



## News Release

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HF0159

### **Celebrate National Walking Month with HF Holidays**

There has never been a better time to put your best foot forward and discover the great outdoors during National Walking Month this May. With over 100 years' experience organising walking and activity holidays, HF Holidays has something for everyone.

With so many walking breaks to choose from the award winning tour operator you are spoilt for choice, so here's a selection of some of the most popular this Spring.

#### **[Guided Walking at Church Stretton, Shropshire Hills](#)**

Explore the very best of the Shropshire countryside on foot as you hike across rolling hills, discovering sleepy villages and charming market towns. With up to three walks every day of varying difficulties, there is the chance to tackle the impressive moorland ridge of the Long Mynd and learn about Much Wenlock, the birthplace of the modern Olympic Games.

**Price:** 3 nights from £309pp departing 11<sup>th</sup> May 2018. Price includes full board accommodation. To book, visit [www.hfholidays.co.uk](http://www.hfholidays.co.uk) or call 0345 470 8558.

### [Guided Walking at Dovedale, Derbyshire Dales](#)

Whether you prefer the challenge of the Roaches, Stanage Edge and the Dark Peak, or meandering through green valleys and pretty villages, the Peak District is home to a superb contrast of landscapes. Explore the beautiful Peak District National Park on a great range of guided walks to suit all abilities, making your holiday as relaxing or adventurous as you wish. From beautiful limestone valleys, to spectacular scenery on grit stone edges, join expert guides who will help bring this stunning part of the country to life.

**Price:** 3 nights from £309pp departing 11<sup>th</sup> May 2018. Price includes full board accommodation. To book, visit [www.hfholidays.co.uk](http://www.hfholidays.co.uk) or call 0345 470 8558.

### [South Tyrol, Italy](#)

South Tyrol's spectacular mountainous vistas and crisp Alpine air make it a great place to set off on foot. Steadily make your way around the Moreno Valley enjoying picturesque viewpoints, or explore steeper paths through Kesselberg Col and Grosser Mittagter, with a 690 metre ascent to tackle along the way. With sweeping panoramas of the mountain region around every corner, this is an unforgettable part of the world to discover.

**Price:** 7 nights from £1,449pp departing 2<sup>nd</sup> June 2018. Price includes half board accommodation and return flights from London Gatwick. To book, visit [www.hfholidays.co.uk](http://www.hfholidays.co.uk) or call 0345 470 8558.

### [Lake Garda, Italy](#)

Famous for its charm and fantastic views of the Trentino Mountains, Lake Garda is a stunning place to stretch your legs and enjoy a range of walks. This holiday offers lakeside trails and five mile alpine strolls through limestone hills, where you can discover the majestic peaks that surround the northern shores of Lake Garda. Those looking for a challenge can hike up a rocky 510m ascent and head for the lofty viewpoints of Monte Bestone which won't disappoint.

**Price:** 7 nights from £1,199pp departing 5<sup>th</sup> May 2018. Price includes half board accommodation and return flights from London Gatwick. To book, visit [www.hfholidays.co.uk](http://www.hfholidays.co.uk) or call 0345 470 8558.

Places are limited on these holidays so book now to avoid disappointment. For more information on HF Holidays, please visit [www.hfholidays.co.uk](http://www.hfholidays.co.uk) or call 0345 470 7558.

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#### **Notes to Editor:**

- . Founded in 1913, HF Holidays is a co-operative society that has been organising outdoor holidays for over 100 years.
- . HF Holidays has 18 country houses in the UK's National Parks and Areas of Outstanding Natural Beauty as well as independent hotels for overseas holidays.
- . HF Holidays has a host of accolades under its belt including: Which? Number one Recommended Holiday Provider 2017, Silver Travel Awards Best Activity Tour Operator 2017, Feefo Gold Service Award in 2017, voted Best Large Tour Operator by Guardian and Observer readers 2010-2014; and Best Large Short Break Operator 2011-2014.
- . HF Holidays is committed to responsible tourism and is a member of ABTOT and ATOL protected.
- . HF Holidays is the only UK holiday provider to hold a Gluten-Free Accreditation from Coeliac UK with all 18 of its country houses officially holding this accreditation.
- . Follow [@hfholidays](#) on [Facebook](#), [Twitter](#) and [Instagram](#)