



### **Plan your Alpine Adventure with HF Holidays**

Conquer majestic mountains, experience breathtaking views and breathe in crisp alpine air with leading walking and activity holiday provider, [www.hfholidays.co.uk](http://www.hfholidays.co.uk)

With over 100 years' experience providing outdoor adventures, there are a wide range of stunning alpine walking holidays waiting for you to choose from, and here are a few of our most popular you can enjoy this summer:

#### **High Routes at Selva**

With exhilarating routes along high-level, dramatic peaks and hikes to immense summits and ridges, this is an adventure not to be missed. The Dolomites are the perfect destination for walkers looking to put their legs to the test and enjoy stunning views along the way, with bird's eye panoramas from the top of Piz Boe, Sasso Piatto and Piz Duelda offering an amazing reward for the tough inclines. Stay at 3 star Hotel Malleier, a warm and friendly hotel on the outskirts of Selva that is famed for its hospitality and excellent meals.

**Price:** 7 nights departing 14<sup>th</sup> July 2018 from £998pp on a half board basis. Price includes a full programme of guided walks, all transport to and from walks and the services of experienced HF Holidays leaders. To book, visit [www.hfholidays.co.uk](http://www.hfholidays.co.uk) or call 0345 470 8558.

#### **Guided Walking at Mayrhofen, Austria**

Having welcomed walkers here for over 25 years, HF Holidays knows the Tyrol region of Austria extremely well, and have tailored routes to suit all abilities. From conquering the imposing slopes of Mayrhofen to exploring the beautiful meadows and valleys, the landscapes and vistas along this walking holiday will make memories that last a lifetime. Stay at four-star Hotel Waldheim, a beautiful property packed full of character and luxurious comfort.

**Price:** 7 nights departing 25<sup>th</sup> August 2018 from £1,178pp on a half board basis. Price includes return flights with Lufthansa from London Heathrow, a full programme of guided walks, all transport to and from walks and the services of experienced HF Holidays leaders. To book, visit [www.hfholidays.co.uk](http://www.hfholidays.co.uk) or call 0345 470 8558.



### [Eiger to the Matterhorn](#)

Pretty forests, imposing mountains and magnificent waterfalls are in store on this breathtaking walking break. Journey between the two very different regions as you make your way from the Bernese Oberland to the peaks of Valais. Explore traditional villages, quiet alpine passages and steep cliffs as you soak up the region's traditions and history. Stay at a range of family-run hotels as well as an authentic mountain hut as you journey along the picturesque route.

**Price:** 7 nights departing 2<sup>nd</sup> September 2018 from £1,979pp on a half board basis. Price includes return flights with British Airways from London Heathrow, a full programme of guided walks, all transport to and from walks and the services of experienced HF Holidays leaders. To book, visit [www.hfholidays.co.uk](http://www.hfholidays.co.uk) or call 0345 470 8558.

### [Guided Walking at Zakopane, Poland](#)

Dramatic mountain scenery and spectacular views make Zakopane one of Europe's hottest walking spots. With tough hikes through the region's rugged Tatra mountains, and a chance to conquer Wolowiec, or more leisurely strolls through the rolling farmlands and valleys, there is something for everyone on this stunning alpine break. Stay at Hotel Belvedere, a four-star property at the heart of the 17<sup>th</sup> century town which is only a stone's throw from Tatra National Park.

**Price:** 7 nights departing 30<sup>th</sup> July 2018 from £898pp on a half board basis. Price includes return flights from London Gatwick, a full programme of guided walks, all transport to and from walks and the services of experienced HF Holidays leaders. To book, visit [www.hfholidays.co.uk](http://www.hfholidays.co.uk) or call 0345 470 8558.

Places are limited on these holidays so book now to avoid disappointment. For more information on HF Holidays, please visit [www.hfholidays.co.uk](http://www.hfholidays.co.uk) or call 0345 470 7558.

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**Notes to Editor:**

- . Founded in 1913, HF Holidays is a co-operative society that has been organising outdoor holidays for over 100 years.
- . HF Holidays has 18 country houses in the UK's National Parks and Areas of Outstanding Natural Beauty as well as independent hotels for overseas holidays.
- . HF Holidays has a host of accolades under its belt including: Which? Number one Recommended Holiday Provider 2017, Short listed as a Which? Travel Brand of the Year, Silver Travel Awards Best Activity Tour Operator 2017, Feefo Gold Service Award in 2017, voted Best Large Tour Operator by Guardian and Observer readers 2010-2014; and Best Large Short Break Operator 2011-2014.
- . HF Holidays is committed to corporate social responsibility and is a member of ABTOT and ATOL protected.
- . Follow [@hfholidays](#) on [Facebook](#), [Twitter](#) and [Instagram](#)