



News Release

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Escape to Europe this Valentine's Day with HF Holidays

Looking for a romantic ramble this Valentine's Day, why not sweep your loved one off their feet with a trip to Europe! For the avid walkers, HF Holidays offers couples the chance to discover hidden gems in spectacular locations on a host of guided walking breaks. From the botanical beauty of Madeira to the laurel forests in Garajonay National Park of La Gomera, holidaymakers can soak up year round sunshine as they embark on a journey abroad together. Led by our expert guides offering a choice of two different walks each day, guests can choose the option which best suits their interest and fitness.

Highlights are below, with further information available at: www.hfholidays.co.uk

Guided walking & sightseeing holiday to Madeira, Portugal

This delightful island is a garden paradise, famed for its breath-taking landscapes and botanical beauty. Recognised as an excellent destination for two, couples can stay in the 4-star Hotel Galosol on its stunning clifftop location, boasting views of the Atlantic Ocean, the Ilhas Desertas. This tropical treasure is a 'must-see' destination with so much more to explore. Take a romantic stroll on the golden sands of Porto Santo or discover the diverse walking landscapes, as you hike together through emerald green mountains within the heart of the island. Follow Madeira's famous Levadas to stunning waterfalls and panoramic views of the 'Pearl of the Atlantic' and head into the bustling Funchal to uncover the city's fascinating colonial history.

Price: 7 nts dep 12th February for £909pp on a half board basis and includes a full programme of guided walks. Price excludes flights. To book visit www.hfholidays.co.uk or call 0345 470 8558.

Guided Walking on La Gomera, Canary Islands

A lesser-known Canary Island, La Gomera isn't famed for its bustling nightlife and sandy beaches but instead, its spectacular scenery and wildlife. Attracting a different kind of holidaymaker, La Gomera offers traditional towns, forested and volcanic mountain ridges, perfect for couples who want some peace and quiet and guaranteed sunshine. Stay in the stylish Parador de la Gomera, perched high over the town of San Sebastián and its harbour, offering incredible coastal views. This mountainous terrain is a walker's paradise, with exhilarating routes spread out across the dramatic landscape of this island. Ideal for those with a real head for heights, this small island manages to squeeze in breathtaking barrancos, the outstanding Laurisilva forest and the wonderful Garajonay National Park.

Price: 7 nts dep February 10th 2018 for £1,249pp on a half board basis. Price includes return flights from London Gatwick and a full programme of guided walks. To book visit www.hfholidays.co.uk or call 0345 470 8558.

Guided Walking on La Palma, Canary Islands

Explore the north-west corner of the Canary Islands as you embark on challenging mountain walks and discover the beautiful, diverse and relatively undiscovered landscapes of La Palma. Soak up the lush forests and dramatic volcanic scenery that forms part of Caldera de Taburiente, a stunning national park. Discover 'La Isla Bonita' – a green paradise which feels a world away from mass tourism and visit the capital of Santa Cruz de la Palma with its pretty balconies and architecture from the colonial era. Couples will love staying at the landmark Parador de la Palma where they can enjoy spectacular views of the infinite Atlantic Ocean and stroll through its extensive gardens and rest in the traditional courtyard.

Price: 7 nts dep February 8th 2018 for £859pp on a half board basis and includes a full programme of guided walks. Price excludes flights. To book visit www.hfholidays.co.uk or call 0345 470 8558.

Guided Walking at Tavira, Portugal

This is an ideal romantic getaway for those looking to combine beautiful beaches with an immersion in Portuguese culture. Tavira is considered to be one of the most scenic towns of the Algarve; lined with cobbled streets, historic buildings and traditional Portuguese architecture. Uncover the charm

of the laidback Eastern Algarve offering beautiful coastline, pretty fishing villages, saltpans teeming with birdlife and you may spot migratory storks. An unspoilt interior and with year round sunshine, this beautiful area is perfect for gentle guided walks in spring and autumn. Discover authentic Portuguese charm as you explore the historic town of Tavira, while eating delicious regional dishes and drinking local wines.

Price: 7 nts dep February 10th 2018 for £999pp on a half board basis. Price includes return flights from London Gatwick and a full programme of guided walks. To book visit www.hfholidays.co.uk or call 0345 470 8558.

Places are limited on these holidays so book now to avoid disappointment. For more information on HF Holidays, please visit www.hfholidays.co.uk or call 0345 470 7558.

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Notes to Editor:

- . Founded in 1913, HF Holidays is a co-operative society that has been organising outdoor holidays for over 100 years.
- . HF Holidays has 18 country houses in the UK's National Parks and Areas of Outstanding Natural Beauty as well as independent hotels for overseas holidays.
- . HF Holidays has a host of accolades under its belt including: Which? Number one Recommended Holiday Provider 2017, Silver Travel Awards Best Activity Tour Operator 2017, Feefo Gold Service Award in 2017, voted Best Large Tour Operator by Guardian and Observer readers 2010-2014; and Best Large Short Break Operator 2011-2014.
- . HF Holidays is committed to responsible tourism and is a member of ABTOT and ATOL protected.
- . HF Holidays is the only UK holiday provider to hold a Gluten-Free Accreditation from Coeliac UK with all 18 of its country houses officially holding this accreditation.
- . Follow [@hfholidays](#) on [Facebook](#), [Twitter](#) and [Instagram](#)