious wildlife on Earth, a trip to the Galapagos Islands is a once in a lifetime experience. Take in Cotopaxi National Park as well as the capital, Quito, a UNESCO World Heritage Site. The volcanic islands are home to giant tortoises, sea lions and a host of other fascinating creatures, all of which you can spot on this awe-inspiring trip.

**Price:** 11 nights from £4,629pp departing 1<sup>st</sup> October 2018. Price includes full board accommodation and return flights from London Heathrow.

Places are limited on these holidays so book now to avoid disappointment. For more information on HF Holidays, please visit [www.hfholidays.co.uk](http://www.hfholidays.co.uk) or call 0345 470 7558.

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For media information, please contact Louise Iles, Mira Cowap or Michael Leonhardt at Gough Bailey Wright on 01527 579 555, [lou@gough.co.uk](mailto:lou@gough.co.uk) / [mira@gough.co.uk](mailto:mira@gough.co.uk) / [michael@gough.co.uk](mailto:michael@gough.co.uk)

**Notes to Editor:**

- . Founded in 1913, HF Holidays is a co-operative society that has been organising outdoor holidays for over 100 years.
- . HF Holidays has 18 country houses in the UK's National Parks and Areas of Outstanding Natural Beauty as well as independent hotels for overseas holidays.
- . HF Holidays has a host of accolades under its belt including: Which? Number one Recommended Holiday Provider 2017, Silver Travel Awards Best Activity Tour Operator 2017, Feefo Gold Service Award in 2017, voted Best Large Tour Operator by Guardian and Observer readers 2010-2014; and Best Large Short Break Operator 2011-2014.
- . HF Holidays is committed to responsible tourism and is a member of ABTOT and ATOL protected.
- . HF Holidays is the only UK holiday provider to hold a Gluten-Free Accreditation from Coeliac UK with all 18 of its country houses officially holding this accreditation.
- . Follow [@hfholidays](#) on [Facebook](#), [Twitter](#) and [Instagram](#)