



News Release

HF Holidays reveals its 2018 UK holidays

If you are looking for a break like no other, you'll be spoilt for choice with HF Holidays. The UK's leading walking and activity holiday specialist's latest holiday collection is out now, with a whole host of holidays now on sale.

Designed to stimulate both the mind and body; discover the great outdoors, uncover the UK's hidden gems or learn a new skill. HF Holidays' impressive selection of walking and activity breaks have something for everyone. Relax or push your limits, either way you will create new and lasting memories with HF Holidays.

Relax in one of HF Holidays' 18 country houses and let the flavours of local ingredients and regional specialities enhance your stay. Catering for gluten-free diets and the first UK accommodation provider to have every country house accredited by Coeliac UK.

What's more, there are great savings to be had by booking early, with up to £125 off 7- night UK holidays, up to £75 off a 3 or 4- night UK holiday and up to 50% off premium room upgrades.

Highlights on 10 of HF Holidays' NEW holidays for 2018 can be found below with more available at www.hfholidays.co.uk.

1. [NEW: Weekend Challenges](#)

For some, challenge is linked to an outdoors ambition, like simply getting to the top of Snowdon. You provide the will, HF Holidays provides the expertise, encouragement and patience. For others, it's about serious physical challenge; at the 'harder end' of the weekend challenge series you can attempt to bag all 15 Welsh mountains over 3,000 ft in a weekend. Ultra-fit walkers do it in a day but HF Holidays thinks it's a travesty to only watch the clock; throwing in a soft bed and great food for a couple of nights to make the trip a joy.

Or how about taking on the Scafell Pike Weekend Challenge and walk in the national park most recently awarded UNESCO world heritage status. The 2-night break from Friday 9 March 2018 is available from £185pp on a full board basis.

2. [NEW: Vineyard & Wine Tasting Walks](#)

England has a growing reputation for its wines, ask any enthusiast and they'll tell you that Sussex wines have been winning awards over the last few years with both taste and quality. Following in their footsteps are the Dorset vineyards that share the same geology and a similar climate. The vineyards provide lovely scenery for walking and the perfect place to meet and talk with the local producers themselves. Stunning Dorset downland walks, wine sampling, and convivial company! Price: 3-night break on 18 May 2018 available from £399pp on a full board basis.

3. [NEW: Summer at Dovedale](#)

During July and August 2018 HF Holidays are offering even more choice – pay one price and choose any of the guided walks, sightseeing tours or leisure activities on offer each day. These weeks are the ideal way to indulge your favourite passion, or try out a variety of different activities during your stay. Price: 3-night break on Friday 20 July 2018 available from £375pp on a full board basis.

4. [NEW: Winter Discovery Tours](#)

Immerse yourself in the historic sites, bustling market towns and quaint villages that make Britain both special and varied. Choose from the Southern Yorkshire Dales or the Shropshire Hills with HF Holidays' Winter Discovery Tours which are adjusted to the time of year, including more indoor visits and a hot lunch served at local pub or café. Price: 4-night break on 19 February 2018 available from £429pp on a full board basis.

5. [NEW: Just Shakespeare](#)

Immerse yourself in the world of William Shakespeare, arguably the greatest ever playwright. Journey to Stratford-upon-Avon to walk in his footsteps and explore the houses associated with him. See the place he was born and is buried, before enjoying a play at the Royal Shakespeare Theatre. Price: 3-night break from Friday 23rd March 2018 available from £325pp on a full board basis.

6. [NEW: Literary Heritage](#)

Centuries of stories, places and people make the UK an endlessly interesting country to explore. HF Holidays are introducing seven new limited edition literary tours including Literary Whitby; Count Dracula, Ebenezer Scrooge, Sebastian Flight, Tristram Shandy – this beautiful area has a rich literary heritage to discover. Explore Whitby, the home of Caedmon, England's first poet – and the inspiration for the gothic world of Bram Stoker. Price: 4-nights from Monday 17th September 2018 available from £589pp on a full board basis.

7. [NEW: Cornwall's Archaeology & History](#)

Explore the fascinating ancient monuments of Cornwall. From prehistoric settlements to enigmatic burial chambers. Discover the age, purpose and meaning of these sites to those

living here 3,000 years ago. Price: 7-nights from Monday 9th June 2018 available from £975pp on a full board basis.

8. [NEW: Drawing Pets & Other Animals](#)

HF Holidays' experienced leader shows those with some drawing experience how to create a likeness of your pet or other animals using observation and drawing techniques. Capture their form, texture, movement and character to create the perfect picture. Price: 4-night break from Monday 12th March 2018 available from £429pp on a full board basis.

9. [NEW: Sing & Stretch](#)

Revitalise your whole body with this fun combination of yoga and singing. Yoga focuses on strength, flexibility and breathing and complements the techniques required to sing well. Singing produces endorphins in the brain which give you that "feel good" factor, so the combination of the two will give you mind and body a refreshing workout. Price: 3-night break from Friday 4th May available from £369pp on a full board basis.

10. [NEW: Play Harmonica](#)

Learn the folk/Blues harmonica, including breathing, finding chords and single notes, 'chugging' and simple tunes and Blues riffs. Teaching is by ear, and you'll be working in small groups with time available for individual tuition and a group performance. Price: 4-night break from Monday 12th March 2018 available from £415pp on a full board basis.

Places are limited on these holidays so book now to avoid disappointment. For more information on HF Holidays or to book, please visit www.hfholidays.co.uk or call 0345 470 7558.

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Notes to Editor:

- . Founded in 1913, HF Holidays is a co-operative society that has been organising outdoor holidays for over 100 years.
- . HF Holidays has 18 country houses in the UK's National Parks and Areas of Outstanding Natural Beauty as well as independent hotels for overseas holidays.
- . HF Holidays has a host of accolades under its belt including: Which? Number one Recommended Holiday Provider 2017, Silver Travel Awards Best Activity Tour Operator 2017, Feefo Gold Service Award in 2017, Which? Recommended Provider status for

2012 - 2017; voted Best Large Tour Operator by Guardian and Observer readers 2010-2014; and Best Large Short Break Operator 2011-2014.

- . HF Holidays is committed to responsible tourism and is a member of ABTOT and ATOL protected.
- . HF Holidays is the only UK holiday provider to hold a Gluten-Free Accreditation from Coeliac UK with all 18 of its country houses officially holding this GF accreditation.
- . Follow @hfholidays on [Facebook](#), [Twitter](#) and [Instagram](#)